Volume 6

The STRONG family

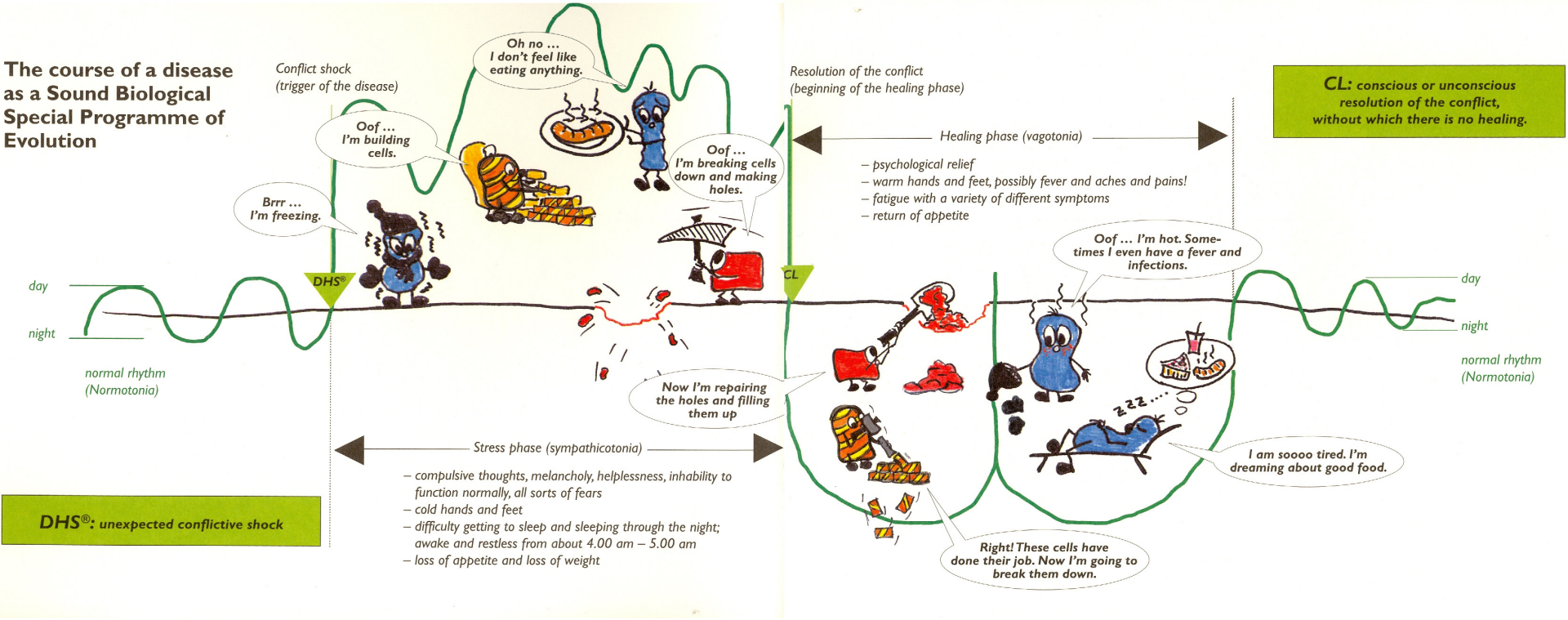
and their medical adventures

Mummy Strong Has a Lump in Her Breast

A book for children and adults

According to the system of the German New Medicine®

The course of a disease as a Sound Biological Special Programme of Evolution



The STRONG family

and their medical adventures

Mummy Strong Has a Lump in Her Breast

A book for children and adults

Knautsch Publishing House Ltd., Switzerland

Dedicated to all the children of the world and with sincere thanks to Dr. R. G. Hamer MD for generously passing on his discovery of the German New Medicine®.

Described disease pattern: adenoid breast lump (breast gland or mammary gland nodule)*

Type of conflict in this volume: ***mother-child worry conflict******. The same illness can also result from a* ***mother-child dispute, quarrel or argument conflict*** *or* ***«nest conflict»****.*

**adenoid: glandular, adenoidal tissue, which only exhibits cell proliferation in the stress or conflict phase, called sympathicotonia (see Little Mesi, page 6).*
By contrast, the squamous epithelium only proliferates in the resolved conflict phase, called vagotonia (see Squamy, page 7 and the diagram on page 28/29).

*** The worry-dispute conflict with a partner, i.e. all other relationships other than mother or child, causes a lump (so-called breast CA) to grow on the opposite breast (also see Volume 5, page 25).*

The Strong Family and Their Medical Adventures
Mummy Strong Has a Lump in Her Breast, Volume 6

© by Knautsch-Verlag GmbH, CH-9502, Braunau, 2006

All rights reserved.
No part of this publication may be reproduced without the permission of Knautsch-Verlag.

Copyrights for the system of the German New Medicine® belong to R. G. Hamer MD, together with the schemata he has developed and registered.

Ideas and story: Daniela Amstutz and Harald Baumann
Illustrations: Daniela Amstutz

Printed by: Appenzeller Druckerei, CH-9101 Herisau
ISBN: 978-3-906865-32-4

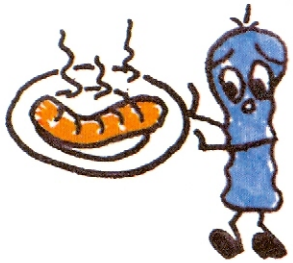
This is the Strong family:

They are all very happy and love each other very much.

Daddy Strong Lisa with her teddy bear Mummy Strong Sammy Barry the dog Gino the cat

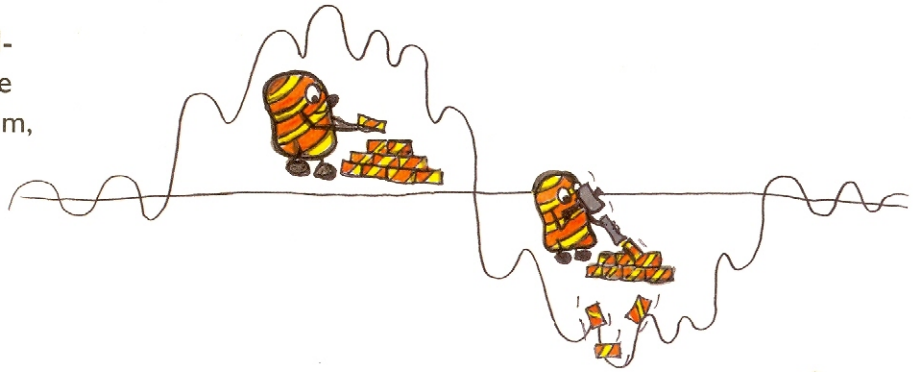
We are little helpers who play a part in the development of every disease

My name is **Sympy** and I am in charge of the stress phase. I mainly have compulsive thoughts and I am often cold. I do not like eating and I frequently suffer from insomnia.

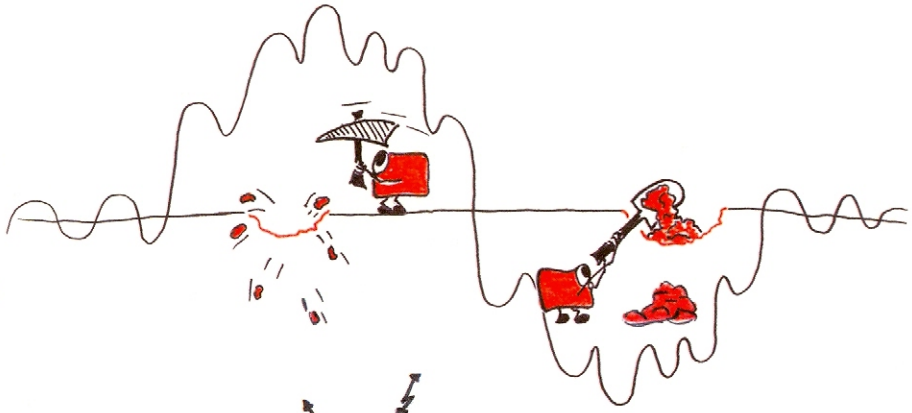


My name is **Vagy** and I am in charge of the healing phase. I feel very well psychologically. I am usually hot and hungry. I gain weight but am listless and tired and I sometimes have aches and pains. Discharge, fever and inflammations are my specialities.

Hello everyone! Do you like my orange and yellow suit? I am **Little Mesi** and I behave just like my partner Ady when there is a conflict. Like him, I build (cerebellum controlled) cells during the stress phase and break them down again after the conflict resolution (see page 28/29).



My name is **Squamy**. First of all, I always break down (squamous epithelial) cells in the conflict phase and then rebuild them during the healing phase. I also impair functions and create numbness, paralysis and problems to do with hearing, seeing and smelling. But I also always make all this go back to normal after real conflict resolution, without any medical help (see page 28/29).



Hello! My name is **Epy** and I am having a crisis. I feel better when it is over.

My name is **Normy**. People only tend to notice me when I am not there.

On the way to the fun-fair

It was autumn time. The trees were dressed in wonderfully bright, fiery colours. And, it was that time of the year when the annual fun-fair came to all the towns. At the fair, there was a Ferris wheel, a merry-go-round and lots of stalls with candy-floss, cakes, roasted almonds, doughnuts and other treats for both young and old.

Mummy Strong had promised Lisa that she would take her to the fun-fair. Lisa couldn't wait. She was looking forward to the Ferris wheel most of all. She was so excited that she could barely get to sleep on the night before the fair.

Finally it was time to go. «Mummy, are you ready yet?» On the way to the fun-fair, she pulled her mother along like a high-spirited, frisky horse pulls a cart.

For grown-ups:
Mummy Strong and Lisa do not have a worry in the world. Completely happy beings are always healthy.

All is well.

Lisa runs in front of a car

At last! They could see the wonderful Ferris wheel with its hundreds of coloured lights. Lisa tore herself away from Mummy…

The little girl ran off and crossed the road without looking left and right. Mummy Strong couldn't do anything to stop Lisa. Then she heard the sound of car tyres breaking suddenly. Mummy Strong screamed. The screeching car tyres made her blood run cold. When she saw Lisa being flung through the air it was as if Mummy Strong had been hit by a bolt of lightning.

For grown-ups:

Mummy Strong is currently suffering a DHS®, i.e. a very serious psycho-biological shock experience that makes her feel completely helpless and throws her into despair. Every (two-phased) illness starts with the DHS®, i.e. the trauma. Mummy Strong immediately has compulsive thoughts, cold hands and feet and, on the cerebellar level, a so-called Hamer Herd® (see page 36) appears at a very specific area of the brain and can be seen with a computed tomography. In brief, Mummy Strong is in sympathicotonia, the first phase of the two-phased process of the illness (see page 26).

DHS®

In this area, Mummy Strong experiences a change in the brain tissue structure, i.e. a new Hamer Herd® (HH) due to the worry conflict for her child that she is suffering. Guided by the psyche, the trauma associatively impacts on this point of the brain and causes a growth in the breast gland tissue for the purpose of increased milk production (see page 36).

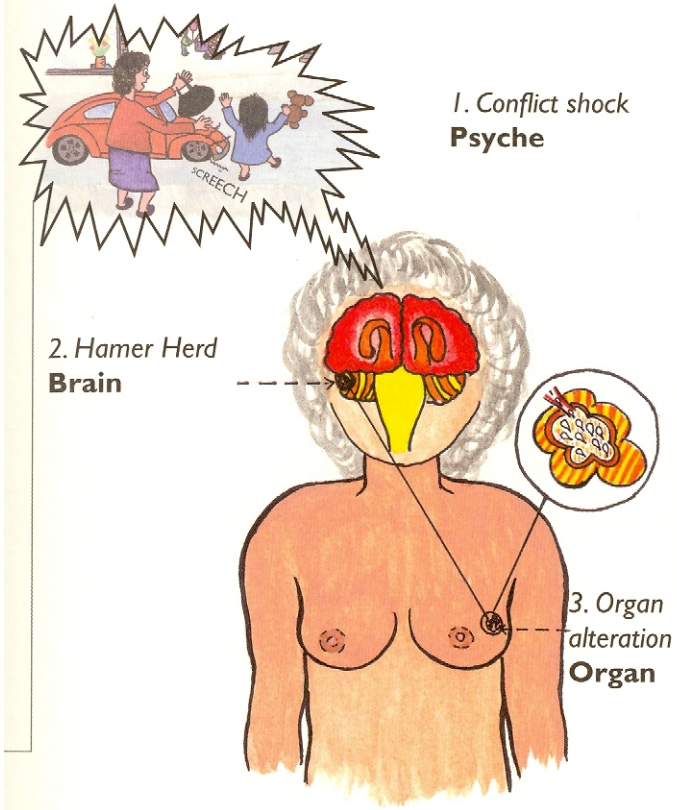
Mummy Strong is stunned

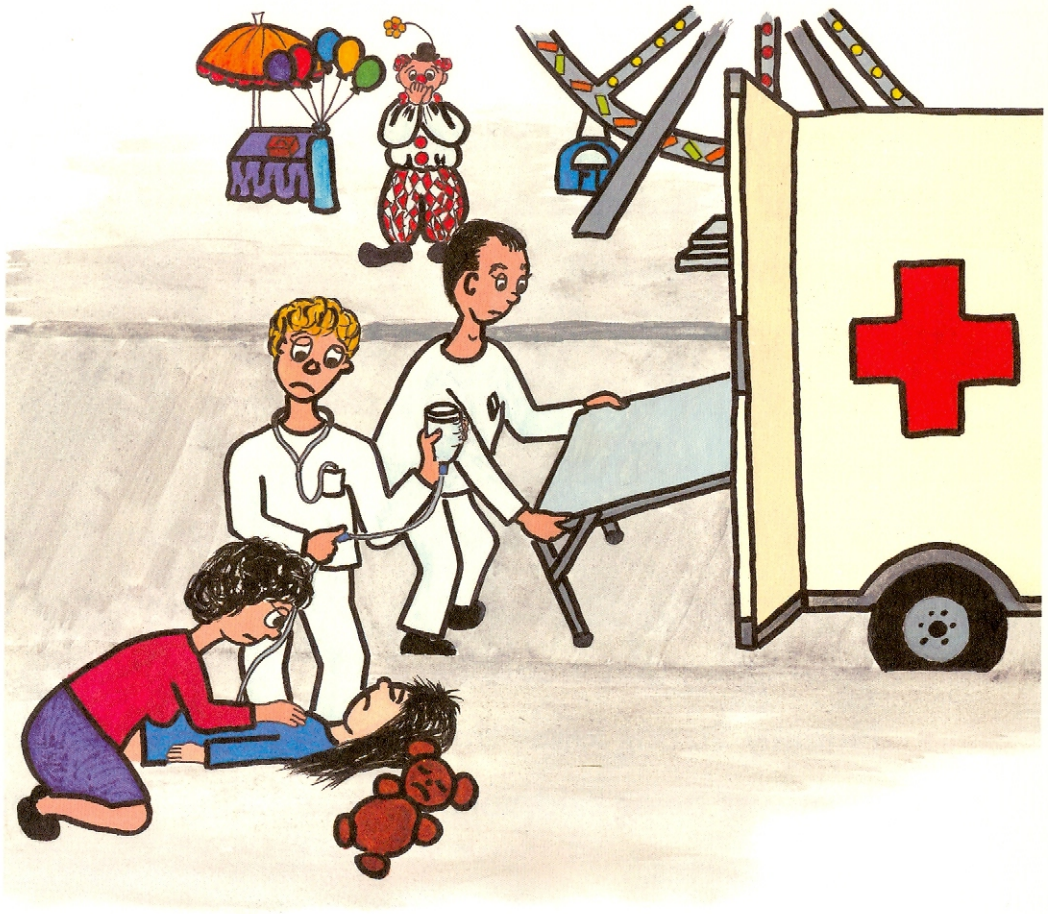
The little girl lay motionless on the ground. Her head was bleeding. Mummy Strong was stunned. She felt so helpless, full of despair and pain as she kneeled by Lisa and tried to speak to her. But Lisa did not say a word. Someone had called the ambulance and soon the sound of shrill sirens got closer. The ambulance officers came quickly and gave Lisa an infusion so that she wouldn't go into a state of shock*. While Mummy Strong sat in the ambulance, thousands of thoughts went through her head. She was barely aware of her own body. She felt miserable and numb as if she had been paralysed. Her hands were freezing cold and she could hardly speak. It was as if her throat was closed.

For grown-ups:

The DHS®, the psycho-biological shock experience, that Mummy Strong is experiencing has just passed by the filter of the conscious state into the subconscious. She is exhibiting all the symptoms of sympathicotonia, the stress phase: helplessness, compulsive thoughts, a cold body etc. Her biogenetic programme, which she has inherited from thousands of generations switches to «sympathicotonia», to stress, to the emergency programme in this emergency situation. The shock simultaneously strikes the psyche, the brain and the organ (see page 36).

**A state of shock can generally lead to a blockage of the capillaries and blood vessels or the bloodstreams. This impairs the organism's blood circulation or even makes it impossible. An infusion (0.9% salt solution) ensures, due to the greater volume of liquid, that enough blood – even if it is thinned – can be transported through the constricted bloodstreams in the entire body. A needle put in at the right time also ensures immediate access to the blood circulation to give any medication that may be needed, as, in severe states of shock, the veins become constricted and needles can no longer be inserted.*





All adenoidal cell proliferations (controlled by the old brain) occur immediately on suffering the psycho-biological trauma.
(See page 28/29 and page 36)

Lisa arrives at the intensive-care unit

Mummy and Daddy Strong were distraught while they waited for what seemed like forever outside the operating room. Finally, Lisa was brought out and taken to the intensive-care unit.

She had a lot of tubes running from her body to machines with enormous numbers of buttons. There was a thick bandage on her head. Her face was swollen and pale. Mummy and Daddy Strong worriedly looked to see if she was still in one piece. The doctor said that Lisa was in a coma as she had a bad concussion. No one could know if she would have permanent injuries until she woke up, and no one knew when that would be.

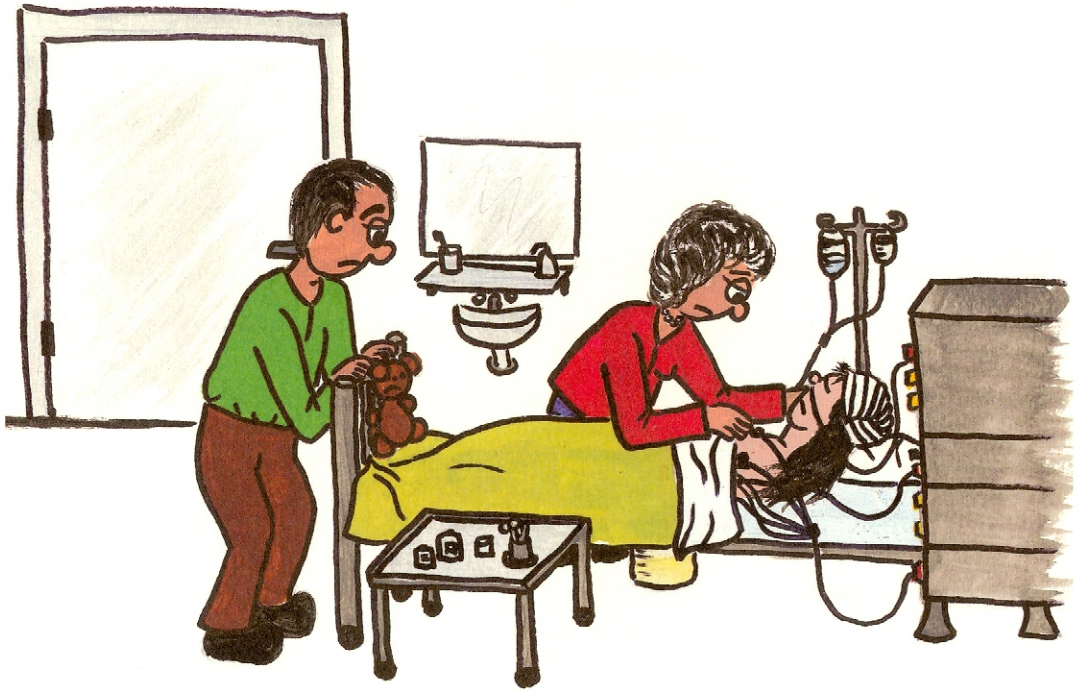
Mummy Strong knew that, even in a coma, Lisa's subconscious could understand what was being said, so she spoke loving and encouraging words. She also told her happy stories.

For grown-ups:

Mummy Strong is conflictive-active (sympathicotonic) and Little Mesi is building extra mammary gland tissue in her left breast. This is taking place in her left breast because Mummy Strong is right-handed (see the clapping test in Volume 5, page 25).

Little Mesi is building tissue controlled by the old brain to increase the productivity of the mammary glands.

Mummy Strong is exhibiting the typical symptoms of sympathicotonia (the stress phase):
psychological: *compulsive thoughts*
cerebral: *Hamer Herd® on the right-hand side of the cerebellum*
organic: *cell growth in her left breast (see the diagram on page 28/29). She also has cold hands and feet, a loss of appetite, insomnia and emotional pain.*



Mummy Strong feels a lump in her breast

When night fell, Mummy and Daddy Strong went home. They wanted to see Lisa as early as possible the following morning. That's what they did day after day.
One evening, while Mummy Strong was having a shower, her heart missed a beat. She could feel a little lump in her left breast!
She quickly touched it again. Then she remembered the GNM®. She realised straight away that she had had a mother-child worry conflict when Lisa was hit by the car.
But how could Mummy Strong be so sure that Lisa's accident was responsible for this lump? Simple: Mummy Strong claps with her right hand on her left hand. This means that the right side of her body relates to her partner, while the left side relates to her mother or children. As the lump was in her left breast and she had worried about her child, not her mother, she could easily be sure of the cause of her lump.
The lump does not seem so bad now that she knows that it will disappear as soon as Lisa is on the mend and she doesn't need to worry about her anymore.

A trouble shared is a trouble halved

Mummy Strong told Daddy Strong about the lump in her breast. This was a good idea, as no one should bear their troubles alone. Daddy Strong is also well aware of the five biological laws of the GNM®, so he was able to comfort Mummy Strong with a clear conscience and together they thought about how to resolve the conflict. This problem solved itself when, on the same day, the telephone rang. It was the doctor who was looking after Lisa. He was very pleased to be able to tell them that Lisa had opened her eyes and, still somewhat dazed, had kept asking for a certain Gino.

Daddy Strong had a brilliant idea.

For grown-ups:

As well as the extremely severe, highly acute-dramatic and, above all, unexpected shock experience, every DHS® also involves isolation or withdrawal, i.e. for whatever reason, the affected person cannot communicate effectively or at all, or feels abandoned, helpless and powerless.

It is well known that a trouble shared is a trouble halved and, in the event of a DHS®, it is always important and correct to break through the isolation. Loving communication at the right time is an important step towards this. Bottling up one's worries is extremely bad for the psyche and, therefore, automatically extremely bad for one's health.

German New Medicine® provides the most important basis for understanding the dynamic process of the development and course of every so-called illness. Only then can we knowingly do what has to be done to find our way back to the best-possible state of health.

Mummy and Daddy Strong looked for Gino, put him in a big bag and quickly made their way to see Lisa.

Mummy Strong told Gino not to meow, because she had to smuggle him through the hospital reception and animals are not allowed to be taken into hospitals. Gino was as quiet as a mouse, as if he had perfectly understood what he had to do.

Mummy Strong mischievously slipped passed all the nurses.

As soon as they got into the room, the little cat cheekily stuck his head out of the bag. It was a wonderful surprise for everyone.

Lisa beamed with happiness. She had her Gino back. As Mummy Strong saw her little daughter so cheerful again, an enormous weight was lifted from her mind. Now she knew that Lisa had made it. She was better. During the visit, Mummy Strong's hands finally became warm again. She felt elated and full of joy.

«Thank goodness!» thought Mummy Strong to herself, «she is conscious again.»
An enormous weight was lifted from her mind.

Lisa is back home

The long-awaited day finally arrived. Lisa was allowed to leave the hospital. When she arrived home, Gino gave her a warm welcome. Lisa cuddled her cat, who snuggled up to Lisa's neck and purred away.
Oh dear, someone is probably feeling a little jealous. Just look at poor old Teddy. While he was in the hospital, he got all the cuddles and now he had to share his Lisa with Gino again. Oh well, he would just have to get used to that. Anyway, Lisa made sure that no one missed out.

For grown-ups:
Mummy Strong could cry with joy. At this point, at the latest, her conflict phase ends and the healing phase can start. This means an end to the compulsive thoughts and worries, healing and scarring of the Hamer Herd® in the right cerebellum, breaking down of the mammary gland cells that are no longer needed in her left breast, possible tiredness and exhaustion, a warm to hot breast and a return of appetite.

CL®

Mummy Strong's worry conflict is now definitively resolved and she can laugh again!

Biological laws never fail

Now Mummy Strong wanted to know whether the GNM® really works and felt her left breast. On the second day after Lisa had come out of the coma, it had actually seemed like the lump had got a bit bigger. It had also suddenly started hurting. But that was just swelling with some liquid stored around the lump. That is normal, because whenever healing takes place (even in the case of wounds) the body accumulates a little liquid.

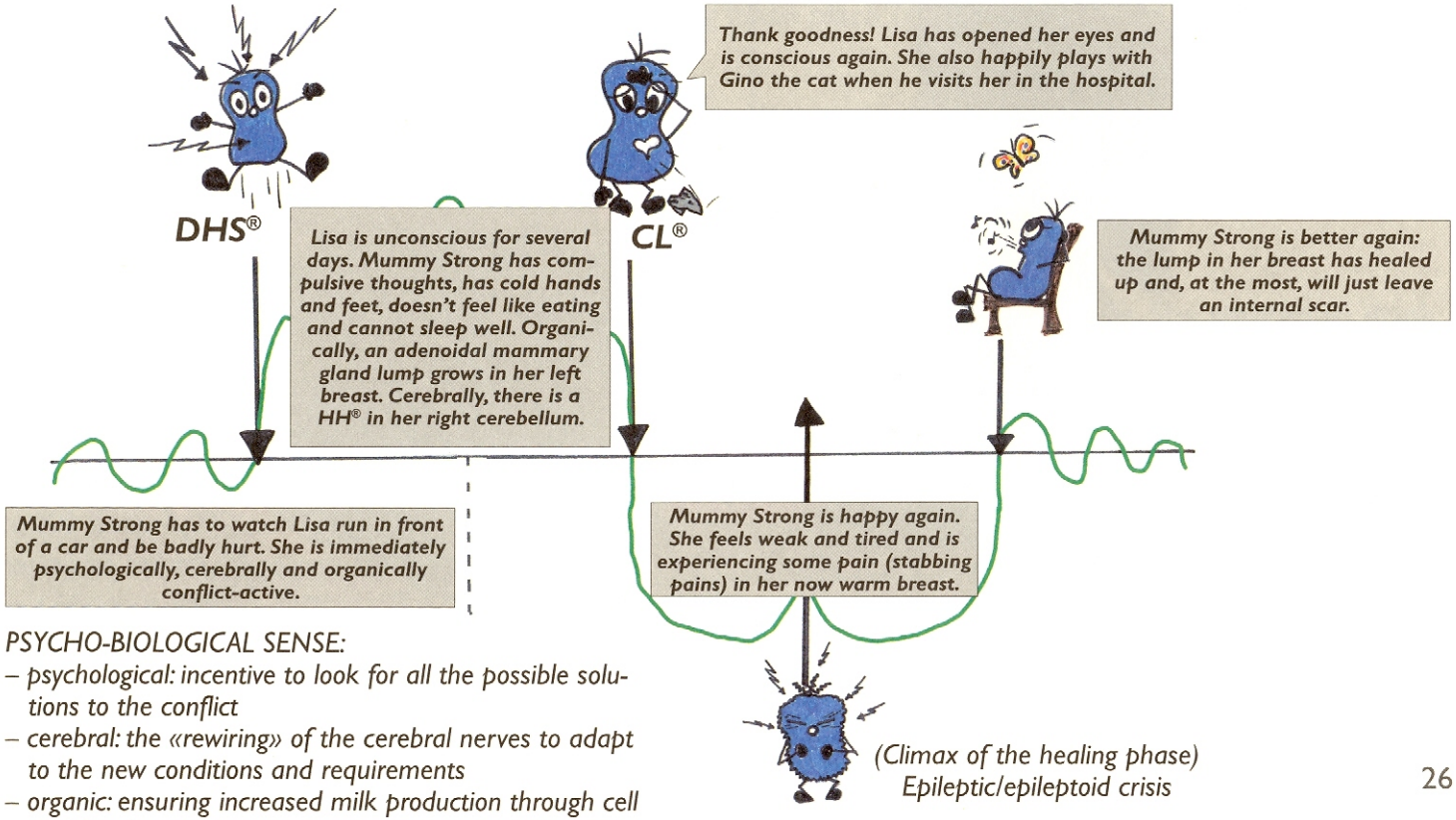
Mummy Strong now noticed that her lump had become smaller. She had also sweated a lot at night time. Her night-shirt was sometimes soaking wet. Mummy Strong knew that this meant that her body was in a healing phase so did not worry about it.

At that time she felt very tired, had a good appetite, especially for dairy products. She wanted to drink milk all the time and eat a lot of yogurt, quark, eggs and cheese. She also felt like protein-rich products and this is what she needed, as the body requires a lot of protein in the healing phase.

Mummy Strong was pleased that she felt tired, as she knew that this was part of the healing phase. She could sleep well and deeply now, because her worries were finally over. Lisa was better, Gino was also happy, as he could cuddle up under Lisa's bed sheets again at night. Everyone was happy, even Teddy had learned to live with his rival again. Sometimes, Gino even cuddled up to Teddy because he was just soooo soft.

A brief description of the five biological laws:

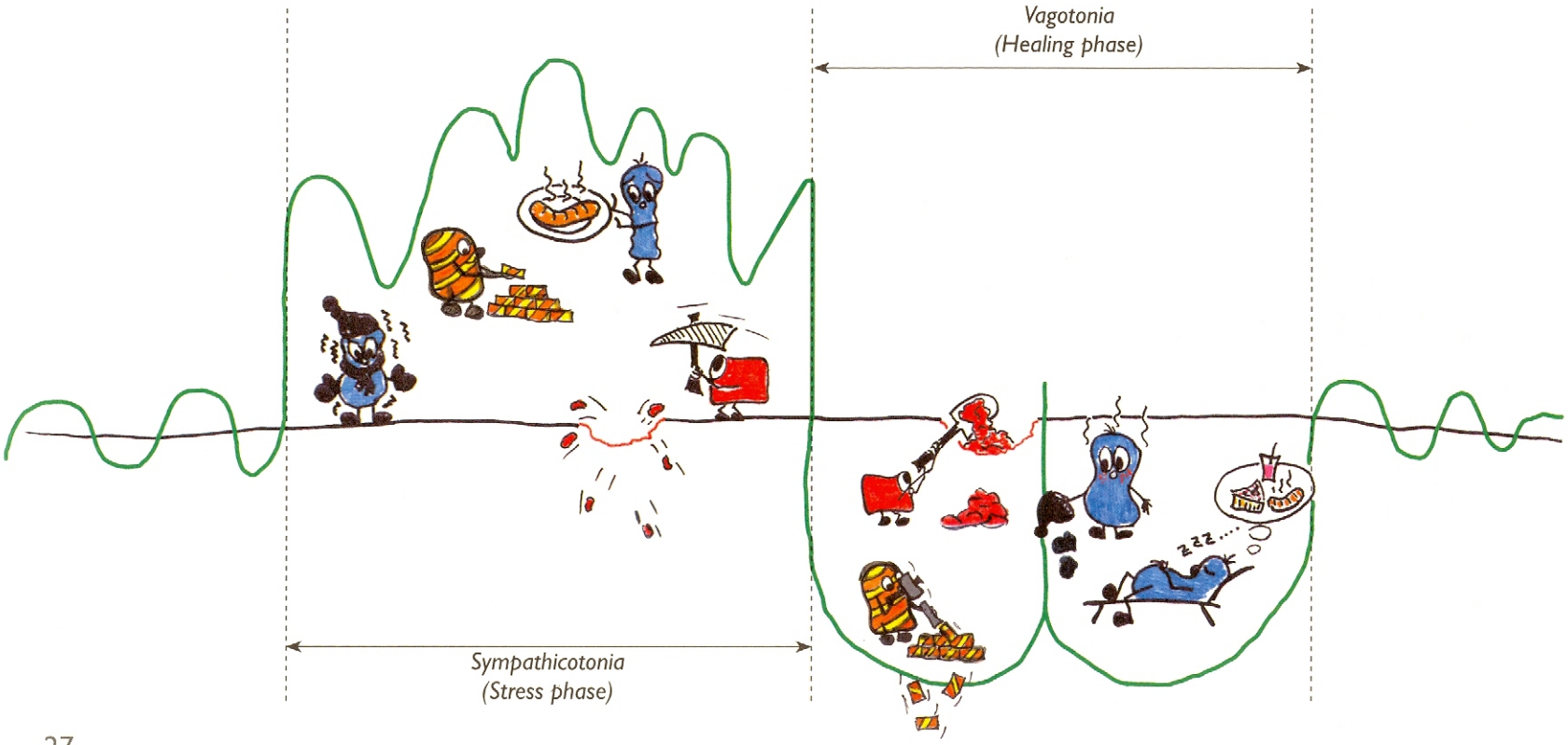
Every so-called disease begins with an unexpected psycho-biological shock or trauma, excluding malnutrition, physical injuries and poisoning. This conflict shock, called the DHS® in scientific language, is often not recognised as a traumatic experience by outsiders, particularly when the affected person cannot or does not want to talk about the conflict for various reasons. The DHS® is completely unforeseen, traumatic and isolating.



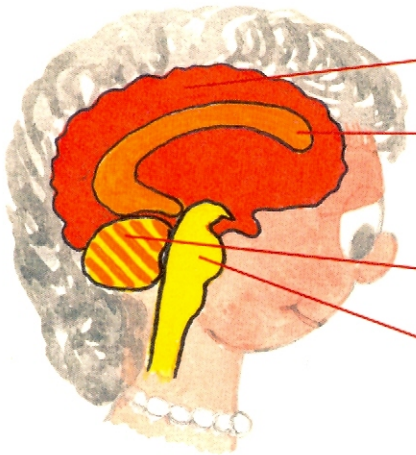
PSYCHO-BIOLOGICAL SENSE:

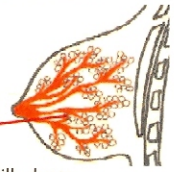
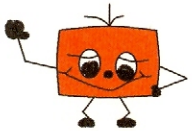
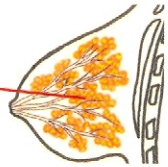
- *psychological: incentive to look for all the possible solutions to the conflict*
- *cerebral: the «rewiring» of the cerebral nerves to adapt to the new conditions and requirements*
- *organic: ensuring increased milk production through cell proliferation*

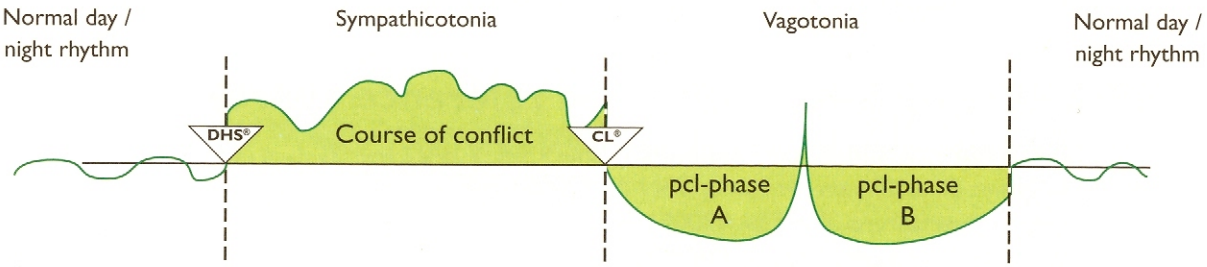
When the affected person experiences the trauma, he or she directly enters the first phase of the disease process, which is known as sympathicotonia. This conflict-active phase causes the individual to have compulsive thoughts about the particular conflict and often results in insomnia, reflectiveness, cold hands and feet, a loss of appetite and other physical and psychological changes or breakdowns. At this stage, the actual disease often goes undetected.



Every individual cell of our organism is controlled by the brain. We are not able to produce any illness at all without the psycho-biological conflict being translated to our organism via our brain. All our approximately 200 different types of cells can be reduced to two kinds with regard to the two-phase process. All cells controlled by the old brain (brain-stem and cerebellum together) experience cell proliferation in the first phase after the psycho-biological trauma (DHS®) and then cell break-down after the conflict is resolved. Conversely, all tissue cells controlled by the cerebrum (cerebral cortex and white matter) first experience cell break-down, a hole, or a reduction in cells as well as the possible loss of functions leading to conditions such as numbness, paralysis and problems to do with hearing, seeing and smelling. After conflict resolution has taken place, the cell tissue that had previously been broken down is rebuilt and the function returns to normal.



	Germ layer / Cerebral area	Organ	Little helpers	Organic level
Squamous epithelium controlled by the cerebrum (see Squamy, page 7)	Ectoderm/ Cerebral cortex	 Milk ducts	 Squamy	With the DHS®, the inside (intima) of the milk passages is broken down. Biological purpose: milk can flow more effectively
	Mesoderm/ Cerebral white matter	N/A	Big Mesi	
Adenoidal tissue cells controlled by the old brain (see Little Mesi, page 6)	Cerebellum	 Mammary glands	Little Mesi	With a worry, dispute or nest conflict, the milk producing breast gland tissue increases. Biological purpose: more milk production
	Endoderm/ brain stem	N/A	Ady	



Cause / trigger / DHS®	Conflict activity	Recovery or healing phase	
Separation conflict in the sense that: «the partner, the mother or the child is torn away from my breast» or «has torn away from me»	**Psyche:** compulsive thoughts **Brain:** clearly defined Hamer Herd® in the cortex **Organ:** break-down of the squamous epithelium cells of the milk ducts **Purpose:** milk can flow more effectively	**Psyche:** end of compulsive thoughts **Brain:** healing of the affected brain relay with fluid retention **Organ:** building of the squamous epithelial tissue with possible inflammation in the breast and swelling	Squamous epithelial lump remains: mastopathy
Worry, dispute or «nest conflict»	**Psyche:** compulsive thoughts **Brain:** clearly defined Hamer Herd® in the cerebellum **Organ:** cell proliferation of the mammary gland tissue **Purpose:** increased milk production	**Psyche:** end of compulsive thoughts **Brain:** healing of the affected brain relay with water storage **Organ:** break-down of the building of the surplus mammary gland cells with sweating in the night	Adenoid cells are completely broken down, if there are enough microbes. Scarring (so-called calcification) remains

Convictions are greater enemies of the truth than lies. (F. Nietzsche)

FOR GROWN-UPS

Note:
Every illness is a sound biological special programme of evolution, created for survival in the interests of the whole.

Breast disease is statistically one of the most common female illnesses. However, the orthodox medical literature that exists on this subject from the beginning of the 21st century makes even the most attentive and capable of thinkers soon feel perplexed and confused. This is hardly surprising, as, to this day, the existing health service of the «civilised» world cannot, may not or does not want to admit to medicine's best-kept secret: that every illness has a psycho-biological cause.
This simple fact imperatively provides a new basis for the whole health service and sooner or later calls for profound changes in every area of life.
Breast diseases, like the vast majority of the diseases suffered by people, animals and plants, cannot be understood, let alone cured by today's orthodox medicine. Orthodox medicine almost exclusively focuses on fighting the symptoms and is not aware of any real causes or the exact mechanism of even just one illness. Basically, the orthodox medicine of the beginning of the 21st century does three things:

1. It diagnoses, measures, radiographs and describes: i.e., it analyses blood, stools, urine, tissue: it tests reflexes and senses, inspects and feels organs, describes all possible phenomena and manifestations, discovers hypofunctions and hyperfunctions etc. This is the most useful side of orthodox medicine. However, everything takes place on the organic level. The brain is observed very little and the psyche is considered to be secondary, even irrelevant. Today, thanks to the German New Medicine®, we know that every illness has a psycho-biological cause. That cannot be repeated enough!

2. It assigns names to the phenomena; often in Latin or Greek. It changes the names at regular intervals e.g. infantile paralysis has been renamed multiple sclerosis, amyotrophy, Charot's disease, Guillain-Barre syndrome or simply paresis, i.e. paralysis. In this way, it pretends to have had a «victory thanks to vaccination of the population» over infantile pa-

ralysis (poliomyelitis). Nothing could be more erroneous than claiming or considering that any kind of vaccination is useful or even offers protection (see Dr. Stefan Lanka's works for more information on this).

3. It dogmatically fights the symptoms with all possible means. It does not shrink from means that are themselves hostile to life such as chemotherapy, radiotherapy, radical surgery, so-called «vaccinations», psychotropic drugs, antibiotics etc. Although it does not even know one single cause of one single disease, it «treats» with highly-toxic substances, which are often not supported by the body and frequently lead to new diseases or even to death. However, this does not diminish the importance of the technical means used to save lives in emergency situations like, for example, in the case of burns, fractures, bleeding, injuries and different types of blockages. In these cases, orthodox medicine can do amazing things.

Nature can never be overcome, only understood.

For thousands of years, mankind in all cultures has been able to report of tragedies that have preceded serious illnesses. Significant examples of this are found in great numbers in the works of Michel Moireau (French doctor and researcher, 1912–1997), Lawrence LeShan (1920–), Jean-Paul Marat, 1743–1793 (revolutionary of the French revolution) and, as early as 1759, D. Gendron wrote a detailed account of serious illnesses that suddenly occurred after a psycho-biological shock. In his treatise «The Nature and Treatment of Cancer», Walter Hayle Walshe (1812–1892) described with great precision the course of numerous psychological and psychical illnesses. In summary, mankind, particularly medicine, should have discovered the exact mechanism of disease long ago. The fact that it has not must be put down to a mosaic of intellectual and emotional deficiencies, as well as economic and political reasons. Mankind has blocked and is still blocking the way to its own greater happiness. Homo homini lupus (man is a wolf, or enemy, to man). Will this situation ever come to an end or is today's man really only tomorrow's Neanderthal man and destined to disappear?

It is well known that education is the ability to distinguish what is important from what is insignificant and what is better from what is not as good. In future, the most important and the best means to conserve and, if necessary, regain health shall form part of every individual's knowledge, based on the five biological laws of the German New Medicine®. Below,

you will find out about the essential points regarding breast disease. We strongly recommend studying the literature for further reading listed on page 30 for a deeper understanding.

Why do changes occur in the female breast?

In accordance with the rules of the GNM®, lumps in a woman's breast always presuppose a serious psycho-biological shock experience (DHS®):

- for an increase of the mammary gland tissue, the conflict theme is always a worry conflict / dispute conflict or «nest conflict» with a partner, on the one hand, or, on the other hand, with one's own mother or one's own children (see handedness in Volume 5, page 25)
- whereas, shrivelling or swelling of the milk ducts can always be traced back to a painful separation conflict from one's partner, on the one hand, or one's own mother or children, on the other hand.

The process is shown in the form of a diagram on pages 28 and 29.

Worry conflict:
At the tender age of 7 years, a young mother witnessed how her best friend, of the same age, was found dead after being abducted for two days. From the time her own daughter was born, the now single mother lived with the thought and the constant fear that the same thing would happen to her daughter. Every minute she was not directly supervising her daughter would bring on perpetual compulsive thoughts. Her anxiety and fears were even triggered when her daughter was just a few minutes late. After the mother was diagnosed with a suspected lump in her breast, all she could think about was what would happen to her now 9 year-old daughter when she was no longer around. This is a perfect example of a vicious circle.

Dispute conflict:
The mother of a now over 40 year-old daughter has always interfered in her life in a very questionable, overbearing and violating way. The daughter has never really felt loved by her mother.

Worry conflict:
A man is diagnosed with MS when he goes for a medical examination. He falls into a deep depression. His wife is extremely worried about him for months. If she had her way, she would never leave his side, as she is worried that he might take his own life. However, she has to go to work every day to earn money and can only look after him in her limited free time. As his condition gets worse, she becomes more and more worried and, as a result, a nodule grows in her mammary gland.

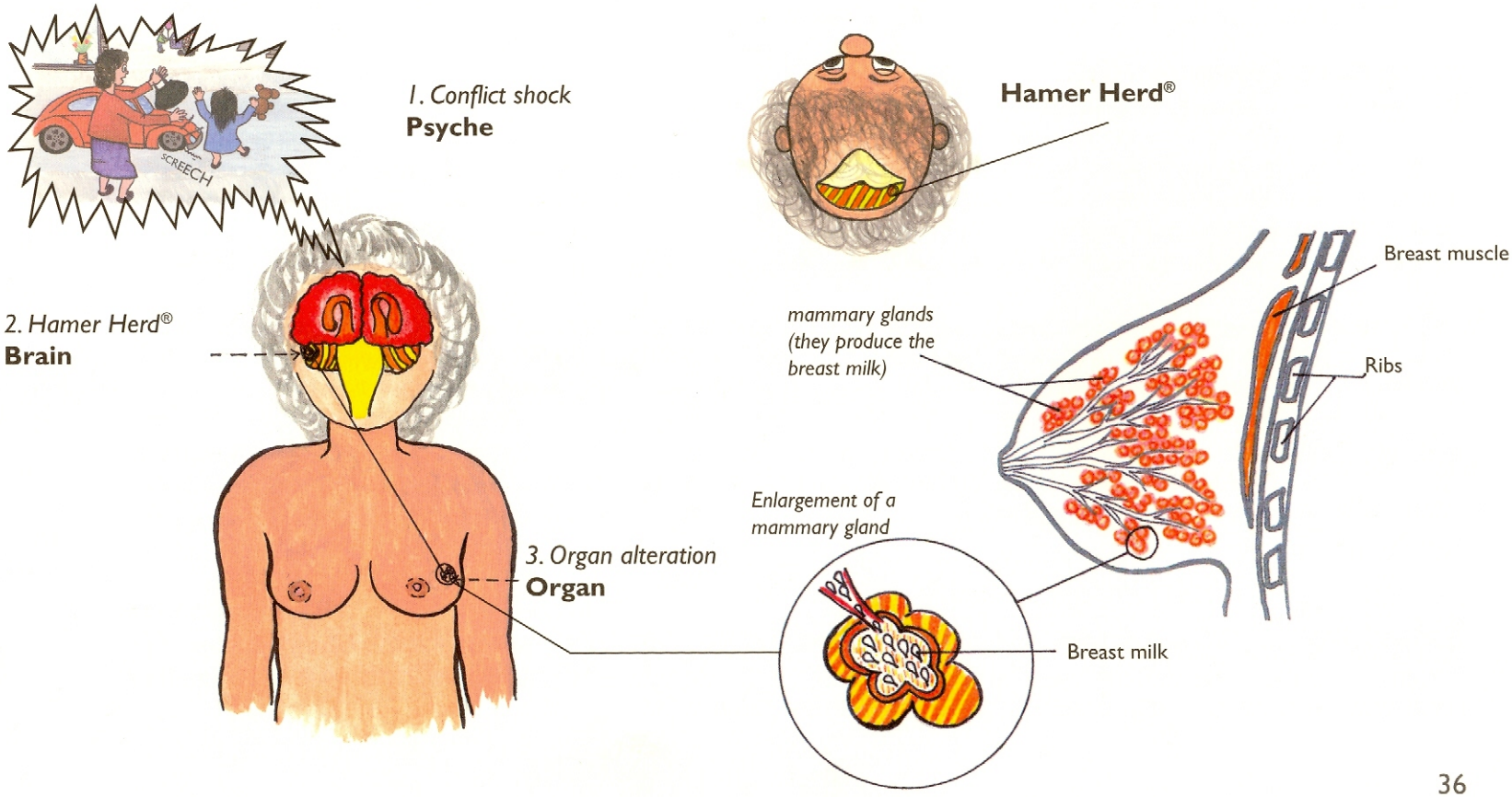
Worry conflict and separation conflict:
The wife of a sailor, who is injured and captured by enemy troops, does not hear from him for weeks. A lump in her partner breast soon grows as the result of the worry conflict. However, as the wife is simultaneously also separated from him, he was as good as «torn from her breast», the squamous epithelial tissue breaks down cells in the milk ducts. Therefore, in sympathicotonia the wife is simultaneously suffering from cell proliferation of the mammary glands and cell breakdown of the inside of the milk passages. In the healing phase, after the conflict has been resolved, the mammary gland lump is broken down and the inside of the milk passages is re-built.

Animals also suffer worry/dispute and separation conflicts. For example, many cows suffer from udder inflammations if their young are torn away from them. Cows that suffer from this are then treated with antibiotics, which is then found in the milk, or, if the cow proves to be «treatment resistant», it is slaughtered without further ado.

Separation conflict:
The youngest and favourite daughter leaves her mother's home at 30, 2 years after her father's death. The feeling that her daughter has been «torn away» and that she can no longer «hold her to her breast» leads to a ductal process that affects the milk passages.

Separation conflict:
Shortly after getting married, the wife finds the photo of an unknown woman in her husband's suit. When she approaches him about it, he shouts that it is none of her business. From then on, whenever he doesn't come home in the evening, she has compulsive thoughts and imagines that he is being unfaithful to her.

Hamer Herd® (HH®): a change discovered by Dr. Hamer in the structure of the cerebral tissue at very specific organ-related control centres after a psycho-biological trauma (DHS®) has occurred. Each organ, indeed every single cell of the entire organism has a very specific control centre in the brain. For this reason, nothing occurs in the organs without the corresponding order being given from the psyche via the brain.



What is life? How does it work? What is healthy and what is diseased life? How do the diverse dynamic processes of the healthy and sick organism come about? This volume aims to look into this question using the example of the so-called breast lump in accordance with the rules of the German New Medicine® (GNM®).

The real mechanism of health and disease was mysterious, covered-up and inexplicable until the discovery of the five biological laws and their interrelation. The clear and precise formulation of the five biological laws by Dr. R. G. Hamer MD at the end of the 20th century is increasingly proving to be an intellectual act of utmost scientific importance and fruitfulness. The German New Medicine® offers a key to the real causes and mechanisms of all so-called illnesses and, therefore, also offers hope for natural healing and the best possible health.

Statistically, breast disease is one of the most common «malignant» diseases suffered by women. Yet, it is only «malignant» because, up until now, neither its cause nor its mechanism were correctly understood. Every disease is curable in principal, provided that its significance is understood, the conflict mass is not too large, the disease-triggering shock experience is resolved in time and the natural healing process is not disrupted by measures involving antibiotics or by fear and panic.

ISBN 978-3-906865-32-4
9 783906 865324

Nature can be understood but never overcome.

According to the system of the German New Medicine®

La familia **BRAVO**

Episodio I

y sus aventuras con la medicina

Elisa y las manchitas rojas

Cuentos para chicos y grandes

Según el sistema de la Nueva Medicina Germánica®

Esta colección de publicaciones tiene como cometido hacer comprensible de una manera sencilla, a jóvenes y mayores, el curso esencial de las enfermedades más frecuentes. Las cinco leyes biológicas de la naturaleza descubiertas por el Dr. med. R. G. Hamer, que encuentran aplicación en todas las enfermedades de humanos, animales y plantas, constituyen una base científica por añadidura. Así que toda enfermedad comienza siempre con el denominado DHS® – es decir, trauma psicobiológico – y se desarrolla a través de dos fases relevantes. La primera comienza con un trauma o un impacto fulminante, como un golpe o shock biológico, y precipita al individuo hacia una fría fase de stress, matizada por pensamientos forzados, insomnio y pérdida de peso, igualmente denominada simpaticotonía. La segunda fase, o mejor dicho la fase de reparación de toda enfermedad, sólo puede comenzar una vez que se haya producido la solución real del trauma desencadenante de dicha enfermedad. Esta segunda fase, llamada vagotonía a nivel profesional, conlleva la mayoría de las veces: cansancio, calor, incluso fiebre, dolores, inflamaciones, infecciones y hambre. Al final de ella, de nuevo, el paciente estará tan sano como sea posible.

Las demás leyes naturales de la Nueva Medicina Germánica® estarán explicadas e introducidas de forma abreviada en todos los episodios. Para que el lector interesado adquiera una comprensión más profunda, puede hacerlo primero a través de la exposición de esta colección, y luego con la lectura de las publicaciones del Dr. med. R.G. Hamer en Editorial Amici di Dirk – España.

Prezzo: € 10.– / CHF 15.–

ISBN 3-906865-26-6

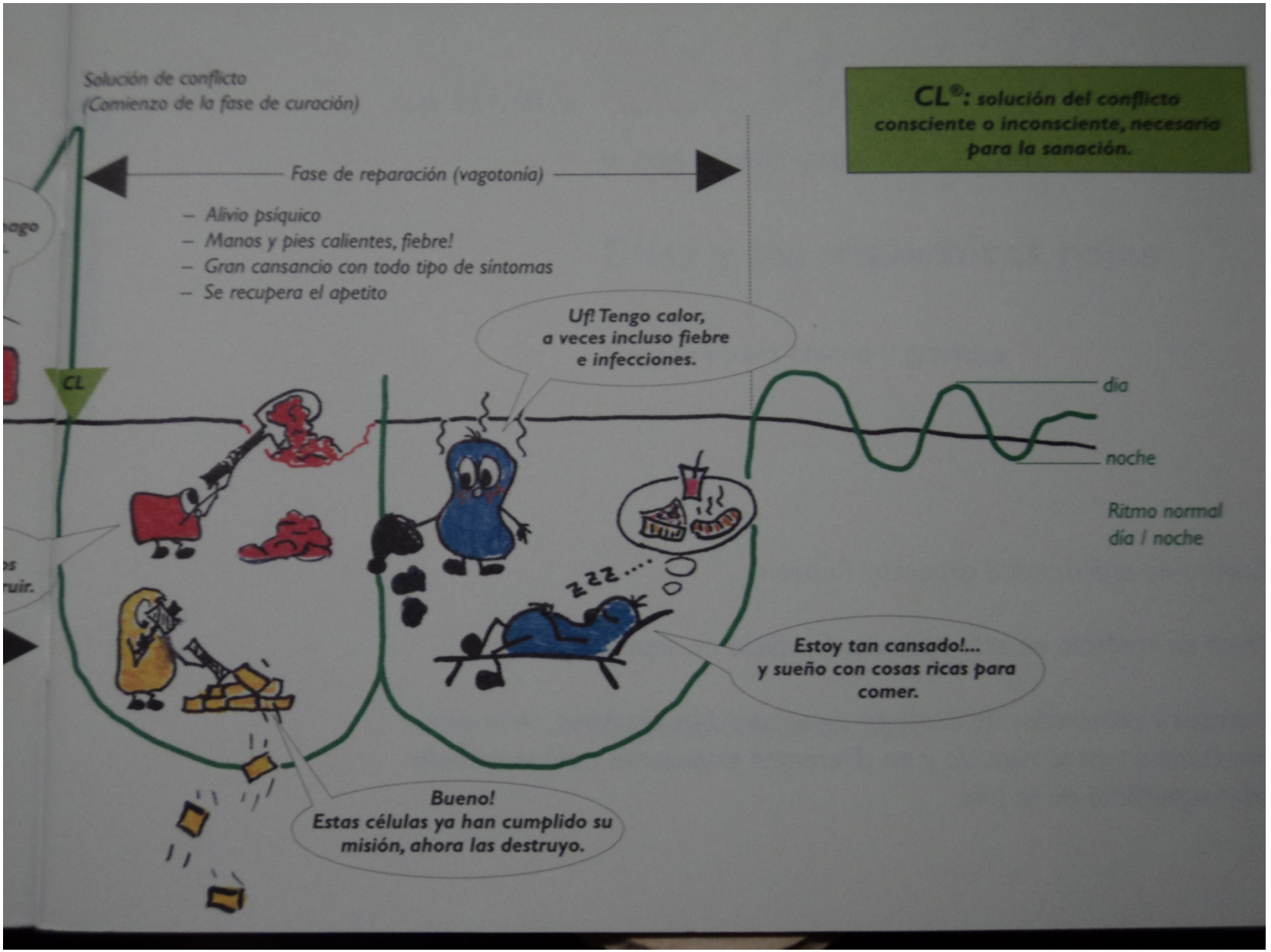
9 783906 865263

El proceso de cada enfermedad es un programa biológico especial, con sentido propio en la naturaleza.

Fase de stress (simpaticotonía)

- Pensamientos forzados, recurrentes, melancolía, falta de recursos
- Manos y pies fríos
- Insomnio
- Falta de apetito y pérdida de peso

DHS®: vivencia de un shock inesperado y conflictivo


Solución de conflicto
(Comienzo de la fase de curación)
CL®: solución del conflicto consciente o inconsciente, necesaria para la sanación.
Fase de reparación (vagotonía)
– Alivio psíquico
– Manos y pies calientes, fiebre!
– Gran cansancio con todo tipo de síntomas
– Se recupera el apetito
CL
Uf! Tengo calor, a veces incluso fiebre e infecciones.
día
noche
Ritmo normal día / noche
Estoy tan cansado!... y sueño con cosas ricas para comer.
Bueno! Estas células ya han cumplido su misión, ahora las destruyo.

Cuadro de enfermedad expuesto: Rubéola.

Tema de conflicto en este episodio: Conflicto de separación.

Procesos y contenidos de conflicto de separación, similares, se encuentran también en la varicela y en diferentes erupciones cutáneas de la capa superficial de la piel.

La familia BRAVO

y sus aventuras con la medicina

Elisa y las manchitas rojas

Cuentos para chicos y grandes

Editorial Knautsch S.L.

Dedicado a todos los niños de este mundo, en solidaridad, y con el más sincero agradecimiento al Dr. en medicina R. G. Hamer, por sus descubrimientos de la Nueva Medicina Germánica® generosamente transmitidos.

La familia Bravo y sus aventuras con la medicina
Elisa y las manchitas rojas

© Por Editorial Knautsch S.L., 9100 Herisau

Reservados todos los derechos de
impresión también por partes, sólo con autorización de la editorial Knautsch.

Ideas y redacción: Daniela Amstutz y Harald Baumann
Ilustraciones: Daniela Amstutz

Traducción: Itziar Orube Bona
Realización: Erica Riedler

Impresión: Imprenta Appenzeller, 9101 Herisau, 2005
ISBN 3-906865-26-6

Esta es la familia Bravo:

Todos son felices y se quieren mucho.

papá

Elisa y Pandi

mamá

Pedrito

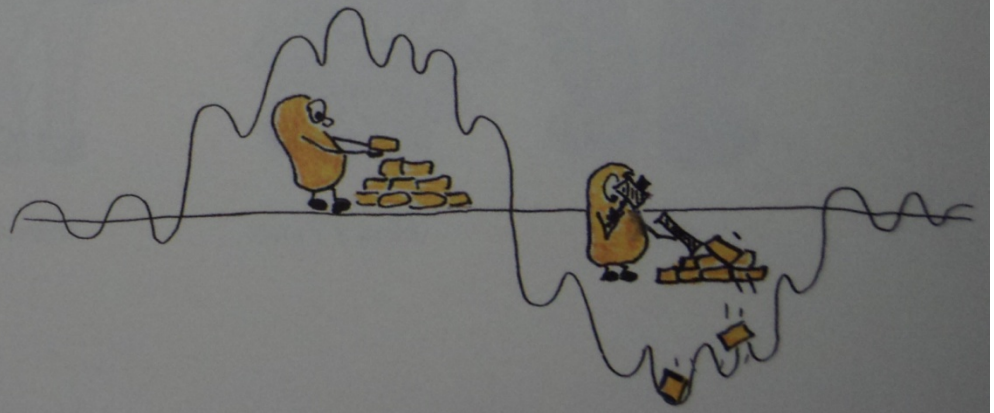
el perro Tico y el gato Misi

Nosotros somos los duendecillos que pertenecen a cada paso de la enfermedad

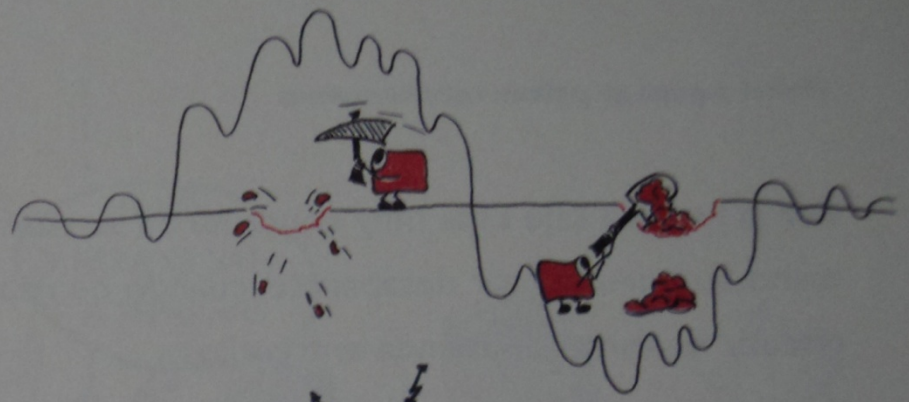
Yo soy **Simpi**, el maestro de la fase de stress, en mí predominan los pensamientos forzados, tengo casi siempre frío, sin ganas de comer y sufro frecuentemente de dificultad para conciliar el sueño.

Mi nombre es **Vagui** y soy el maestro de la fase de reparación. Me siento psíquicamente muy bien, calentito y hambriento. También engordo, me canso pronto, estoy tirado y suelo tener dolores. Me dedico a eliminar fluidos, y la fiebre e infecciones son cosas mías.

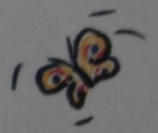
Yo soy **Adi** y siempre construyo en la primera fase células (adeno), que luego destruyo en la fase de reparación.



Yo me llamo **Plani** y siempre destruyo células (de epitelio plano) y de nuevo las vuelvo a construir en la fase de reparación.



Hola, me llamo **Epi** y estoy en la crisis. Cuando ésta se pasa, me va de nuevo bien.



Yo me llamo **Normi** y la mayoría de las veces, me tienen en cuenta, cuando ya no estoy.

Por la mañana sale Elisa muy contenta de su cuarto con su querido Pandi de la mano. Su buen humor desaparece, cuando de repente, escucha a sus padres discutir de forma tremenda entre ellos.

¡Cómo grita papi enfurecido!: « ¡basta!, ¡entonces me voy de casa!». Esto hace que Elisa baje de las nubes de golpe y porrazo.

Para adultos:

Elisa recibe, justamente en este momento, un DHS®. Es decir, acaba de sufrir un suceso conflictual inesperado y traumático, como un shock. Todas las enfermedades van siempre precedidas de un suceso desencadenante de tal calibre. El DHS® es siempre un impacto grave, agudo, dramático, vivido en aislamiento, que sorprende al individuo a contra pié, que le precipita hacia una situación de emergencia psico-biológica y a una falta de capacidad para manejarse. Desde este momento el organismo se encuentra en la fase de simpaticotonía[1], con un continuo stress, miedo, angustia, insomnio, manos y pies fríos, falta de apetito y pérdida de peso, así como con pensamientos recurrentes.

DHS®:
Síndrome Dirk Hamer: Trauma, impacto conflictual, desencadenante de toda enfermedad.

---

[1] *Fase fría, primera de la enfermedad*

Elisa está desesperada, se siente sola y desamparada

Elisa quiere mucho a su papá y él también le ama. Se sienta en su cama y se encuentra muy sola y muy, muy triste. Ahora mismo no puede acudir a mamá y desahogarse con ella, pues en este momento está herida y disgustada con Papá.

Para adultos:
Cuanto más intensa y larga sea la fase de stress (simpaticotonía), más desamparada y desesperada se encuentra Elisa. Se siente abandonada a pesar de Pandi, y muy, muy triste.

Plani destruye ahora células de la piel superficial, que el ojo no percibe.

A Elisa no le apetece comer

Elisa está tan triste, que ni siquiera le apetece desayunar. Mamá también está muy triste y no pronuncia palabra. Las lágrimas corren por sus mejillas cuando papá sale de la casa con una maleta…

Qué ocurrirá ahora sin papá? ¿No recibiré ya nunca más su beso de buenas noches? ¿No me podré sentar encima suya, cuando veamos en la tele el programa de las buenas noches?

Para adultos:

Una señal típica de actividad de conflicto (simpaticotonía) es la falta de apetito, pérdida de peso y pensamientos recurrentes. A menudo estas señales en el entorno, no son tomadas en serio, más bien no se tienen en cuenta o se ignoran.

Simpi, el maestro de la fase de stress pone a Elisa triste, abandonada y confusa. No tiene ningún apetito.

Elisa se siente melancólica y angustiada

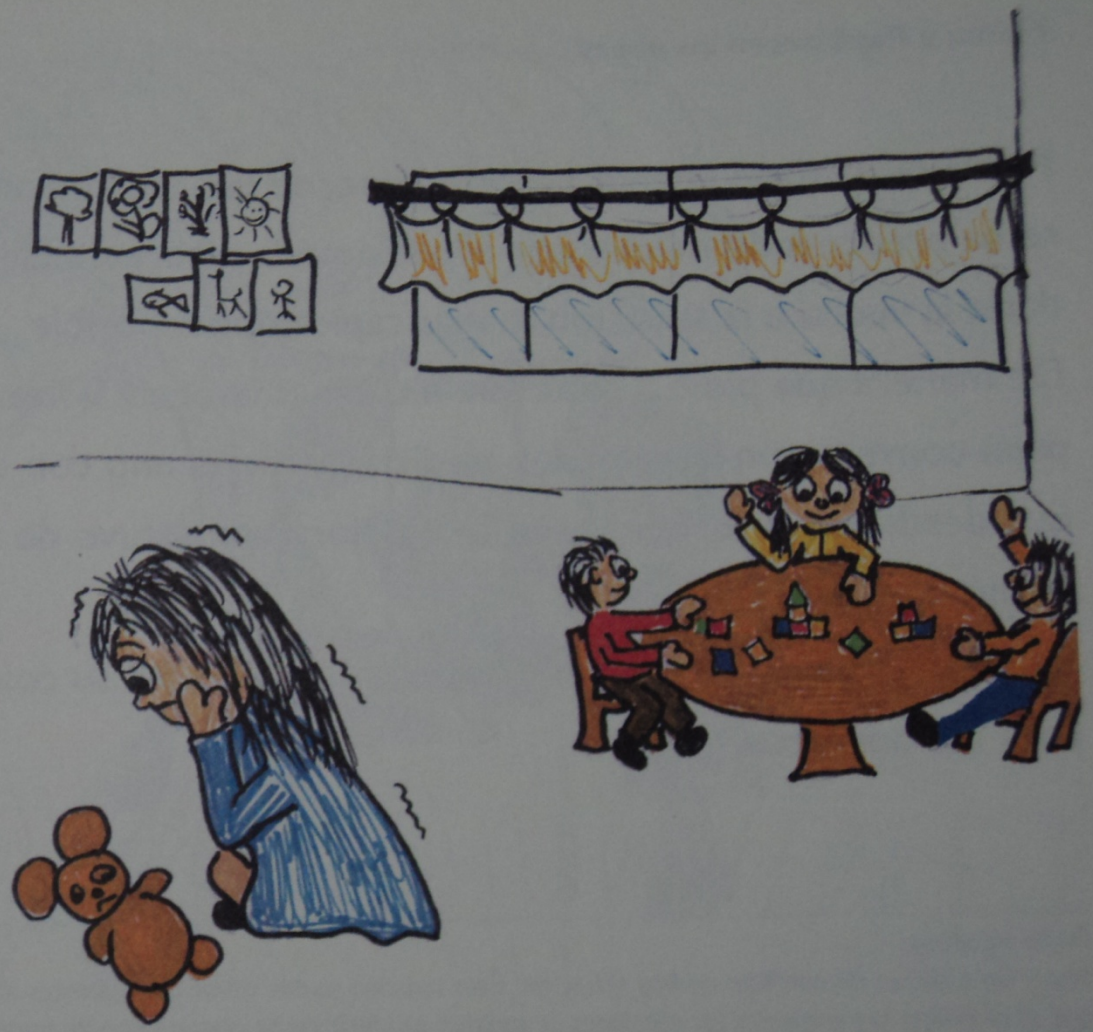
Elisa se siente tan mal, que en el parvulario no quiere jugar con los otros niños. Sólo Pandi puede estar a su lado. Aunque afuera brilla el sol, ella está todo el tiempo helada.

Para adultos:

En la fase de stress (simpaticotonía) de toda enfermedad, junto a la inapetencia, pérdida de peso y pensamientos recurrentes, siente uno frío. Se siente por todo el cuerpo, especialmente en manos y pies.

En general los afectados producen una impresión como si estuvieran trastornados, abstraídos y ensimismados. Esta situación de aislamiento se puede romper a través de una conversación sensata sobre el conflicto, que pueda aportar una solución, o al menos traiga una disminución del mismo.

Elisa sigue todavía en la fase de stress y siente escalofríos por dentro.



Mamá y Papá hacen las paces

Mamá se ha dado cuenta, naturalmente, de que algo no anda muy bien con Elisa y se ha preocupado mucho por ello. Como la madre de Elisa es muy lista, quería darle la vuelta a la situación lo más rápidamente posible.

De manera que pidió a papá que hiciera el favor de volver de nuevo a casa. Mamá y papá conversaron largamente, se disculparon el uno con el otro y se prometieron que desde ese momento todo iría mejor. Papá estuvo de acuerdo y rápidamente volvió con su maleta a casa.

En el jardín se encontró con Elisa, todavía triste en su columpio, llorando callandito para sus adentros.

Para adultos:

Nota: Sin solución de conflicto no hay sanación! Esta solución puede darse de diferentes maneras. Lo importante es lo que el individuo experimenta. En ocasiones se pueden producir cosas aparentemente insignificantes, que conducen hacia una solución parcial o incluso completa.

Sin una solución definitiva, no hay sanación. Con la solución del conflicto se acaba la fase de stress del programa. Ahora sí que puede comenzar la fase de reparación! Al afectado, en la solución, se le quita un gran peso de encima.

Elisa está feliz, aparece con fiebre y manchitas rojas

Naturalmente Elisa está superfeliz de que papá haya vuelto a casa. Como todos los padres inteligentes saben, tras la solución de un gran problema, casi siempre aparecen cosas desagradables en el cuerpo. Tras la vuelta de su padre Elisa ha cogido la rubéola con muchas manchitas rojas y feas. Ella tiene esta erupción que pica en toda la cara y en todo el cuerpo, y parece una fresa.

Para adultos:
La solución del conflicto es una condición previa de toda sanación. Dicha solución puede darse de forma real, o también «sólo» en el psiquismo del individuo. La curación puede darse con o sin los correspondientes microbios, en caso de la rubéola éstos participan.
Nota: estos microbios optimizan la curación y no son malignos. Los autores recomiendan en general renunciar a las vacunas, ya que las denominadas enfermedades infantiles toman un curso natural, el mejor posible desde hace miles de años.

Plani construye en la fase de reparación las células de la piel que en la fase de stress fueron destruidas!

Ahora Elisa tiene fiebre y se siente verdaderamente derrotada y cansada. En cambio tiene más hambre y mamá le trae continuamente su bizcocho preferido y té calentito con miel. Naturalmente a Elisa esto le encanta.

Mamá sabe también, que una fiebre no tan alta es una buena ayuda, para que la rubéola pueda sanarse de manera rápida y beneficiosa. Por consiguiente, ella nunca trataría esta fiebre con pastillitas para la fiebre. De todas maneras, todos los niños odian algo tan asqueroso.

Contra el picor, tan desagradable, mamá aplica suavemente sobre la piel de Elisa agua con vinagre.

Para adultos:

Tras toda solución de conflicto entra el organismo en una fase de reparación, seguida de aumento de la temperatura, incluso fiebre. En este caso, es muy importante dejarle al cuerpo que lleve a cabo su curación natural. En el punto culminante de la sanación se puede pasar por escalofríos y temblores pasajeros. Esto es la denominada crisis epiléptica/epileptoide[1].

Fase de reparación: ahora es cuando Elisa se encuentra enferma.

---

[1] *«Crisis Epi»: Crisis epiléptica/epileptoide: Punto culminante de la fase de reparación. Se manifiesta, según la enfermedad, de múltiples maneras, por ejem: con escalofríos y temblores, ausencias (ausencias psíquicas), calambres, parálisis, mareos, palpitaciones cardiacas, fuertes dolores de cabeza, vómitos, etc…*

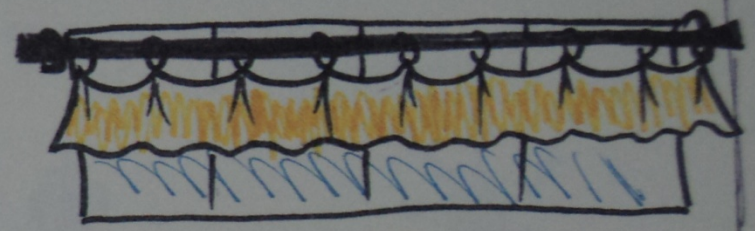
Finalmente, después de aproximadamente una semana, mientras parecía una fresa, pudo volver al parvulario. Ella quería salir de la cama desde hacía dos días, pero mamá se mantuvo firme: «Elisa, cuando ya no tengas fiebre tendrás permiso para salir afuera!»

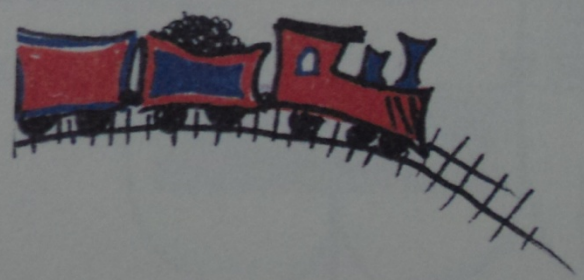
Ahora ya ha pasado todo, Elisa vuelve a jugar como antes y es feliz, como siempre, con los demás niños.

Para adultos:
Así cursan todas las enfermedades según las leyes de la naturaleza descubiertas por el Dr. Hamer. Al comienzo el suceso del conflicto biológico es el desencadenante de la fase fría. Se le llama fase de stress o simpaticotonía. Tan pronto como el conflicto se resuelve (CL®), se instala automáticamente la vagotonía o fase de reparación. Esta es seguida por un aumento de temperatura y la actividad de microbios, que se activan definitivamente en esta fase. En cuanto realizan su trabajo, y si el conflicto permanece solucionado, cambia el organismo a la normotonía, es decir, a situación normal, en el sano ritmo día-noche.

Esto no quiere decir que cualquier pelea de los padres vaya a conducir forzosamente a la rubéola. En cuanto al suceso conflictual, lo importante es cómo actúa sobre el individuo, lo que uno experimenta. En este caso Elisa sufrió un conflicto de separación de su padre!

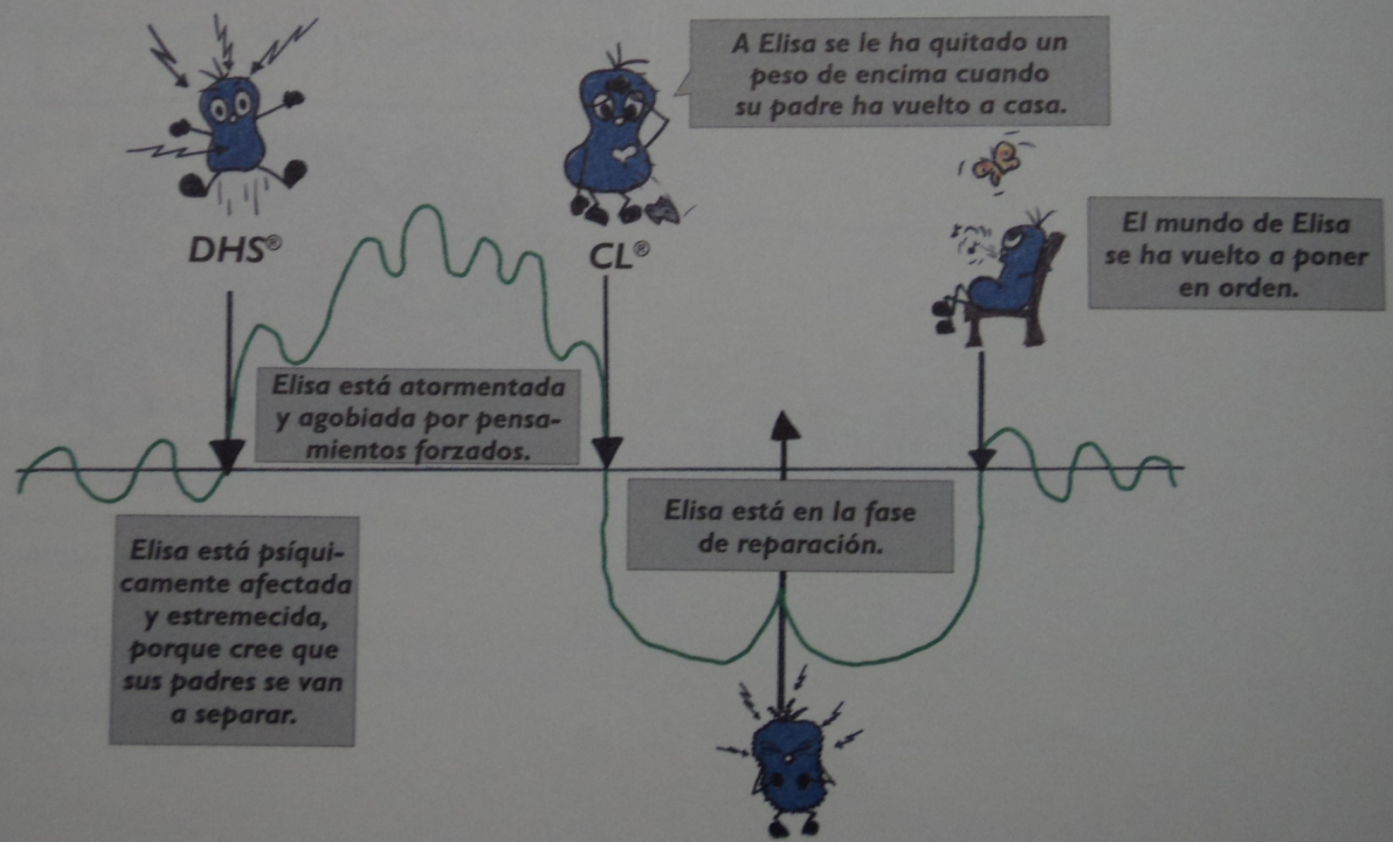
Normotonía:
Ritmo normal día-noche.
¡Ahora el mundo se ha
puesto de nuevo en orden!



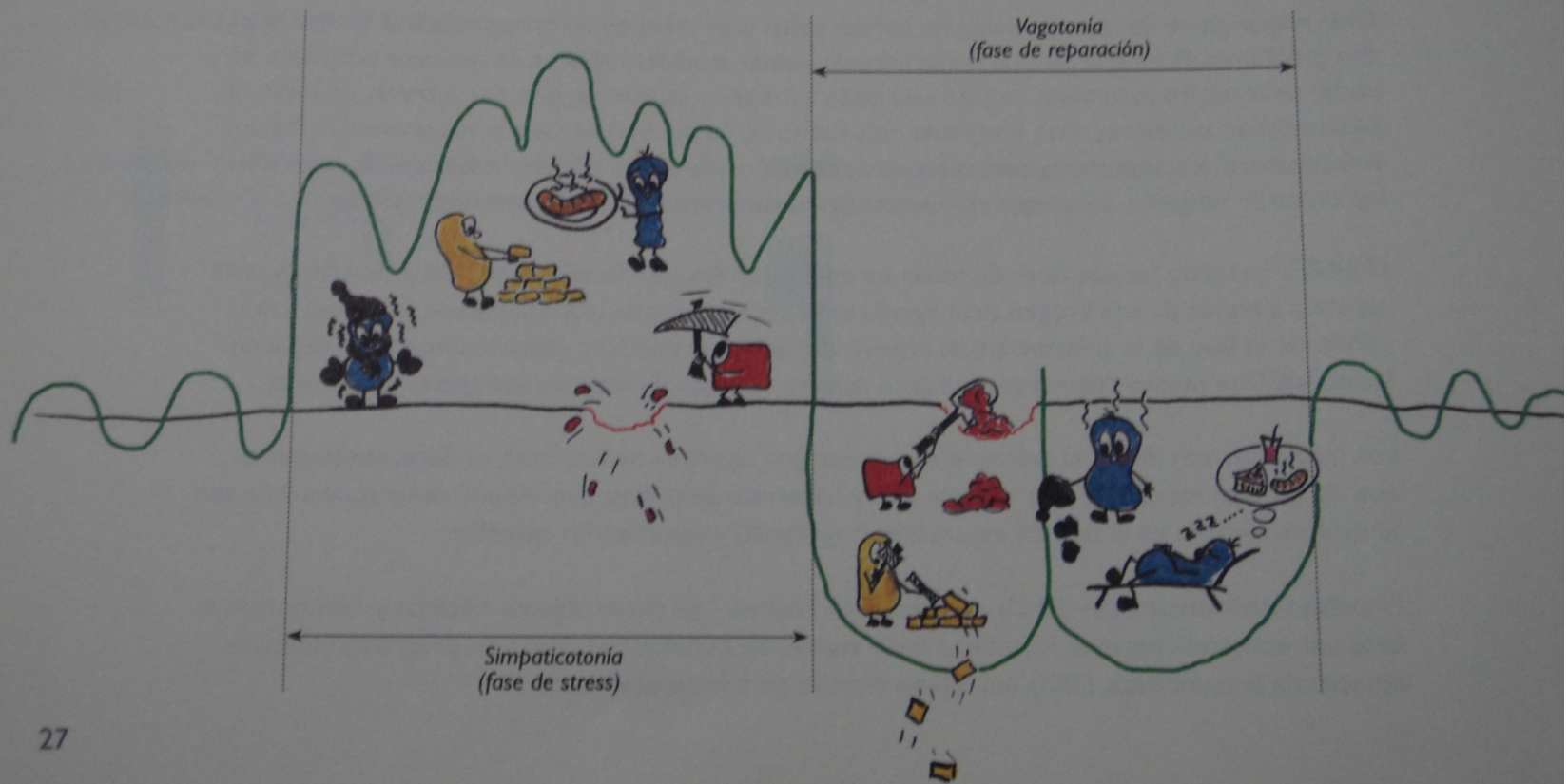


Las cinco leyes de la naturaleza de forma abreviada:

Toda enfermedad comienza con la vivencia de un impacto psicobiológico inesperado, o un trauma – si no es por una mala alimentación, lesiones psíquicas o envenenamientos, claro. Esta profunda vivencia, llamada en la terminología profesional DHS®, a menudo puede no ser reconocida desde fuera como algo traumático, sobre todo cuando la persona afectada, por diferentes motivos, no puede o no quiere comentar el conflicto. El DHS® ocurre de repente, se vive de forma traumática y aislada.



Con la llegada del trauma, el afectado se encuentra inmediatamente en la primera fase del proceso de la enfermedad, la llamada simpaticotonía. Esta fase de conflicto activo precipita al individuo hacia pensamientos forzados, como obligados, entorno a la vivencia del conflicto, y origina la mayoría de las veces, insomnio o trastornos en el sueño, pensamiento recurrente, manos y pies fríos, pérdida de apetito y demás alteraciones orgánicas y cerebrales, o deficiencias funcionales. Esta situación a menudo no es reconocida como verdadera enfermedad.



Tan pronto como llega la solución del conflicto, el organismo cambia los niveles del psiquismo, cerebro y órganos a la característica fase caliente de reparación, con gran cansancio, aumento de peso, acaso mareos y visión doble, expulsión de líquido, dolores de todas clases, infecciones y hemorragias, fase llamada vagotonía. La mayoría de las enfermedades no se descubren hasta este momento.

En la mayor parte de las enfermedades cursan tanto la primera como la segunda fase sin demasiados problemas. Por regla general no se necesita tomar medidas médicas, ya que este programa especial de la madre naturaleza ha sido sometido a prueba y puesto en práctica, a través de todas las generaciones anteriores. Este programa está hecho de forma óptima para la supervivencia. Propuestas sobre el tratamiento aparecen en este episodio en la página 32. Por motivos referentes a la ley estamos obligados a subrayar que estas sugerencias no sustituyen la visita del médico.

El DHS®, así como las dos fases de todas las enfermedades, puede ser observado y descrito a nivel cerebral a través de una imagen (tomografía axial computerizada), especialmente apropiada para confirmar la fase de la enfermedad, el órgano afectado y el conflicto desencadenante de dicha enfermedad. Este medio debiera ser utilizado sólo en cuadros de enfermedad graves o confusos.

Los microbios son desde el principio de los tiempos nuestros simbióticos, es decir, cohabitantes que no quieren atentar contra nuestra vida y hacernos daño, sino que, definitivamente, siempre son ayudantes eficaces en la fase de reparación (vagotonía) y optimizan la sanación.

El trabajo de investigación del Dr. en med. R. G. Hamer, – ya desde algunas décadas y reconocido a nivel universitario-, permite identificar todo suceso de enfermedad como un programa biológico especial de la naturaleza, (SBS), con pleno sentido para la supervivencia.

Para cualquier sociedad sería de suma importancia que las cinco leyes de la naturaleza de la Nueva Medicina Germánica®, aunque con retraso, encontraran un lugar beneficioso en la biología básica y la cultura general de todos sus ciudadanos.
Este «libro infantil también para los adultos» es una aportación a este fin.

Los autores
Daniela Amstutz y Harald Baumann

Nota:

La presente descripción de las cinco leyes de la naturaleza es en parte incompleta y de ninguna manera sustituye la lectura de las distintas obras científicas del Dr. en med. R. G. Hamer (ver pag. 30).

Libros recomendados, informaciones y direcciones para su adquisición

Dr. med. R.G.Hamer: «Kurze Einführung in die GNM», ISBN 84-96127-12-5
Dr. R. G. Hamer MD: «Vermächtnis einer Neuen Medizin», ISBN 84-930091-0-5
Dr. R. G. Hamer MD: «Habilitationsverfahren», ISBN 84-930091-8-0
Dr. R. G. Hamer MD: «Celler Dokumentation», ISBN 3-926755-07-5
Dr. R. G. Hamer MD: «Wissenschaftliche Tabelle der Neuen Medizin», ISBN 84-930091-2-1
Dr. R. G. Hamer MD: «Krebs und krebsähnliche Erkrankungen», cassette o CD
Dr. R. G. Hamer MD: «Krebs – Krankheit der Seele», ISBN 3-926755-01-6

Johann S. Mohr: «Das Rätsel der Todeskrankheit Rudolf Steiners», ISBN 84-96127-04-4
Helmut Pilhar: «Olivia – Tagebuch eines Schicksals», ISBN 3-926755-08-3

Más literatura también en distintos idiomas:

«Amici di Dirk», ediciones de la nueva medicina S.L.
Camino Urique 69, apartado de correos 209
E- 29120 Alhaurín el Grande, España
Fax: + 34 952 491697

«Amici di Dirk» Verlagsauslieferung Österreich
Helmut Pilhar, A2724 Hohe Wand, Maiersdorf 221
Tel y Fax: + 43 2638 /812 36

Verein zur Verbreitung der Neuen Medizin Deutschland
Gisela Redemund, Sommerhalde 6, D-73635 Rudersberg-Steinenberg
Tel y Fax: + 49 7183 /71 65

España
Itziar Orube, Urb. Ermita del Cerro, c/Alborán, 1
29130-Alhaurín de la Torre, Málaga-España
Tel. +34 952 17 55 46, móvil: +34 600 07 30 22
e-mail: aiaitz@hotmail.com, autosalud@yahoo.com

«Amici di Dirlo» Schweiz
Harald Baumann, Kirchensteig 20, 9502 Braunau
Tel. +41 71 351 40 53, Fax. + 41 71 351 57 69
e-mail: neuemedizin_ch@bluewin.ch

Daniela Amstutz, Industrie Schachen, PF 21, 6033 Buchrein
Tel. + fax. + 41 41 448 48 73, e-mail: dani.amstutz@bluewin.ch

«Amici di Dirlo» Ticino / Italia
c/o Marco Pfister, Int i Gruss, 6702 Claro/Svizzera
Tel/Fax. +41 91/863 36 56, e-mail: marco.pfister@bluewin.ch

Más información:
www.neue-medizin.ch
www.neue-medizin.de
www.neuemedizin.com
www.pilhar.com
www.newmedicine.ca
www.multimania.com/asac

E-Mail Editorial Knautsch:
neuemedizin_ch@bluewin.ch
dani.amstutz@bluewin.ch

Portal Editorial Knautsch:
www.knautsch.ch
www. knautsch-verlaggmbh.ch
www.knautsch-verlag.ch

posibles enfermedades ya fue practicado por nuestros antepasados. Además, dicho sea de paso, en 25 generaciones anteriores hemos tenido más de 33 millones quinientos cincuenta y cuatro mil cuatrocientos treinta y dos antecesores, y en 30 generaciones son cerca de once mil millones! Nuestro programa está por consiguiente bien probado, y si la naturaleza lo hubiera necesitado, el organismo hubiera descubierto de sobra los medicamentos actuales y los hubiera incorporado. Esto no quiere decir que no haya ningún medicamento útil, pero que son sólo unos pocos.

Queridos padres, si no están seguros, sobre cómo ayudar a sus hijos, entonces diríjanse a un médico o terapeuta que piense y trate de forma integral, que también entienda algo sobre la Nueva Medicina Germánica® o las cinco leyes biológicas de la naturaleza. De todas maneras, obtengan más información, utilicen otros libros de nuestra editorial o de la Editorial Amici di Dirk España (mirar lista de literatura en página 30).

Entre un buen médico y uno malo hay mucha diferencia: entre el mejor de los médicos y la naturaleza, la diferencia es todavía mayor.

Pequeños remedios caseros bien probados, de la señora Bravo

Fiebre

La señora Bravo sabe que la fiebre favorece el correspondiente proceso de sanación y que por tanto, a ser posible, no se debe impedir con substancias químicas. Si sube la fiebre demasiado o Elisa es propensa a tener calambres por esta causa, su mamá intentará bajársela suavemente poniéndole calcetines fríos, compresas o cataplasmas frías, con vinagre en las piernas.

En general, es válido, durante la fiebre: reposo en cama, beber infusiones de tila y menta, bizcocho, y si hay problemas de estómago, tomar sopitas y cremas de avena suaves y de fácil digestión. La piña fresca también ayuda con la fiebre y puede incluso administrarse como profiláctico.

En infecciones e inflamaciones de todo tipo (por ejem. esguinces, contusiones, etc.) a menudo ayuda colocar una bolsa de hielo que mitiga incluso los dolores.

Erupciones de la piel / picores

Para picores fuertes la señora Bravo aplica, con suavidad, agua fría con vinagre en los lugares afectados. Esto quita el picor por una o dos horas. Si la piel está muy encendida, son de gran ayuda los lavados frescos, de forma regular, con agua de manzanilla.

Desintoxicaciones

En muchísimas enfermedades ayudan los microbios en la fase de curación/reparación. Estos producen «sustancias de deshecho». Nuestro organismo, en casos normales, es capaz de expulsarlos sin problema, pero cuando se acumulan en ese trabajo demasiados microbios, puede que sea excesivo. Esto deviene en un gran cansancio, flojera y fatiga. La señora Bravo alivia esta situación difícil, dando de beber a sus niños tila con limón y miel desde el principio de la enfermedad. Esta infusión la toman durante todo el día. La señora Bravo está también atenta a que durante este tiempo no coman demasiado y sobre todo no sea muy pesado. Esto sería una carga adicional para el cuerpo y posiblemente se agregarían nuevas «sustancias de deshecho». En esa fase la mayoría de los niños no tienen casi apetito. Si reciben suficiente miel y limón, ya tienen lo que necesitan para ese momento.

En la misma línea:

Episodio 1: Elisa y las manchitas rojas
Episodio 2: Elisa y la infección de oídos
Episodio 3: Elisa y las paperas
Episodio 4: Elisa tiene dolor de garganta
Episodio 5: Pedrito tiene una erupción en la piel
Episodio 6: Mamá tiene un nódulo en la mama
Episodio 7: A papá se le cae el pelo
Episodio 8: A Elisa le lloran los ojos
Episodio 9: Papá tiene bronquitis
Episodio 10: Pedrito tiene mucha sed

Más publicaciones, sobre enfermedades seleccionadas, en preparación.

Once again about the New German Medicine from fillum. Bio-psycho-social view of a person and stuttering 5 biological laws of German medicine

In the early 1980s, Dr. Hamer discovered five biological laws that explain the causes, development, and natural healing process of diseases based on universal biological principles.

The New German Medicine (HHM) is based on the medical discoveries made by MD Reik Gerd Hamer. In the early 1980s, Dr. Hamer discovered five biological laws that explain the causes, development, and natural healing process of diseases based on universal biological principles.

According to these biological laws, diseases are not, as previously believed, the result of dysfunctions or malignant processes in the body, but rather "important special biological programs of nature" (SBP) created by nature to help the individual

during a period of emotional and psychological distress.

All medical theories, official or "alternative", past or present, are based on the concept of disease as a "dysfunction" of the body. The discoveries of Dr. Hamer show that there is nothing “sick” in Nature, but everything is always filled with a deep biological meaning.

The five biological laws on which this truly "New Medicine" is built find a solid foundation in the natural sciences, and at the same time they are in perfect harmony with spiritual laws. Thanks to this truth, the Spaniards call HHM "LaMedicinaSagrada" - Sacred Medicine.

Five biological laws

First biological law

First criterion

Each SPB (Significant Special Biological Program) is activated in response to DHS (Dirk Hamer Syndrome), which is an extremely acute unexpected isolated conflict shock, unfolding simultaneously in the PSYCHE and BRAIN, and reflected in the corresponding ORGA of the body.

In HHM language, "conflict shock" or DHS describes a situation that leads to acute distress - a situation that we could not foresee and for which we are not prepared. Such DHS can be triggered, for example, by the unexpected departure or loss of a loved one, an unexpected outburst of anger or intense anxiety, or an unexpectedly poor diagnosis with a negative prognosis. DHS differs from the usual psychological “problems” and habitual daily stresses in that the

unforeseen conflict shock involves not only the psyche, but also the brain and body organs.

From a biological point of view, "surprise" suggests that being unprepared for a situation can lead to damage for the off-guard individual. In order to assist the individual in such an unforeseen crisis situation, an Important Special Biological Program, designed just for this type of situation, is instantly activated.

Because these ancient meaningful survival programs are inherited by all living organisms, including humans, HHM speaks of them in terms of biological rather than psychological conflicts.

Animals experience these conflicts literally as such when, for example, they lose their nest or territory, are separated from their mate or offspring, are attacked or threatened with starvation or death.

Grief at the loss of your mate

Since we humans are able to interact with the world in both literal and symbolic ways, we can experience these conflicts in a figurative sense as well. For example, “conflict over loss of territory” may be experienced by us when we lose our home or job, “conflict overattack" - upon receiving an offensive remark, "conflict over abandonment" - upon isolation fromother people or exclusion from one's group, and "conflict over fear of death" - when receiving a bad diagnosis, perceived as a death sentence.

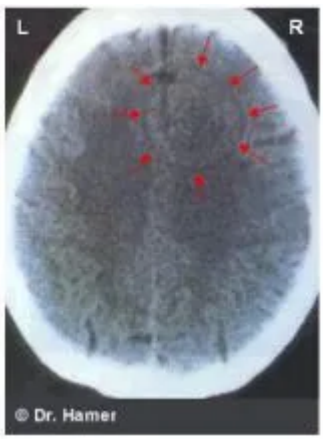
Caution: Poor nutrition, poisoning and wounds can lead to organ dysfunction(s) even without DHS!

Here is what happens in the psyche, brain and corresponding organ at the time of the manifestation of DHS:

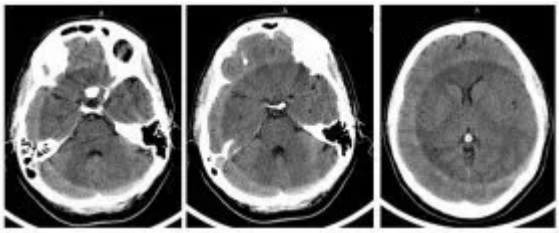
At the level of the psyche: the individual experiences emotional and mental distress.

At the level of the brain: at the time of the onset of DHS, conflict shock affects a specifically predetermined area of the brain. The impact of the shock is visible on the CT scan as a set of clearly visible concentric circles.

In HHM, these circles are called Hamer's foci - HH (from the German HamerscheHerde). The term was originally put forward by Dr. Hamer's opponents, who derisively called these formations "Hamer's dubious tricks."



Before Dr. Hamer identified these circular structures in the brain, radiologists viewed them as artifacts resulting from machine failures. However, in 1989 Siemens, the manufacturer of CT imaging equipment, gave a guarantee that these rings could not be artifacts created by the equipment, because in repeated sessions of tomography, these configurations are reproduced in the same place when images are obtained from any angles. .



Conflicts of the same type always affect the same area of the brain.

The exact location of HH formation is determined by the nature of the conflict. For example, "motor conflict" experienced as "impossibility to escape" or "shock numbness" affects the motor cortex responsible for controlling muscle contractions.

The size of HH is determined by the intensity of the conflict experienced. One can think of each part of the brain as a cluster of neurons functioning simultaneously as receptors and transmitters.

At the organ level: the moment neurons receive DHS, the conflict shock is immediately transferred to the corresponding organ, and the "Important Special Biological Program" (SBP) is instantly activated, designed to handle this type of conflict. The biological meaning of any SBP is to improve the functions of the organ affected by the conflict so that the individual is in a better position to cope with the situation and gradually resolve the conflict.

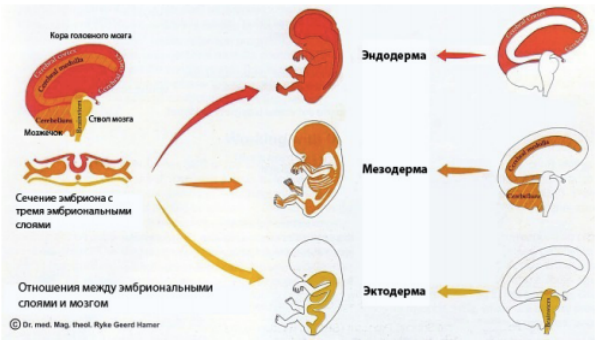
Both the biological conflict itself and the biological significance of each important special biological program (SBP) are always associated with the function of the corresponding organ or tissue of the body.

Example: if a male individual or individual experiences a "territorial loss conflict", then

this conflict affects the area of the brain responsible for the coronary arteries. At this point, ulcers form on the walls of the arteries (causing angina pectoris). The biological purpose of the resulting loss of arterial tissue is to expand the course of the arteries to improve the blood supply to the heart so that more blood can pass through the heart per minute, which gives the individual more energy and provides an opportunity to exert more pressure in an attempt to regain its territory (for humans - house or job) or take a new one.

Such a meaningful interaction between the psyche, brain and organs has been worked out by nature for millions of years. Initially, such innate programs of biological reactions were activated by the "brain of the organ" (any plant is endowed with such an "organ brain"). With the increasing complexity of life forms, a “brain” has evolved to manage and coordinate all of the important Special Biological Programs (SBPs). This transfer of biological functions to the brain explains why the centers that control the functioning of the organs in the brain are arranged in the same order as the organs themselves in the body.

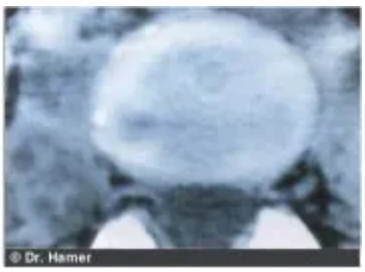
Example: The areas of the brain that control the skeleton (bones) and striated muscles are clearly located in an area called the cerebral medulla (the inner part of the brain under the cortex).



This diagram shows that the centers that govern the skull, arms, shoulders, spine, pelvic bones, knees, and feet follow in the same order as the organs themselves (a configuration reminiscent of an embryo lying on its back).

Biological conflicts associated with bones and muscle tissue are “self-devaluation conflicts” (associated with a loss of self-respect, feelings of worthlessness and worthlessness).

Due to the cross-relationship between the hemispheres of the brain and the organs of the body, the zones of the right hemisphere control the organs of the left side of the body, while the zones of the left hemisphere control the organs of the right side of the body.



This remarkable CT scan of an organ shows an active Hamer's lesion (HH) at the level of the 4th lumbar vertebra (an active "self-devaluation conflict"), clearly demonstrating connections between the brain and organs.

Second criterion

The content of the conflict determines the place of HH formation in the brain and on which particular organ the action of the SBP will unfold.

The content of the conflict is determined at the very moment of manifestation of the DHS. As soon as a conflict occurs, our

subconscious in a split second correlates it with a specific biological topic, i.e. “loss of territory”, “break in the nest”, “rejection by one’s own”, “parting with one’s mate”, “loss of offspring”, “attack by the enemy”, “threat of hunger”, etc.

If, for example, a woman experiences an unforeseen separation from her love partner, this will not necessarily mean experiencing a "breaking up with her mate" conflict in the biological sense. DHS here can be experienced as an "abandonment conflict" (which affects the kidneys), or a "self-devaluation conflict" (affecting the bones and leading to osteoporosis), or a "loss conflict" (leading to ovarian damage). Also, what one person will experience as a “self-devaluation conflict” may be experienced by another person as a completely different type of conflict. The third person may not be affected internally by everything that happens.

It is our subjective perception of the conflict and the feelings behind the conflict that determine which part of the brain is affected by the shock, and accordingly, what physical symptoms the conflict will manifest as a result.

One particular DHS can affect multiple areas of the brain, resulting in multiple "diseases" such as multiple types of cancers that are mistaken for metastases. For example: a man unexpectedly loses his business, and the bank takes all his assets, he may develop bowel cancer as a result of the “conflict of inability to digest something” (“I can’t digest it!”), Liver cancer due to “conflict hunger threats” (“I don’t know how to feed myself!”) and bone cancer as a result of a “self-devaluation conflict” (loss of self-esteem). Once the

conflict is resolved, healing for all three types of cancer begins at the same time.

Third criterion

Each SBP - an Important Special Biological Program unfolds synchronously at the level of the psyche, the brain and a specific organ.

The psyche, the brain and the corresponding organ represent three levels of one integral organism, functioning synchronously.

Biological lateralization

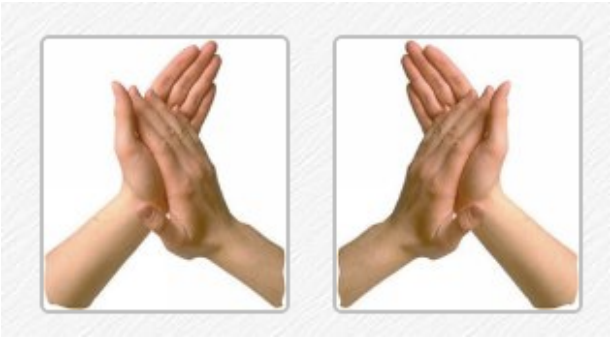
Our biologically determined dominant hand determines which side of the brain and which side of the body the conflict will hit. Biological lateralization is determined at the time of the first division of a fertilized egg. The ratio between right- and left-handers in society is approximately 60:40.

Biological lateralization is easily determined by test clapping. The hand that is on top is the leading one, and it is easy to see from it who the person is - right-handed or left-handed.

Lateralization rule: right-handed people react to a conflict with a mother or child with the left side of their body, and to a conflict with a partner (anyone except mother and child) with the right side of their body. For lefties, the situation is reversed.

Example: If a right-handed woman experiences a "conflict of fear for the health of her child", she develops left breast cancer. Due to the cross-relationship between the brain and organs

in the brain image, the corresponding HH will be found in the right hemisphere of the brain in the area that controls the glandular tissue of the left breast. If this woman were left-handed, such a “conflict of fear for the health of her child” would lead her to cancer of the right breast, and a CT scan of the brain would reveal damage to the left side of the cerebellum.



Determining the dominant hand is of paramount importance for identifying the initial DHS.

Second biological law

Each SBP - Significant Special Biological Program - has two phases of passing, in the event that a resolution of the conflict is achieved.

The normal daily rhythm of the change of day and night characterizes a condition called normotonia. As shown in the diagram below, the phase of "sympathicotonia" is replaced by the phase of "vagotonia". These terms refer to our autonomic nervous system (ANS), which controls autonomic functions such as heartbeat and digestion. During the day, the body is under normal sympathicotonic stress (“readiness to fight or flight”), and during sleep it is in a state of normal vagotonic rest (“rest and digestion”).

The active phase of the conflict (KA-phase, sympathicotonia)

At the moment when a conflict shock (DHS) occurs in the body, the normal rhythm of day and night is instantly interrupted and the entire body enters the state of the conflict active phase (KA-phase).

At the same time, an Important Special Biological Program (SBP) is activated, designed to respond to this particular type of conflict and allows the body to change the mode of normal functioning to one in which the individual receives help at all three levels - the psyche, brain and body organs to resolve the conflict.

At the level of the psyche: activity in a state of conflict manifests itself as a constant concentration on attempts to resolve it.

In this case, the autonomic nervous system goes into a state of prolonged sympathicotonia. Typical symptoms of this condition include insomnia, loss of appetite, rapid heartbeat, high blood pressure, low blood sugar, and nausea. The active phase of the conflict is also called the COLD phase because when stressed, the blood vessels constrict, resulting in cold hands and feet, cold skin, chills, shivering, and cold sweating. However, from a biological point of view, the state of stress, especially the extra time in the waking state and the complete absorption of the conflict, puts the individual in a better position, stimulating to find a solution to the conflict.

At the brain level: the exact location of the lesion is determined by the content of the conflict. The size of HH is always

proportional to the duration and intensity of the conflict (mass of the conflict).

During the CA phase, HH always manifests itself in the form of sharply defined concentric rings.

In the image, computed tomography revealed HF in the right hemisphere in the motor cortex, which indicates a corresponding motor conflict ("impossibility to escape"), which led to paralysis of the left leg in the active phase of the conflict. For a left-hander, such an image would mean a conflict associated with a partner.

The biological meaning of such paralysis is "feigned death"; in nature, a predator often attacks the prey precisely when it is trying to escape. In other words, the biological reaction of the victim follows the logic: "Since I can't escape, I'll play dead," causing paralysis until the danger disappears. People have such a reaction of the body along with all kinds of animals.

At the organ level:

If more organic tissue is needed to resolve the conflict, cells multiply and the tissue of the organ grows in the corresponding organ.

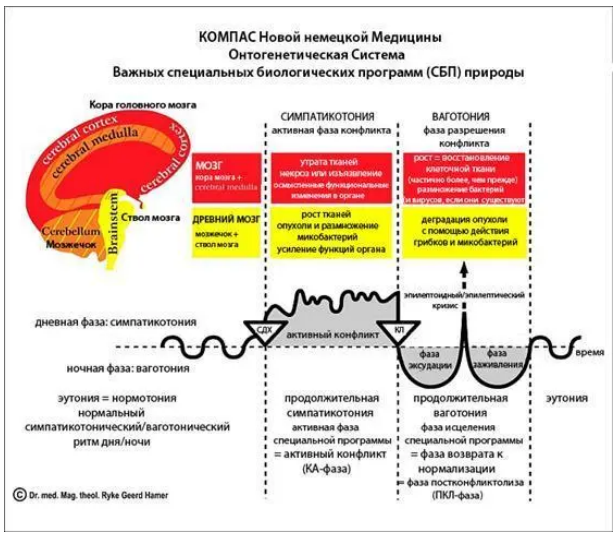
Example: In a “death conflict,” often triggered by an unfavorable medical diagnosis, the shock affects the area of the brain responsible for the pulmonary alveoli, which in turn provide oxygen. Since, in a biological sense, the panic caused by the fear of death is equivalent to "the inability to breathe," an increase in lung tissue immediately begins. The biological purpose of lung neoplasms (lung cancer) is to increase the working capacity of the

lungs so that the individual is in a better position to deal with the fear of death.

If less organic tissue is required to resolve the conflict, the corresponding organ or tissue responds to the conflict by reducing the number of cells.

Example: if a woman (female) is experiencing a sexual conflict associated with the impossibility of copulation (conception), the tissue lining the cervix becomes covered with sores. The biological purpose of partial tissue loss is to widen the cervical passage to improve the possibility of sperm entering the uterus and increasing the chance of conception. In humans, a similar conflict for a woman can be associated with sexual rejection, sexual frustration, sexual abuse, and so on.

What will be the reaction of an organ or tissue to a conflict - the gain or loss of organic tissue, is determined by how they are related to the evolutionary development of the brain.



The diagram above (HHM compass) shows that all organs and tissues controlled by the ancient brain (medulla oblongata and cerebellum), such as the intestines, lungs, liver, kidneys, mammary glands, in the

active phase of the conflict, always give an increase in cellular tissue (tumor growth) .

All tissues and organs controlled by the brain (cerebrummedulla and cerebral cortex) such as bones, lymph nodes, cervix, ovaries, testicles, epidermis always lose tissue.

As the active phase of the conflict intensifies, the symptoms on the corresponding organs appear more and more clearly. When the intensity of the conflict decreases, the opposite is true.

Ongoing conflict

Ongoing conflict refers to a situation where an individual continues to remain in the active phase of the conflict because the conflict cannot be resolved or simply has not yet been resolved.

A person can live in a state of non-acute ongoing conflict and the cancer process caused by it until a very old age, if the tumor does not cause any mechanical disturbances, such as a tumor in the intestines.

Staying in an acute conflict for a long time can be fatal. However, a patient who is in the active phase of the conflict cannot die from the cancer itself, since the tumor that grows during the first phase of SBP (cancer of the lung, liver, breast) actually improves the functioning of the organ during this period.

For those who die during the first phase of the conflict, this often happens as a result of energy depletion, sleep deprivation and, most often, fear. With a poor prognosis and toxic chemotherapy, in addition to

emotional, mental and physical exhaustion, many patients have no chance of survival.

Conflictolysis (CL)

The resolution (removal) of the conflict is the turning point from which the SBP enters the second phase. Just like the active phase, the healing phase unfolds simultaneously on all three levels.

Healing phase (PCL-phase, PCL=post-conflict lysis)

At the level of the psyche: resolving the conflict brings a sense of great relief.The autonomic nervous system instantly switches to prolonged vagotonia, accompanied by a feeling of extreme fatigue and at the same time a good appetite. Here, rest and healthy eating serve the purpose of supporting the body during its healing and recovery. The healing phase is also called the WARM phase because due to vagotonia, the blood vessels are dilated, causing the skin and hands to become warm, and possibly fever.

At the level of the brain: along with the psyche and the affected organs, brain cells affected by DHS also begin to heal.

The first part of the healing phase (PCL-phase A) at the brain level: From the moment the conflict is resolved, water and serous fluid flow to the corresponding part of the brain, forming an edema in this part of the brain, protecting its tissues during the healing process. It is this swelling of the brain that causes the typical symptoms of the brain's healing process, such as headaches, dizziness, and blurry vision.

During this first phase of healing, HH appears as dark concentric rings on the CT

scan (indicating the presence of edema in this part of the brain).

Example: This image shows HH in PCL phase A, corresponding to a lung tumor, indicating a resolved “death fear conflict”. Most of these "death conflicts" leading to lung cancer are caused by an unfavorable diagnosis with a negative prognosis.

An epileptic or epileptoid crisis (epi-crisis) occurs at the peak of the healing process and occurs simultaneously on all three levels.

With the onset of the epi-crisis, the individual instantly finds himself again in a state characteristic of the active phase of the conflict. At the psychological and autonomic level, typical sympathicotonic symptoms reappear, such as nervousness, cold sweats, chills, and nausea.

What is the biological meaning of such an involuntary return of the conflict state? At the peak of the healing phase (the deepest state of vagotonia), the swelling of both the organ itself and the corresponding part of the brain reaches its maximum size. It is at this moment that the brain initiates sympathicotonic stress to eliminate edema. This important biological regulatory process is followed by the urination phase, during which the body is emptied of all excess fluid accumulated during the first part of the healing phase (PCL phase A).

The specific symptoms of epi-crisis are due to the specific type of conflict and the organ that was affected. Heart attack, stroke, asthma attack, migraine are some examples of crisis during the healing phase.

The second part of the healing phase (PCL-phase B) at the level of the brain: after the convergence of cerebral edema in the final stage of healing of its tissues, a large amount of glial tissue is involved, which is always present in the brain as a connective between neurons. The size of the glial tissue here is determined by the size of the previous cerebral edema (PCL-phase A). Just this natural growth from glia cells (“glioblastoma” - literally the spread of glia cells) is mistaken for a “brain tumor”.

During the second part of the healing phase, HH appears on CT scansin the form of a white ring.

The image shows HH in the area of the brain that controls the coronary arteries, indicating that the "loss of territory conflict" has been successfully resolved.

During the epi-crisis, the patient successfully survived the expected heart attack (after anginapectoris in the CA phase). If the active conflict phase had lasted more than 9 months in this case, the heart attack could have been fatal. Knowing the basics of HHM, you can prevent such a development of events in advance!

At the organ level (healing phase):

After the resolution of the corresponding conflict, the tumors that developed under the control of the ancient brain in the active phase of the conflict are no longer needed (for example, tumors of the lungs, intestines, prostate) and are eliminated with the help of fungi and tuberculosis bacteria. If bacteria are absent, tumors remain in place and encapsulate without further growth.

On the contrary, the loss in the active phase of the conflict of the tissues of the organs controlled by the brain is compensated by a new cellular tissue. This recovery process occurs during the first part of the healing phase (PCL phase A). This occurs in cervical cancer (loss of tissue in the CA phase), ovarian cancer, testicular cancer, breast duct cancer, bronchial cancer, and lymphoma. During the second part of the healing phase (PCL-phase B), tumors gradually degrade. Conventional medicine mistakes these actually healing tumors for malignant cancers (see the article "The Nature of Tumors").

Symptoms of the PCL phase such as swelling, inflammation, pus, discharge (including those mixed with blood), "infections", fever, and pain are signs of a natural healing process in progress.

The duration and severity of the symptoms of the healing process are determined by the duration and intensity of the previous active phase of the conflict. Repeated conflicts that interrupt the healing process lengthen the process itself.

Chemotherapy and radiation severely interrupt the natural course of cancer healing. Since our body is innately programmed to heal, it will definitely try to complete the healing process immediately after the end of the treatment. Medicine responds to these repeated "cancers" with even more aggressive treatments!

Since “official medicine” is not able to recognize the two-phase pattern of any “disease”, doctors either see a patient with a growing tumor (KA-phase) overloaded with stress, not realizing that a healing phase will necessarily follow, or they see a

patient with a fever, " infection, inflammation, discharge, headaches or other pains (PCL phase), without realizing that these are symptoms of the healing process after the previous conflict active phase.

As a result of the fact that one of the phases is overlooked, the symptoms characteristic of the course of one of the two phases are taken for a separate independent disease, such as, for example, osteoporosis, which occurs in the active phase of the "self-devaluation conflict", or arthritis, characteristic for the healing phase of the same type of conflict.

This ignorance of doctors leads to especially tragic consequences, because the patient is diagnosed with a "malignant" tumor, or even a "metastasis", just when in fact the natural process of healing from cancer is going on in the body.

If physicians were aware of the inseparable connection between the mind, brain, and organs, they would realize that the two phases are actually two stages of ONE SBP, as seen on brain scans showing HH in both phases at the same location. The specific features of the HH on the image indicate whether the patient is still in the active phase of the conflict (HH in the form of bright concentric rings), or is already undergoing a healing process, and it is clear which stage of this phase is taking place - PCL-phase A (HH with edematous rings) or PCL-phase B (HH with a concentration of white glial tissue), indicating that the critical point of the epi-crisis is already behind (see the article "Reading Brain Images").

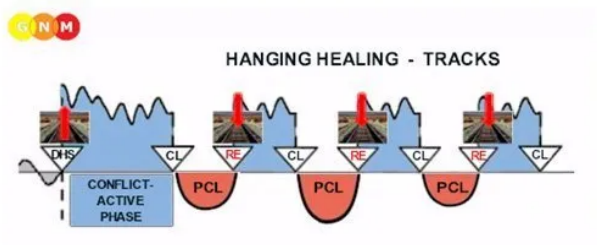
With the end of the healing phase, normotonia and the normal rhythm of day and night are restored at all three levels.

lingering healing

The term "protracted healing" describes a situation in which the healing process cannot be completed due to repeated renewals of the conflict.

Recurring conflicts or "tracks"

When we experience conflict shock (DHS), our mind is in a state of acute awareness of the situation. The subconscious, while being very active, tenaciously remembers all the circumstances associated with this particular conflict situation: features of the place, weather conditions, people involved in the conflict situation, sounds, smells, etc. At HHM we call these imprints left over from SDH tracks.



The SBP unfolds as a result of the action of the tracks formed at the time of the SDH.

If we are in the process of healing, but one of the tracks is triggered directly or by association, the conflict is instantly reactivated, and after a quick, so to speak, “running through” of the entire process of the conflict flow, symptoms of the healing process of the organ affected by this conflict immediately appear, to for example, a skin rash after the resumption of a “separation conflict”, symptoms of a common cold after a “smell conflict

(literally or symbolically)", difficulty breathing or even an asthma attack after experiencing "fear in one's own territory", and diarrhea - after a second bout of "conflict over the inability to digest something (literally or figuratively"). This kind of "allergic reaction" is triggered by something or someone who (what) is associated with the initial DHS: a certain type of food, pollen, animal hair, smell, but also the presence of a certain specific person (see Allergies article).In conventional medicine (as allopathic Coy, and naturopathic) the main cause of allergies is considered a "weak" immune system.

The biological meaning of the track is to serve as a warning to avoid repeated "traumatic" experiences (RTS). In the wild, this signaling system is essential for survival.

Tracks should always be taken into account when we are dealing with recurring diseases: regular colds, asthma attacks, migraines, skin rashes, epileptic seizures, hemorrhoids, cystitis, etc. Of course, the re-activation of the cancer process should be understood in a similar way. Tracks also cause such "chronic" diseases as atherosclerosis, arthritis, Parkinson's disease, and multiple sclerosis.

In HHM, an important step to achieve complete healing is the reconstruction of the event that led to the manifestation of DHS and all accompanying tracks.

Third biological law

Ontogenetic system of cancer and its equivalents

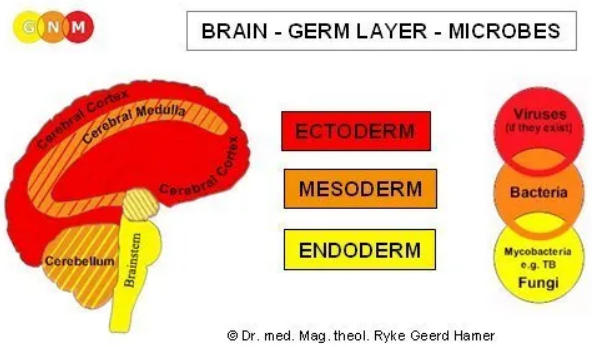
Dr. Hamer: The basis of medicine is embryology and our knowledge of human evolution. These are the two sources that reveal to us the nature of cancer and so-called "diseases".

The third biological law explains the relationship between the psyche, brain and organ in the context of the embryological (ontogenetic) and evolutionary (phylogenetic) development of the human body. He shows that neither the specific localization of HH in the brain, nor the growth (tumor) or loss of cellular tissue caused by SDH, are not random, but are full of meaning in the biological system, innate and characteristic of each species of living beings.

Embryonic layers:

From embryology, we know that after the first 17 days of development, three layers are formed in the embryo, from which all tissues and organs of the body subsequently develop.

These three layers are endoderm, mesoderm and ectoderm.



During the period of embryonic development, the fetus at an accelerated pace passes through all evolutionary stages from a single-celled organism to a full-fledged human being (ontogenetic development repeats phylogenetic).

The diagram above shows that all tissues that developed from one embryonic layer are further controlled from one part of the brain.

“The whole development of the human body comes from a very ancient creature - a single-celled organism”(Neil Shubin, The Fish Inside You, 2008)

Most of our organs, such as the large intestine, develop from only one embryonic layer. True, there are organs, such as the heart, liver, pancreas, bladder, each of which is built from different types of tissues, originating from different embryonic layers. These tissues, which over time have joined together to perform their functions, are considered as a single organ, despite the fact that they themselves are controlled from different parts of the brain that are far from each other. On the other hand, there are organs located quite far apart in the body, such as the rectum, larynx, and coronary veins, which, however, are controlled from very close adjacent regions of the brain.

Endoderm (inner embryonic layer)

The endoderm is the layer that first appears in the course of evolution. Therefore, the most “ancient” organs are formed from it at the first stage of embryonic development.

Organs and tissues formed from the endoderm:

- Mouth (submucosa)
  - Sky
  - Language
  - tonsils

Salivary and parotid glands

Nasopharynx

Thyroid

Lower third of the esophagus

Pulmonary alveoli

goblet cells of the bronchi

Liver and pancreas

Stomach and duodenum

Small intestine and large intestine

Sigmoid colon and rectum

Bladder

renal tubules

Prostate

Uterus and fallopian tubes

Nuclei of ear nerves

All organs and tissues that have developed from the endoderm are composed of adenoid cells, therefore, cancerous tumors of such organs are called "adenocarcinomas".

Organs and tissues originating from the most "ancient" embryonic layer are controlled by the most ancient structure of the brain - the brain stem, and are thus associated with the most archaic types of biological conflicts.

Biological conflicts: Biological conflicts related to endodermal tissues are associated with respiration (lungs), food (digestive organs) and reproduction (prostate and uterus).

The organs and tissues of the digestive tract - from the mouth to the rectum - are biologically associated with "food conflicts" (literally - with a piece of food).

"Inability to get hold of a piece of food" is associated with the oral cavity and pharynx (including the palate, tonsils, salivary glands, nasopharynx and thyroid gland).

The "inability to swallow a piece of food" conflict affects the lower esophagus, the "inability to digest and assimilate a piece of food" conflicts involve the digestive organs such as the stomach (except for the lesser bend), small intestine, large intestine, rectum, and the liver and pancreas.

Animals literally experience these "digestive conflicts" when, for example, they can't find food, or when a piece of food or a bone gets stuck in their intestines. Because we humans are able to interact with the world figuratively through language and symbols, we are also able to experience “digestive conflicts” in a figurative sense.

Symbolically, a "piece of food" can become a contract that we cannot enter into, or a person that we cannot access; we may not be able to "digest" a hurtful remark, and we may also be dealing with "pieces of food" that we crave, "pieces of food" that have been taken away from us, or "pieces of food" that we want to get rid of.

The lungs, or rather their alveoli, which absorb oxygen, are associated with "death fear conflicts" that are triggered by life-threatening situations.

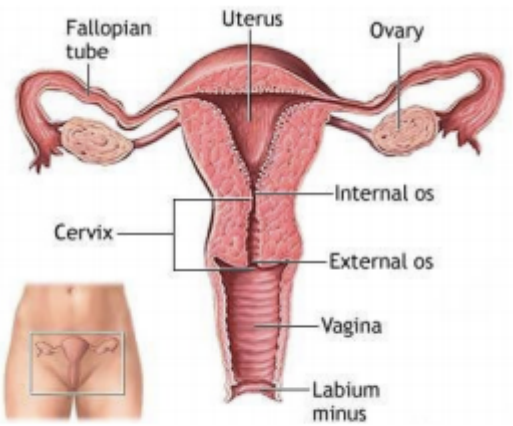
Bronchial goblet cells are associated with "fear of suffocation".

The middle ear is associated with "hearing conflicts" (sound "piece of food"). The conflict of "not being able to get a sonic morsel", such as not being able to hear the mother's voice, affects the right ear, while

"not being able to get rid of a sonic morsel", such as annoying noise, afflicts the left ear. The intense conflict active phase leads to middle ear "infection" during the healing phase.

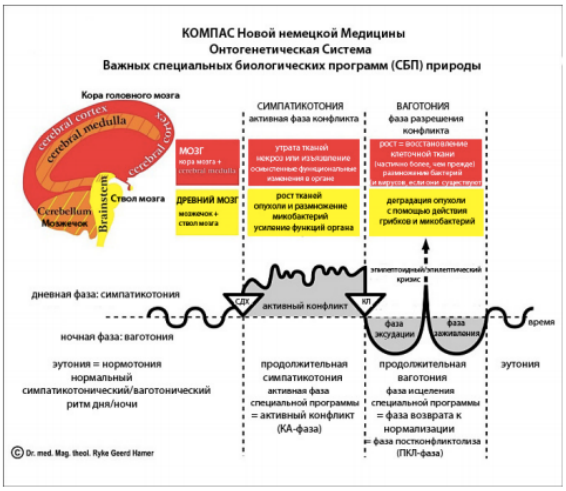
Renal tubules (shown in yellow), representing the most ancient tissues of the kidneys, are associated with biological conflicts that took place in the distant past, when the ancestors of today's mammals lived in the ocean, and for which being washed ashore meant being exposed to a threat situation. for life.

We, humans, are able to experience such a "washed ashore" DHS in "abandonment conflicts" when we are rejected, abandoned (with concomitant feelings of isolation, exclusion, abandonment), in "fugitive conflicts" (when we are forced to flee our own home), in "existential conflicts" (when our very life or ability to have a livelihood is in question), as well as in case of “hospitalization conflicts” (going to the hospital).



The uterus and fallopian tubes, as well as the prostate, are associated with "breeding conflicts" and "disgusting situations with the opposite sex."

When we are dealing with tissues and organs controlled from the brainstem, the rules of lateralization do not apply. So, for example, if a right-handed woman suffers from an “abandonment conflict”, then the tubules of both the right and left kidneys can be equally affected (regardless of whether the conflict is related to a child or a sexual partner).



All tissues and organs originating from the endoderm during the active phase of the conflict generate the growth of cellular tissue. Thus, oral cancer, as well as cancer of the esophagus, stomach and duodenum, liver, pancreas, colon and rectum, bladder, kidney, lung, uterus and prostate, are under the control of the brainstem and are caused by the corresponding types of biological conflicts. . With the resolution of the conflict, these tumors instantly stop their growth.

In the healing phase, additional cells (“tumor”) that performed useful biological functions during the active conflict phase are subject to elimination using special forms of microbes (fungi and mycobacteria). If the desired microbes are not available, for example due to overuse of antibiotics, the tumor remains in place and encapsulates without further growth.

The natural healing process is usually accompanied by swelling, inflammation, (tuberculous) discharge (possibly mixed with blood), profuse sweat at night, fever and pain. Here we also find conditions such as Crohn's disease (granulomatosis), ulcerative colitis, and various fungal "infections" such as candidiasis. These conditions become chronic only when the healing process is regularly interrupted by repeated activations of conflicts.

The mesoderm (middle embryonic layer) is divided into older and younger parts.

The old part of the mesoderm is controlled from the cerebellum (cerebellum), which is itself an integral part of the ancient brain.

The young part of the mesoderm is the cerebralmedulla, which belongs to the brain proper (cerebrum).

old part of the mesoderm

The old part of the mesoderm was formed when our ancestors moved to land, and the formation of a skin cover was required to protect against natural influences and attacks from natural enemies.

Organs and tissues formed from the old part of the mesoderm:

- Dermis (inner layer of skin)
- Pleura (outer lining of the lungs)
- Peritoneum (the inner lining of the abdominal cavity and its organs)
- Pericardium (heart bag)
- Milk glands

All organs and tissues originating from the old part of the mesoderm are composed of adenoid cells, therefore, cancerous tumors of such organs are called "adenocarcinomas".

The organs and tissues that develop from the old part of the mesoderm are under the control of the cerebellum, which is part of the ancient brain. The conflicts affecting these tissues are related to the functions of the respective organs.

Biological conflicts: Biological conflicts affecting the tissues developed and the old part of the mesoderm are associated with "attack conflicts" (shells) and "nest gap conflicts" (mammary glands).

"Conflicts over attacks" can be experienced both literally and symbolically. For example, the experience of "an attack directed at the skin (dermis)" can be caused by an actual physical attack, a verbal attack, or actions directed against our integrity, but it can also be something that does not have an emotional context, such as a sunny a burn that the body interprets as an "attack".

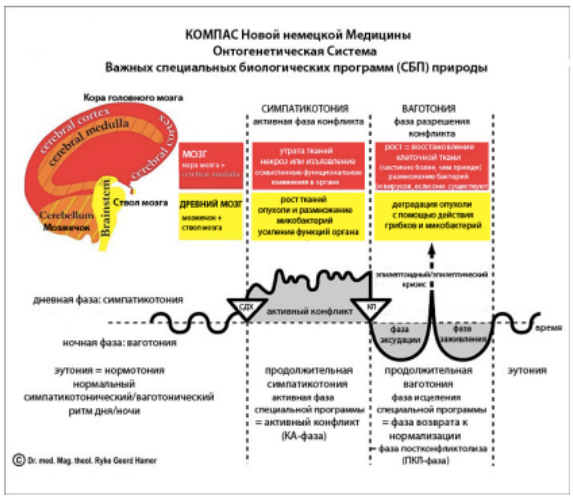
“Attack on the peritoneum” (peritoneum) in a figurative sense can be experienced when the patient learns about the need for a surgical operation on the abdominal cavity (intestines, ovaries, uterus, etc.).

"Attack on the chest cavity" (pleura) can be provoked, for example, by a mastectomy operation; and "attack against the heart" (pericardium) by a heart attack.

The mammary glands are perceived as synonymous with feeding and care and are associated with "conflicts of destruction in the nest." During the evolutionary development of mammals, the mammary glands developed from the dermis, as a result of which their control center is located in the same part of the brain, specifically in the cerebellum.

When we are dealing with tissues and organs controlled from the cerebellum, we must take into account the cross-relationships between the cerebral hemispheres. The rules of laterality should be taken into account. If, for example, a right-handed woman experiences a "nest-break conflict" involving her child, the conflict affects the right half of the cerebellum, causing a cancerous process in the left breast in the active phase of the conflict (see article Breast Cancer).

The relationship between the brain, the organ, and the embryonic layer from which the organ was formed



All organs and tissues originating from the old part of the mesoderm during the active phase of the conflict generate the growth of cellular tissue. Thus, cancer of the dermis (melanoma), breast cancer, tumors

of the peritoneum, pleura and pericardium (the so-called mesothelioma) develop under the control of the cerebellum and are caused by the corresponding biological conflicts. With the resolution of the conflict, these tumors immediately stop growing.

In the healing phase, additional cells (“tumor”) that performed useful biological functions during the active conflict phase are subject to elimination using special forms of microbes (fungi and mycobacteria).

The natural healing process is usually accompanied by swelling, inflammation, (tuberculous) discharge mixed with blood, profuse sweat at night, heat and pain. If the desired microbes are not available, for example due to overuse of antibiotics, the tumor remains in place and encapsulates without further growth.

The young part of the mesoderm

The next stage of evolution is the formation of the skeleton and skeletal muscles.

Organs and tissues formed from the young part of the mesoderm:

- Bones (including teeth)
- cartilage
- Tendons and ligaments
- Connective tissues
- Adipose tissue
- Lymphatic system (lymph nodes and blood vessels)
- Blood vessels (except coronary)
- Muscles (striated muscles)
- Myocardium (80% striated muscle)
- Kidney parenchyma

Adrenal cortex

Spleen

ovaries

testicles

All tissues and organs originating from the young part of the mesoderm are controlled from the CerebralMedulla - the inner part of the brain.

Attention: the muscle tissues themselves are controlled from the cerebralmedulla, while the movements made by muscle contractions are controlled from the motor cortex. The smooth muscle of the myocardium (about 20% of tissues), as well as the colon and uterus, are controlled from the midbrain, which is part of the brainstem.

Biological conflicts: biological conflicts associated with tissues developing from the young part of the mesoderm are mainly referred to as "self-devaluation conflicts".

A "self-devaluation conflict" is a sharp blow to self-esteem or sense of self-importance.

Whether a self-devaluation conflict (SDH) will affect bones, cartilage, tendons, ligaments, connective or fatty tissues, blood vessels, or lymph nodes is determined by the intensity of the conflict (especially acute DHS affects bones and joints, less severe DHS affects muscles or lymph nodes, mild DHS affects tendons) .

The exact localization of symptoms (arthritis, muscle atrophy, tendinitis) is determined by the specific content of the self-devaluation conflict.

"Motor coordination conflict", for example, which occurs after failure to perform some manual task such as typing on a keyboard, affects the hands and fingers; "intellectual self-devaluation conflict" arising, for example, after failing an exam or as a result of humiliation,affect the neck.

The ovaries and testicles are biologically linked to "profound loss conflicts" - the unexpected loss of loved ones, including beloved pets. Even the fear of such a loss can initiate a corresponding SBP.

The kidney parenchyma is associated with "water or fluid conflicts" (for example, the experiences of a person who had to drown); the adrenal cortex is associated with "false direction conflicts", such as when making the wrong decision.

The spleen is associated with "blood and wound conflicts" (heavy bleeding or, figuratively, an unexpected adverse blood test).

The myocardium (heart muscle) is affected by "conflicts on the basis of a feeling of complete collapse."

When we are dealing with organs that originate from the young part of the mesoderm, we must take into account the cross-relationships between the cerebral hemispheres and organs. This is where the rule of laterality comes into play. For example, if a right-handed woman suffers from the “loss conflict” of her love partner, the cerebralmedulla zone in the left hemisphere is affected in her, causing a non-right ovary in the active phase of the conflict. If she was left-handed, her left ovary would have suffered.

The relationship between the brain, the organ, and the embryonic layer from which the organ was formed

In the brain, we are faced with a new situation.

All organs and tissues originating from the young part of the mesoderm, during the active phase of the conflict, lose cellular tissues, as we see in osteoporosis, bone cancer, muscle atrophy, necrosis of the spleen, ovaries, testicles or kidney parenchyma caused by the corresponding conflicts. With the resolution of the conflict, tissue loss stops instantly.

During the healing phase, the previous loss of tissue is replaced by growth, ideally with the participation of special bacteria involved in this process.

The natural healing process is usually accompanied by swelling, inflammation, fever, "infections" and pain. In the absence of the necessary microbes, the healing process still takes place, but does not reach the biologically optimal degree. Cancers such as lymphoma (Hodgkin's disease), adrenal cancer, Wilms tumor, osteosarcoma, ovarian cancer, testicular cancer, and leukemia are healing and indicate that the original conflict has been resolved. In the same series we find such phenomena as varicose veins, arthritis and enlargement of the spleen. All of these healing symptoms become chronic if the healing process is regularly interrupted by repeated conflicts.

ATTENTION: The biological meaning of all SBPs for tissues controlled by the cerebralmedulla is revealed at the end of the healing process. After tissue repair is

complete, the tissues themselves (bones and muscles) and organs (ovaries, testicles, etc.) become much stronger than before, and thus much better prepared in case of repeated DHS of the same type.

Ectoderm (outer embryonic layer)

When the inner skin layer was insufficient, a new protective layer was built up covering the entire surface of the dermis. From the layer, the mouth opening and anus were formed, as well as the integument of some organs and the mucous membranes of the canals in these organs.

Organs and tissues originating from the ectoderm:

- Epidermis
- Periosteum
- Oral mucosa: palate, gums, tongue, salivary gland ducts
- Membranes of the nose and sinuses
- inner ear
- Lens, cornea, conjunctiva, retina and vitreous body of the eye
- Tooth enamel
- The mucous membrane of the ducts of the mammary glands
- Mucous membranes of the pharynx and ducts of the thyroid gland
- Inner walls of the vessels of the heart (coronary arteries and veins)
- Upper 2/3 of the esophagus
- Mucous membranes of the larynx and bronchi
- Inner wall of the stomach (small bend)

Walls of the bile ducts, gallbladder and pancreatic ducts

Vagina and cervix

Inner walls of the renal pelvis, bladder, ureters, and urethra

Inner wall of the lower rectum

Neurons of the central nervous system

All organs and tissues originating from the ectoderm are built from squamous epithelial cells. Therefore, cancerous tumors of these organs are called "squamous epithelial carcinomas".

All organs and tissues formed from the ectoderm (the youngest embryonic layer) are controlled from the youngest part of the brain - the cerebral cortex, and therefore they are associated with evolutionarily later types of conflicts.

Biological conflicts: In accordance with the evolutionary development of the human body, biological conflicts associated with ectodermal tissues are more advanced.

The tissues that are controlled by the cerebral cortex are associated with sexual conflicts (sexual frustrations or sexual rejection), identity conflicts (misunderstanding of one's own belonging), as well as various "territorial conflicts":

territorial conflicts associated with fear (fear or fear in one's own territory), affecting the larynx and bronchi; conflicts of loss of territory (the threat of loss or real loss of one's territory), affecting the coronary vessels, conflicts of anger in one's territory, manifested in the mucous membranes of the stomach, bile ducts and

pancreatic ducts; the inability to "mark your territory" (reflected in the renal pelvis, bladder, ureters and urethra).

Separation conflicts affect the skin and ducts of the breast. Important Special Biological Programs (SBPs) for processing these types of conflicts are controlled entirely from special brain regions in the sensory cortex.

The postsensory cortex governs the periosteum, which is affected by "separation conflicts" experienced as especially gross or "violent" in form.

The motor cortex, which controls muscle movement, is programmed to respond biologically to "motor conflicts" such as "not being able to escape" or "feeling stuck."

The anterior lobe takes over "frontal fear conflicts" (fear of being in danger) or "feeling powerless conflicts" that affect the walls of the thyroid ducts and the pharynx.

The visual cortex responds to "dangers threatening from behind" reflected on the retina and vitreous body of the eyes.

Other conflicts related to the cerebral cortex:“smell conflicts” (nasal membrane), “biting conflicts” (tooth enamel), “oral conflicts” (mouth and lips), “hearing conflicts” (inner ear), “disgust conflicts” or “fear and resistance" (pancreatic islet cells).

When we are dealing with organs controlled by the motor cortex, the sensory and postsensory cortex, and the visual cortex, the rule of lateralization must be taken into account. For example, if a man is left-handed from a "separation conflict" from his mother, his left sensory cortex is

affected, causing a skin rash on the right side of his body during the healing phase (see "Torn from My Skin" article).

In the temporal lobe, in addition to lateralization and semi, the hormonal status, especially the concentration of estrogen and testosterone, should also be taken into account. Hormonal status determines whether a conflict is experienced in a male or female way, which in turn affects whether it affects the temporal lobe in the right or left hemisphere of the brain. The right temporal lobe is the "male or testosterone side", while the left side is the "female or estrogen side". If hormonal status changes after menopause, or testosterone or estrogen levels decrease as a result of medication (contraceptives, hormone-lowering drugs, or chemotherapy), biological identity also changes.

So, after menopause, conflicts in a woman can begin to manifest themselves in a male pattern, which is reflected in the right “male” hemisphere of the brain, causing completely different symptoms than it would have happened during the period preceding menopause.

The relationship between the brain, the organ, and the embryonic layer from which the organ was formed

In all tissues and organs originating from the ectoderm, tissue loss (ulceration) occurs in the active phase of the conflict. With the resolution of the conflict, the ulcerative process stops instantly.

In the healing phase, the tissue loss that makes biological sense in the conflict active phase is replaced by regenerative tissue

growth (whether or not viruses are involved in this process is highly debatable).

The natural healing process is usually accompanied by swelling, inflammation, fever, and pain. Bacteria (if present) help form scar tissue, resulting in symptoms of "bacterial infections" such as bladder infections.

Cancers such as breast duct cancer, bronchial carcinoma, laryngeal cancer, non-Hodgkin's lymphoma, or cervical cancer are forms of the healing process that indicate that the conflict has already been resolved. In the same series we find such phenomena as skin rashes, hemorrhoids, common colds, bronchitis, laryngitis, jaundice, hepatitis, cataracts and goiter.

Functional disorders and functional insufficiency

Some organs controlled by the cerebral cortex, such as muscles, periosteum, inner ear, retina and pancreatic islet cells, during the active phase of the conflict, instead of ulcerating, show functional insufficiency, as we see, for example, in hypoglycemia, diabetes, visual impairment and hearing, sensory or motor paralysis. During the healing phase, and more precisely after the epi-crisis, organs and tissues can restore their normal functioning if the protracted healing process comes to an end.

The scientific maps of the New German Medicine show:

> The relationship between the psyche, brain and organ based on five biological laws, taking into account the three embryonic

layers (endoderm, mesoderm and ectoderm)

A type of biological conflict that causes a particular symptom, such as a specific type of cancer

Localization of the corresponding foci of Hamer (HH) in the brain

Symptoms of the active KA-phase of the conflict

Symptoms of the PCL Healing Phase

The biological meaning of each SBP (Important Special Biological Program)

Fourth biological law

The Fourth Biological Law explains the beneficial role of microbes in the body in relation to the three embryonic layers during the healing phase of any given Major Biological Special Program (SBP).

For the first 2.5 million years, microbes were the only microorganisms inhabiting the earth. Over time, microbes gradually colonized the developing human body. The biological function of microbes was to support organs and tissues and keep them healthy. For centuries, microbes such as bacteria and fungi have been essential to our survival.

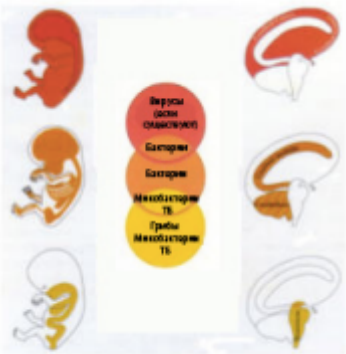
Microbes are active only in the healing phase!

In the state of normotonia (before the onset of SBP action) and during the active phase of the conflict, microbes are in a dormant state. However, as soon as the conflict comes to its resolution, microbes living in the organ affected by the action of the conflict receive an impulse from the human brain that prompts them to join the healing process that has begun.

Microbes are endemic, they exist in symbiosis with all organisms in the ecological niche in which they have evolved together over millions of years. Contact with microbes that are foreign to the human body, for example, when traveling abroad, is not a self-sufficient cause of "disease". However, if, say, a European survives a resolution of one of his conflicts in the tropics and comes into contact with local microbes, his conflict-affected organ will use local bacteria and fungi during the healing phase. Since his body is not accustomed to such local helpers, the healing process can be very difficult.

Microbes do not cross the boundaries between tissues!

Relationships between microbes, embryonic layers and the brain



© Dr. med Ryke Geerd Hamer

The diagram shows the relationships between microbial types, the three

embryonic layers, and the corresponding brain regions from which microbial activity is controlled and coordinated.

Mycobacteria and fungi act only in tissues originating from the endoderm and the old part of the mesoderm, while bacteria (except mycobacteria) are involved only in the healing of tissues developed from the young part of the mesoderm.

This biological system is inherited by every species of living beings.

The way in which microbes assist in the healing process is in full accord with the logic of evolution.

Fungi and mycobacteria (TB bacteria) are the oldest types of microbes. They act exclusively on the organs and tissues that are controlled from the ancient brain (brain stem and cerebellum) originate from the endoderm and the old part of the mesoderm.

During the healing phase, fungi such as candida albicans or mycobacteria such as tubercle bacillus (TB bacteria) destroy waste cells that performed useful functions during the active conflict phase.

Being natural "microsurgeons", fungi and mycobacteria remove, for example, tumors of the intestines, lungs, kidneys, liver, mammary glands, as well as melanomas that have lost their biological significance.

What's so wonderful about mycobacteria is that they begin to multiply immediately at the very moment that DHS is formed. Their rate of reproduction is proportional to the rate of growth of the tumor, so that by the time the conflict is resolved, just as many mycobacteria will be available as needed to

destroy and eliminate the cancerous tumor.

Symptoms: during the process of tumor destruction, the waste products of the healing process are excreted in the stool (SBP on the intestines), in the urine (SBP on the kidneys and prostate), from the lungs (corresponding to SBP), which is usually accompanied by night sweats, discharge (possibly with traces of blood), edema, inflammation, fever and pain. This natural microbial process is erroneously called "infection".

If the necessary microbes are eliminated from the body, such as by antibiotics or chemotherapy, the tumor encapsulates and remains in place without further growth.

Bacteria (except mycobacteria) act only on organs and tissues that are controlled by the cerebralmedulla, originating from the young part of the mesoderm.

During the healing phase, these types of bacteria help replace tissue lost during the conflict active phase. For example, staphylococci and streptococci help in the reconstruction of bone tissue and compensate for the loss of cells (necrosis) of the tissues of the ovaries and testicles. They also take part in the formation of scar tissues, since connective tissues are controlled from the cerebralmedulla. In the absence of these bacteria, the healing process would still take place, but would not reach the biological optimum.

Symptoms: Microbial tissue repair process is usually accompanied by swelling, inflammation, fever, and pain. The natural

healing process is mistakenly considered an "infection".

Attention: The function of TB bacteria is solely to eliminate tissues (controlled by the ancient brain), while all other types of bacteria contribute to the restoration of tissues (controlled by the brain).

As far as "viruses" are concerned, in HHM we prefer to speak of "presumably existing viruses" because recently the very existence of viruses has been called into question. The lack of scientific evidence for the assertion that viruses cause special "infections" is in full agreement with the results of Dr. Hamer's early research, namely, that the process of repair of tissues of ectodermal origin, controlled by the cerebral cortex, for example, the epidermis of the skin, tissues of the cervix , the walls of the bile ducts, the walls of the stomach, the bronchial mucosa and the nasal membrane goes in the absence of any viruses. In other words, the skin recovers without the herpes "virus", the liver without the hepatitis "virus", the nasal membrane without the influenza "virus", and so on.

Symptoms: The tissue repair process is usually accompanied by swelling, inflammation, fever, and pain. A natural process involving microbes is erroneously considered an "infection".

If viruses really existed, they - in full accordance with evolutionary logic - would help in the restoration of ectodermal tissues.

Based on the beneficial role of microbes, viruses would not be the cause of "disease", but instead they would play a

vital role in the healing process of tissue controlled by the cerebral cortex!

According to the fourth biological law, we can no longer consider microbes to be the cause of "infectious diseases." With the understanding that they do not cause disease, but instead play a beneficial role during the healing phase, the notion of the immune system as a defense against "pathogenic microbes" loses all meaning.

Fifth biological law

Quintessence

Every disease is part of an Important Special Biological Program designed to help the body (humans as well as animals) resolve biological conflict.

Dr. Hamer: “All so-called diseases have a special biological significance. While we are accustomed to attributing to Mother Nature the ability to make mistakes, and have the audacity to say that She constantly makes these mistakes and causes failures (malignant senseless degenerativecancerous growths, etc.), we are now able to see, when the blinders have fallen from our eyes, that only our pride and ignorance is the only stupidity that has ever been and is in this cosmos.

Blinded, we imposed this senseless, soulless and cruel medicine on ourselves. Filled with surprise, we finally became able to understand for the first time that Nature contains order (now we already know this), and that every phenomenon in nature is full of meaning in the context of a holistic picture, and what we call diseases are not meaningless ordeals, which are used by apprentice sorcerers. We see that nothing

is meaningless, malignant, or sick."
published

For the first time in Ukraine
FULL translation
into Russian
books "New German
Medicine"

Below is a brief preview of the book.

New German Medicine(HHM) is based on medical discoveries made by Dr. med. Reik Gerd Hamer. In the early 1980s, Dr. Hamer discovered five biological laws explaining the causes, course of development, and the process of natural healing from diseases based on universal biological principles.

According to these biological laws, diseases are not, as previously believed, the result of dysfunctions or malignant processes in the body, but rather "Important Special Biological Programs of Nature" (SBP), created by her to provide assistance to the individual during the period of experiencing emotional and psychological distress.

All medical theories, official or "alternative", past or present, are based on the concept of disease as a "dysfunction" of the body. The discoveries of Dr. Hamer show that there is nothing “sick” in Nature, but everything is always filled with a deep biological meaning.

The five biological laws on which this truly "New Medicine" is built find a solid foundation in the natural sciences, and at the same time they are in perfect harmony with spiritual laws. Through this truth

Spaniards call HHM " La Medicine Sagrada » - Sacred Medicine.

Five biological laws

The first biological law

First criterion

Each SPB (Significant Biological Special Program) is activated in response to DHS (Dirk Hamer Syndrome), which is an extremely acute unexpected isolated conflict shock that unfolds simultaneously in the PSYCHE and BRAIN, and is reflected in the corresponding organ of the body .

In HHM language, "conflict shock" or DHS describes a situation that leads to acute distress - a situation that we could not foresee and for which we are not prepared. Such DHS can be triggered, for example, by the unexpected departure or loss of a loved one, an unexpected outburst of anger or intense anxiety, or an unexpectedly poor diagnosis with a negative prognosis. DHS differs from normal psychological “problems” and common daily stresses in that unexpected conflict shock involves in the process not only the psyche, but also the brain and organs of the body.

From a biological point of view, "surprise" suggests that being unprepared for a situation can lead to damage for the off-guard individual. In order to assist the individual in such an unforeseen crisis situation, the Important Special Biological Program designed just for this type of situation.

Because these ancient meaningful survival programs are inherited by all living organisms, including humans, HHM speaks

of them in terms of biological rather than psychological conflicts.

Animals experience these conflicts literally as such when, for example, they lose their nest or territory, are separated from their mate or offspring, are attacked or threatened with starvation or death.

Since we humans are able to interact with the world in both literal and symbolic ways, we can experience these conflicts in a figurative sense as well. For example, “conflict over loss of territory” may be experienced by us when we lose our home or job, “conflict over

attack" - upon receiving an offensive remark, "conflict over abandonment" - upon isolation from

Grief at the loss of your mate other people or exclusion from your group, and

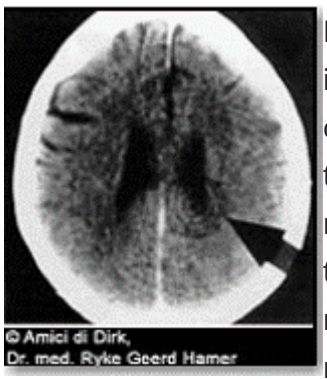
"conflict over fear of death" - when receiving a bad diagnosis, perceived as a death sentence.

Caution: Poor nutrition, poisoning and wounds can lead to organ dysfunction(s) even without DHS!

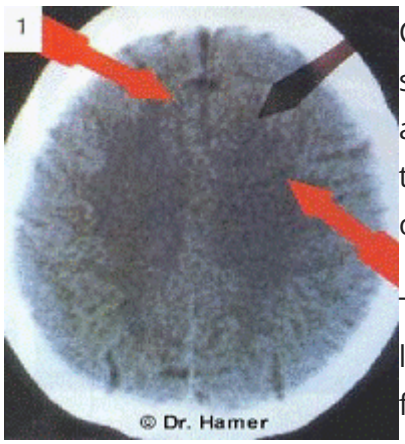
That's what's going on in the mind, brain and relevant body at the time of the onset of SDH:

At the level of the psyche: the individual experiences emotional and mental distress.

At the level of the brain: at the time of DHS manifestation, conflict shock strikes specific predefined area of the brain. The impact of the shock is seen on the CT scan as a set clearly visible concentric circles. In HHM these circles are called Hamer foci - HH(from German H amersche H erde). The term was originally put forward by Dr. Hamer's opponents, who derisively called these formations "Hamer's dubious tricks."



Before Dr. Hamer identified these circular structures in the brain, radiologists viewed them as artifacts resulting from machine failures. However, in 1989, Siemens, a manufacturer of computed tomography equipment, gave a guarantee that these rings cannot be artifacts created by equipment, because during repeated sessions of tomography, these configurations are reproduced in the same place when shooting from any angle.



Conflicts of the same type always affect the same area of the brain.

The exact location of HH formation is determined by the nature of the conflict. For example, "motor conflict" experienced as "impossibility to escape" or "shock numbness" affects the motor cortex responsible for controlling muscle contractions.

The size of HH is determined by the intensity of the conflict experienced. One can think of each part of the brain as a cluster of neurons functioning simultaneously as receptors and transmitters.

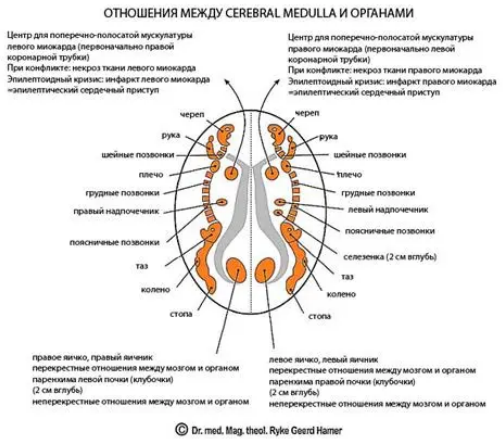
At the organ level: at the moment when neurons receive DHS, the conflict shock is immediately transmitted to the corresponding organ, and is instantly activated " Important Special Biological Program» (St. Petersburg) A to handle this type of conflict. biological sense any SBP is improvement functions of the body affected by the conflict, so that the individual is in a better position to cope with the situation and gradually resolve the conflict.

Both the biological conflict itself and the biological significance of each important special biological program (SBP) are always associated with the function of the corresponding organ or tissue of the body.

Example: if a male individual or individual is experiencing " loss of territory conflict”, then this conflict affects the area of \u200b\u200bthe brain responsible for coronary arteries. At this point, ulcers form on the walls of the arteries (causing angina pectoris). The biological purpose of the resulting loss of arterial tissue is to expand the course of the arteries to improve the blood supply to the heart so that more blood can pass through the heart per minute, which gives the individual more energy and provides an opportunity to show more pressure in an attempt to regain its territory (for humans - house or job) or take a new one.

Such a meaningful interaction between the psyche, brain and organs has been worked out by nature for millions of years. Initially, such innate biological response programs were set in motion " the brain of an organ" (any plant is endowed with such a "brain of an organ"). With the increasing complexity of life forms, a “brain” has evolved to manage and coordinate all of the important Special Biological Programs (SBPs). This transfer of biological functions to the brain explains why the centers that control the functioning of the organs in the brain are located in the same order as the organs themselves in the body.

Example: The areas of the brain that control the skeleton (bones) and striated muscles are clearly located in an area called the cerebral medulla (the inner part of the brain under the cortex).

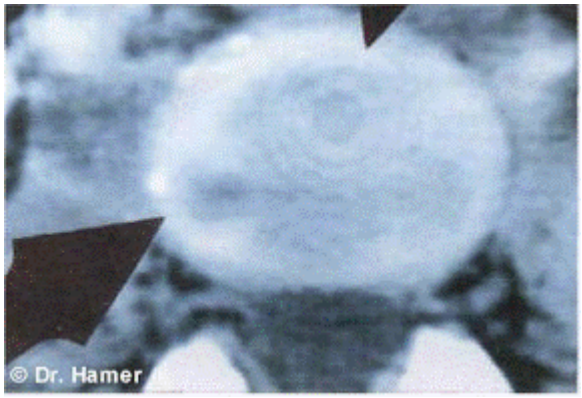


This diagram shows that the centers that govern the skull, arms, shoulders, spine, pelvic bones, knees, and feet follow in the same order as the organs themselves (a configuration reminiscent of an embryo lying on its back).

Biological conflicts associated with bones and muscle tissue- this is " self-devaluation conflicts ” (associated with a loss of self-

respect, feelings of worthlessness and worthlessness).

Due to the cross-relationship between the hemispheres of the brain and the organs of the body, the zones of the right hemisphere control the organs of the left side of the body, while the zones of the left hemisphere control the organs of the right side of the body.



This remarkable CT scan of the organ shows an active Hamer lesion (HH) at the level of the 4th lumbar vertebra (an active "self-devaluation conflict"), clearly demonstrating the connections between the brain and organs.

Second criterion

The content of the conflict is determined at the very moment of manifestation of the DHS. As soon as a conflict occurs, our subconscious in a split second correlates it with a specific biological topic, i.e. “loss of territory”, “break in the nest”, “rejection by one’s own”, “parting with one’s mate”, “loss of offspring”, “attack by the enemy”, “threat of hunger”, etc.

If, for example, a woman experiences an unforeseen separation from her love partner, this will not necessarily mean experiencing a "breaking up with her mate" conflict in the biological sense. DHS here can be experienced as an "abandonment

conflict" (which affects the kidneys), or a "self-devaluation conflict" (affecting the bones and leading to osteoporosis), or a "loss conflict" (leading to ovarian damage). Also, what one person will experience as a “self-devaluation conflict” may be experienced by another person as a completely different type of conflict. The third person may not be affected internally by everything that happens.

It is our subjective perception of the conflict and the feelings behind the conflict that determine which part of the brain is affected by the shock, and accordingly, what physical symptoms the conflict will manifest as a result..

One particular DHS can affect multiple areas of the brain, resulting in multiple "diseases" such as multiple types of cancer, mistaken for metastases. For example: a man unexpectedly loses his business, and the bank takes all his assets, he may develop bowel cancer as a consequence " conflict of inability to digest something» (« I can't stomach this!”), liver cancer due to “ conflict threat of hunger» (« I don't know how to feed myself!”) and bone cancer as a result of “ self-devaluation conflict» (loss of self-respect). After the conflict is resolved, healing from all three types of cancer begins at the same time.

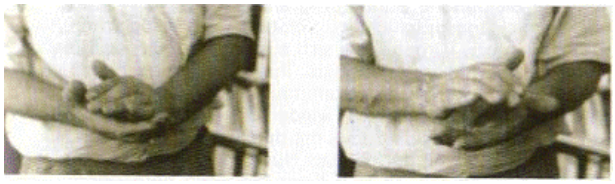
Third criterion

Each SBP - an Important Special Biological Program unfolds synchronously at the level of the psyche, the brain and a specific organ.

Psyche, brain and relevant body represent three level one whole organism operating synchronously.

Biological lateralization

Our biologically determined dominant hand determines which hemisphere of the brain and which side of the body will be affected by the conflict. biological lateralization is determined at the time of the first division of a fertilized egg. The ratio between right- and left-handers in society is approximately 60:40.



Biological lateralization is easily determined by test clapping. The hand that is on top is the leading one, and it is easy to see from it who the person is - right-handed or left-handed.

Lateralization rule: right-handed respond to conflict with mother or child, left side of your body, but to a conflict with a partner (anyone except mother and child) - right side of the body. At lefties the situation is reversed.

Example: if a right-handed woman is experiencing " conflict of fear for the health of your child, she develops cancer left chest. Due to the cross-relationship between the brain and organs in the brain image, the corresponding HH will be found in law hemispheres of the brain in the area that controls the glandular tissue left mammary gland. If this woman were left-handed, such a "conflict of fear for the health of her child" would lead her to cancer right breast, and computed tomography of the brain would have detected a lesion left side of the

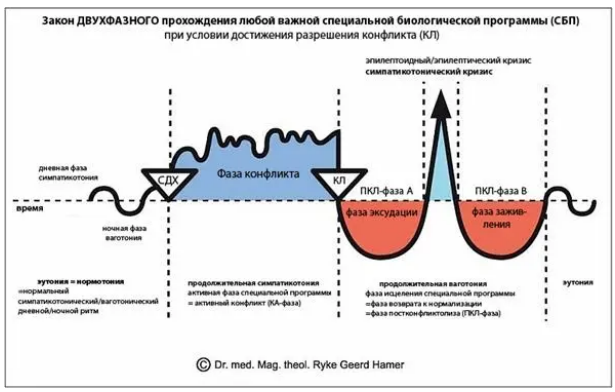
cerebellum.

Determining the dominant hand is of paramount importance for identifying the initial DHS.

Second biological law

Each SBP - Significant Special Biological Program - has two phases of passage, in the event that a resolution of the conflict is achieved.

Normal circadian rhythm of day and night characterizes the condition normotonia. As shown in the diagram below, the " sympathicotonia» phases out « vagotonia". These terms refer to our autonomic nervous system (ANS), which controls autonomic functions such as heartbeat and digestion. During the day, the body is under normal sympathicotonic stress (" readiness to fight or flight”), and during sleep - in a state of normal vagotonic rest (“ rest and digestion»).



The active phase of the conflict (KA-phase, sympathicotonia)

At the moment when a conflict shock (SDH) occurs in the body, the normal rhythm of day and night is instantly interrupted and the whole body goes into state active phase of the conflict (KA-phases). Simultaneously activated AT important FROM special B iological P a program (SBP) designed to respond to this particular type of conflict and allows the body to change the mode of normal functioning to one in which the individual receives help at all three levels - psyche, brain and body organs to resolve the conflict.

At the level of the psyche : activity in a state of conflict manifests itself as a constant concentration on attempts to resolve it.

Wherein autonomic nervous system goes into state lengthy sympathicotonia. Typical symptoms of this condition include insomnia, loss of appetite, rapid heartbeat, high blood pressure, low blood sugar, and nausea. The active phase of the conflict is also called COLD phase, because under stress, the blood vessels constrict, resulting in cold hands and feet, cold skin, chills, shivering, and cold sweating. However, from a biological point of view the state of stress, especially the extra time in the waking state and the total absorption in the conflict put the individual in a better position to find a solution to the conflict.

At the level of the brain : the exact location of the lesion is determined by the content of the conflict. The size of HH is always proportional to the duration and intensity of the conflict(mass of conflict).

During the KA-phase, HH always manifests itself in the form sharply defined concentric rings.

In the picture, computed tomography revealed HH in law hemisphere in the motor cortex, which indicates the corresponding motor conflict (" inability to escape”), which led to paralysis of the left leg in the active phase of the conflict. At lefties such an image would mean partner conflict.

biological significance such a paralysis feigned death»; in nature, a predator often attacks the prey precisely when it is trying to escape. In other words, the victim's biological response follows the logic: " Since I can't escape, I'll play dead”, causing paralysis until the danger disappears. This reaction of the body is characteristic of people on a par with all types of animals..

At the organ level:

If more organic tissue is required to resolve the conflict, cells multiply and tissue growth of the organ occurs in the corresponding organ..

Example: at " conflict caused by the fear of death”, which is often provoked by an unfavorable medical diagnosis, the shock affects the area of \u200b\u200bthe brain responsible for the pulmonary alveoli, which in turn provide oxygen supply. Because the in a biological sense the panic caused by the fear of death is equivalent to " inability to breathe”, an increase in lung tissue immediately begins. Biological

purpose of lung neoplasms (lungs' cancer) - an increase in the working capacity of the lungs so that the individual is in a better position to deal with the fear of death.

If less organic tissue is required to resolve the conflict, the corresponding organ or tissue responds to the conflict by reducing the number of cells..

Example: if a woman (female) is experiencing sexual conflict associated with the impossibility of copulation (conception), the tissue lining the cervix becomes covered with sores. biological purpose partial loss of tissue - expansion of the passage cervix to improve the possibility of sperm entering the uterus and increasing the likelihood of conception. In humans, a similar conflict for a woman can be associated with sexual rejection, sexual frustration, sexual abuse, and so on.

What will be the reaction of the organ or tissue to the conflict - growth or loss organic tissue is determined by how they are related to the evolutionary development of the brain.

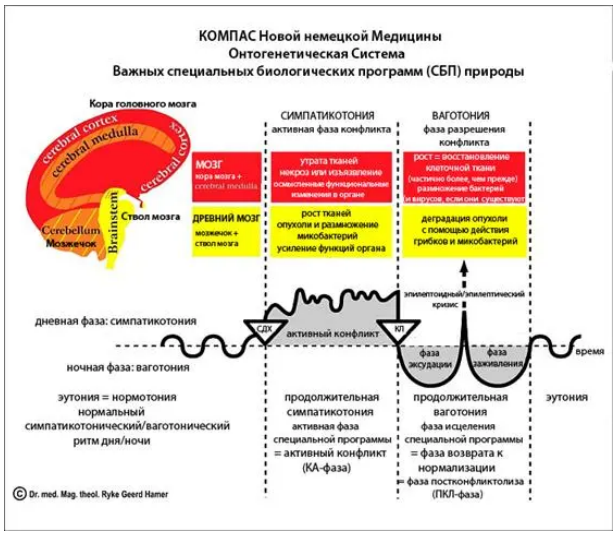


Chart above (compass HHM) shows that all organs and tissues controlled by ancient brain (medulla oblongata and cerebellum),

such as the intestines, lungs, liver, kidneys, mammary glands in the active phase of the conflict always give growth of cell tissue(tumor growth).

All tissues and organs controlled brain (cerebrum medulla and cerebral cortex), such as bones, The lymph nodes, cervix , ovaries , testicles , epidermis always lose tissue.

As the active phase of the conflict intensifies, the symptoms on the corresponding organs appear more and more clearly. When the intensity of the conflict decreases, the opposite is true.

Ongoing conflict

Ongoing conflict refers to a situation where an individual continues to be in the active phase of a conflict because the conflict cannot be resolved or simply has not yet been resolved.

A person can live in a state mild ongoing conflict and the cancer process it causes to extreme old age, if the tumor does not cause any mechanical disturbances, such as a tumor in the intestines.

Staying in an acute conflict for a long time can be fatal. However, the patient, who is in the active phase of the conflict, can't die from cancer itself, because a tumor growing during the first phase of SBP(lung, liver, breast cancer) really improves functioning of the body during this period.

Those who die during the first phase of a conflict often do so as a result of energy depletion, sleep deprivation and, most often, from fear. With a negative prognosis and toxic chemotherapy in addition to

emotional, mental and physical exhaustion many patients have no chance of survival.

Conflictolysis (CL)

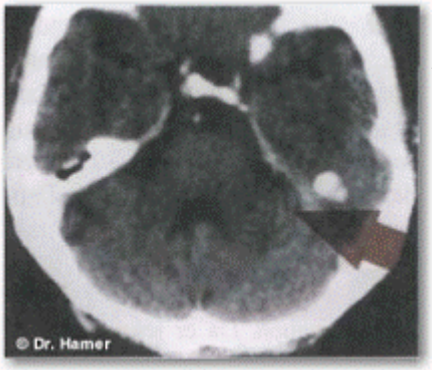
Resolution (removal) of the conflict is the turning point from which the SBP enters its second phase. Just like the active phase, the healing phase unfolds simultaneously on all three levels.

Healing phase (PCL-phase, PCL=post-conflict lysis)

At the level of the psyche : resolving the conflict brings a sense of great relief. autonomic nervous system instantly switches to prolonged vagotonia accompanied by a feeling of great fatigue and at the same time a good appetite. Here, rest and healthy eating serve the purpose of supporting the body during its healing and recovery. The healing phase is also called WARM phase, because due to vagotonia, the blood vessels are dilated, as a result of which the skin and hands become warm, and fever is also possible.

At the level of the brain: simultaneously with the psyche and the affected organs, brain cells affected by DHS also begin to heal.

First part of the healing phase(PCL-phase A) at the level of the brain : From the moment the conflict is resolved, water and serous fluid flow to the corresponding part of the brain, forming an edema in this part of the brain, protecting its tissues during the healing process. Just this one cerebral edema and causes typical symptoms of the brain's healing process, such as headaches, dizziness, and sensation of blurring the picture before the eyes.



During this first phase of healing, HH appears on the tomographic image as dark concentric rings(indicating the presence of edema in that part of the brain).

Example: this image shows HH in PCL-phase A, corresponding to a lung tumor, indicating a resolved “death fear conflict”. Most of these "death conflicts" leading to lung cancer are caused by an unfavorable diagnosis with a negative prognosis.

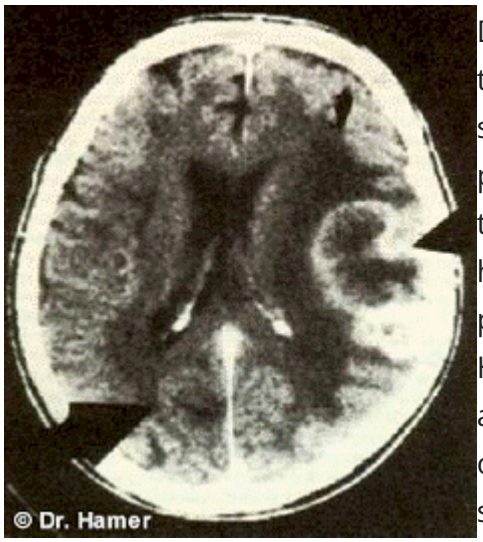
Epileptic or epileptoid crisis (epi-crisis) occurs at the peak of the healing process and occurs simultaneously on all three levels.

With the onset of the epi-crisis, the individual instantly finds himself again in a state characteristic of the active phase of the conflict. At the psychological and autonomic level, typical sympathicotonic symptoms reappear, such as nervousness, cold sweats, chills, and nausea. What is the biological meaning of such an involuntary return of the conflict state? At the peak of the healing phase (the deepest state of vagotonia), the swelling of both the organ itself and the corresponding part of the brain reaches its maximum size. It is at this moment that the brain initiates sympathicotonic stress to eliminate edema.. This important biological regulatory process is followed by urination phase, during which the body is released from all excess fluid accumulated during

the first part of the healing phase (PCL-phase A).

The specific symptoms of epi-crisis are due to the specific type of conflict and the organ that was affected. Heart attack, stroke, asthma attack, migraine are some examples of a crisis during the healing phase.

Second part of the healing phase(PCL-phase B) at the level of the brain: after the convergence of cerebral edema in the final stage of healing of its tissues, a large number of glial tissue, always present in the brain as a connective between neurons. The size of the glial tissue here is determined by the size of the previous cerebral edema (PCL-phase A). Just this natural growth from glia cells ("glioblastoma" - literally the spread of glia cells) is mistaken for " brain tumor».



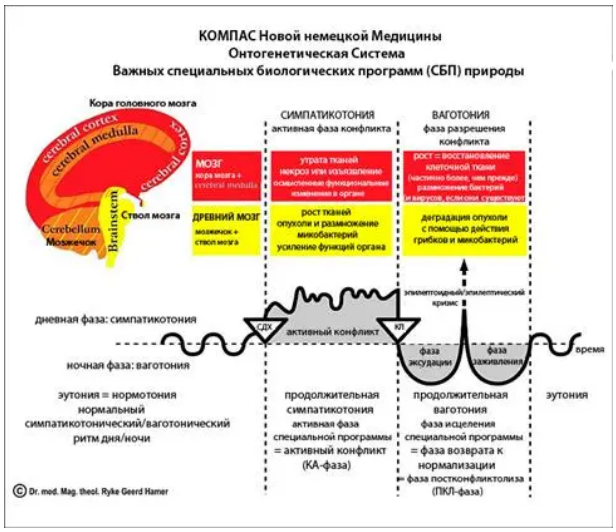
During the second part of the healing phase, HH appears on CT scans as white color rings.

The image shows HH in the area of the brain that controls the coronary arteries, indicating that the "loss of territory conflict" has been successfully resolved.

During the epi-crisis, the patient successfully survived the expected heart attack (after angina pectoris in the CA

phase). If the active conflict phase had lasted more than 9 months in this case, the heart attack could have been fatal. Knowing the basics of HHM, you can prevent such a development of events in advance!

At the organ level (healing phase):



After the conflict has been resolved tumors developed under the control of the ancient brain in the active phase of the conflict, are no longer needed (for example, tumors of the lungs, intestines, prostate) and eliminated by fungi and tuberculosis bacteria. If bacteria are absent, tumors remain in place and encapsulate without further growth.

On the contrary, the loss in the active phase of tissue conflict brain-controlled organs are replaced by new cell tissue. This recovery process takes place during the first part of the healing phase(PCL-phase A). This takes place at cervical cancer(tissue loss in the CA phase), ovarian cancer, testicular cancer, breast duct cancer, bronchial cancer and lymphoma. During the passage second part of the healing phase(PCL-phase B) tumors gradually degrade. Standard medicine mistakenly accepts these as reality healing tumors for

malignant cancerous neoplasms (see the article "The Nature of Tumors").

Symptoms of the PCL phase such as swelling, inflammation, pus, discharge (including mixed with blood), "infection", fever and pain are signs of an ongoing natural healing process.

Duration and severity of the symptoms of the healing process determined by the duration and intensity of the previous active phase of the conflict. Repeated conflicts interrupting the healing process lengthen this process itself.

Chemotherapy and radiation severely interrupt the natural course of cancer healing. Since our body is innately programmed to heal, it will definitely try to complete the healing process immediately after the end of the treatment. Medicine responds to these repeated "cancers" with even more aggressive treatments!

Because the " official medicine» unable to recognize the biphasic pattern of any "disease", doctors see either a stressed patient with a growing tumor (KA-phase), not realizing that this will necessarily be followed by a healing phase, or they see a patient with fever, "infection", inflammation , discharge, headaches or other pains (PCL-phase), not realizing that these are symptoms of the healing process after the previous active phase of the conflict.

As a result of the fact that one of the phases is overlooked, the symptoms characteristic of the course of one of the two phases are taken for a separate independent disease, such as, for example, osteoporosis that occurs in the active

phase. self-devaluation conflict", or arthritis, characteristic of the healing phase of the same type of conflict.

This ignorance of doctors leads to especially tragic consequences, because the patient is diagnosed with a "malignant" tumor, or even a "metastasis", just when in fact the natural process of healing from cancer is going on in the body.

If physicians were aware of the inseparable connection between the mind, brain, and organs, they would understand that the two phases are actually two stages of ONE SBP, as seen on brain scans showing HH in both phases is found in the same place. The specific features of the HH on the image indicate whether the patient is still in the active phase of the conflict (HH in the form of bright concentric rings), or is already undergoing a healing process, and it is clear which stage of this phase is taking place - PCL-phase A (HH with edematous rings) or PCL-phase B (HH with a concentration of white glial tissue), indicating that the critical point of the epi-crisis is already behind (see the article "Reading Brain Images").

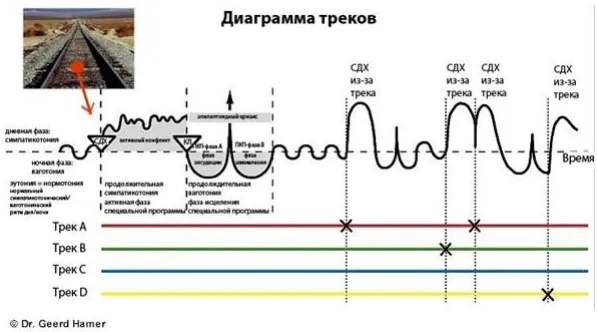
With the end of the healing phase for everyone three levels, normotonia and the normal rhythm of the change of day and night are restored.

lingering healing

The term " lingering healing describes a situation in which the healing process cannot be completed due to repeated renewals of the conflict.

Recurring conflicts or "tracks"

When we experience conflict shock (DHS), our mind is in a state of acute awareness of the situation. The subconscious, while being very active, tenaciously remembers all the circumstances associated with this particular conflict situation: features of the place, weather conditions, people involved in the conflict situation, sounds, smells, etc. At HHM, we call these imprints left after SDH, tracks.



The SBP unfolds as a result of the action of the tracks formed at the time of the SDH.

If we are in the process of healing, but one of the tracks is triggered directly or by association, the conflict is instantly reactivated, and after a quick, so to speak, “running through” of the entire process of the conflict flow, symptoms of the healing process of the organ affected by this conflict immediately appear, to for example, a skin rash after the resumption of a "separation conflict", symptoms of a common cold after a "conflict associated with a bad smell (literally or symbolically)", difficulty breathing or even an asthma attack after experiencing "fear in one's own territory", and diarrhea - after a second bout of "conflict due to the inability to digest anything (literally or figuratively." Such as " allergic reaction» is triggered by something or someone that is associated with the initial DHS: a certain type of food, pollen, animal hair, smell, but also the presence of a certain specific person (see

Allergies article). In conventional medicine (both allopathic and naturopathic), the main cause of allergies is considered to be a "weak" immune system.

The biological meaning of the track- serve as a warning to avoid repeated "traumatic" experiences (DHS). In the wild, this signaling system is essential for survival.

Tracks should always be taken into account when we are dealing with recurring illnesses: regular colds, asthma attacks, migraines, skin rashes, epileptic seizures, hemorrhoids, cystitis, etc. Of course, the same should be understood reactivation of the cancer process. Tracks also cause such " chronic diseases like atherosclerosis, arthritis, Parkinson's disease, multiple sclerosis.

In HHM, an important step to achieve complete healing is the reconstruction of the event that led to the manifestation of DHS and all accompanying tracks.

Third biological law

Ontogenetic system of cancer and its equivalents

Dr. Hamer: The basis of medicine is embryology and our knowledge of human evolution. These are the two sources that reveal to us the nature of cancer and so-called "diseases".

The third biological law explains the relationship between the psyche, brain and organ in the context of the embryological (ontogenetic) and evolutionary (phylogenetic) development of the human body. It shows that no particular localization HH in the brain, neither growth (tumor) or loss cellular tissue caused by

SDH are not random in nature, but are full of meaning in the biological system, innate and peculiar to each kind of living beings.

Embryonic layers:

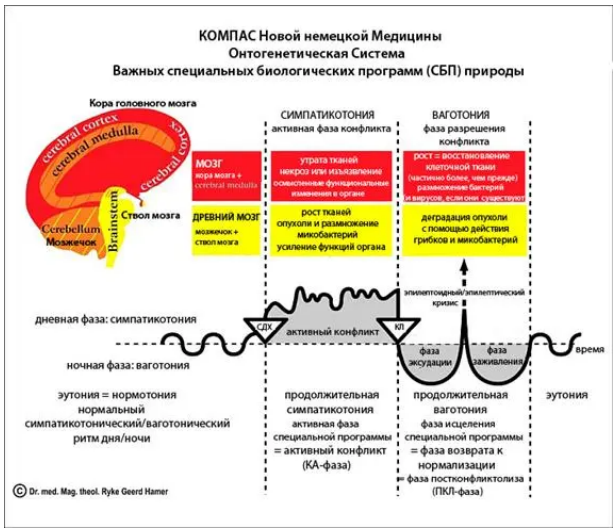
From embryology, we know that after the first 17 days of development, three layers are formed in the embryo, from which all tissues and organs of the body subsequently develop.

These three layers are endoderm, mesoderm and ectoderm.

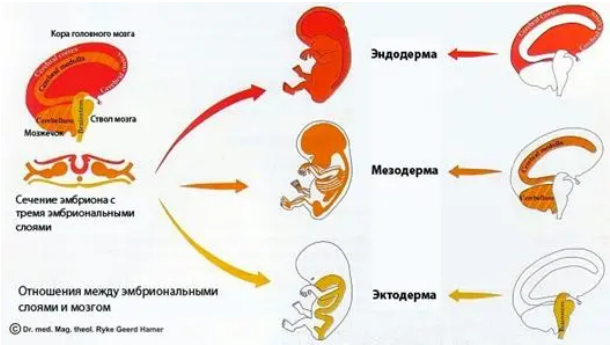
Endoderm

Mesoderm

ectoderm



During the period of embryonic development, the fetus at an accelerated pace passes through all evolutionary stages from a single-celled organism to a full-fledged human being (ontogenetic development repeats phylogenetic).



The diagram above shows that all tissues that developed from one embryonic layer are further controlled from one part of the brain.

"The whole development of the human body comes from a very ancient creature - a single-celled organism"

(Neil Shubin, The Fish Inside You, 2008)

Most of our organs, such as the large intestine, develop from only one embryonic layer. True, there are organs, such as the heart, liver, pancreas, bladder, each of which is built from different types of tissues, originating from different embryonic layers. These tissues, which over time have joined together to perform their functions, are considered as a single organ, despite the fact that they themselves are controlled from different parts of the brain that are far from each other. On the other hand, there are organs located quite far apart in the body, such as the rectum, larynx, and coronary veins, which, however, are controlled from very close adjacent regions of the brain.

Endoderm (inner embryonic layer)

The endoderm is the layer that first appears in the course of evolution. Therefore, the most “ancient” organs are formed from it at the first stage of embryonic development.

Organs and tissues formed from the endoderm:

Mouth (submucosa)

o Sky

o Language

o Tonsil glands

o Salivary and parotid glands

Nasopharynx

· Thyroid

The lower third of the esophagus

lung alveoli

The goblet cells of the bronchi

Liver and pancreas

Stomach and duodenum

small intestine and large intestine

Sigmoid colon and rectum

· Bladder

The renal tubules

Prostate

The uterus and fallopian tubes

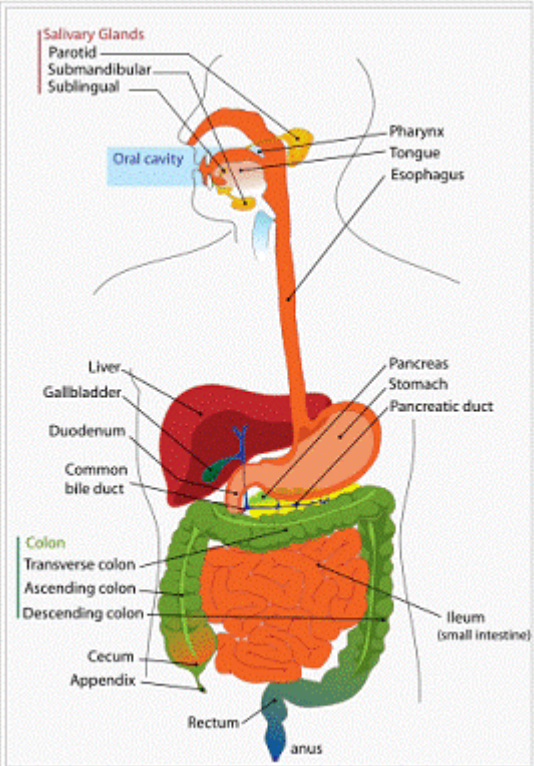
Nuclei of ear nerves

All organs and tissues that developed from the endoderm are composed of adenoid

cells Therefore, cancerous tumors of such organs are called "adenocarcinomas".

Organs and tissues originating from the most "ancient" embryonic layer are controlled by the most ancient structure of the brain - brain stem, and are thus associated with the most archaic types of biological conflicts.

biological conflicts : biological conflicts related to endodermal tissues are associated with respiration (lungs), food (digestive organs) and reproduction (prostate and uterus).

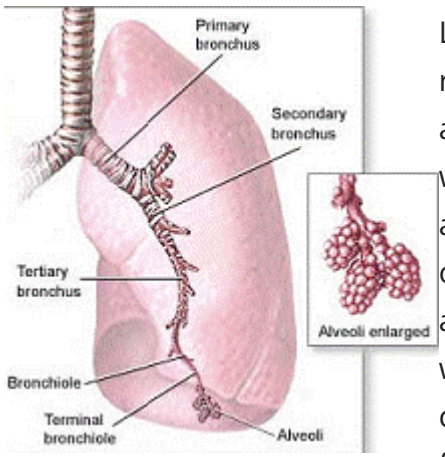


Upper and Lower gastrointestinal tract

Organs and tissues of the digestive tract- from the mouth to the rectum - biologically related to " food conflicts ”(literally - with a piece of food). "The inability to take possession of a piece of food" is associated with oral cavity and pharynx(including palate, tonsils, salivary glands, nasopharynx and thyroid). The conflict of "not being able to swallow a piece of food" affects the lower part esophagus, conflicts of "the inability to digest and assimilate the

swallowed piece" involve the digestive organs, such as stomach(except for a small bend), small intestine, large intestine, rectum, as well as liver and pancreas.

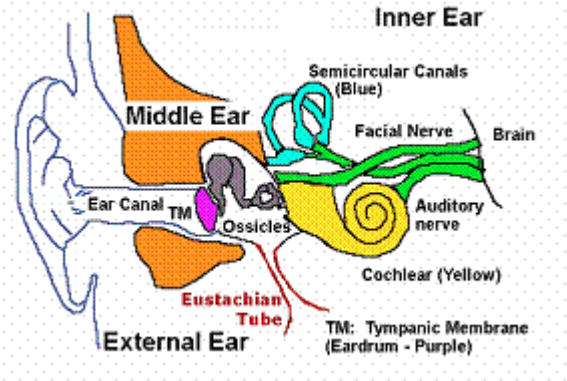
Animals literally experience these "digestive conflicts" when, for example, they can't find food, or when a piece of food or a bone gets stuck in their intestines. Since we humans are able to interact with the world figuratively through language and symbols, we are also able to experience "digestive conflicts" in a figurative sense of the word. Symbolically, a "piece of food" can become a contract that we cannot enter into, or a person that we cannot access; we may not be able to "digest" a hurtful remark, and we may also be dealing with "pieces of food" that we crave, "pieces of food" that have been taken away from us, or "pieces of food" that we want to get rid of.



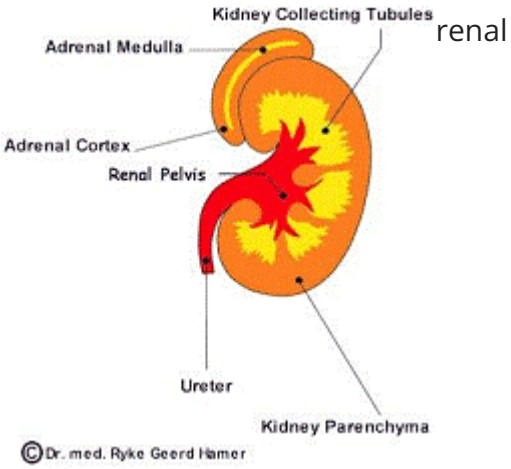
Lungs, or rather, their alveoli, which absorb oxygen, are associated with " conflicts fear of death that are triggered by life-threatening situations.

goblet cells of the bronchi associated with " suffocate with fear».

Middle ear associated with " hearing conflicts" (sound "piece of food"). The conflict of "not being able to get a sonic morsel", such as not being able to hear the mother's voice, affects the right ear, while

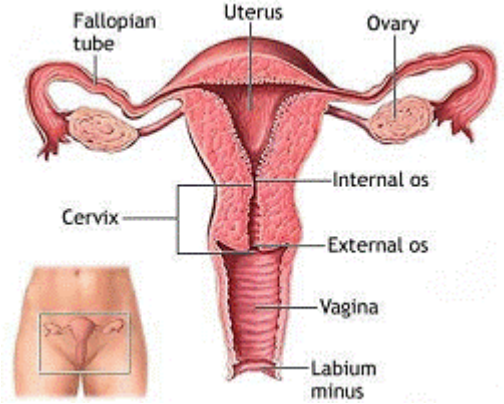


"not being able to get rid of a sonic morsel", such as annoying noise, afflicts the left ear. The intense conflict active phase leads to middle ear "infection" during the healing phase.



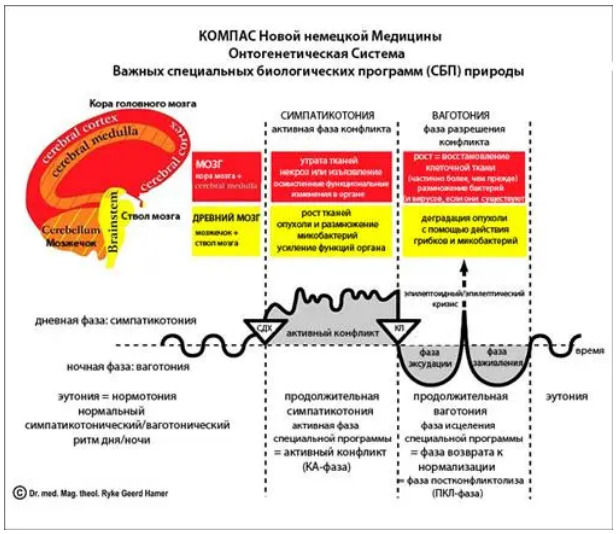
renal tubules(shown in yellow), representing the most ancient tissues of the kidneys, are associated with biological conflicts that took place in the distant past, when the ancestors of today's mammals lived in the ocean, and for which being washed ashore meant getting into a life-threatening situation . We humans are capable of experiencing such a “washed ashore” DHS when "conflicts of abandonment”, when we are rejected, abandoned (with accompanying feelings of isolation, exclusion, abandonment), while“ fugitive conflicts” (when we are forced to flee our own home), to “ existential conflicts"(when our very life or livelihood is in question), as well as" hospitalization conflicts"(going to the hospital).

Uterus and fallopian tubes, as well as



prostate, connected with " breeding conflicts" and " situations with the opposite sex that cause a feeling of disgust ".

When we are dealing with tissues and organs controlled from the brainstem, the rules lateralization do not apply. So, for example, if a right-handed woman suffers from an “abandonment conflict”, then the tubules of both the right and left kidneys can be equally affected (regardless of whether the conflict is related to a child or a sexual partner).



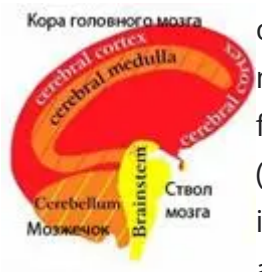
All tissues and organs originating from the endoderm, during the active phase of the conflict generate the growth of cell tissue. So, oral cancer, as well as cancers of the esophagus, stomach and duodenum, liver, pancreas, colon and rectum, bladder, kidney, lung, uterus and prostate are under the control of the brainstem and are caused by their respective types of

biological conflicts. With the resolution of the conflict, these tumors instantly stop their growth.

In the healing phase, additional cells (“tumor”) that performed useful biological functions during the active conflict phase are subject to elimination using special forms of microbes (fungi and mycobacteria). If the desired microbes are not available, for example due to overuse of antibiotics, the tumor remains in place and encapsulates without further growth.

The natural healing process is usually accompanied by swelling, inflammation, (tuberculous) discharge (possibly mixed with blood), profuse sweat at night, fever and pain. Here we also find states such as Crohn's disease (granulomatosis), ulcerative colitis and various fungal « infections» type candidiasis. These conditions become chronic only when the healing process is regularly interrupted by repeated activations of conflicts.

Mesoderm (middle embryonic layer) divided into older and younger parts.



old part of the mesoderm managed from cerebellum (cerebellum), which is itself an integral part ancient brain.

The young part of the mesoderm- this is cerebral medulla, which belongs to brain (cerebrum).

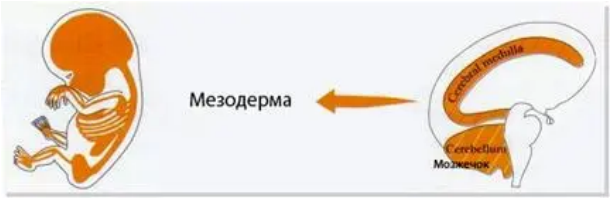
old part of the mesoderm

The old part of the mesoderm was formed when our ancestors moved to land, and the formation of a skin cover was required

to protect against natural influences and attacks from natural enemies.

Organs and tissues formed from the old part of the mesoderm:

- Dermis (inner layer of skin)
- Pleura (outer lining of the lungs)
- Peritoneum (the inner lining of the abdominal cavity and its organs)
- Pericardium (heart bag)
- Milk glands



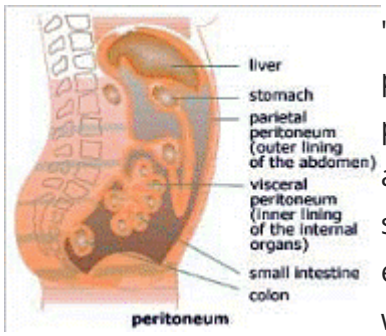
All organs and tissues originating from the old part of the mesoderm consist of adenoid cells Therefore, cancerous tumors of such organs are called "adenocarcinomas".

Organs and tissues that develop from the old part of the mesoderm are under the control cerebellum, which is part of the ancient brain. The conflicts affecting these tissues are related to the functions of the respective organs.

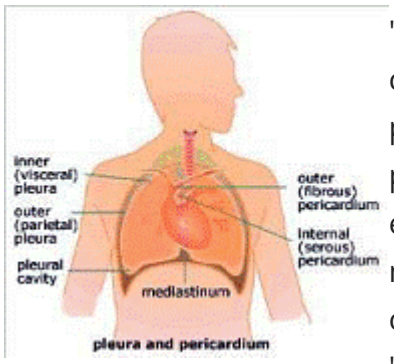
Biological conflicts: biological conflicts affecting the tissues developed and the old part of the mesoderm are associated with "conflicts due to attacks" (shells) and "conflicts of gap in the nest" (mammary glands).

« Conflicts over attacks» can be experienced both literally and symbolically. For example, the experience of "an attack directed at the skin (dermis)" can be caused by an actual physical attack, a

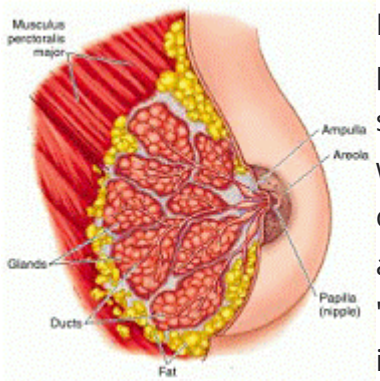
verbal attack, or actions against our integrity, but it can also be something that has no emotional context, such as a sunburn, which the body interprets as an "attack".



"Attack on the peritoneum" (peritoneum) in a figurative sense can be experienced when the patient learns about the need for a surgical operation on the abdominal cavity (intestines, ovaries, uterus, etc.).



"Attack on the chest cavity" (pleura) can be provoked, for example, by a mastectomy operation; and "attack against the heart" (pericardium) is a heart attack.

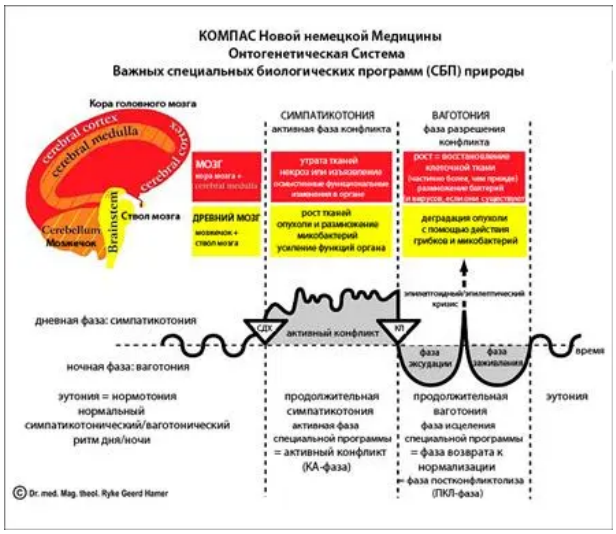


Milk glands are perceived as synonymous with feeding and caring and are associated with "conflicts of ruin in the nest." During the evolutionary development of mammals, the mammary glands developed from the dermis, as a result of which their control center is located in the same part of the brain, specifically in the cerebellum.

When we are dealing with tissues and organs controlled from the cerebellum, we must take into account the cross-

relationships between the cerebral hemispheres. Rules to be taken into account lateralization. If, for example, a right-handed woman is going through a “nest-break conflict” involving her child, the conflict is striking. right half of the cerebellum, causing a cancerous process in left breasts in the active phase of the conflict (see the article Breast Cancer).

The relationship between the brain, the organ, and the embryonic layer from which the organ was formed



All organs and tissues originating from the old part of the mesoderm during the active phase of the conflict generate cell tissue growth. So, cancer of the dermis (melanoma), breast cancer, tumors of the peritoneum, pleura and pericardium(so called mesothelioma) develop under the control of the cerebellum and are caused by the corresponding biological conflicts. With the resolution of the conflict, these tumors immediately stop growing.

In the healing phase, additional cells (“tumor”) that performed useful biological functions during the active conflict phase are subject to elimination using special forms of microbes (fungi and mycobacteria).

The natural healing process is usually accompanied by swelling, inflammation, (tuberculous) discharge mixed with blood, profuse sweat at night, heat and pain. If the desired microbes are not available, for example due to overuse of antibiotics, the tumor remains in place and encapsulates without further growth.

The young part of the mesoderm

The next stage of evolution is the formation of the skeleton and skeletal muscles.

Organs and tissues formed from the young part of the mesoderm:

Bones (including teeth)

cartilage

Tendons and ligaments

connective tissue

Adipose tissue

Lymphatic system (lymph nodes and blood vessels)

Blood vessels (except coronary)

Muscles (striated muscles)

Myocardium (80% striated muscles)

Renal parenchyma

The adrenal cortex

spleen

ovaries

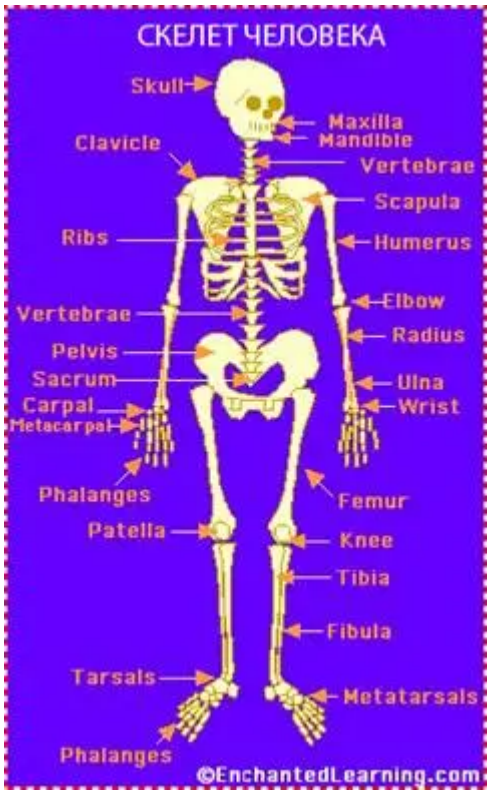
Testicles

All tissues and organs originating from the young part of the mesoderm are controlled from Cerebral Medulla- the inside of the brain.

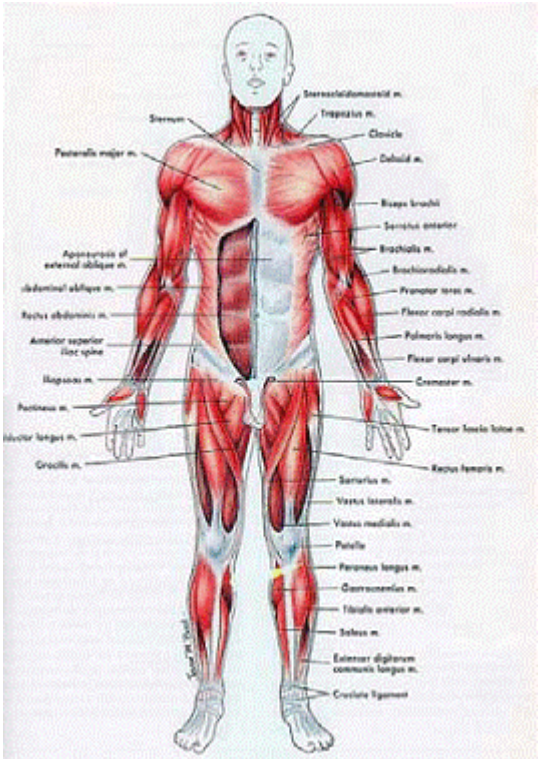
Attention: the muscles themselves fabrics are administered from the cerebral medulla, while movements performed by muscle contractions are controlled from the motor cortex. The smooth muscle of the myocardium (about 20% of tissues), as well as the colon and uterus, are controlled from the midbrain, which is part of the brainstem.

biological conflicts: biological conflicts associated with tissues developing from the young part of the mesoderm are mainly referred to as "self-devaluation conflicts".

« Self-depreciation conflict”is a sharp blow to self-esteem or a sense of self-worth.



Will

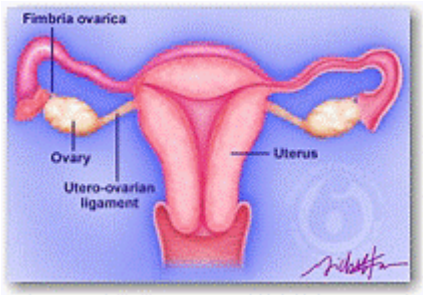


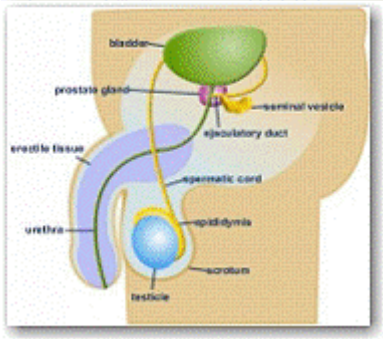
conflict affect self-devaluation (SDH) bones, cartilage, tendons, ligaments, connective or fatty tissues, blood vessels or lymph nodes, determined by the intensity of the conflict (especially acute DHS affects bones and joints, less severe DHS affects muscles or lymph nodes, mild DHS affects tendons).

Precise localization of symptoms(arthritis, muscle atrophy, tendinitis) determined by the specific content of the self-devaluation

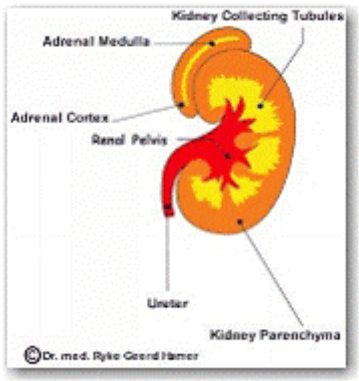
conflict. "Motor coordination conflict", for example, which occurs after failure to perform some manual task such as typing on a keyboard, affects the hands and fingers; "intellectual self-devaluation conflict" arising, for example, after failing an exam or as a result of humiliation,

affect the neck.





ovaries and testicles are biologically linked to "profound loss conflicts" - the unexpected loss of loved ones, including beloved pets. Even the fear of such a loss can initiate a corresponding SBP.



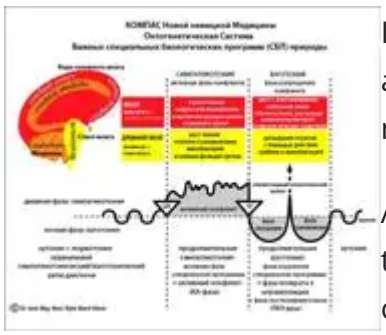
Kidney parenchyma associated with "water or liquid conflicts" (for example, the experiences of a person who had to drown); adrenal cortex associated with "conflicts of moving in the wrong direction", for example, when making the wrong decision.

Spleen associated with "conflicts of blood and wounds" (heavy bleeding or, figuratively, an unexpected adverse blood test).

Myocardium(heart muscle) is affected by "conflicts on the basis of a feeling of complete collapse."

When we are dealing with organs that originate from the young part of the mesoderm, we must take into account the cross-relationships between the cerebral hemispheres and organs. The rule applies here lateralization. For example, if a right-handed woman suffers from the “loss conflict” of her love partner, her cerebral medulla area is affected. left hemispheres, causing necrosis right ovaries in the active phase of the conflict. If she was left-handed, her left ovary would have suffered.

The relationship between the brain, the organ, and the embryonic layer from which the organ was formed



In the brain, we are faced with a new situation.

All organs and tissues originating from the young part of the mesoderm, in during the active phase of the conflict, lose cell tissue, as we see it with osteoporosis, bone cancer, muscle wasting, necrosis of the spleen, ovaries, testicles, or renal parenchyma caused by the corresponding conflicts. With the resolution of the conflict, tissue loss stops instantly.

During the healing phase, the previous loss of tissue is replaced by growth, ideally with

the participation of special bacteria involved in this process.

The natural healing process is usually accompanied by swelling, inflammation, fever, "infection" and pain. In the absence of the necessary microbes, the healing process still takes place, but does not reach the biologically optimal degree. Cancers such as lymphoma (Hodgkin's disease), adrenal cancer, Wilms tumor, osteosarcoma, ovarian cancer, testicular cancer, and leukemia are healing and indicate that the original conflict has been resolved. In the same series, we find such phenomena, varicose veins, arthritis and enlargement of the spleen. All of these healing symptoms become chronic if the healing process is regularly interrupted by repeated conflicts.

WARNING: The biological meaning of all SBPs for externally controlled tissues cerebral medulla, is revealed at the end of the healing process. After tissue repair is completed, the tissues themselves (bones and muscles) and organs (ovaries, testicles, etc.) become much stronger than before, and thus much better prepared in the event of a repeat of the same type. SDH.

Ectoderm (outer embryonic layer)

When the inner skin layer was insufficient, a new protective layer was built up covering the entire surface of the dermis. From the layer, the mouth opening and anus were formed, as well as the integument of some organs and the mucous membranes of the canals in these organs.

Organs and tissues originating from the ectoderm:

epidermis

Periosteum

The mucous membrane of the oral cavity: palate, gums, tongue, ducts of the salivary glands

Membranes of the nose and sinuses

Inner ear

The lens, cornea, conjunctiva, retina and vitreous body of the eye

· Tooth enamel

The mucous membrane of the ducts of the mammary glands

Mucous membranes of the pharynx and ducts of the thyroid gland

Inner walls of the vessels of the heart (coronary arteries and veins)

Upper 2/3 esophagus

Mucous membranes of the larynx and bronchi

The inner wall of the stomach (small bend)

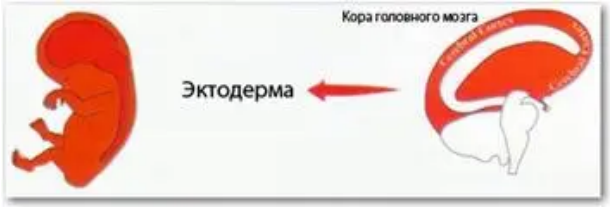
The walls of the bile ducts, gallbladder and pancreatic ducts

Vagina and cervix

Inner walls of the renal pelvis, bladder, ureters, and urethra

The inner wall of the lower rectum

neurons of the central nervous system



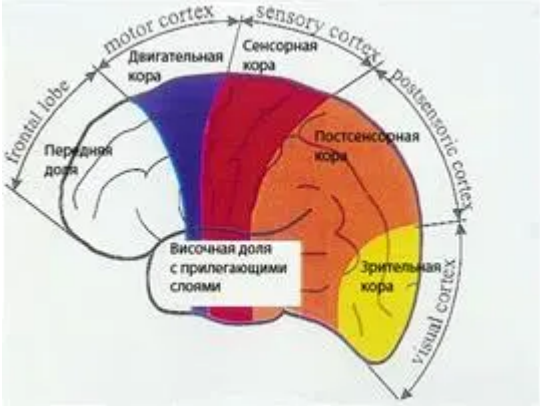
All organs and tissues that originate from the ectoderm are built from squamous epithelial cells. Therefore, cancerous tumors of these organs are called "squamous epithelial carcinomas".

All organs and tissues formed from the ectoderm (the youngest embryonic layer), are controlled from the youngest part of the brain - cerebral cortex, and therefore they are associated with evolutionarily later types of conflicts.

biological conflicts: in accordance with the evolutionary development of the human body, biological conflicts associated with ectodermal tissues are more advanced.

Tissues that are controlled cerebral cortex, connected with sexual conflicts(sexual frustrations or sexual rejection), identity conflicts(misunderstanding of one's own belonging), as well as various " territorial conflicts »: territorial conflicts associated with fear(fear or fear in their territory), striking larynx and bronchi; loss of territory conflicts(threat of loss or real loss of its territory), affecting the coronary vessels, conflicts of anger in their territory manifested on the mucous membranes of the stomach, bile ducts and pancreatic ducts; inability to "mark your territory" (reflecting on the renal pelvis, bladder, ureters and urethra).

« Separation conflicts»affect the skin and ducts of the mammary gland. Important Special Biological Programs (SBP) for processing these types of conflicts are



controlled entirely from special brain regions in sensory cortex.

Postsensory cortex governs the periosteum, which is affected by "separation conflicts" experienced as particularly gross or "violent" in form.

motor cortex , which controls muscle movement, is programmed to respond biologically to "motor conflicts" such as "not being able to escape" or "feeling stuck."

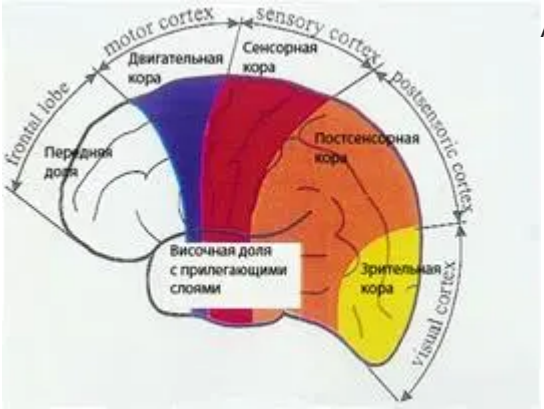
Anterior lobe takes over " conflicts related to fears lying ahead' (fear of getting into danger) or ' conflicts feelings of powerlessness”, which affect the walls of the ducts of the thyroid gland and the pharynx.

visual cortex reacts to dangers threatening from behind”, reflected on the retina and vitreous body of the eyes.

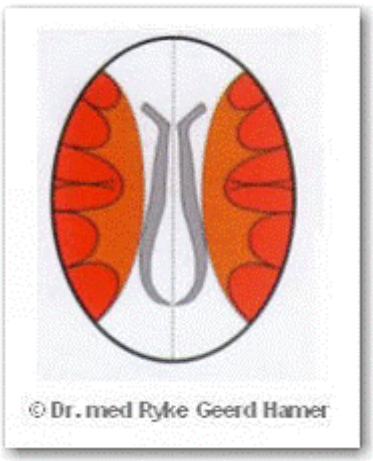
Other conflicts related to the cerebral cortex: " bad smell conflicts"(nose membrane)," biting conflicts"(tooth enamel)," oral conflicts"(mouth and lips)," hearing conflicts"(inner ear", " conflicts of disgust" or " conflicts of fear and resistance(pancreatic islet cells).

When we are dealing with organs controlled by the motor cortex, the sensory and postsensory cortex, and the visual

cortex, the rule to consider is lateralization. For example, if a left-handed man from a "separation conflict" from his mother, his sensory cortex is affected left hemisphere, causing during the healing phase a skin rash on right side of the body (see the article "Torn from my skin").



AT temporal lobe in addition to lateralization and semi should also take into account hormonal status, especially the concentration of estrogen and testosterone. Hormonal status determines whether a conflict is experienced in a male or female way, which in turn affects whether it affects the temporal lobe in the right or left hemisphere of the brain. Right the temporal lobe is the "male or testosterone side", while left the side is "feminine or estrogen". If hormonal status changes after menopause, or testosterone or estrogen levels decrease as a result of medication (contraceptives, hormone-lowering drugs, or chemotherapy), biological identity also changes.

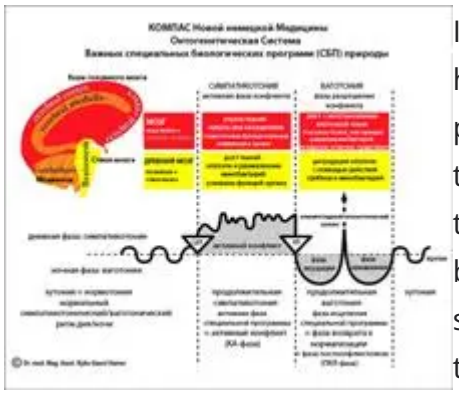


So, after menopause, conflicts in a woman can begin to manifest themselves in a male pattern, which is

reflected in the right “male” hemisphere of the brain, causing completely different symptoms than it would have happened during the period preceding menopause.

The relationship between the brain, the organ, and the embryonic layer from which the organ was formed

In all tissues and organs originating from the ectoderm, in during the active phase of the conflict there is tissue loss (ulceration). With the resolution of the conflict, the ulcerative process stops instantly.



In the healing phase, the tissue loss that makes biological sense in the conflict active phase is replaced by regenerative tissue growth (whether or not viruses are involved in this process is highly debatable).

The natural healing process is usually accompanied by swelling, inflammation, fever and pain. Bacteria (if present) help form scar tissue, resulting in symptoms." bacterial infections, such as bladder infections.

Oncological diseases such as breast duct cancer, bronchial carcinoma, larynx cancer, non-Hodgkin's type lymphoma or cervical cancer are versions of the healing process that indicate that the related conflict has already been resolved. In the same series, we find such phenomena as skin rash, hemorrhoids, common colds, bronchitis,

laryngitis, jaundice, hepatitis, cataracts and goiter.

Functional disorders and functional insufficiency

Certain organs controlled by the cerebral cortex, such as muscles, periosteum, inner ear, retina and pancreatic islet cells during the active phase of the conflict, instead of ulceration, they demonstrate functional insufficiency, as we see, for example, with hypoglycemia, diabetes, visual and hearing impairments, sensory or motor paralysis. During the healing phase, and more precisely after the epi-crisis, organs and tissues can restore their normal functioning if the protracted healing process comes to an end.

The scientific maps of the New German Medicine show:

The relationship between the psyche, the brain and the organ based on five biological laws, taking into account the three embryonic layers (endoderm, mesoderm and ectoderm)

· A type of biological conflict that causes a particular symptom, such as a specific type of cancer

· Localization of the corresponding foci of Hamer (HH) in the brain

· Symptoms of the active KA-phase of the conflict

· Symptoms of the PCL Healing Phase

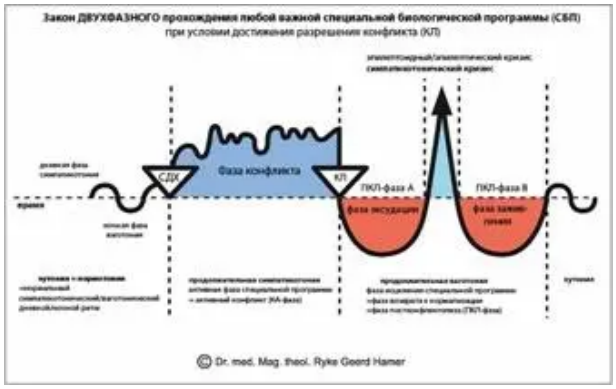
· The biological meaning of each SBP (Important Special Biological Program)

Fourth biological law

The Fourth Biological Law explains the beneficial role of microbes in the body in relation to the three embryonic layers during the healing phase of any given Major Biological Special Program (SBP).

For the first 2.5 million years, microbes were the only microorganisms inhabiting the earth. Over time, microbes gradually colonized the developing human body. The biological function of microbes was to support organs and tissues and keep them healthy. For centuries, microbes such as bacteria and fungi have been essential to our survival.

Microbes are active only in the healing phase!



In the state of normotonia (before the onset of SBP action) and during the active phase of the conflict, microbes are in a dormant state. However, as soon as the conflict comes to its resolution, microbes living in the organ affected by the action of the conflict receive an impulse from the human brain that prompts them to join the healing process that has begun.

Microbes are endemic, they exist in symbiosis with all organisms in the ecological niche in which they have evolved together over millions of years. Contact with microbes that are foreign to the human body, for example, when traveling abroad, is not a self-sufficient cause of "disease". However, if, say, a European survives a resolution of one of his conflicts in the tropics and comes into contact with local microbes, his conflict-affected organ will use local bacteria and fungi during the healing phase. Since his body is not accustomed to such local helpers, the healing process can be very difficult.

Microbes do not cross the boundaries between tissues!

Relationships between microbes, embryonic layers and the brain

The diagram shows the relationships between microbial types, the three embryonic layers, and the corresponding brain regions from which microbial activity is controlled and coordinated.

Mycobacteria and fungi act only in tissues originating from the endoderm and the old part of the mesoderm, while bacteria (except mycobacteria) are involved only in the healing of tissues developed from the young part of the mesoderm.

This biological system is inherited by every species of living beings.

The way in which microbes assist in the healing process is in full accord with the logic of evolution.

Fungi and mycobacteria(TB bacteria) are the most ancient types of microbes. They act exclusively on organs and tissues that are controlled from ancient brain(brainstem and cerebellum) are derived from the endoderm and the old part of the mesoderm.

During the healing phase, fungi such as candida albicans, or mycobacteria such as tubercle bacillus (TB-bacteria), destroy the cells that have become unnecessary, which during the active phase of the conflict performed useful functions.

Being natural "microsurgeons", fungi and mycobacteria remove, for example, tumors of the intestines, lungs, kidneys, liver, mammary glands, as well as melanomas that have lost their biological significance.

What's so wonderful about mycobacteria is that they begin to multiply immediately at the very moment that DHS is formed. Their rate of reproduction is proportional to the rate of growth of the tumor, so that by the time the conflict is resolved, just as many mycobacteria will be available as needed to destroy and eliminate the cancerous tumor.

Symptoms: during the process of tumor destruction, the waste products of the healing process are excreted in the stool (SBP on the intestines), in the urine (SBP on the kidneys and prostate), from the lungs (corresponding to SBP), which is usually accompanied by night sweats, discharge (possibly with traces of blood), swelling, inflammation, fever and pain. This natural

microbial process is erroneously called "infection".

If necessary microbes are eliminated from the body such as antibiotics or chemotherapy, the tumor encapsulates and remains in place without further growth.

bacteria(except for mycobacteria) act only on organs and tissues that are controlled from cerebral medulla originating from the young part of the mesoderm.

During the healing phase, these types of bacteria help replace tissue lost during the conflict active phase. For example, staphylococci and streptococci help in the reconstruction of bone tissue and compensate for the loss of cells (necrosis) of the tissues of the ovaries and testicles. They also take part in the formation of scar tissues, since connective tissues are controlled from the cerebral medulla. In the absence of these bacteria, the healing process would still take place, but would not reach the biological optimum.

Symptoms: the process of tissue replacement with the participation of microbes is usually accompanied. The natural healing process is mistakenly considered an "infection".

Attention: The function of TB bacteria is solely to eliminate tissues (controlled by the ancient brain), while all other types of bacteria contribute restoration tissues (controlled by the brain).

Concerning " viruses", in HHM we prefer to talk about " supposedly existing viruses”, because recently the very existence of viruses has been called into question. The lack of scientific evidence for the assertion

that viruses cause special "infections" is in full agreement with the results of Dr. Hamer's early research, namely, that the process of repair of tissues of ectodermal origin, controlled by the cerebral cortex, for example, the epidermis of the skin, tissues of the cervix , the walls of the bile ducts, the walls of the stomach, the bronchial mucosa and the membrane of the nose goes and in the absence of any viruses. In other words, the skin recovers without the herpes "virus", the liver without the hepatitis "virus", the nasal membrane without the influenza "virus", and so on.

Symptoms: tissue repair process is usually accompanied by swelling, inflammation, fever and pain. A natural process involving microbes is erroneously considered an "infection".

If viruses really existed, they - in full accordance with evolutionary logic - would help in the restoration of ectodermal tissues.

Based on the beneficial role of microbes, viruses would not be the cause of "disease", but instead they would play a vital role in the healing process of tissue controlled by the cerebral cortex!

According to the fourth biological law, we can no longer consider microbes to be the cause of "infectious diseases." With the understanding that cause disease, but instead play a favorable role during the healing phase, the idea of the immune

system as protective against "pathogenic microbes" loses all meaning.

Fifth biological law

Quintessence

Every disease is part of an Important Special Biological Program designed to help the body (humans as well as animals) resolve biological conflict.

Dr. Hamer: “All so-called diseases have a special biological significance. While we are accustomed to attributing to Mother Nature the ability to make mistakes, and have the audacity to say that She constantly makes these mistakes and causes failures (malignant senseless degenerative

cancerous growths, etc.), we are now able to see, when the blinders have fallen from our eyes, that only our pride and ignorance is the only stupidity that has ever been and is in this cosmos.

Blinded, we imposed this senseless, soulless and cruel medicine on ourselves. Filled with surprise, we finally became able to understand for the first time that Nature contains order (now we already know this), and that every phenomenon in nature is full of meaning in the context of a holistic picture, and what we call diseases are not meaningless ordeals, which are used by apprentice sorcerers. We see that nothing is meaningless, malignant, or sick."

Reproduced from website

Written disclaimer

The information contained in this document

does not replace professional medical

consultations

Bio-Psycho-Social Perspective on Man and Stuttering

Stuttering, according to traditional ideas, is a disease, a malfunction of the speech apparatus, a malfunction in the body's system. What if you look at it differently?

We are people, we live among people in one environment or another. And these people in this environment in one way or another come into contact with us, in one way or another they influence us. Accordingly, our body, our body reacts to this impact in different ways. And our body has quite clear and definite reactions to certain external influences.

External influences that cause emotional experiences (whether we are aware of it or not), such as, for example, the unexpected departure or loss of a loved one, fear of death, the threat of hunger, or a sudden outburst of anger on the part of a boss or parent, launch a specific biological program corresponding to this event. emergency response. During the day, we are exposed to many environmental factors, and during the day (and night) our body constantly reacts to this, one way or another - "modifying", adjusting to the surrounding conditions of life.

We sweat in the sun and shiver in the cold, close our ears to loud noises and close our eyes to bright lights, we run from danger and spit out unpalatable food.

Most of these reactions occur unconsciously, our autonomic nervous system (ANS) controls this

reaction, and it has one way of “reacting” - by functional or physiological changes in the organs of our body. When the ANS reads the surrounding event as a conflict, it instantly gives the command to rebuild (modify) the body (or part of it) to function in a new situation, and after resolving the conflict, as far as possible, returns everything to its original state.

"Body restructuring" is the work of a meaningful, expedient Special Biological Program (SBP). SBP starts without the participation of the conscious mind. The logic of the ANS is the logic of the subconscious, the speed of which is much higher than the speed of our conscious mind. And the subconscious always instantly reacts to conflicts that threaten our existence.

A New Look

Man has an inquisitive mind, and throughout history, people have made and continue to make discoveries. The closest a person can touch is himself. Probably, a person has been studying himself for as

long as he exists. Different sciences are engaged in the study of the structure of the human body and the processes occurring in it, but an ordinary person most often encounters medicine.

From generation to generation, we have been accustomed to taking medicine for any "disease" in order to become "healthy" again. For many people, it still reads perfectly normal to walk out of the doctor's office with a prescription for medicines in hand. It can be said that the presence of a prescription confirms for them that the disease comes “from outside”, which means that it must also be treated with something taken “from outside”. This is a convenient, but childishly ingenuous attitude towards the occurrence of "diseases" “The “experts” know better how to repair my body, because they have been studying this for many years!” Of course, it is easier to transfer responsibility for our own body to other people, especially when you have no idea why we suddenly fall ill or stay healthy for a long time. At least, the official medicine that is available today somehow “explains” all existing (and pre-existing) diseases. Even if the doctor cannot determine the cause of the disease, the existing medical system offers this or that support and treatment for the patient, which sometimes even helps him. The successes of operational medicine and disaster medicine are so impressive that most people feel under the reliable protection of other medical specialties and directions, or at least believe in it.

To as you know, a blind person allows himself to be led like a lamb on a string. The seer chooses his own path. For an ordinary person, most of the names and definitions that modern official medicine

operates with are not clear. Wouldn't it be more honest to say in simple words - "inflammation of the joint"? Yes, it would be more honest, but then what is the patient's answer to the question about the causes of this "inflammation" if the doctor himself does not know the answer? And if the patient asks why he should swallow the chemicals prescribed by the doctor? After all, the doctor does not even know the reason why the joint becomes inflamed ... But with a diagnosis "juvenile idiopathic arthritis" there are no problems for the doctor: even if the patient wants to clarify what it is, there is always an “explanation” - “ this is autoimmune disease". If this answer is not enough for a stubborn patient, the doctor will explain even more effectively - "impaired excretion of immune complexes by the reticuloendothelial system with their deposition in some tissues, which is sometimes a complication in autoimmune diseases."

Z

By understanding the principles of the

biological processes in our body, we no longer need "treatment from the outside", we no longer hide behind incomprehensible terms and can no longer agree to the passive role of the patient. These fig leaves are no longer needed, they even get in the way, because each person can understand exactly what decision to make in case of this or that “disease” and how to carry out his therapy. On the other hand, we must be ready to take responsibility for our health or our "diseases" with all the ensuing consequences, no matter how hard or unpleasant it may be.

Biological Laws of Nature
From childhood, we are told about things that are impossible in this world.

But there is always someone who either does not believe in it,

or just wants to try.

And he makes a discovery.

In 1981 a German doctor Ryke Geerd Hamer(Dr. Hamer) discovered the first of the Five Biological Laws of Nature, the basis of the New Medicine. Prior to his discovery, Dr. Hamer worked for fifteen years in the departments of internal medicine at the clinics of the universities of Tübingen and Heidelberg, five years as a

professor, had his own private practice, incl. and with cancer patients. Already by 1985, all Five Biological Laws were revealed to him. In fact, today we are at the beginning of a new medical era - in the coming years, medicine will have to change radically. Through the understanding and use of the Biological Laws of Nature, we will see a real paradigm shift and a powerful flow of new knowledge.

AT

All medical theories, official or alternative, past or present, are based on the idea of diseases as dysfunctions of the body, mistakes of nature. The discovery of the Biological Laws of Nature shows that there is nothing “sick” or “wrong” in nature, that everything is always filled with a deep biological meaning. New Medicine and standard medicine stand today, it would seem, in irreconcilable positions. Even naturopathy tries to fight against the facts stated in the Biological Laws of Nature. It is a difficult path, but there is no way to avoid it: standard medicine must revise its principles in line with the New Medicine for the benefit of the patients, in order to eventually become one Medical Knowledge. Physicians will have to

integrate some of the really valuable bits of standard medicine and naturopathy that exist today into the discoveries made by Dr. Hamer. Integration “on the contrary” is objectively impossible.

Often, in apparent chaos, a strict order is revealed, it is only necessary to change the perspective.

The discovery of the Biological Laws of Nature has changed the point of view on health and "diseases".

No one is surprised that we have increased salivation when we eat delicious food or put a slice of lemon in our mouth. It's completely normal to be sexually aroused by seeing your partner naked, even if it's just a photograph or an image on a screen. A dangerous situation can lead to severe sweating, restlessness, rapid heart rate and speech stupor. All this and much more has been known since time immemorial. It has always been clear that our biological perception of the surrounding reality leads to certain reactions of our body, but it was not always clear which events "outside us" lead to specific changes "inside us".

Biological Laws describe the principles of adaptation of any biological organism (not only humans) to changes in the environment, but they do it very precisely and literally, which was not the case before. However, instead of some minor new ideas or the correction of some old assumptions, the discovery of the Biological Laws of Nature has led to a completely new fundamental understanding of our entire biology. Open natural logic causes real admiration, all the processes taking place inside us become extremely clear. Even understanding the

basics of the New Medicine can greatly ease the life of any person, remove the fear of “diseases” and “terrible microbes”, eliminate the need to use almost any medication, and even more so, chemotherapy “therapy” that is extremely dangerous for health, radiation exposure, and most unnecessary operations to remove organs in the case of an oncological (and similar in severity) diagnosis. For a deeper understanding or in case of difficulty in "deciphering the message of the body" you can always contact a qualified New Medicine specialist. (details see brochure)"Biological Laws of Nature and the foundations of New Medicine" - www . GNM - Pro . en).

Symptoms and Diagnosis

It should be understood that most familiar names (labels) for symptoms and diagnoses, such as cough, sore throat, headache, chills, colds, mastitis or breast cancer, multiple sclerosis, diabetes mellitus and thousands of other pseudo-diagnoses are not have no real meaning. If you are trying to figure out what is happening to you or your loved ones using these familiar terms, you will quickly notice that you do not know which way to go. It is impossible to translate most of the disease labels of the outdated medical system into the language of our body's Special Biological Programs.

H
for example, the question “what does coughing mean?” from the point of view of the Biological Laws of Nature and the New Medicine does not make any sense. Knowing the basics of the New Medicine, you understand that there are at least seven different processes that can give

different types of cough: processes in the alveoli of the lungs, on the bronchial mucosa or in the goblet cells of the bronchi, in the larynx, in the pleura, in the tissues of the myocardium of the left sections heart and, finally, the presence of a foreign body in the respiratory tract.

The question "what are the causes of neck pain?" from the point of view of the New Medicine is also incorrect. The neck, like most organs or parts of the body, is made up of different tissues, each of which can, directly or indirectly, give different types of pain. The same order applies to "headache". We don't just have "heart" or just "lungs" or just "teeth" or just "skin" and of course we don't just have "chest" or "gastrointestinal tract". Any of these and many other names describe one complex organ or organ system, consisting of different tissues with different functions and different behaviors at the cellular level.

Taking into account the Five Biological Laws of Nature in most cases, you only need to answer two questions:

1. What's happening?

2) In what kind of fabric?
– and everything becomes clear. When we watch cell division ("what's happening?") in

the alveoli of the lungs (“in what kind of tissue?») , we know exactly what process and in what phase takes place. When we see swelling ("what's happening?") internal bronchial mucosa (“in what kind of tissue?”), we also know exactly what process and in what phase takes place. Both of these just mentioned processes in traditional medicine are called "lung cancer" only from ignorance of the literal biological essence of what is happening in these organs. In addition, even these processes should not be perceived as negative, because. we already know that everything that happens in our body is necessary from the point of view of evolutionary programs for our survival and has biological meaning and logic.

In fact, there are only a very small number of truly objective symptoms. Mainly: increase in function, decrease in function, cell division, cell death, edema, scarring, as well as - bleeding, fever, sweating, pain, fatigue, itching, numbness(reduced sensitivity), hyperesthesia(increased sensitivity). These objective signs are generally regarded as really significant symptoms in the New Medicine.

It should also be clear that a particular symptom almost always has the same cause. In other, now obsolete systems, it was assumed that the same symptom could have many different causes. These "causes" could be microbes or "poisons they produce", "failure in the immune system", poor diet, sedentary lifestyle, heredity, stress, sin, evil spirits, "the stars did not align", karma, "harmful energy fields past lives, etc. Each of these reasons may seem compelling in itself, but there was no way to either prove or disprove it. New Medicine has convincingly proved the

strict correspondence of each specific symptom only to its Special Biological Program (SBP), discarding conjectures and all sorts of elements of mysticism and esotericism, which are so often found in other medical and near-medical systems and theories.

5 Biological Laws of Nature
Biological Laws of Nature reflect the principles of functioning of any biological organism. These Biological Laws are applicable to any case of "disease" of any organism (not just humans!), giving a completely new understanding of both the disease itself and the dynamics of its development and the natural process of healing from it.

Briefly, the 5 Biological Laws are as follows:

1st Biological Law: any "disease", which is actually a completely logical and important reaction of the body to an unexpected conflict event, is part of a significant Special Biological Program (SBP). This reaction to the conflict in the body occurs simultaneously on three levels - in the psyche, in the brain and in the organ.

2nd Biological Law : this Special Biological Program (SBP) always has two phases, provided the conflict is resolved (active phase of the conflict andrecovery phase).

3rd Biological Law: all the tissues of our body react to conflict in a very specific way. The tissues controlled from the ancient brain (stem and cerebellum) react to the conflict by tissue growth (cell proliferation, tumor growth), and after the conflict is resolved, by the degradation of these, now superfluous, cells. Tissues controlled from the new brain (cerebral hemispheres) react

to the conflict by reducing the number of cells (necrosis, ulceration), and after the conflict is resolved by restoring cell tissue in the same place.

4th Biological Law explains the favorable role of microbes in the body in their relation to all types of tissues of our body in the operation of any Special Biological Program (SBP).

5th Biological Law (the quintessence of the New Medicine): any "disease" is a part of a significant Special Biological Program of Nature, created to help an organism (humans, animals, plants) to successfully resolve a biological conflict.

All so-called "diseases" have a special biological significance. Many of us are accustomed to attributing to Mother Nature the ability to make mistakes and have the audacity to claim that she constantly makes these mistakes and is herself the cause of failures (malignant senseless degenerative cancerous growths, etc.). Now the blinders have fallen from our eyes, and we are able to see that only our pride and ignorance are the only stupidity that has ever been and is in this world.

Blinded by our own ignorance, we had previously imposed this senseless, soulless and cruel medicine upon ourselves. Filled with surprise, we are finally able to understand that Nature contains order, and that every phenomenon in nature is full of meaning in the context of a holistic picture, and what we call diseases are not meaningless ordeals that are used by the apprentices of sorcerers. We see that nothing is meaningless, malignant, or sick."

Dr Hamer,

discoverer of the biological laws of nature,

creator of the New Medicine.

First Biological Law

The First Biological Law of Nature was originally called the "Iron Rule of Cancer", because Dr. Hamer discovered it in relation to the occurrence of cancerous tumors. However, then this law was extended to all known diseases and dysfunctions. The First Biological Law has three criteria.

First criterion: every significant Biological Special Program (SBP) begins with DHS (Dirk Hamer Syndrome), i.e. is activated (started) by an "acute" reaction of the body to some conflict event or circumstance. This activation is not of a psychological nature, but of a biological one - the launch of this program occurs unconsciously, the decision is made not by the conscious mind of a person. This is an evolutionary scheme that arose millions of years ago.

Second criterion: the nature of the unconscious perception of a biological problem (conflict) determines the specific SBP that is activated. At the moment of DHS, the biological conflict determines the localization of SBP in the brain in the form of the so-called. Hamer's focus (OH) and the place in the corresponding organ where ulceration / necrosis of the tissue begins to occur or a tumor grows, its equivalent, or there will be one or another change in the function of a particular organ or part of the body.

Third criterion: SBP always works synchronously at all three levels: in psyche , in brain and in organ . None of these levels individually and by itself is the cause of SBP activation.

P

Explanations for the first criterion: any SBP begins with DHS - Dirk Hamer Syndrome. The situation is classified by the body as DHS when we suddenly lose control over the situation and, as a result, our biological (!!!) existence (or the existence of some important or beloved person, animal or "object") is threatened. Thus, the DHS is an extremely acute, unexpected, isolated conflict shock that unfolds simultaneously in psyche and brain , and reflected in the corresponding organ body.

Syndrome is a combination of several parameters or phenomena. In order for an event to be perceived as a DHS and for a certain SBP to start, three conditions must match:

a) the situation is perceived as very acute and dramatic;

b) the situation arose unexpectedly (i.e. we did not expect it and we could not prepare for it);

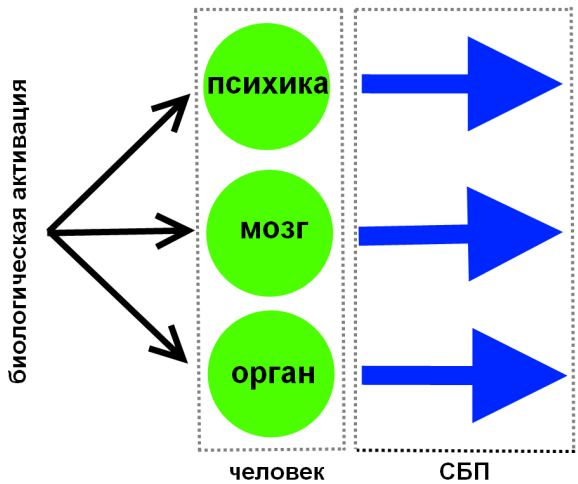
c) the situation is perceived in isolation.

Note : the term "isolated" means that a person is in a situation and experiences it all alone (within himself, one on one with himself). For example, a person does not talk about what happened to him because he thinks that no one will understand him, or that he will be judged, or he will be ashamed, perhaps out of fear of social

consequences of all kinds, because the problem is very embarrassing or that he may even be ostracized or rejected.

Thus, we are talking about the simultaneous presence of these three criteria - only then this or that SBP will be launched. If there is not at least one criterion, there will be no “illness”. Based on this principle, certain methods of therapy are built - sometimes simply by eliminating one of the criteria (isolation or drama) from the current situation, you can return a person to a normal state.

DHS occurs not at the level of consciousness, but at the level of instinct, biology. Consequently, the situation is perceived as a biological conflict, not a psychological one. DHS causes a change in our psyche, and a person has to experience certain sensations, feelings, emotions, perform appropriate actions (including within his own body) in order to adapt to a biological conflict or be able to resolve it. Therefore, SBP should first be understood as a reflex reaction.



Biological conflict affects the whole organism and is reflected at all its three levels: psyche-brain-organ . Accordingly, the state at any level simultaneously corresponds to equivalent states in the

corresponding places (regions, zones) of other levels.

Thus, the idea that "stress, anxiety, wrong thoughts lead to illness" is wrong. Stress, fear and negative thoughts already are part of an active SBP (at the psychic level), but they are not the cause of it! Active SBP has an effect on the entire body and SBP works simultaneously on all three levels, but none of these three levels causes SBP to be triggered.

SBP is needed if a person unexpectedly loses control over an existentially important part of their life (real or "real" according to the subconscious).

Attention! Not all SBPs are triggered by acute, dramatic, "isolated", unexpected DHS. Many processes are launched by the so-called. "tracks" that cause relapses (re-switching) of the same SBP - this is the cause of most allergies.

Attention! DHS is not the same as "stress". Stress itself is a result of DHS, ie. it's already a symptom. Biological activation allows the body to enter a state of stress. The fairly common belief that stress leads to DHS (cancer, oncology, or disease) is therefore incorrect.

P Explanations for the second criterion: the content of each conflict causes certain changes in the psyche, a certain localization of the Hamer Center in the brain and specific changes in the organ

associated with this type of conflict. How exactly the content of the conflict is (completely unconscious!) interpreted depends on the type of biological needs body at the moment. It may have nothing to do with what actually happened, it's about the biological unconscious perception of the situation.

Animals experience these conflicts literally as such when, for example, they lose their nest or territory, are separated from their mate or offspring, are attacked or threatened with starvation or death. Since humans are able to interact with the world in both literal and symbolic ways, we can perceive these conflicts in figurative terms as well. For example, "territorial loss conflict" may be experienced by us when we lose our home or our job, "attack conflict" - upon receiving an offensive remark, "abandonment conflict" - in isolation from other people or exclusion from one's group, and "the conflict of fear of death" - when receiving a terrible diagnosis, perceived as a "death sentence".

The German New Medicine (GNM) is based on medical discoveries made by MD, M.D. Rike Geerd Hamer. In the early 1980s, Dr. Hamer discovered five biological laws of nature that explain the causes, development, and natural healing process of diseases based on universal biological principles.

According to these biological laws, diseases are not, as previously believed, the result of dysfunctions or malignant processes in the body, but “expedient biological special programs of Nature” (CBS), created by it to

help the individual during the period of emotional and psychological distress.

All medical theories, official or "alternative", past or present, are based on the concept of disease as a "dysfunction" of the body. Dr. Hamer's discoveries show that there is nothing "sick" in Nature, on the contrary, everything is always filled with a deep biological meaning.

The five biological laws on which this truly "New Medicine" is built find a solid foundation in the natural sciences, and at the same time they are in perfect harmony with spiritual laws. Because of this truth, the Spaniards call GNM "La Medicina Sagrada" - Sacred Medicine.

Five biological laws

First Biological Law The Iron Rule of Cancer

First criterion

Each CBS (Purposeful Biological Special Program) is activated in response to DHS (Dirk Hamer Syndrome), which is an extremely acute unexpected isolated conflict shock that unfolds simultaneously in the PSYCHE and BRAIN, and is reflected in the corresponding ORGA of the body . The following factors are obligatory for the inclusion of the CLS: 1 - Dramatic, 2 - Surprise and 3 - Isolation. In the absence of one of the three, the CLS does not turn on and, accordingly, we do not get sick.

In GNM parlance, "conflict shock" or DHS describes a situation that leads to acute

distress - a situation that we could not have foreseen and for which we are unprepared. Such DHS can be triggered, for example, by the unexpected departure or loss of a loved one, an unexpected outburst of anger or intense anxiety, or an unexpectedly poor diagnosis with a negative prognosis. DHS differs from normal psychological “problems” and common daily stresses in that unexpected conflict shock involves not only the psyche in the process, but also the brain and organs of the body and is found both in humans and in animals and in a simplified form in plants, at the same time, psychological problems are found only in civilized people.

From a biological point of view, "surprise" suggests that being unprepared for a situation can lead to damage for the off-guard individual. In order to assist the individual in such an unforeseen crisis situation, the Expedient Biological Special Program, designed just for this type of situation, is instantly activated.

Because these ancient, meaningful survival programs are inherited by all living organisms, including humans, the GNM speaks of them in terms of biological rather than psychological conflicts.

Animals experience these conflicts literally when, for example, they lose their nest or territory, are separated from their mate or offspring, are attacked or threatened with starvation or death.

Since we humans are able to interact with the world in both literal and symbolic ways, we can experience these conflicts in a figurative sense as well. For example, “conflict over loss of territory” can be experienced by us when we lose our home or job, “conflict over attack” - when we receive an offensive remark, “conflict over abandonment” - when we are isolated from

Grief at the loss of your mate other people or exclusion from one's group, and "conflict over fear of death" - when receiving a bad diagnosis, perceived as a death sentence.

Attention: Poor nutrition, poisoning and wounds can lead to organ dysfunction(s) without DHS!

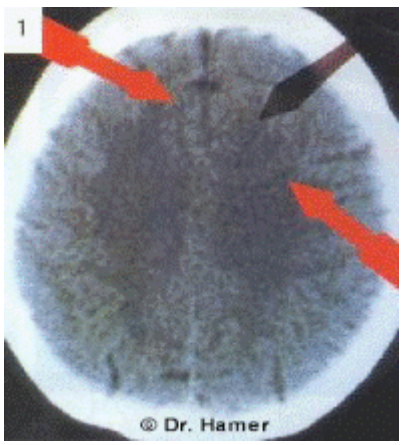
Here is what happens in the psyche, brain and corresponding organ at the time of the manifestation of DHS:

At the level of the psyche: The individual experiences emotional and mental distress in the form of forced thinking.

At the level of the brain: at the moment of manifestation of DHS, conflict shock affects a specifically predetermined area of the brain. The impact of the shock is visible on the CT scan as a set of clearly visible

concentric circles. In GNM, these circles are called Hamer's foci - HH (from the German Hamersche H erde). The term was originally put forward by Dr. Hamer's opponents, who derisively called these formations "Hamer's dubious tricks."

Before Dr. Hamer identified these circular structures in the brain, radiologists viewed them as artifacts resulting from machine failures. However, in 1989, Siemens, a manufacturer of CT imaging equipment, guaranteed that these rings could not be artifacts created by the equipment, because repeated scans reproduce these configurations in the same location from all angles.



Conflicts of the same type always affect the same area of the brain.

The exact location of HH formation is determined by the nature of the conflict. For example, "motor conflict" experienced as "impossibility to escape" or "shock numbness" affects the motor cortex responsible for controlling muscle contractions.

The size of HH is determined by the intensity of the conflict experienced. One can think of each part of the brain as a cluster of neurons functioning simultaneously as receptors and transmitters.

At the organ level: the moment neurons receive DHS, the conflict shock is immediately transferred to the appropriate organ, and the "Relevant Biological Special Program" (BSP) is instantly activated, designed to handle this type of conflict. The biological meaning of any CBS is improvement functions of the body affected by the conflict, so that the individual is in a better position to cope with the situation and gradually resolve the conflict.

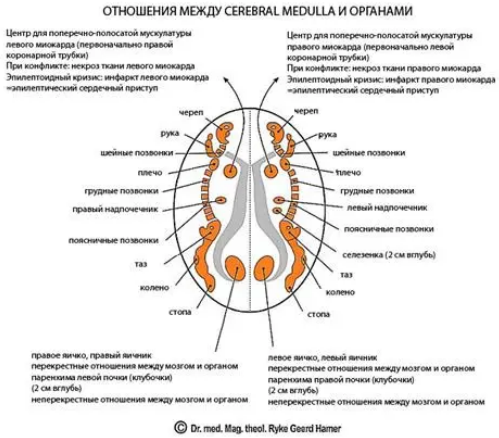
Both the biological conflict itself and the biological significance of each expedient biological special program (BSP) are always associated with the function of the corresponding organ or tissue of the body.

Example: If a male and right-handed individual or individual experiences a "loss of territory conflict", then this conflict affects the area of the brain responsible for the coronary arteries. At this point, ulcers

form on the walls of the arteries (causing angina pectoris). The biological purpose of the resulting loss of arterial tissue is to expand the course of the arteries to improve the blood supply to the heart so that more blood can pass through the heart per minute, which gives the individual more energy and provides an opportunity to exert more pressure in an attempt to regain its territory (for humans - house or job) or take a new one.

Such a meaningful interaction between the psyche, brain and organs has been worked out by nature for millions of years. Initially, such innate programs of biological reactions were activated by the "organ brain" (any plant is endowed with such an "organ brain"). With the increasing complexity of life forms, a “brain” developed, which began to manage and coordinate the work of all expedient biological special programs (CBS). This transfer of biological functions to the brain explains why the centers that control the functioning of the organs in the brain are arranged in the same order as the organs themselves in the body.

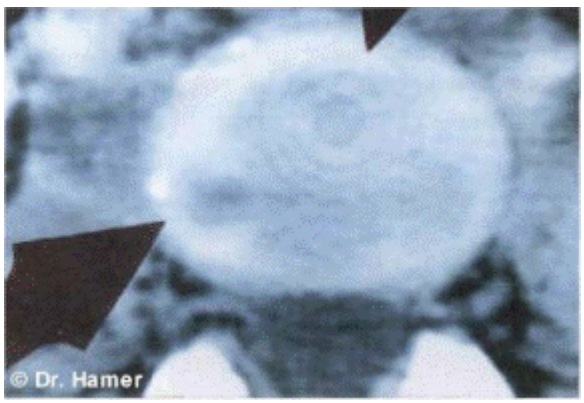
Example: The parts of the brain that control the skeleton (bones) and striated muscles are quite obviously located in an area called the brain parenchyma (white matter).



This diagram shows that the centers that govern the skull, arms, shoulders, spine, pelvic bones, knees, and feet follow in the same order as the organs themselves (a configuration reminiscent of an embryo lying on its back).

Biological conflicts associated with bones and muscle tissues are “self-devaluation conflicts” (associated with a loss of self-respect, feelings of worthlessness and uselessness).

Due to the cross-relationship between the hemispheres of the brain and the organs of the body, the zones of the right hemisphere control the organs of the left side of the body, while the zones of the left hemisphere control the organs of the right side of the body.



This remarkable CT scan of an organ shows an active Hamer's lesion (HH) at the level of the 4th lumbar vertebra (an active "self-devaluation conflict"), clearly demonstrating connections between the brain and organs.

Second criterion

The content of the conflict is determined at the very moment of manifestation of the DHS. As soon as a conflict occurs, our subconscious in a split second correlates it with a specific biological topic, i.e. “loss of territory”, “discord in the nest”, “rejection by one’s own”, “parting with one’s mate”, “loss of offspring”, “attack by the enemy”, “threat of hunger”, etc.

If, for example, a woman experiences an unexpected breakup with her love partner, this does not necessarily mean experiencing a "breaking up with her mate" conflict in the biological sense. DHS here can be experienced as an "abandonment conflict" (which affects the kidneys), or a "self-devaluation conflict" (affecting the bones and leading to osteoporosis), or a "loss conflict" (leading to ovarian damage). Also, what one person will experience as a “self-devaluation conflict” may be experienced by another person as a completely different type of conflict. The third person may not be affected internally by everything that happens. ATTENTION: Not every conflict leads to DSH and, accordingly, to CLS, but only those conflicts in which the above factors are necessarily present: Drama, Surprise and Isolation.

It is our subjective perception of the conflict and the feelings behind the conflict that determine which part of the brain is affected by the shock, and accordingly, what physical symptoms the conflict will manifest as a result.

One particular DHS can affect multiple areas of the brain, resulting in multiple "diseases" such as multiple types of cancers that are mistaken for metastases. For example: a man unexpectedly loses his business, and the bank takes all his assets, he may develop bowel cancer as a result of the “conflict of inability to digest something” (“I can’t digest it!”), Liver cancer due to “conflict hunger threats” (“I don’t know how to feed myself!”) and bone cancer as a result of a “self-devaluation conflict” (loss of self-esteem). Once the conflict is resolved, healing for all three types of cancer begins at the same time.

Third criterion

Each CBS - Expedient Biological Special Program unfolds synchronously at the level of the psyche, the brain and a specific organ.

The psyche, the brain and the corresponding organ are three level of one integral organism, functioning synchronously.

Biological lateralization

Our biologically determined dominant hand determines which side of the brain and which side of the body the conflict will hit. biological lateralization is determined at the time of the first reproduction of a fertilized egg. The ratio between right- and left-handers in society is approximately 60:40.

Biological lateralization is easily determined by test clapping. So the hand that is on top is the leading one, and it is easy to see from it who the person is - right-handed or left-handed.

Lateralization rule: right-handers respond to conflict with mother or child, left side of your body, and to a conflict with a partner (anyone except mother and child) - right side of the body. For lefties, the situation is reversed.

Example: if a right-handed woman experiences a "conflict of fear for the health of her child", she develops cancer left chest. Due to the cross-relationship between the brain and organs in the brain image, the corresponding HH will be found in law hemispheres of the brain in the area that controls the glandular tissue left mammary gland. If this woman were left-handed, such a "conflict of fear for the health of her child" would lead her to cancer right breast, and computed tomography of the brain would have

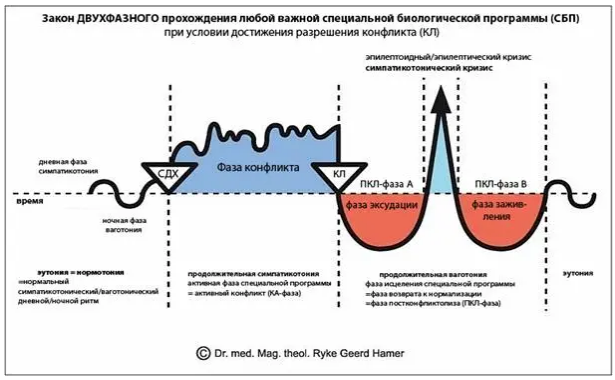
detected a lesion left side of the cerebellum.

Determining the dominant hand is of paramount importance for identifying the initial DHS.

Second biological law

Each CBS - Expedient Biological Special Program - has two phases of passage, in the event that a resolution of the conflict is achieved.

The normal daily rhythm of the change of day and night characterizes a condition called normotonia. As shown in the diagram below, the "sympathicotonia" phase is followed by the "vagotonia" phase. These terms refer to our autonomic nervous system (ANS), which controls autonomic functions such as heartbeat and digestion. During the day, the body is under normal sympathicotonic stress (“readiness to fight or flight”), and during sleep it is in a state of normal vagotonic rest (“rest and digestion”).



The active phase of the conflict (Ca-phase, sympathicotonia)

At the moment when a conflict shock (SDH) occurs in the body, the normal rhythm of day and night is instantly interrupted and the entire body goes into a state of the active phase of the conflict (Ca-phase). At the same time, the Purposeful Biological Special Program (BSP) is activated, designed to respond to this particular type of conflict and allows the body to change the mode of normal functioning to one in which the individual receives help at all three levels - the psyche, brain and body organs to resolve the conflict.

At the level of the psyche: in the active stage of the conflict, forced thinking is manifested, as a constant concentration on attempts to resolve it.

In this case, the autonomic nervous system switches us into a state of prolonged sympathicotonia. Typical symptoms of this condition include insomnia, loss of appetite, rapid heart rate, slightly elevated blood pressure, low blood sugar and even nausea. The active phase of the conflict is also called the COLD phase, because in a state of stress, the blood vessels constrict,

which leads to a feeling of coldness in the hands and feet, cold skin to the touch, chills. However, from a biological point of view, the state of stress, and the complete preoccupation with the conflict, puts the individual in a more advantageous position, stimulating to find a solution to the conflict.

At the level of the brain: the exact location of the lesion is determined by the content of the conflict. The size of HH is always proportional to the duration and intensity of the conflict (mass of the conflict).

During the Ca-phase, HH always manifests itself in the form of sharply defined concentric rings.

In the picture, computed tomography revealed HH in law hemisphere in the motor cortex, which indicates the corresponding motor conflict ("impossibility to escape"), which led to paralysis of the left leg in the active phase of the conflict. At lefties such an image would mean a conflict related to a partner.

The biological meaning of such paralysis is "feigned death"; in nature, a predator often

attacks the prey precisely when it is trying to escape. In other words, the victim's biological response follows the logic "Since I can't escape, I'll play dead," causing paralysis until the danger is gone. People have such a reaction of the body along with all kinds of animals.

At the organ level:

If more organic tissue is needed to resolve the conflict, cells multiply and the tissue of the organ grows in the corresponding organ.

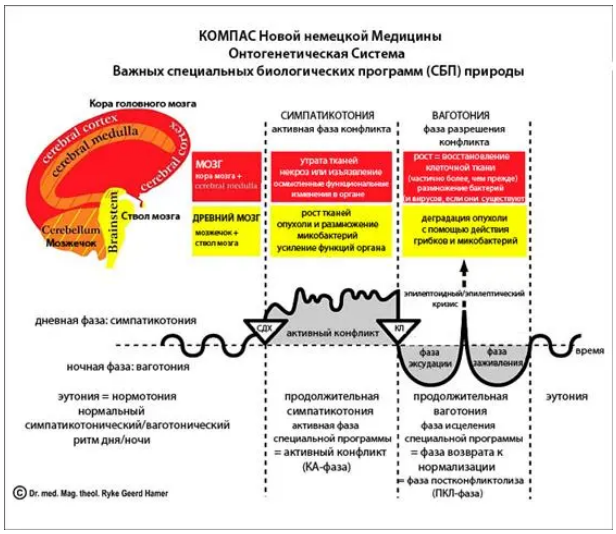
Example: In "death conflict", which is often triggered by an unfavorable medical diagnosis, the shock affects the area of the brain responsible for the pulmonary alveoli, which in turn provides oxygen supply. Since, in a biological sense, the panic caused by the fear of death is equivalent to “escape from a death-bearing predator and the ability to not run out of steam is essential for successful flight,” an increase in lung tissue immediately begins. The biological purpose of lung neoplasms (lung cancer) is to increase the working capacity of the lungs so that the individual is in a better position to deal with the fear of death.

If less organic tissue is required to resolve the conflict, the corresponding organ or tissue responds to the conflict by reducing the number of cells.

Example: if a woman (female) is experiencing a sexual conflict associated

with the impossibility of copulation (conception), the tissue lining the cervix becomes covered with sores. The biological purpose of partial tissue loss is to widen the cervical passage to improve the possibility of sperm entering the uterus and increasing the chance of conception. In humans, a similar conflict for a woman can be associated with sexual rejection, sexual frustration, sexual abuse, and so on.

What will be the reaction of the organ or tissue to the conflict - growth or loss organic tissue is determined by how they are related to the evolutionary development of the brain.



The diagram above (GNM compass) shows that all organs and tissues that are controlled by ancient brain(medulla oblongata and cerebellum), such as the intestines, lungs, liver, kidneys, mammary glands in the active phase of the conflict always give an increase in cellular tissue (tumor growth).

All tissues and organs controlled brain(parenchyma and cerebral cortex),

such as bones, lymph nodes, cervix, ovaries, testicles, epidermis always lose tissue.

Ongoing conflict

Ongoing conflict refers to a situation where an individual continues to remain in the active phase of the conflict because the conflict cannot be resolved or simply has not yet been resolved.

A person can live in a state of non-acute ongoing conflict and the cancer process caused by it until a very old age, if the tumor does not cause any mechanical disturbances, such as a tumor in the intestines.

Staying in an acute conflict for a long time can be fatal. However, a patient who is in the active phase of the conflict cannot die from the cancer itself, since the tumor that grows during the first phase of the CLS (cancer of the lung, liver, breast) really improves functioning of the body during this period.

For those who die during the first phase of the conflict, it often happens as a result of energy depletion, sleep deprivation and, most often, fear. With a poor prognosis and toxic chemotherapy, in addition to emotional, mental and physical exhaustion, many patients have no chance of survival.

Conflictolysis (CL)

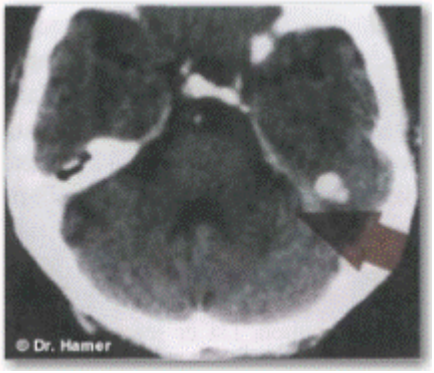
The resolution (removal) of the conflict is the turning point from which the CBS enters the second phase. Just like the active phase, the healing phase unfolds simultaneously on all three levels.

Healing phase (PCL-phase, PCL=post-conflict lysis)

At the level of the psyche: resolving the conflict brings a sense of great relief. The autonomic nervous system instantly switches to the mode of prolonged vagotonia, accompanied by a feeling of extreme fatigue and at the same time a good appetite. Here, rest and healthy eating serve the purpose of supporting the body during its healing and recovery. The healing phase is also called the WARM phase because due to vagotonia, the blood vessels are dilated, causing the skin and hands to become warm, and possibly fever.

At the level of the brain: simultaneously with the psyche and the affected organs, brain cells affected by DHS also begin to heal.

The first part of the healing phase (PCL phase A) at the brain level : From the moment the conflict is resolved, water and serous fluid flow to the corresponding part of the brain, forming an edema in this part of the brain, protecting its tissues during the healing process. It is this swelling of the brain that causes the typical symptoms of the brain's healing process, such as headaches, dizziness, and blurry vision.



During this first phase of healing, HH appears as dark concentric rings on the CT scan (indicating the presence of edema in this part of the brain).

Example: This image shows HH in PCL phase A, corresponding to a lung tumor, indicating a resolved "death fear conflict". Most of these "death conflicts" leading to lung cancer are caused by an unfavorable diagnosis with a negative prognosis.

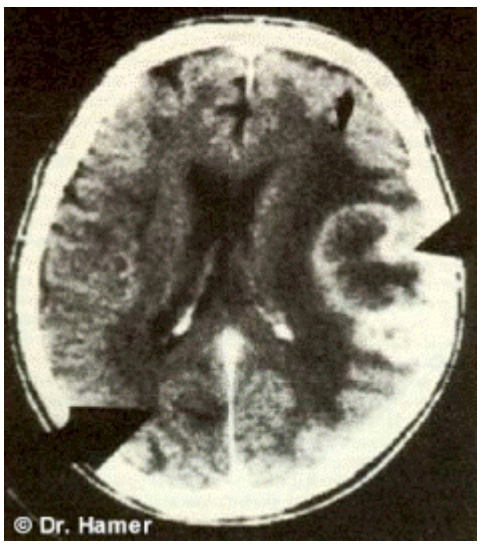
An epileptic or epileptoid crisis (epi-crisis) occurs at the peak of the healing process and occurs simultaneously in all three levels.

With the onset of an epicrisis, the individual instantly finds himself again in a state characteristic of the active phase of the conflict. At the psychological and autonomic level, typical sympathicotonic symptoms reappear, such as nervousness, cold sweats, chills, and nausea. What is the biological meaning of such an involuntary return of the conflict state? At the peak of the healing phase (the deepest state of vagotonia), the swelling of both the organ itself and the corresponding part of the brain reaches its maximum size. It is at this moment that the brain initiates

sympathicotonic stress to eliminate edema. This important biological regulatory process is followed by the urination phase, during which the body is emptied of all excess fluid accumulated during the first part of the healing phase (PCL phase A).

The specific symptoms of epi-crisis are due to the specific type of conflict and the organ that was affected. Heart attack, stroke, asthma attack, migraine are some examples of crisis during the healing phase.

The second part of the healing phase (Pcl-phase B) at the brain level: after the convergence of cerebral edema in the final stage of healing of its tissues, a large amount of glial tissue is involved, which is always present in the brain as a connective between neurons. The size of the glial tissue here is determined by the size of the previous cerebral edema (Pcl-phase A). Just this natural proliferation of glia cells (“glioblastoma” is literally the spread of glia cells) is mistaken for a “brain tumor”.

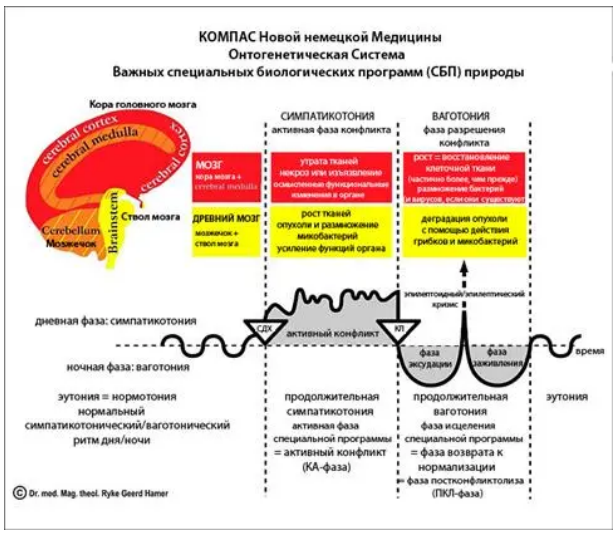


During the second part of the healing phase, HH appears on tomographic images as a white ring, but only if a contrast agent is used.

The image shows HH in the area of the brain that controls the coronary arteries, indicating that the "loss of territory conflict" has been successfully resolved.

During the epi-crisis, the patient successfully survived the expected heart attack (after angina pectoris in Ca-phase). If the active conflict phase had lasted more than 9 months in this case, the heart attack could have been fatal. Knowing the basics of GNM, you can prevent such a development of events in advance!

At the organ level (healing phase):



After the resolution of the corresponding conflict, the tumors that developed under the control of the ancient brain (brain stem and cerebellum) in the active phase of the conflict are no longer needed (for example, tumors of the lungs, intestines, prostate)

and are eliminated with the help of fungi and tuberculosis bacteria. If bacteria are absent, tumors remain in place and encapsulate without further growth.

On the contrary, the loss in the active phase of the conflict of the tissues of the organs controlled by the brain (white matter and cerebral cortex) is compensated by a new cellular tissue. This recovery process occurs throughout the healing phase (Pcl-phase). This occurs in cervical cancer (loss of tissue in Ca-phase), ovarian cancer, testicular cancer, breast duct cancer, bronchial cancer, muscle and bone tissue, and lymphoma. Conventional medicine mistakes these actually healing tumors for malignant cancers (see the article "The Nature of Tumors").

Pcl-phase symptoms such as swelling, inflammation, pus, discharge (including mixed with blood), "so-called infections", fever and pain are signs of a natural healing process.

The duration and severity of the symptoms of the healing process are determined by the duration and intensity of the previous active phase of the conflict. Repeated conflicts interrupting the healing process lengthen this process itself.

Chemotherapy and radiation severely interrupt the natural course of healing from all kinds of diseases, including cancer. Since our body is innately programmed to heal, it will definitely try to complete the healing process immediately after the end of the effects of medications. Medicine

responds to these repeated “diseases” with even more aggressive methods of treatment!

Since “official medicine” is not able to recognize the two-phase pattern of any “disease”, doctors see either a patient with a growing tumor (Ca-phase) overstressed with stress, not realizing that a healing phase will necessarily follow, or they see a patient with a fever, “ infection, inflammation, discharge, headaches or other pains (Pcl-phase), not realizing that these are symptoms of the healing process after the previous active phase of the conflict.

As a result of the fact that one of the phases is overlooked, the symptoms characteristic of the course of one of the two phases are taken for a separate independent disease, such as, for example, osteoporosis, which occurs in the active phase of the “self-devaluation conflict”, or arthritis, characteristic for the healing phase of the same type of conflict.

This ignorance of doctors leads to especially tragic consequences, because the patient is diagnosed with a “malignant” tumor, or even a “metastasis”, just when in fact the natural process of healing from cancer is going on in the body.

If doctors were aware of the inseparable connection between the psyche, brain and organs, they would understand that the two phases are actually two stages of ONE CLS, visible with the help of tomographic images of the brain, in which HH in both

phases is found in the same place. The specific features of the HH in the picture show whether the patient is still in the active phase of the conflict (HH in the form of bright concentric rings), or is already undergoing a healing process, and it is clear which stage of this phase is taking place - Pcl-phase A (HH with edematous rings) or PCL-phase B (HH with a concentration of white glial tissue), indicating that the critical point of the epi-crisis is already behind (see the article “Reading Brain Images”).

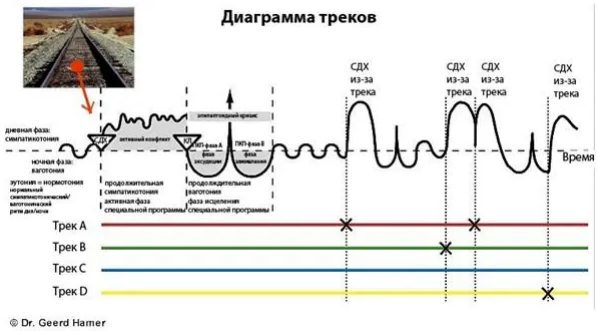
With the end of the healing phase for everyone three levels, normotonia and the normal rhythm of the change of day and night are restored.

Protracted healing Relapse

The term "protracted healing" describes a situation in which the healing process cannot come to an end due to repeated renewals of the conflict.

Recurring conflicts or "tracks"

With each first experience of conflict shock (DHS), our mind is in a state of acute awareness of the situation. The subconscious, while being very active, tenaciously remembers all the circumstances associated with this particular conflict situation: features of the place, weather conditions, people involved in the conflict situation, sounds, smells, etc. At GNM we call these imprints left after SDH, tracks.



The CLS unfolds as a result of the action of the tracks formed at the time of the first SDH.

If we are in the process of healing, but one of the tracks is triggered directly or by association, the conflict is instantly reactivated, and after a quick, so to speak, “running through” of the entire process of the conflict flow, symptoms of the healing process of the organ affected by this conflict immediately appear, to for example, a skin rash after a recurrence of a “separation conflict”, symptoms of a common cold after a “smell conflict (literally or figuratively)”, difficulty breathing or even an asthma attack after experiencing a “territory threat”, and diarrhea is the stage of the “conflict of territorial aggression (in the literal or figurative sense.” Such a kind of “allergic reaction” is triggered by something or someone who (what) is associated with the initial DHS: a certain type of food, pollen, animal hair, smell, but also by the presence of a certain specific person (see article Allergies).In conventional medicine (both allopathic and naturopathic) The main cause of allergies is considered to be a “weak” immune system.

The biological meaning of the track is to serve as a warning to avoid repeated "traumatic" experiences (RTS). In the wild, such a signaling system is essential to ensure survival.

Tracks should always be taken into account when we are dealing with recurring diseases: regular colds, asthma attacks, migraines, skin rashes, epileptic seizures, hemorrhoids, cystitis, etc. Of course, the re-activation of the cancer process should be understood in a similar way. Tracks also cause such "chronic" diseases as atherosclerosis, arthritis, Parkinson's disease, and multiple sclerosis.

In GNM, an important step to achieve complete healing is the reconstruction of the event that led to the manifestation of DHS and all accompanying tracks.

Third biological law

Ontogenetic system of cancer and its equivalents

Dr. Hamer: The basis of medicine is embryology and our knowledge of human evolution. These are the two sources that reveal to us the nature of cancer and so-called "diseases".

The third biological law explains the relationship between the psyche, brain and organ in the context of the embryological (ontogenetic) and evolutionary (phylogenetic) development of the human body. It shows that no particular localization HH in the brain, neither growth

(tumor) or loss cellular tissue, caused by SDH, are not random, but are full of meaning in the biological system, innate and characteristic of each type of living beings.

Embryonic leaves:

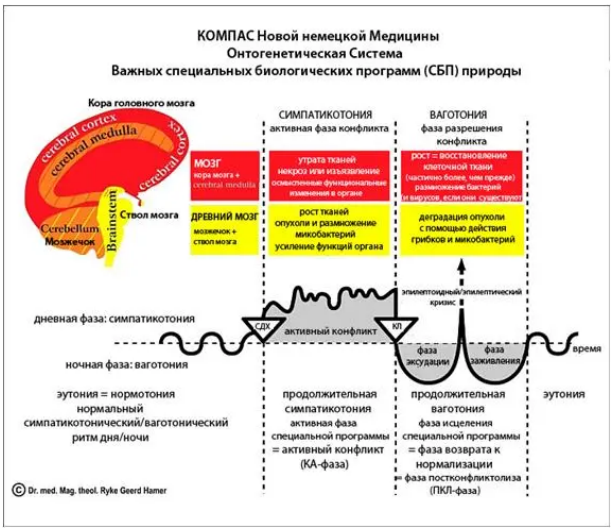
From embryology, we know that after the first 17 days of development, three leaves are formed in the embryo, from which all tissues and organs of the body subsequently develop.

These three layers are endoderm, mesoderm and ectoderm.

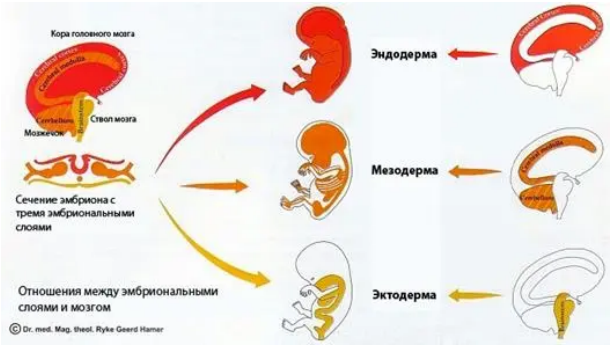
Endoderm

Mesoderm

ectoderm



During the period of embryonic development, the fetus at an accelerated pace passes through all evolutionary stages from a single-celled organism to a full-fledged human being (ontogenetic development repeats phylogenetic).



The diagram above shows that all tissues that developed from one embryonic layer are further controlled from one part of the brain.

“The whole development of the human body comes from a very ancient creature - a single-celled organism”

(Neil Shubin, The Fish Inside You, 2008)

Most of our organs, such as the large intestine, develop from only one embryonic layer. True, there are organs, such as the heart, liver, pancreas, bladder, each of which is built from different types of tissues, originating from different embryonic layers. These tissues, which over time have joined together to perform their functions, are considered as a single organ, despite the fact that they themselves are controlled from different parts of the brain that are far from each other. On the other hand, there are organs

located quite far apart in the body, such as the rectum, larynx, and coronary veins, which, however, are controlled from very close adjacent regions of the brain.

Endoderm (inner embryonic layer)

The endoderm is the leaf that first appears in the course of evolution. Therefore, the most “ancient” organs are formed from it at the first stage of embryonic development.

Organs and tissues formed from the endoderm:

Mouth (submucosa)

· Tonsil glands

Salivary and parotid glands

Nasopharynx

· Thyroid

The lower third of the esophagus

lung alveoli

The goblet cells of the bronchi

Liver and pancreas

Greater curvature of the stomach and duodenum

small intestine and large intestine

Sigmoid, colon and rectum

bladder triangle

Renal collecting ducts

Prostate

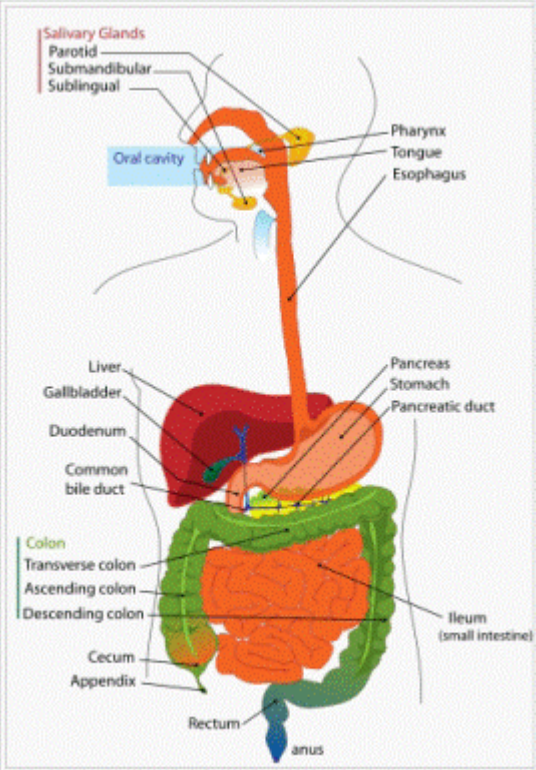
The uterus and fallopian tubes

nuclei of auditory nerves

All organs and tissues that have developed from the endoderm are composed of glandular (adenoides) cells, therefore, cancerous tumors of such organs are called "adenocarcinomas".

Organs and tissues originating from the most "ancient" embryonic layer are controlled by the most ancient structure of the brain - the brain stem, and are thus associated with the most archaic types of biological conflicts.

biological conflicts: lumpy biological conflicts related to endodermal tissues are associated with respiration (piece of air) (lungs), (piece of food) (digestive organs) and reproduction (prostate and uterus).

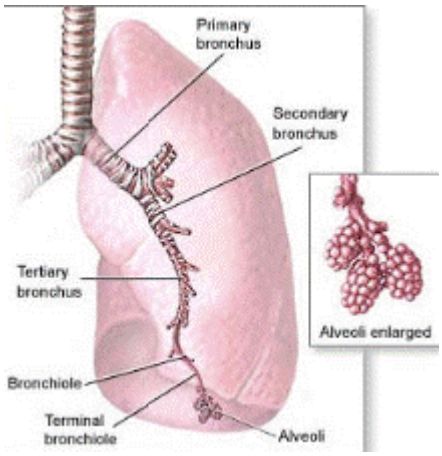


Upper and Lower gastrointestinal tract

The organs and tissues of the digestive tract - from the mouth to the rectum - are biologically associated with "lump conflicts" (literally - with a piece of food). "Inability to get hold of a piece of food" is associated with the oral cavity and pharynx (including the palate, tonsils, salivary glands, nasopharynx and thyroid gland). The "inability to swallow a piece of food" conflict affects the lower esophagus, the "inability to digest and assimilate a piece of food" conflicts involve the digestive organs such as the stomach (except the lesser curvature), small intestine, large intestine, rectum, and the liver and pancreas.

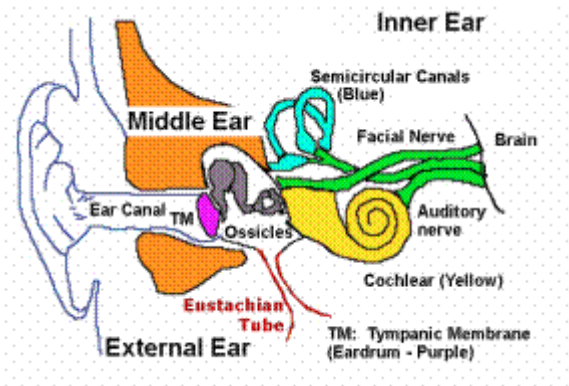
Animals literally experience these "digestive conflicts" when, for example, they can't find food, or when a piece of food or a bone gets stuck in their intestines. Since we human beings are able to interact with the world figuratively through language and symbols, we are also able to experience "chunk conflicts" in a

figurative sense of the word. Symbolically, a "piece of food" can become a contract that we cannot enter into, or a person that we cannot access; we may not be able to "digest" a hurtful remark, and we may also be dealing with "pieces of food" that we crave, "pieces of food" that have been taken away from us, or "pieces of food" that we want to get rid of.



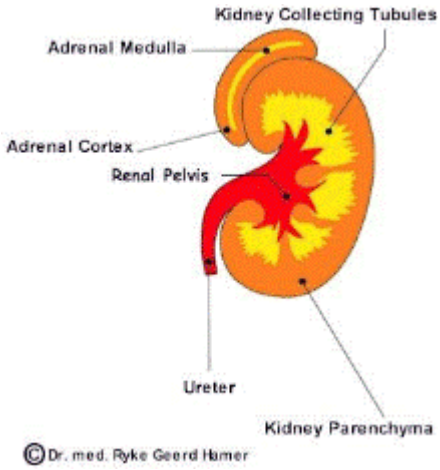
The lungs, or rather their alveoli, which absorb oxygen, are associated with "death fear conflicts" that are triggered by life-threatening situations.

Bronchial goblet cells are associated with "fear of suffocation".

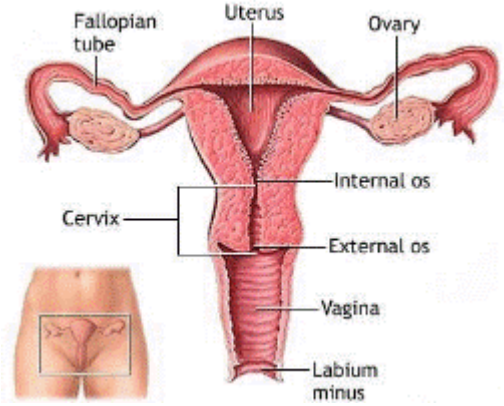


The middle ear is associated with "hearing conflicts" (sound "piece of food"). The

conflict of "not being able to get a sonic morsel", such as not being able to hear the mother's voice, affects the right ear, while "not being able to get rid of a sonic morsel", such as annoying noise, afflicts the left ear. The intense conflict active phase leads to middle ear "infection" during the healing phase.

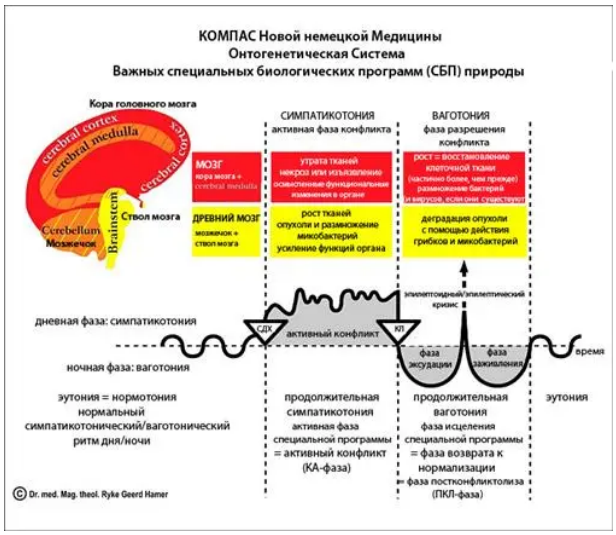


Kidney collecting fish (shown in yellow), representing the most ancient tissues of the kidneys, are associated with biological conflicts that took place in the distant past, when the ancestors of today's mammals lived in the ocean, and for which being washed ashore meant getting into a situation with a threat to life. We human beings are able to experience such “abandoned fish” DHS in “abandonment conflicts”, when we are rejected, abandoned (with concomitant feelings of isolation, exclusion, abandonment), in “refugee conflicts” (when we are forced to flee our own home), in "existential conflicts" (when our very life or ability to have a livelihood is in question), as well as in "hospitalization conflicts" (going to the hospital).



The uterus and fallopian tubes, as well as the prostate, are associated with "breeding conflicts" and "situations involving feelings of disgust towards the opposite sex."

When we are dealing with tissues and organs controlled from the brainstem, the rules of lateralization do not apply. So, for example, if a right-handed woman suffers from an “abandonment conflict”, then the tubules of both the right and left kidneys can be equally affected (regardless of whether the conflict is related to a child or a sexual partner).



The relationship between the brain, the organ, and the embryonic layer from which the organ was formed

All tissues and organs originating from the endoderm during the active phase of the conflict generate the growth of cellular tissue. Thus, oral cancer, as well as cancer of the esophagus, stomach and duodenum, liver, pancreas, colon and rectum, bladder, kidney, lung, uterus and prostate, are under the control of the brainstem and are caused by the corresponding types of biological conflicts. . With the resolution of the conflict, these tumors instantly stop their growth.

In the healing phase, additional cells (“tumor”) that performed useful biological functions during the active phase of the conflict are to be eliminated with the help of special forms of TB microbes (fungi and mycobacteria). If the desired microbes are not available, for example due to overuse of antibiotics or increased hygiene, the tumor remains in place and encapsulates without further growth.

The natural healing process is usually accompanied by swelling, inflammation, (tuberculous) discharge (possibly mixed with blood), profuse sweat at night, fever and pain. Here we also find conditions such as Crohn's disease (granulomatosis), ulcerative colitis, and various fungal "infections" such as candidiasis. These conditions become chronic only when the healing process is regularly interrupted by repeated activations of conflicts or medications.

The mesoderm (middle embryonic layer) is divided into older (endodermal) and younger (ectodermal) parts.

The old part of the mesoderm is controlled from the cerebellum (cerebellum), which itself is an integral part of the ancient brain.

The young part of the mesoderm is the parenchyma of the brain, which belongs to the brain itself (cerebrum).

old part of the mesoderm

The old part of the mesoderm was formed when our ancestors moved to land, and the formation of a skin cover was required to protect against natural influences and sharp stones of the coast.

Organs and tissues formed from the old part of the mesoderm:

Dermis (inner layer of skin)

Pleura (outer lining of the lungs)

Peritoneum (the inner lining of the abdominal cavity and its organs)

Pericardium (heart bag)

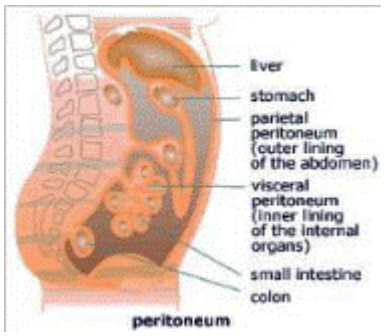
Mammary and sweat glands

All organs and tissues originating from the old part of the mesoderm are composed of adenoid cells, therefore, cancerous tumors of such organs are called "adenocarcinomas".

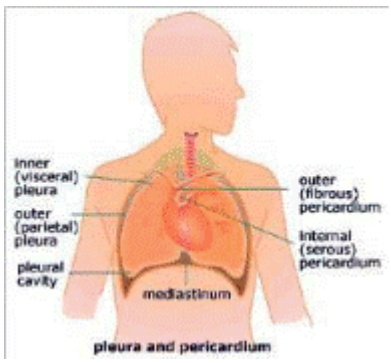
The organs and tissues that develop from the old part of the mesoderm are under the control of the cerebellum, which is part of the ancient brain. The conflicts affecting these tissues are related to the functions of the respective organs.

Biological conflicts: Biological conflicts affecting the tissues developed and the old part of the mesoderm are associated with "attack-defence conflicts" (sheaths) and "experience-concern conflicts" (mammary glands).

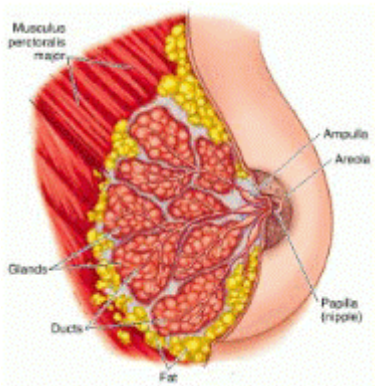
"Attack defense conflicts" can be experienced both literally and symbolically. For example, the experience of "an attack directed at the skin (dermis)" can be caused by an actual physical attack, a verbal attack, or actions directed against our integrity, but it can also be something that does not have an emotional context, such as a sunny a burn that the body interprets as an "attack".



“Attack on the peritoneum” (peritoneum) in a figurative sense can be experienced when the patient learns about the need for abdominal surgery (intestines, ovaries, uterus, etc.).



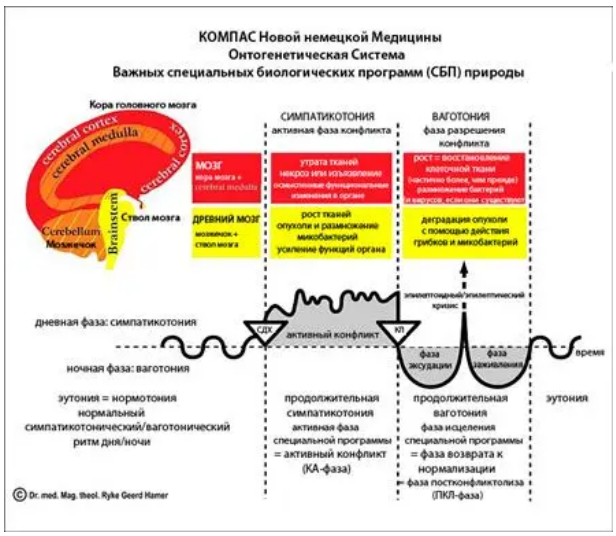
"Attack on the chest cavity" (pleura) can be provoked, for example, by a mastectomy operation; and "attack against the heart" (pericardium) by a heart attack.



The mammary glands are perceived as synonymous with feeding and care and are associated with "conflicts of experience

and concern." During the evolutionary development of mammals, the mammary glands developed from the dermis, as a result of which their control center is located in the same part of the brain, specifically in the cerebellum.

When we are dealing with tissues and organs controlled from the cerebellum, we must take into account the cross-relationships between the cerebral hemispheres. The rules of lateralization should be taken into account. If, for example, a right-handed woman is experiencing a "feeling or concern conflict" about her child, the conflict is striking. right half of the cerebellum, causing a cancerous process in left breasts in the active phase of the conflict (see the article Breast Cancer).



All organs and tissues originating from the old part of the mesoderm during the active phase of the conflict generate the growth of cellular tissue. Thus, cancer of the dermis (melanoma), breast cancer, tumors of the peritoneum, pleura and pericardium (the so-called mesothelioma) develop

under the control of the cerebellum and are caused by the corresponding biological conflicts. With the resolution of the conflict, these tumors immediately stop growing.

In the healing phase, additional cells (“tumor”) that performed useful biological functions during the active conflict phase are subject to elimination using special forms of microbes (fungi and mycobacteria).

The natural healing process is usually accompanied by swelling, inflammation, (tuberculous) discharge mixed with blood, profuse sweat at night, heat and pain. If the desired microbes are not available, for example due to overuse of antibiotics, the tumor remains in place and encapsulates without further growth.

The young part of the mesoderm (ectodermal)

The next stage of evolution is the formation of the skeleton and skeletal muscles.

Organs and tissues formed from the young part of the mesoderm:

Bones (including teeth)

Tendons and ligaments

connective tissue

Adipose tissue

Lymphatic system (lymph nodes and blood vessels)

Blood vessels (except coronary)

Muscles (striated muscles)

Myocardium (80% striated muscles)

Renal parenchyma

The adrenal cortex

spleen

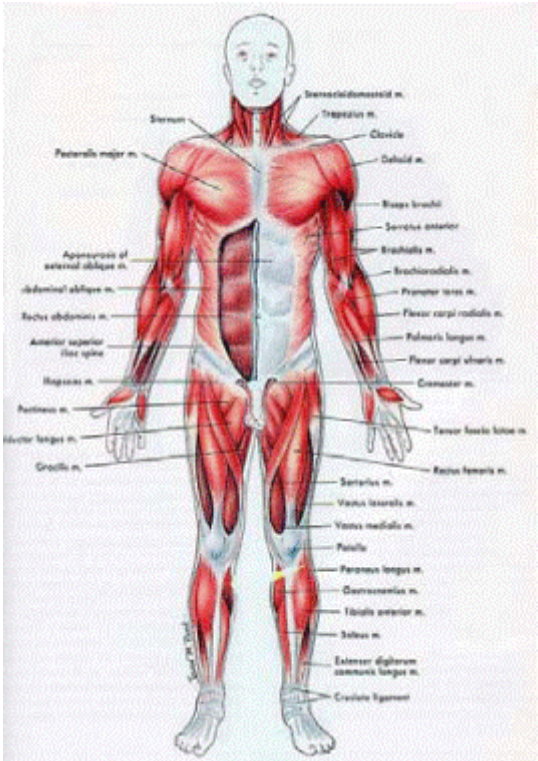
ovaries

All tissues and organs originating from the young part of the mesoderm are controlled from the Parenchyma of the brain - the inner part of the brain.

Attention: the muscles themselves fabrics are controlled from the brain parenchyma, while movements performed by muscle contractions are controlled from the motor cortex. The smooth muscle of the myocardium (about 20% of tissues), as well as the colon and uterus, are controlled from the midbrain, which is part of the brainstem.

Biological conflicts: Biological conflicts associated with tissues developing from the young part of the mesoderm are mainly referred to as "self-devaluation conflicts".

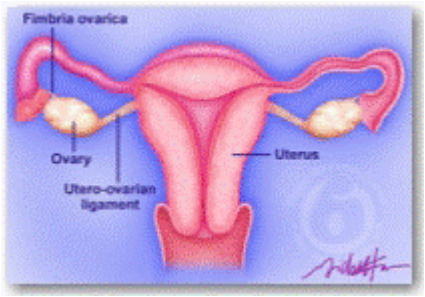
A "self-devaluation conflict" is a sharp blow to self-esteem or sense of self-importance.

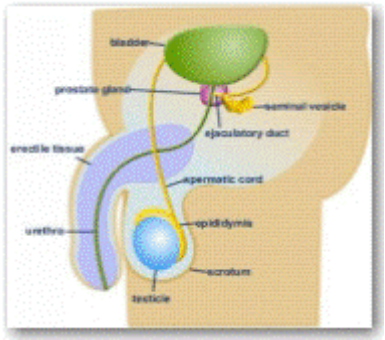


Whether the self-devaluation conflict (SDH) will affect bones, cartilage, tendons, ligaments, connective or fatty tissues, blood vessels, or lymph nodes is

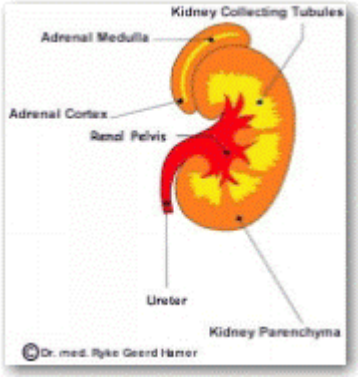
determined by the intensity of the conflict (especially acute DHS affects bones and joints, less severe DHS affects muscles or lymph nodes, mild DHS affects tendons).

The exact localization of symptoms (arthritis, muscle atrophy, tendinitis) is determined by the specific content of the self-devaluation conflict. "Motor coordination conflict", for example, which occurs after failure to perform some manual task such as typing on a keyboard, affects the hands and fingers; The “intellectual self-devaluation conflict” that arises, for example, after failing an exam or as a result of suffering humiliation, will be reflected in the neck.





The ovaries and testicles are biologically linked to "profound loss conflicts" - the unexpected loss of loved ones, including beloved pets. Even the fear of such a loss can initiate the corresponding CLS.



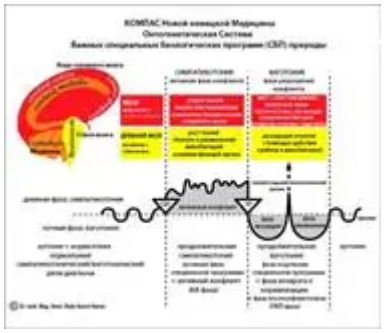
The kidney parenchyma is associated with "water or fluid conflicts" (for example, the experiences of a person who had to drown); the adrenal cortex is associated with "false direction conflicts", such as when making the wrong decision

The spleen is associated with "blood and wound conflicts" (heavy bleeding or, figuratively, an unexpected adverse blood test).

The myocardium (heart muscle) is affected by "conflicts on the basis of a feeling of complete collapse."

When we are dealing with organs that originate from the young part of the mesoderm, we must take into account the cross-relationships between the cerebral hemispheres and organs. This is where the rule of lateralization comes into play. For example, if a right-handed woman suffers from the “loss conflict” of her love partner, she has an area of the brain parenchyma in left hemispheres, causing necrosis right ovaries in the active phase of the conflict. If she was left-handed, her left ovary would have suffered.

The relationship between the brain, the organ, and the embryonic leaf from which the organ was formed



In the brain, we are faced with a new situation.

All organs and tissues originating from the young part of the mesoderm, during the active phase of the conflict, lose cellular tissues, as we see in osteoporosis, bone cancer, muscle atrophy, necrosis of the spleen, ovaries, testicles or kidney parenchyma caused by the corresponding conflicts. With the resolution of the conflict, tissue loss stops instantly.

During the healing phase, the previous loss of tissue is replaced by growth, ideally with the participation of special bacteria involved in this process.

The natural healing process is usually accompanied by swelling, inflammation, fever, "infections" and pain. In the absence of the necessary microbes, the healing process still takes place, but does not reach the biologically optimal degree. Cancers such as lymphoma (Hodgkin's disease), adrenal cancer, Wilms tumor, osteosarcoma, ovarian cancer, testicular

cancer, and leukemia are healing and indicate that the original conflict has been resolved. In the same series we find such phenomena as varicose veins, arthritis and enlargement of the spleen. All of these healing symptoms become chronic if the healing process is regularly interrupted by repeated conflicts.

ATTENTION: The biological meaning of all CLS for tissues controlled by the brain parenchyma is revealed at the end of the healing process. After tissue repair is completed, the tissues themselves (bones and muscles) and organs (ovaries, testicles, etc.) become much stronger than before, and thus much better prepared in the event of a repeat of the same type. SDH.

Ectoderm (outer embryonic layer)

When the inner skin sheet was insufficient, a new protective sheet was built up covering the entire surface of the dermis. The mouth opening and anus, as well as the integument of some organs and the mucous membranes of the canals in these organs, were formed from this leaflet.

Organs and tissues originating from the ectoderm:

epidermis

Periosteum

The mucous membrane of the oral cavity: palate, gums, tongue, ducts of the salivary glands

Mucous membranes of the nose and sinuses.

Inner ear

The lens, cornea, conjunctiva, retina and vitreous body of the eye

· Tooth enamel

The mucous membrane of the ducts of the mammary glands

Mucous membranes of the pharynx and ducts of the thyroid gland

Inner walls of the vessels of the heart (coronary arteries and veins)

Upper 2/3 of the esophagus

Mucous membranes of the larynx and bronchi

The inner wall of the stomach (lesser curvature)

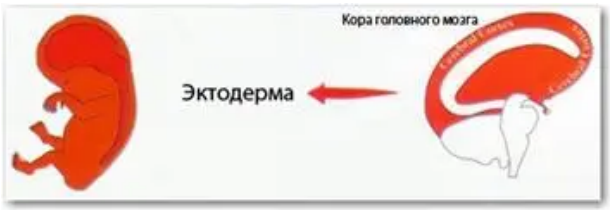
The walls of the bile ducts, gallbladder and pancreatic ducts

Vagina and cervix

Inner walls of the renal pelvis, bladder, ureters, and urethra

The inner wall of the lower rectum

neurons of the central nervous system

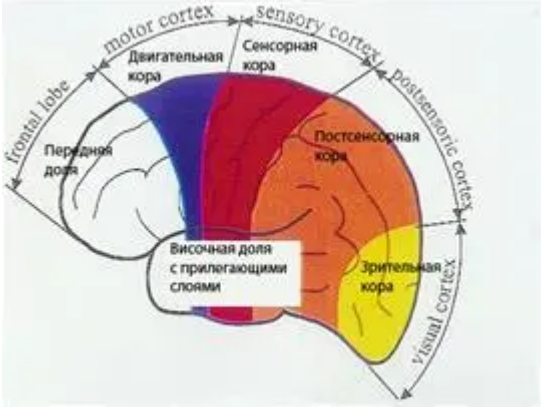


All organs and tissues originating from the ectoderm are built from squamous epithelial cells. Therefore, cancerous tumors of these organs are called "squamous cell carcinoma".

All organs and tissues formed from the ectoderm (the youngest embryonic layer) are controlled from the youngest part of the brain - the cerebral cortex, and therefore they are associated with evolutionarily later types of conflicts occurring in our sexual and social life.

biological conflicts: in accordance with the evolutionary development of the human body, the biological conflicts associated with ectodermal tissues are more advanced.

The tissues that are controlled by the cerebral cortex are associated with sexual conflicts (sexual frustrations or sexual rejection), identity conflicts (misunderstanding of one's own belonging), as well as various "territorial conflicts": territorial conflicts associated with fear (threat of one's territory), affecting the larynx and bronchi; conflicts of loss of territory (threat of loss or real loss of one's territory) that affect the coronary vessels, conflicts of aggression on one's territory, manifested in the mucous membranes of the stomach, bile ducts and pancreatic ducts; the inability to "mark your territory" (reflected in the renal pelvis, bladder, ureters and urethra).



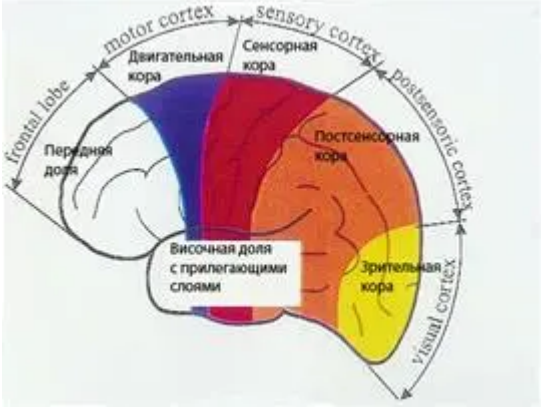
"Separation conflicts" affect the skin and ducts of the breast. Purposeful Biological Special Programs (CBS) for processing these types of conflicts are controlled entirely from special brain regions in the sensory cortex.

The postsensory cortex governs the periosteum, which is affected by "separation conflicts" experienced as particularly rough or "violent" in form.

The motor cortex, which controls muscle movement, is programmed to respond biologically to "motor conflicts" such as "not being able to escape" or "feeling stuck."

The anterior lobe takes over "frontal fear conflicts" (fear of getting into danger) or "feeling powerless conflicts" that affect the walls of the thyroid ducts and the pharynx.

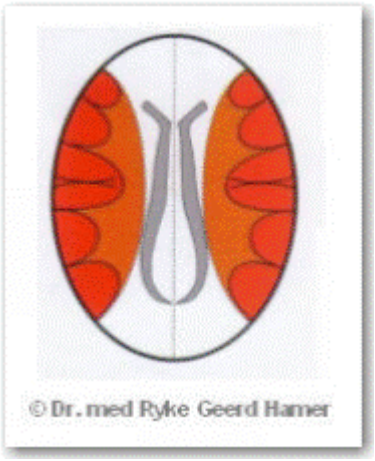
The visual cortex responds to "dangers threatening from behind" reflected on the retina and vitreous body of the eyes.



Other conflicts related to the cerebral cortex: "smell conflicts" (nose membrane), "bite conflicts" (tooth enamel), "oral conflicts" (mouth and lips), "hearing conflicts" (inner ear, " conflicts of disgust" or " conflicts of fear, disgust or opposition" (cells of the pancreatic islets). When we are dealing with organs controlled by the motor cortex, sensory and post-sensory cortex and visual cortex, the rule of lateralization should be taken into account. For example, if a man is left-handed from "separation conflict" from his mother, his sensory cortex is affected left hemisphere, causing during the healing phase a skin rash on right side of the body (see the article "Torn from my skin").

In the temporal lobe, in addition to lateralization and sex, hormonal status, especially estrogen and testosterone levels, should also be considered. Hormonal status determines whether a conflict is experienced in a male or female way, which in turn affects whether it affects the temporal lobe in the right or left hemisphere of the brain. Right the temporal lobe is the "male or testosterone side", while left side - "feminine or estrogen." If hormonal status changes after menopause, or testosterone or estrogen levels decrease as a result of medication

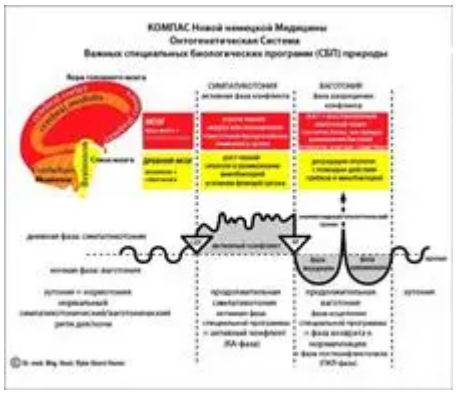
(contraceptives, hormone-lowering drugs, or chemotherapy), biological identity also changes.



So, after menopause, conflicts in a woman can begin to manifest themselves in a male pattern, which is reflected in the right “male” hemisphere of the brain, causing completely different symptoms than it would have happened in the period preceding menopause.

The relationship between the brain, the organ, and the embryonic leaf from which the organ was formed

In all tissues and organs originating from the ectoderm, tissue loss (ulceration) occurs in the active phase of the conflict. With the resolution of the conflict, the ulcerative process stops instantly.



In the healing phase, the lost tissue, which makes biological sense in the conflict active phase, is replaced by regenerative tissue growth (whether or not viruses are involved in this process is highly debatable).

The natural healing process is usually accompanied by swelling, inflammation, fever, and pain. Bacteria (if present) help form scar tissue, resulting in symptoms." bacterial infections, such as bladder infections.

Cancers such as breast duct cancer, bronchial carcinoma, laryngeal cancer, non-Hodgkin's lymphoma, or cervical cancer are variants of the healing process that indicate that the conflict has already been resolved. In the same series we find such phenomena as skin rashes, hemorrhoids, common colds, bronchitis, laryngitis, jaundice, hepatitis, cataracts and goiter.

Functional disorders and functional insufficiency

Some organs controlled by the cerebral cortex, such as muscles, periosteum, inner

ear, retina and pancreatic islet cells, during the active phase of the conflict, instead of ulcerating, show functional insufficiency, as we see, for example, in hypoglycemia, diabetes, visual impairment and hearing, sensory or motor paralysis. During the healing phase, and more precisely after the epi-crisis, organs and tissues can restore their normal functioning if the protracted healing process comes to an end.

The scientific tables of the German New Medicine show:

Relationships between the psyche, brain and organ based on five biological laws, taking into account the three embryonic layers (endoderm, mesoderm and ectoderm)

A type of biological conflict that causes a particular symptom, such as a particular type of cancer

Localization of the corresponding foci of Hamer (HH) in the brain

Symptoms of the active KA-phase of the conflict

Symptoms of the healing phase of the PCL-phase

The biological meaning of each CBS (Expedient Biological Special Program)

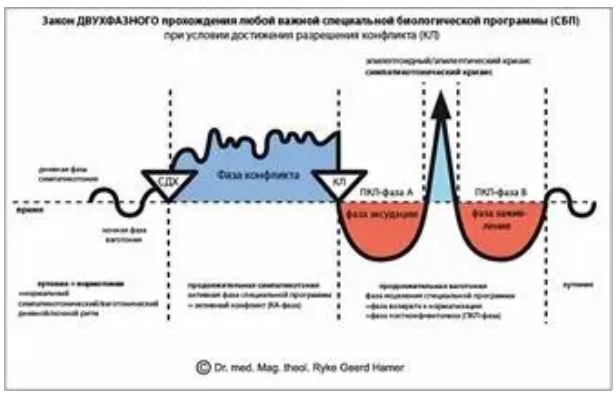
Fourth biological law

The fourth biological law explains the favorable role of microbes in the body in relation to the three embryonic layers

during the healing phase of any given Purposeful Biological Special Program (BSP).

For the first 2.5 million years, microbes were the only microorganisms inhabiting the earth. Over time, microbes gradually colonized the developing human body. The biological function of microbes was to support organs and tissues and keep them healthy. For centuries, microbes such as bacteria and fungi have been essential to our survival.

Microbes are active only in the healing phase!



From the moment of the SDKh (from the beginning of the action of the CBS) during the active phase of the conflict, microbes multiply in proportion to the conflict mass and as soon as the conflict comes to its resolution, the microbes standing ready in the organ receive an impulse from the

human brain, prompting them to turn on by the action of the conflict. into the healing process.

Microbes are endemic microorganisms, they exist in symbiosis with all organisms in the ecological niche in which they have evolved together over millions of years. Contact with microbes that are foreign to the human body, for example, when traveling abroad, is not a self-sufficient cause of "disease". However, if, say, a European survives a resolution of one of his conflicts in the tropics and comes into contact with local microbes, his conflict-affected organ will use local bacteria and fungi during the healing phase. Since his body is not accustomed to such local helpers, the healing process can be very difficult.

Microbes do not cross the boundaries between tissues!

Relationships between microbes, embryonic layers and the brain

© Dr. med Ryke Geerd Hamer

The diagram shows the relationship between the types of microbes, the three

embryonic layers and the corresponding brain regions from which microbial activity is controlled and coordinated.

Mycobacteria and fungi act only in tissues originating from the endoderm and the old part of the mesoderm, while bacteria (except mycobacteria) are involved only in the healing of tissues developed from the young part of the mesoderm.

This biological system is inherited by every species of living beings.

The way in which microbes assist in the healing process is in full accord with the logic of evolution.

Fungi and mycobacteria (TB bacteria) are the most ancient types of microbes. They act exclusively on the organs and tissues that are controlled from the ancient brain (brain stem and cerebellum) originate from the endoderm and the old part of the mesoderm.

During the healing phase, fungi such as candida albicans, or mycobacteria such as tubercle bacillus (TBbacteria), destroy the cells that have become unnecessary, which during the active phase of the conflict performed useful functions.

Being natural "microsurgeons", fungi and mycobacteria remove, for example, tumors of the intestines, lungs, kidneys, liver, mammary glands, as well as melanomas that have lost their biological significance.

What's so wonderful about mycobacteria is that they begin to multiply immediately at the very moment that DHS is formed. Their quantitative reproduction is proportional to the quantitative growth of the tumor so that by the time the conflict is resolved, just as many mycobacteria will be available as needed to destroy and eliminate the cancerous tumor.

Symptoms: During the process of tumor destruction, the waste products of the healing process are excreted in the stool (CLS in the intestines), in the urine (CLS in the kidneys and prostate), from the lungs (corresponding to the CLS) by coughing and expectoration (possibly with traces of blood), which is usually accompanied by night sweats. , discharge, swelling, inflammation, fever and pain. This natural microbial process is erroneously called "infection".

If the necessary microbes are eliminated from the body, for example by antibiotics or chemotherapy, the tumor encapsulates and remains in place without further growth and poses no threat to the individual.

Bacteria (except mycobacteria) act only on organs and tissues that are controlled from the brain parenchyma, originating from the young part of the mesoderm.

During the healing phase, these types of bacteria help replace tissue lost during the conflict active phase. For example, staphylococci and streptococci help in the

reconstruction of bone tissue and compensate for the loss of cells (necrosis) of the tissues of the ovaries and testicles. They also take part in the formation of scar tissues, since connective tissues are controlled from the brain parenchyma. In the absence of these bacteria, the healing process would still take place, but would not reach the biological optimum.

Symptoms: Microbial tissue repair process is usually accompanied by swelling, inflammation, fever, and pain. The natural healing process is mistakenly considered an "infection".

Attention: the function of TB bacteria is solely to eliminate tumors resulting from CLS and controlled by the ancient brain, while all other types of bacteria contribute restoration tissues (managed by the young brain).

As far as "viruses" are concerned, in GNM we prefer to speak of "presumably existing viruses" because recently the very existence of viruses has been called into question. The lack of scientific evidence for the existence of viruses is in full agreement with the results of Dr. Hamer's early research, namely, that the process of repair of tissues of ectodermal origin, controlled by the cerebral cortex, for example, the epidermis of the skin, tissues

of the cervix, the walls of the bile ducts, the walls of the stomach, bronchial mucosa and nasal membrane goes and in the absence of any viruses. In other words, the skin recovers without the herpes "virus", the liver without the hepatitis "virus", the nasal mucosa without the influenza "virus", and so on.

Symptoms: The tissue repair process is usually accompanied by swelling, inflammation, fever, and pain. A natural process involving microbes is erroneously considered an "infection".

If viruses really existed, they - in full accordance with evolutionary logic - would help in the restoration of ectodermal tissues.

Based on the beneficial role of microbes, viruses would not be the cause of "diseases", but instead they would play a vital role in the healing process of tissue controlled by the cerebral cortex!

According to the fourth biological law, we can no longer consider microbes to be the cause of "infectious diseases." With the understanding that cause disease, but instead play a favorable role during the healing phase, the idea of the immune system as protective against "pathogenic microbes" loses all meaning.

Fifth biological law

Quintessence

Any disease is a Purposeful Biological Special Program of nature, created to help the body (humans as well as animals) in resolving a biological conflict.

Dr. Hamer: “All so-called diseases have a special biological significance. While we used to attribute to Mother Nature the ability to make mistakes, and have the audacity to claim that She constantly makes these mistakes and causes failures (malignant senseless degenerative cancerous growths, etc.), now that the blinkers have fallen from our eyes , we are able to see that only our pride and ignorance is the only stupidity that has ever been and is in this cosmos.

Blinded, we imposed this senseless, soulless and cruel medicine on ourselves. Filled with surprise, we finally became able to understand for the first time that Nature contains a strict order (now we already know this), and that every phenomenon in nature is full of meaning in the context of a holistic picture, and what we call diseases are not meaningless ordeals , which are

used by apprentice sorcerers. We see that nothing is meaningless, malignant, or sick."

The translation was corrected by Vyacheslav Neufeld,

Psychologist-expert of the Anti-Crisis Service.

Reproduced from website

http://www.LearningGNM.com/

Written disclaimer

The information contained in this document

does not replace professional medical

New medicine and a systematic approach to the study of the emotional and mental causes of diseases

Hello my readers,

There have been many posts on the blog lately with videos/timecodes on the topic of Clear Health. And in January, I taught a small section of the course as part of the clinical psychology training at the Moscow Psychological and Social University (by the way, the audio from this course will be freely available on my channel, I don't feel sorry), where I was also offered to collect and publish a textbook for students based on the materials accumulated over the years.

Having said all this, I want to tell you a little about the background of this publication and, in general, the appearance of this topic in Russia.

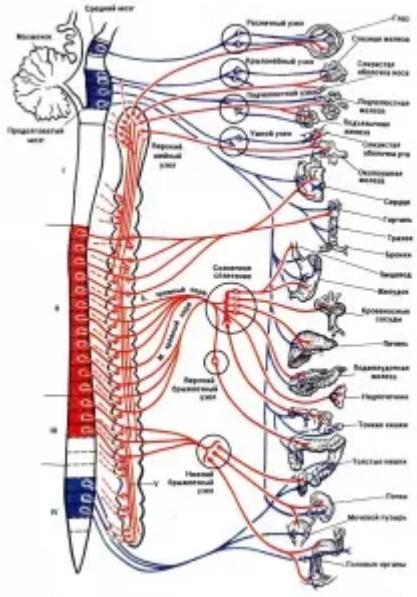
One way or another, I heard about the "new medicine" of Dr. Hamer for a long time, but it was some kind of scattered data that did not fit into the general practice of what I was doing (I have been working in one of the professions for many years as a practical and clinical psychologist) . Nevertheless, since the topic of health is an integral part of the general well-being of any person, I continued to study and dig the topic, and as a result, in 2010, I became the organizer of the first visit to the former USSR of one of Dr. Hamer's students, Harald Baumann. Harald held a seminar for a small group in Kyiv, which for me personally was quite difficult to perceive and did not really clarify questions about how this can really be applied to people, but from Harald I received a complete set of Hamer's materials - his famous " The scientific scheme of the German New Medicine".

We launched this book into translation and after some time published it in Moscow, together with the organizer of the annual conferences on oncopsychology, Sergei Koponev.

As it turned out later, the book itself was rather highly abstract and incomprehensible even for narrow specialists, not to mention those who tried to work with living people with its help.

However, it set in motion a chain of events that first, in 2013, led me to workshops by Canadian Memory Healing specialist Gilbert Renault, a student of Dr. Hamer and Dr. Saba from France. I went through Gilbert's full course of his seminars, including thematic ones on various specific topics (children's problems, symbolism, relationships, depression, autism, processing tools, etc.), and, in addition, became his permanent translator, having worked since then for more than at three dozen of his seminars on various topics in Moscow and St. Petersburg, as well as in online projects. It is Gilbert, with whom we have been fruitfully cooperating since then, helping people who have contacted me - my main gratitude for the opportunity not only to theorize about the study of the causes of diseases, but to really help people.

Buy a Clinical Psychologist's Handbook
The human body is an amazing structure that has inherited genetics and tissues from hundreds of different creatures. Whatever fabric you take - it can also be found in much more ancient creatures that lived on this planet. And all these tissues are built according to a strictly defined plan, they work in concert under the control of the central and autonomic nervous system, which combines this heterogeneous diversity into a single harmonious organism. In fact, whatever one may say, the thing is absolutely amazing when you look at it statistically, especially in terms of managing this whole conglomerate of billions of individual cells. How this miracle even lives and acts in this world is a subject of endless wonder for me personally. :)



By the way, this is not a picture from Hamer, I found it from one chiropractor. Docks one to one, although he never heard of Hamer.

Hamer's "roadmap" is drawn by fairly careful tracking how the human body is born, formed and grows. In the book, this is all set out in detail, again, there is no particular point in reproducing it - I can only say that the final classification comes out clear and transparent.

If you leaf through the standard Hamer materials, you will see that they are all painted in three colors. This is one way to classify. Endoderm, mesoderm, exoderm - three germ layers, three types of tissues according to the way they respond to stress, three algorithms for managing stress. Some organs are "single color", some are "multicolor". Diagnosis in GNM is done by organs, brain and symptoms.

Our handbook itself is a carefully compiled index, where each tissue of each organ is described in terms of how it responds to stress.

From the point of view of the occurrence and course of the "disease" certain stages

are distinguished in GNM. And if you carefully look at these stages, you notice that in this medicine there is no concept of "disease" at all, but there is another - "biologically sound recovery program". This is very difficult to understand and accept at first, but as you read the table and understand the patterns of how it works, you begin to understand that yes, this is very similar to the truth.

In a moment of sharp shock with a threat to survival (Hamer calls this "Dirk Hamer Syndrome, DHS" in memory of his dead son, who was shot on a drunken bench by the Italian crown prince at a resort, after which Hamer himself developed testicular cancer, from where his story of cancer research and the fact that he later called "equivalents of cancer" - all other "diseases") the complex human body is losing its "central government" to some extent, and accordingly, the body's tissues are ordered to launch "biological survival programs" that follow the million-year-old algorithms written in the genes that created this tissue.

The fabric is "saved" in the way it was saved, being part of the original independent organism, it contains locally all the information necessary for this.

Some tissues grow (in an attempt to enhance their function thereby), some tissues temporarily self-destruct in an attempt to "reboot", some tissues temporarily block their functions, and so on.

A person calls this terrible words - "cancer", "osteoporosis", "leukemia" and so on. and considers "diseases", failures in "nature", which they, without a doubt, are from the

point of view of the universal human mind and the survival of man as an integral organism. The paradox is that, from the point of view of nature, this is just a standard "stitched" mechanism for resolving problems, and not a glitch in the program.

In the same way that we call the emotions of "disgust", "fear" or "anger" NEGATIVE, these quite ordinary reactions are labeled DISEASES, and they are, accordingly, tried to be "treated". But emotions, as we know, do not need to be "treated", it is necessary to identify and resolve the CAUSES of these emotions. The idea of processing is based on this, by the way.

Let's be honest: few people can really explain WHY everything that we observe happens to our body. And such treatment is no less pointless than an attempt to suppress or repress negative emotions. These are just symptoms, they show the presence of a certain PROCESS, and before you "treat" it, you must first at least understand what it consists of.

This is exactly what is laid out in our book and on the shelves. Every organ, every conflict and every stage of the flow special biological program. This term can be used without any quotes - everything in nature has a purpose, although sometimes this purpose violates the canons of human ethics, when, for example, a program is launched to self-destruct an organism due to its non-survivability under given conditions.

The key trigger point is the moment of shock (Dirk Hamer syndrome). Active (cold) phase of the conflict. Conflict resolution. Hot phase of recovery. An epileptoid crisis

in the middle is an attempt by the body to briefly "reproduce" the conflict and "erase" it from the body (what we do consciously in processing). If there is too much charge (the conflict was very active or lasted for a long time), and you let this matter take its course, you can easily come to an end, the body will not stand it. Nature allows such an option - the rejection of genetic material unsuitable for prolongation, alas. If you have taken care of the elaboration in advance, everything will be OK. End of the program.

Buy a Clinical Psychologist's Handbook

Each organ, tissue, system - reacts to nothing and not to any stress, but to certain TYPES of conflicts and breaks, in accordance with its nature. This, by the way, is what Ayurvedicists, lisbourbonists and others are trying to endlessly classify. psychosomatists. I have not seen any justification from anyone, except for pure "experience of observations" (anger in the stomach, envy in the liver, and so on. Such things).

What use is all this knowledge to us?

1. "Diseases", from the point of view of nature, do not exist, there are only "response programs". If you understand how they work, then there is no need to poison, cut and burn what nature is trying to do in an attempt to heal us. It is much more comfortable to live when you know what your body or its tissues are doing right now, why something is swollen or deflated there, than being paranoid, googling terrible diagnoses of "similar cases" and reading the stories of people who died, perhaps not at all from the

disease itself , but o fear of her or about terrible prognosis of doctors.

2. This understanding removes unnecessary secondary shocks resulting from "terrible diagnoses" and traumatic "treatments". It just becomes unnecessary, because. a good half of the "diseases" are not diseases even from the everyday point of view - these are recovery programs. Trivial examples that high fever is not a "disease" at all would not even be worth giving here, but I will emphasize that with the help of GNM you can get no less clear explanations of why in many cases people die without from the disease, but from the treatment of this disease. For example, recent statistics from Ireland are known that before the introduction of a national ambulance service in this country, about 7% of people died from heart attacks, and now 30% die. And all just because a heart attack is not a disease, and you don't need to "treat" it ...

By the way, the influence of faith on health should not be underestimated. Quite a few cases have been documented showing that sometimes it is a matter of life and death. Read the story on the link, for the sake of interest.

3. With such a reference book at hand, I can quite easily, using test results and organ images if necessary, determine what kind of conflict such symptoms could be caused by.

Then everything is straightforward - we remove the original conflict objectively (by changing the environment) or subjectively (by processing), we provide a person with psychological support at the stages of recovery, we reduce medical etching,

cutting and burning to an absolutely inevitable minimum, we lead a person through all stages, we allow him to learn lessons .. This, of course, in reality is much more complicated than I just described, but nevertheless it is possible.

And recovery occurs UNLESS the person has panicked and by this point has not already etched, burned and cut out everything that is possible for himself, and has come to you as the last resort. Usually it is precisely such stories - people abandoned by official medicine, who are in the last stages of dying, when they have already spent all the money and lost all the time, are cited as examples. "blatant deceit of charlatans". How much nerves and energy the poor fellow patient spent on "officials" called "health care system" is usually modestly kept silent.

4. The main mission of clinical psychology in the context of the topic we have touched upon is, of course, not treatment, well, that is, not AT ALL. We do not interfere with medical protocols at all, because work is on a different level. In this regard, I do not at all share the views of some followers of the GNM, who indiscriminately call all doctors "murderers", throw themselves at the embrasures and write that "95% of modern medicine is nonsense." Of course not. Just medicine, specifically for you personally and for anyone - this, alas, is already a last resort. It is better to eliminate all these things prophylactically.

Know how to deal with stress. Track overall well-being. Do not panic when “terrible symptoms” appear - the symptoms will disappear later, and the secondary shock will easily trigger new problems with your body, which will frantically try to

compensate for the glitches of the “central leadership”, which temporarily went nuts from the information received and launched a distress signal into the body. The main mission is understanding the nature of our conditions, prevention and awareness. And calm about it. What to be, that cannot be avoided, the human body has many limitations. And do not complicate his tasks with your idiotic mental bells and whistles - the body is TOO responsive to them.

And I wish you great success in applying the information from this guide - and may you be healthy, now and forever!

wiarts

Subscribe for updates

Get notified about the news

Введите Ваш e-mail...

Feedback

Advertising on the website

site `s map

Copyright ©2022 wiarts.ru Encyclopedia of tips and instructions

Episodio 2

La familia BRAVO

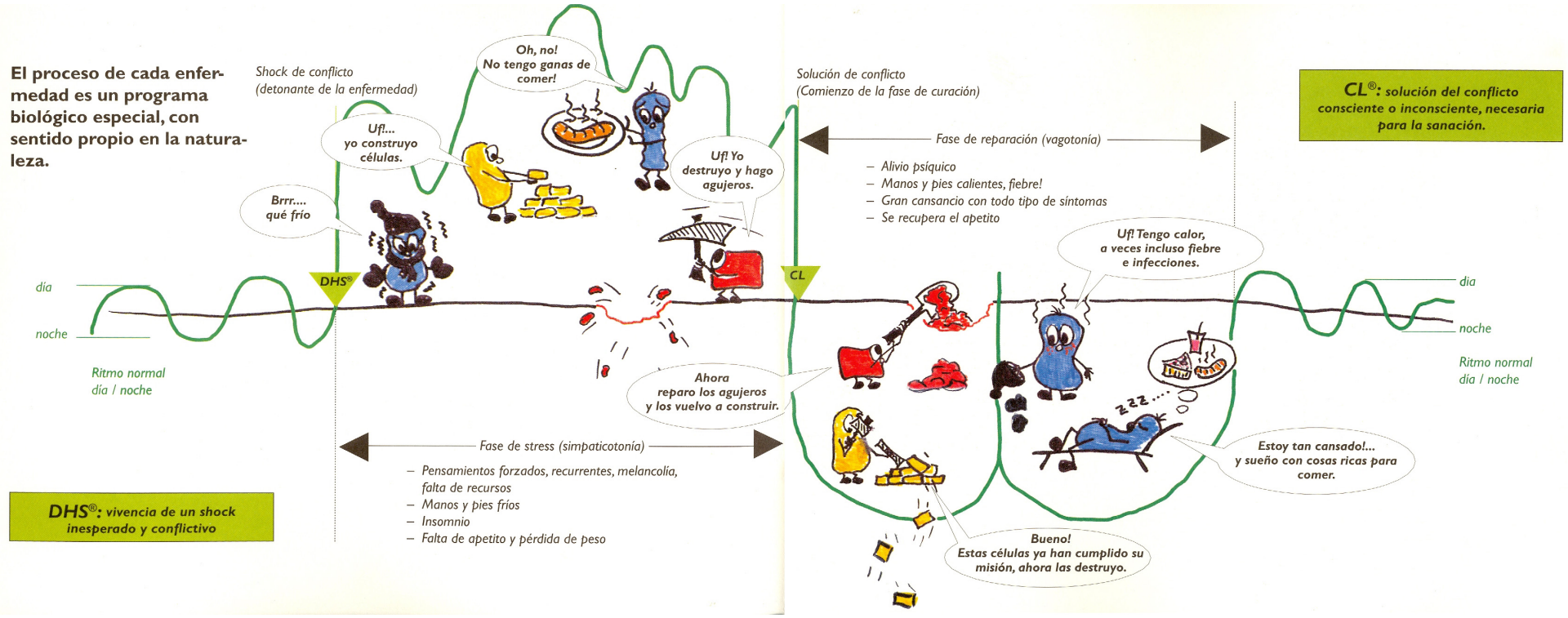
y sus aventuras con la medicina

Elisa y la infección de oídos

Cuentos para chicos y grandes

Según el sistema de la Nueva Medicina Germánica®

El proceso de cada enfermedad es un programa biológico especial, con sentido propio en la naturaleza.



DHS®: vivencia de un shock inesperado y conflictivo

CL®: solución del conflicto consciente o inconsciente, necesaria para la sanación.

Cuadro de enfermedad expuesto: infección de oído medio.

Tema de conflicto en este episodio: no poder oír o incorporar, «atrapar» una información o un «bocado/información» importante o necesario.[1)]

Igualmente encontramos contenidos de conflicto y procesos similares en mastoides y en la trompa.

[1)] *Una inflamación de oído medio también puede significar que no se hubiera querido oír algo, o haber querido desembarazarse de ello.*

La familia BRAVO

y sus aventuras con la medicina

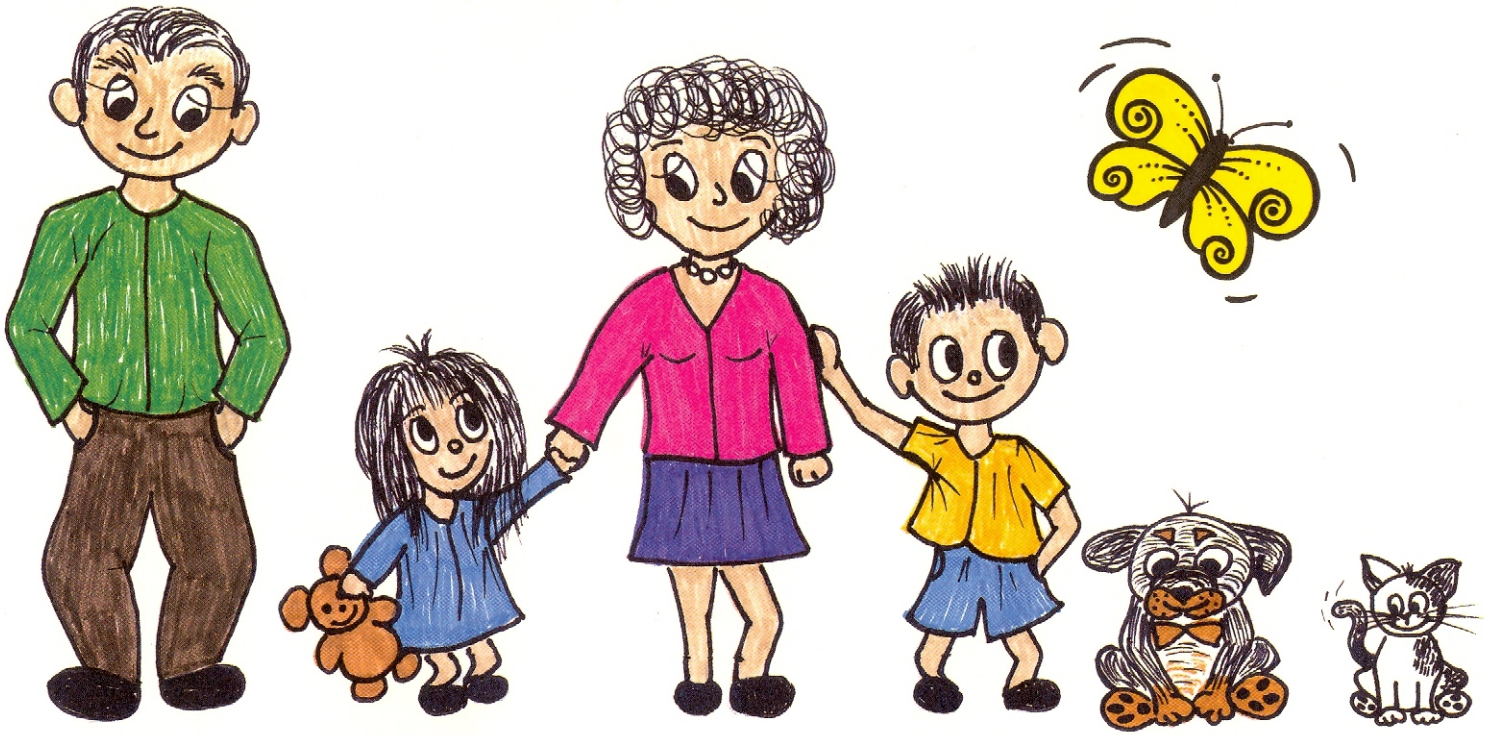
Elisa y la infección de oídos

Cuentos para chicos y grandes

Editorial Knautsch S.L.

Esta es la familia Bravo:

Todos son felices y se quieren mucho.



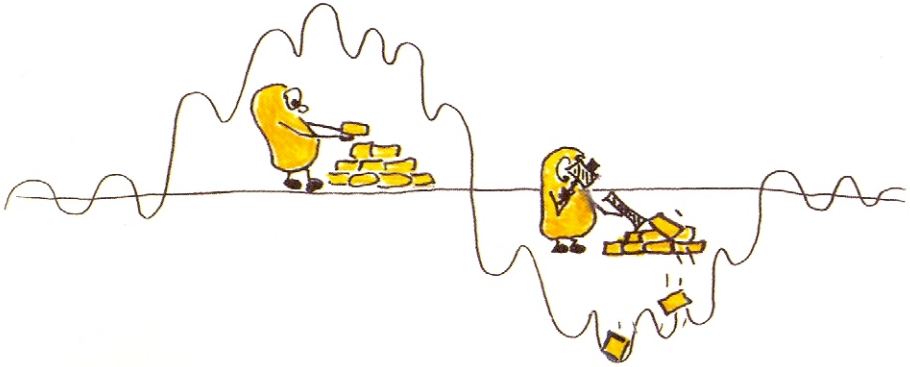
papá Elisa y Pandi mamá Pedrito el perro Tico y el gato Misi

Nosotros somos los duendecillos que pertenecen a cada paso de la enfermedad

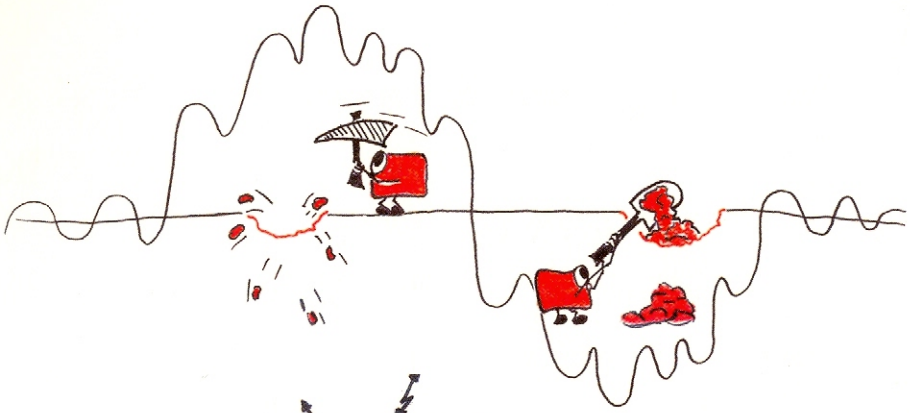
Yo soy **Simpi**, el maestro de la fase de stress, en mí predominan los pensamientos forzados, tengo casi siempre frío, sin ganas de comer y sufro frecuentemente de dificultad para conciliar el sueño.

Mi nombre es **Vagui** y soy el maestro de la fase de reparación. Me siento psíquicamente muy bien, calentito y hambriento. También engordo, me canso pronto, estoy tirado y suelo tener dolores. Me dedico a eliminar fluidos, y la fiebre e infecciones son cosas mías.

Yo soy **Adi** y siempre construyo en la primera fase células (adeno), que luego destruyo en la fase de reparación.



Yo me llamo **Plani** y siempre destruyo células (de epitelio plano) y de nuevo las vuelvo a construir en la fase de reparación.



Hola, me llamo **Epi** y estoy en la crisis. Cuando ésta se pasa, me va de nuevo bien.

Yo me llamo **Normi** y la mayoría de las veces, me tienen en cuenta, cuando ya no estoy.

Acampar: una idea fantástica!

Hace un día maravilloso de primavera. Los niños están todo el tiempo fuera de casa, pues la familia Bravo ha recibido visita de la familia Feliciano. Ellos también tienen dos niños: Manolito y Julia. Las dos parejas de hermanos tienen una idea fantástica: quieren montar una tienda de campaña entre los árboles.
«Uau, sí… y pasamos la noche todos dentro, y entonces, en la oscuridad, con la luz de la linterna, nos contamos historias de miedo» – piensa Pedrito el hermano mayor de Elisa. Elisa se alegra muchísimo, pues va a ser la primera vez que pase la noche en una tienda de campaña.

Para adultos:
Nada mejor que una existencia feliz y armónica. Seres vivos completamente felices y equilibrados, libres de toda preocupación y en armonía con su entorno (sí, también animales y plantas!) apenas enferman. Cada movimiento en la sensación, cada sentimiento, cada emoción – aun siendo inconsciente – se hace expresión a nivel corporal. Este fenómeno es conocido por la humanidad desde tiempos remotos. La importancia de los factores psíquicos en los procesos de enfermedad es cada vez más aceptada por los terapeutas y médicos de nuestros días.
De modo que un ser sano se encuentra normalmente en un ritmo día/noche compensado, con capacidad de rendimiento, en buena forma, sueño saludable, apetito normal y una buena dosis de alegría de vivir. A estas condiciones le llamamos normotonía

La vida es bella.

Y todos felices montan la tienda

Así que todos los niños se ponen contentos manos a la obra. Como es natural, Elisa, al ser la más pequeña se esfuerza especialmente. Van a buscar telas, colchas, sacos de dormir, almohadas, colchonetas y demás cosas útiles.
Estiran las telas sobre las cuerdas y luego las anclan en el suelo con ganchos. Elisa quería hacer este trabajo y lo ha conseguido superbien, aunque el martillo es casi más grande que ella.

Para adultos:
Los niños están ahora completamente involucrados en el acontecimiento. Elisa está muy entusiasmada y activa, o sea que según el esquema de la primera página, se encuentra en el ritmo día, sano y armónico.

Elisa da por supuesto que va a poder pasar la noche en la tienda de campaña junto con Pandi y los demás niños.

Papá no da permiso a Elisa

Cuando los niños lo tenían todo terminado, corrieron hacia sus padres para contarles la idea bomba de pasar la noche en la tienda. Los Feliciano, generosamente, dieron permiso de inmediato a sus hijos para que pasaran la noche de acampada. El señor Bravo también se lo dio a Pedrito, ya que había montado tan bien la tienda. Ay!... todavía queda alguien que quiere oír una confirmación y espera un: «Sí Elisa, tú también puedes pasar la noche en la tienda ya que has colaborado de forma tan estupenda!» Pero no, papá no dice nada parecido, salvo el habitual bla…bla…bla…y que ella es demasiado pequeña para algo así.

Para adultos:

Elisa espera ansiosa el sí de papá. Su oído espera el anhelado «bocado informativo» el permiso para poder pasar la noche fuera con los demás niños. Pero este «bocado informativo» no llega: Elisa está afectada, desinflada, triste y desengañada. Para su oído el permiso hubiera sido como tomar un «bocado», y semejantes «bocados» si no se consiguen oír/atrapar, originan en el oído medio un crecimiento de las antiguas células intestinales que competen a la digestión, y que digieren «un bocado informativo» o un bocado alimenticio por igual. Se forman células adeno adicionales para que en el futuro se pueda resorber verdaderamente el ansiado bocado informativo.[1)]

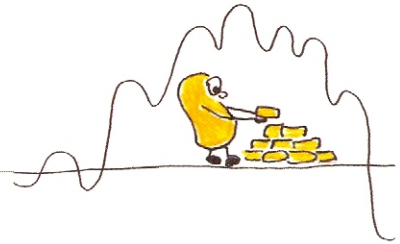
El mismo fenómeno ocurre también en caso de que no queramos oír algo, como eliminar o desembarazarnos de una noticia. Un «bocado informativo» – información – desagradable (no quiero oír esto), conduce a un DHS®, lo mismo que una información esperada que no llega.

[1] *Células adeno: células del cuerpo que se multiplican inmediatamente tras la vivencia del shock, con el sentido de conseguir una mayor funcionalidad del órgano afectado (ver página 6 cómo trabaja Adi).*

Elisa está desconsolada

De nuevo Elisa está muy triste. A los otros niños, los padres les han dado permiso para dormir en la tienda de campaña como si tal cosa.
Pero Elisa no oyó ningún sí para ella. Y eso que estaba tan segura de que papá y mamá se lo iban a permitir!
Así que los niños mayores juegan y se divierten en la tienda, por supuesto sin Elisa.
A ella le dejan quedarse todavía media hora fuera, después tiene que irse a la cama… a su aburrida cama en su aburrida habitación.

Para adultos:
Elisa está en conflicto activo en la fase de simpaticotonía (fase de stress). Las células adeno, que en el oído medio y eventualmente en celdas de apófisis mastoides, detrás del oído, crecen de forma superficial, mejoran el oído arcaico[1]. En conflictos de larga duración pueden llegar a rellenar o a invadir zonas circundantes (sintomatología por compresión). Los afectados se quejan entonces de una sensación de sordera y ya no pueden oír bien. En algunos casos de infección de oído medio, pueden darse también molestias para tragar.



Adi, muy aplicado, construye células en la fase de conflicto activo.

Elisa está desamparada, triste y desengañada, y se siente muy sola.

---

[1] Provenientes de una época temprana en la historia de la evolución, de origen primitivo.

Por fin las palabras liberadoras

La mamá de Elisa quiere darle un chocolate calentito antes de ir a la cama. Elisa está «taaan» triste que no puede dar ni un trago y no hace más que llorar, es desgarrador, da tanta lástima que ablanda el corazón de su mamá. Así que sale rápidamente afuera y habla con el papá que está con los Feliciano tomando una cervecita. Una vez vuelve a la cocina, toma a Elisa entre sus brazos y le dice callandito al oído: «Papá y yo te damos permiso para pasar la noche en la tienda de campaña».

Para adultos:
En la fase de conflicto activo las células adeno aumentan multiplicándose por división (mitosis) en el oído medio. Demás aspectos acompañantes de la simpaticotonía son: manos frías y pies. Trastornos en el sueño, así como los pensamientos forzados,etc.

Pero por fin: Elisa oye las palabras liberadoras por las que obtiene una solución de conflicto (CL®), por fin ha conseguido atrapar el anhelado bocado/información!

1

Después de la tormenta…

2

…llega la calma

Todos se alegran

Yupiii…!!! Gracias Papá, gracias mamá! Eso era exactamente lo que Elisa quería oír. Se dirigió a la tienda de campaña, abrió la cremallera entusiasmada y se deslizó superfeliz en el divertido círculo infantil.

Para adultos:

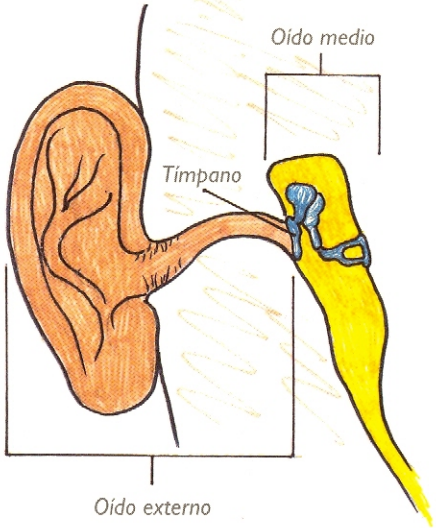
Ya desde ahora puede aparecer una ligera tirantez o un leve dolor en el oído de Elisa. El proceso inflamatorio, en el cual las células adeno que han crecido en la fase de stress son destruidas, comienza casi de inmediato con la solución del conflicto. (CL®)

Adi se pone manos a la obra y destruye las células antes construidas.

Todo tiene su precio

Ha sido una noche de miedo super emocionante, tremendamente divertida. Por supuesto que ninguno de los niños ha dormido bien ni suficiente. Tampoco importa, pues estas noches de linterna no se viven muy a menudo.
Pero nuestra pequeña Elisa tendrá que pagar de nuevo su precio. Y precisamente porque quería escuchar a toda costa un par de palabritas muy concretas, que desgraciadamente no consiguió hasta que pasó un buen rato. Estas historias de «no-conseguir-poderquerer» oír lo que se desea producen dolores de oídos. Cuando Elisa, ya después las pudo escuchar, los dolores de oídos correspondientes se hicieron sentir.

Para adultos
Tras la solución de conflicto (CL®) el organismo entra en la fase de reparación/sanación, seguida de un aumento de temperatura, inflamación, incluso fiebre y fatiga. En semejante situación, se trata de dejar al cuerpo que lleve a cabo su sanación natural. En el punto culminante de la curación pueden sobrevenir escalofríos pasajeros. Es la llamada crisis epiléptico/epileptoide. En una infección de oídos aparecen un dolor punzante y palpitaciones, así como dolores de cabeza.



Todo el proceso ha tenido lugar en el oído medio.

Elisa recupera la salud

Estos malditos oídos dan un dolor infernal, pero mamá ha tenido, como siempre, dicho sea de paso, una buena idea. Ha envuelto rápidamente en una gasita un poco de ajo bien machacado y lo ha introducido en el dolorido oído de Elisa. Al principio dolía un poco, pero pronto desaparecieron los dolores casi por completo. Hay que añadir que Elisa no tuvo que soportar por mucho tiempo estos dolores, ya que tampoco tuvo que esperar demasiado para conseguir oír esas palabritas concretas.

Para adultos:

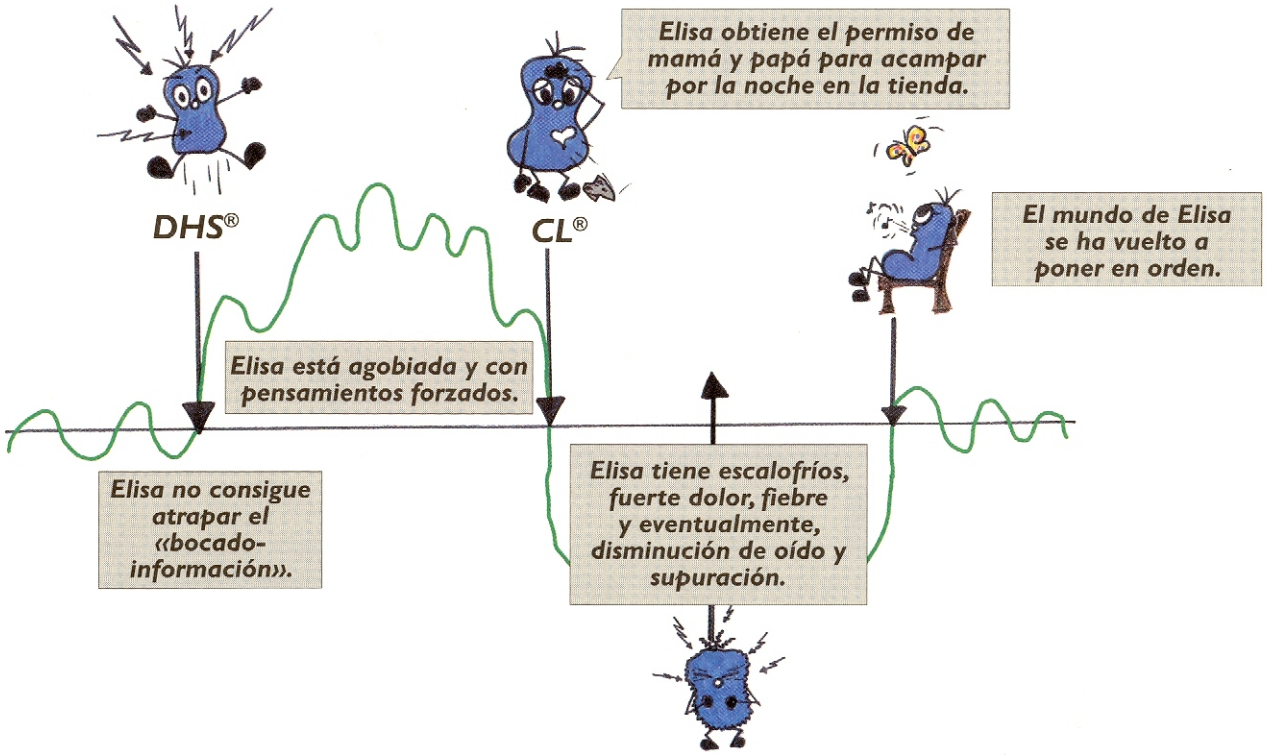
Así que Elisa guarda cama y su mamá la cuida de maravilla. El oído todavía punza pero el pus sale y la presión y el dolor se hacen mucho más soportables. Como siempre el reposo en cama con un pañuelo alrededor del oído, así como infusión y el ajo ya mencionado, es lo indicado. La señora Bravo ha aplicado el mismo tratamiento sintomático arriba descrito, y Elisa vuelve pronto a estar sana (consultar pág. 31/32).

Una infección aguda de oídos queda completamente cicatrizada en 10 – 14 días. También algún problema de tímpano se sana casi siempre de forma espontánea.

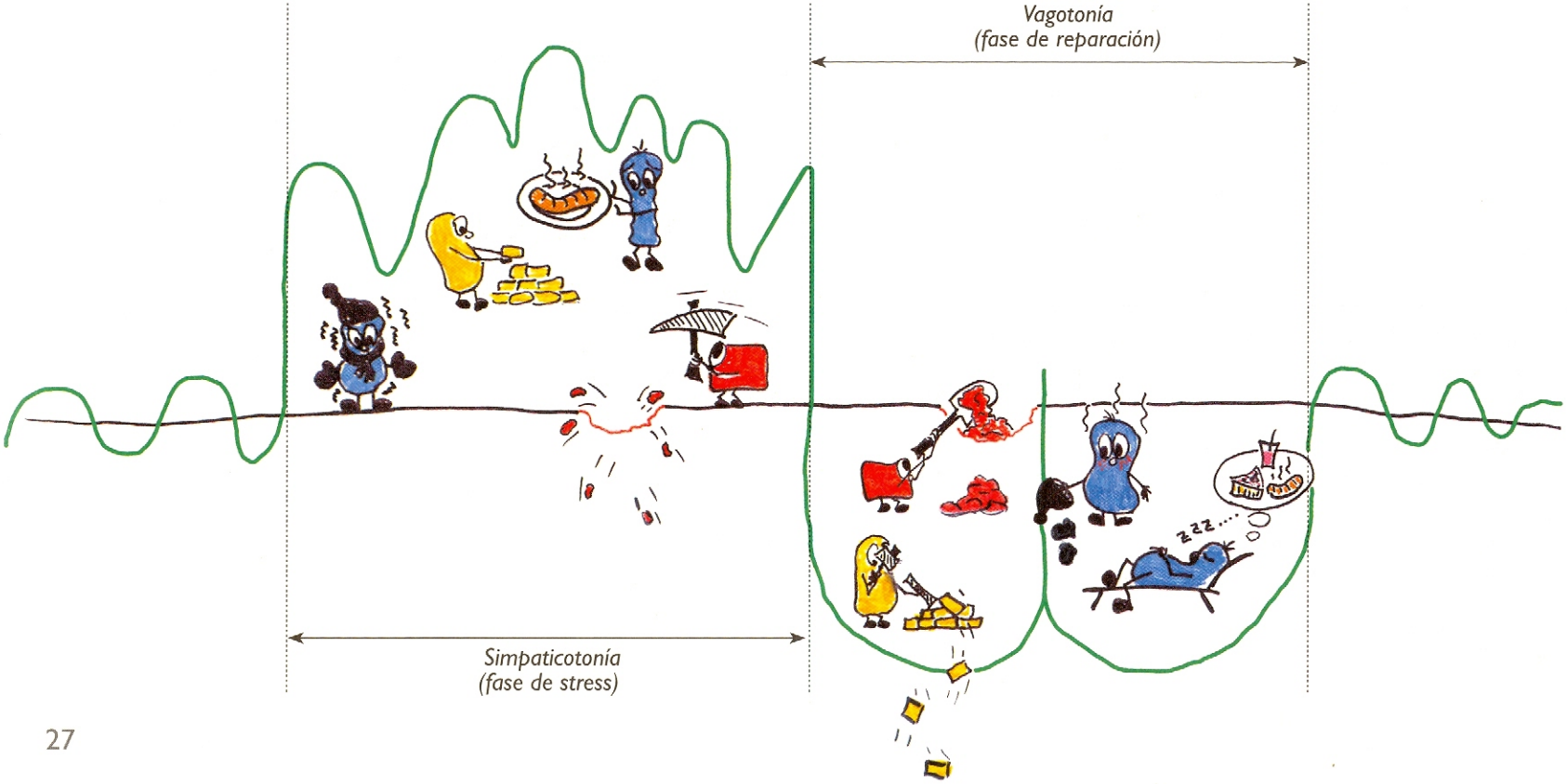
Un buen final, todo bien.

Las cinco leyes de la naturaleza de forma abreviada:

Toda enfermedad comienza con la vivencia de un impacto psicobiológico inesperado, o un trauma – si no es por una mala alimentación, lesiones psíquicas o envenenamientos, claro. Esta profunda vivencia, llamada en la terminología profesional DHS®, a menudo puede no ser reconocida desde fuera como algo traumático, sobre todo cuando la persona afectada, por diferentes motivos, no puede o no quiere comentar el conflicto. El DHS® ocurre de repente, se vive de forma traumática y aislada.



Con la llegada del trauma, el afectado se encuentra inmediatamente en la primera fase del proceso de la enfermedad, la llamada simpaticotonía. Esta fase de conflicto activo precipita al individuo hacia pensamientos forzados, como obligados, entorno a la vivencia del conflicto, y origina la mayoría de las veces, insomnio o trastornos en el sueño, pensamiento recurrente, manos y pies fríos, pérdida de apetito y demás alteraciones orgánicas y cerebrales, o deficiencias funcionales. Esta situación a menudo no es reconocida como verdadera enfermedad.



Tan pronto como llega la solución del conflicto, el organismo cambia los niveles del psiquismo, cerebro y órganos a la característica fase caliente de reparación, con gran cansancio, aumento de peso, acaso mareos y visión doble, expulsión de líquido, dolores de todas clases, infecciones y hemorragias, fase llamada vagotonía. La mayoría de las enfermedades no se descubren hasta este momento.

En la mayor parte de las enfermedades cursan tanto la primera como la segunda fase sin demasiados problemas. Por regla general no se necesita tomar medidas médicas, ya que este programa especial de la madre naturaleza ha sido sometido a prueba y puesto en práctica, a través de todas las generaciones anteriores. Este programa está hecho de forma óptima para la supervivencia. Propuestas sobre el tratamiento aparecen en este episodio en la página 32. Por motivos referentes a la ley estamos obligados a subrayar que estas sugerencias no sustituyen la visita del médico.

El DHS®, así como las dos fases de todas las enfermedades, puede ser observado y descrito a nivel cerebral a través de una imagen (tomografía axial computerizada), especialmente apropiada para confirmar la fase de la enfermedad, el órgano afectado y el conflicto desencadenante de dicha enfermedad. Este medio debiera ser utilizado sólo en cuadros de enfermedad graves o confusos.

Los microbios son desde el principio de los tiempos nuestros simbióticos, es decir, cohabitantes que no quieren atentar contra nuestra vida y hacernos daño, sino que, definitivamente, siempre son ayudantes eficaces en la fase de reparación (vagotonía) y optimizan la sanación.

El trabajo de investigación del Dr. en med. R. G. Hamer, – ya desde algunas décadas y reconocido a nivel universitario-, permite identificar todo suceso de enfermedad como un programa biológico especial de la naturaleza, (SBS), con pleno sentido para la supervivencia.

Para cualquier sociedad sería de suma importancia que las cinco leyes de la naturaleza de la Nueva Medicina Germánica®, aunque con retraso, encontraran un lugar beneficioso en la biología básica y la cultura general de todos sus ciudadanos.
Este «libro infantil también para los adultos» es una aportación a este fin.

Los autores
Daniela Amstutz y Harald Baumann

Nota:

La presente descripción de las cinco leyes de la naturaleza es en parte incompleta y de ninguna manera sustituye la lectura de las distintas obras científicas del Dr. en med. R. G. Hamer (ver pag. 30).

Sugerencias de la señora Bravo para la terapia, Pequeños remedios caseros y medicamentos

Nota: ¡no hay sanación definitiva sin una solución de conflicto auténtica y duradera!

Bajo el concepto «terapia», en la Nueva Medicina Germánica®, se comprende todas aquellas medidas que mitiguen o suavicen la parte desagradable de las dos fases del proceso de la enfermedad – en especial en el punto culminante de la crisis curativa, sin que interfieran en el proceso natural de sanación, al punto que la interrumpan. En general, todo «tipo de terapia» es bienvenida, mientras no influya de forma negativa en el proceso natural de sanación/ reparación del organismo, llegando a impedirlo.

Los microbios de nuestras latitudes son nuestros ayudantes beneficiosos, y no enemigos de nuestro organismo. Ayudan definitivamente en la fase de reparación destruyendo las células (adeno) que no necesitamos más, o en la reconstrucción de las células de epitelio plano. Por eso no tiene ningún sentido matarlos con antibióticos o con otras sustancias químicas agresivas. Tales medicamentos, primero no ayudan a solucionar ningún conflicto, segundo destruyen a nuestros optimizadores de la sanación, y tercero dañan nuestra flora intestinal y fastidian el conjunto de nuestro organismo. En este sentido, lo que vale siempre es calcular qué consecuencias son más peligrosas y dramáticas: los efectos secundarios de los medicamentos o el proceso de sanación con sus síntomas en parte desagradables, pero sólo pasajeros. Existen suficientes «formas de terapia» acreditadas y pequeños remedios inocuos, que sirven de apoyo o ayudan. El ceremonial o el «teatro» en torno a los convalecientes influyen considerablemente en su estado.

Consideren, queridos padres, que la solución del conflicto tiene la máxima prioridad, y que a la solución sigue una fase de reparación a veces quizá desagradable – pero sólo pasajera. Nada ni nadie sana mejor que la naturaleza.

Este saber les fortalece a ustedes y a sus hijos en la confianza de la fuerza sanadora de sus organismos. Incluso cuando aparecen la fiebre y otros síntomas, no sobreviene el pánico, porque el proceso de reparación de todas las

posibles enfermedades ya fue practicado por nuestros antepasados. Además, dicho sea de paso, en 25 generaciones anteriores hemos tenido más de 33 millones quinientos cincuenta y cuatro mil cuatrocientos treinta y dos antecesores (33.554.432), y en 30 generaciones son cerca de once mil millones! Nuestro programa está por consiguiente bien probado, y si la naturaleza lo hubiera necesitado, el organismo hubiera descubierto de sobra los medicamentos actuales y los hubiera incorporado. Esto no quiere decir que no haya ningún medicamento útil, pero que son sólo unos pocos.

Queridos padres, si no están seguros, sobre cómo ayudar a sus hijos, entonces diríjanse a un médico o terapeuta que piense y trate de forma integral, que también entienda algo sobre la Nueva Medicina Germánica® o las cinco leyes biológicas de la naturaleza. De todas maneras, obtengan más información, utilicen otros libros de nuestra editorial o de la Editorial Amici di Dirk España (mirar lista de literatura en página 28).

Entre un buen médico y uno malo hay mucha diferencia: entre el mejor de los médicos y la naturaleza, la diferencia es todavía mayor.

¿Qué es una inflamación de oídos (otitis media)?

Una infección de oído medio aparece siempre, como toda infección, en la fase de reparación tras la solución del conflicto de oír. Los gérmenes (microbios) acompañantes, son siempre una señal buena y segura para la sanación. Durante el proceso, puede darse una perforación del tímpano, a causa de la presión del pus, o un relleno o invasión de zonas circundantes, celdas de apófisis mastoides (sintomatología por compresión). Una perforación del tímpano con supuración del oído (fluye a menudo mezclada con sangre) conduce a la desaparición inmediata del dolor de oídos. El deterioro del tímpano se cura después de la supuración, al igual que la inflamación, en la mayoría de los casos sin complicaciones, entre 10 y 14 días.

Una inflamación de celdas de apófisis mastoides indica en la mayoría de los casos una actividad de conflicto más grave o recidivante. Entonces también pueden sobrevenir: mareos, escalofríos, vómitos, diarrea y fiebre.

¿Qué hace la señora Bravo en la inflamación de oídos?

Lo más importante a tener en cuenta es que el conflicto de oídos permanezca solucionado y no vuelva más. En la mayoría de los casos la infección de oídos aguda no tratada, se sana completamente entre 10 y 14 días. Mientras sale el pus hay que asegurarse de que pueda fluir libremente. Si al comienzo de la inflamación todavía no hubiera comenzado a supurar, pero persistiera un dolor punzante, a menudo, ajo machacadito envuelto en una gasa finita introducido con cuidado, produce un rápido alivio. Puede que brevemente – durante un minuto o menos – el dolor se haga más fuerte, desapareciendo seguidamente de forma casi completa. Junto con el ajo también se puede utilizar cebolla machacada o una hoja de geranio. En caso de dolores muy fuertes, antes de introducir la gasa, se puede aplicar, en el conducto externo del oído, aceite de oliva o de girasol con un bastoncillo de algodón bien empapado.

Otra variante útil es poner una compresa templada con patata cocida en el oído afectado.

Hay que evitar de forma rigurosa el frío y las corrientes de aire. La aplicación de calor con un pañuelo o un gorro calma los dolores.

La primera norma debiera ser mantener siempre la calma. Miles de millones de antecesores han pasado, sin tratamiento médico, por el programa especial de la infección de oídos y sólo una pequeñísima parte ha sufrido como consecuencia una aminoración del oído. Únicamente por motivos legales, las recomendaciones arriba mencionadas no reemplazan en ningún caso, si es preciso, una visita al médico.

Esta colección de publicaciones tiene como cometido hacer comprensible de una manera sencilla, a jóvenes y mayores, el curso esencial de las enfermedades más frecuentes. Las cinco leyes biológicas de la naturaleza descubiertas por el Dr. med. R. G. Hamer, que encuentran aplicación en todas las enfermedades de humanos, animales y plantas, constituyen una base científica por añadidura. Así que toda enfermedad comienza siempre con el denominado DHS® – es decir, trauma psicobiológico – y se desarrolla a través de dos fases relevantes. La primera comienza con un trauma o un impacto fulminante, como un golpe o shock biológico, y precipita al individuo hacia una fría fase de stress, matizada por pensamientos forzados, insomnio y pérdida de peso, igualmente denominada simpaticotonía. La segunda fase, o mejor dicho la fase de reparación de toda enfermedad, sólo puede comenzar una vez que se haya producido la solución real del trauma desencadenante de dicha enfermedad. Esta segunda fase, llamada vagotonía a nivel profesional, conlleva la mayoría de las veces: cansancio, calor, incluso fiebre, dolores, inflamaciones, infecciones y hambre. Al final de ella, de nuevo, el paciente estará tan sano como sea posible.
Las demás leyes naturales de la Nueva Medicina Germánica® estarán explicadas e introducidas de forma abreviada en todos los episodios. Para que el lector interesado adquiera una comprensión más profunda, puede hacerlo primero a través de la exposición de esta colección, y luego con la lectura de las publicaciones del Dr. med. R.G. Hamer en Editorial Amici di Dirk – España.

ISBN 3-906865-27-4
9 783906 865270

La información sólo es valiosa cuando se comprende.

Según el sistema de la Nueva Medicina Germánica®

Episodio 3

La familia BRAVO

y sus aventuras con la medicina

Elisa y las paperas

Cuentos para chicos y grandes

Según el sistema de la Nueva Medicina Germánica®

Cuadro de enfermedad expuesto: paperas

Tema de conflicto en este episodio: no poder – deber- querer comer (ensalivar) algo.

La familia BRAVO

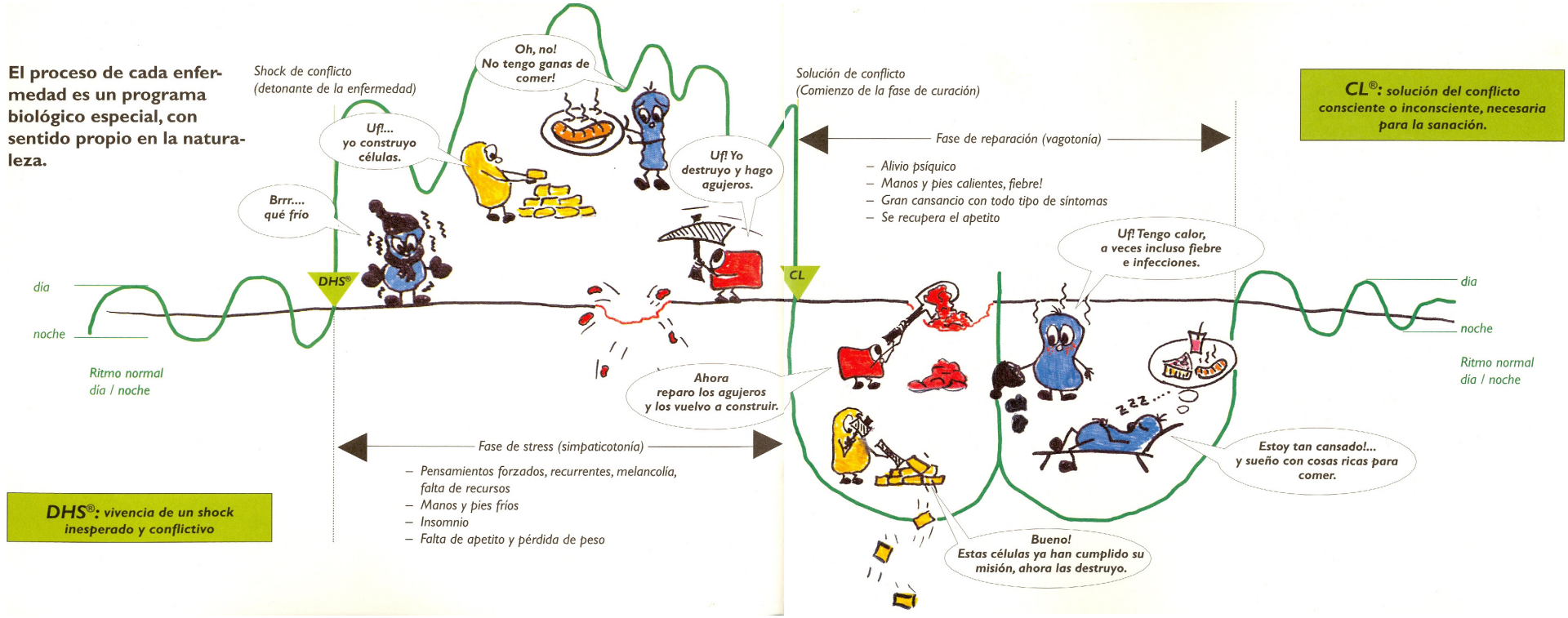
y sus aventuras con la medicina

Elisa y las paperas

Cuentos para chicos y grandes

Editorial Knautsch S.L.

El proceso de cada enfermedad es un programa biológico especial, con sentido propio en la naturaleza.

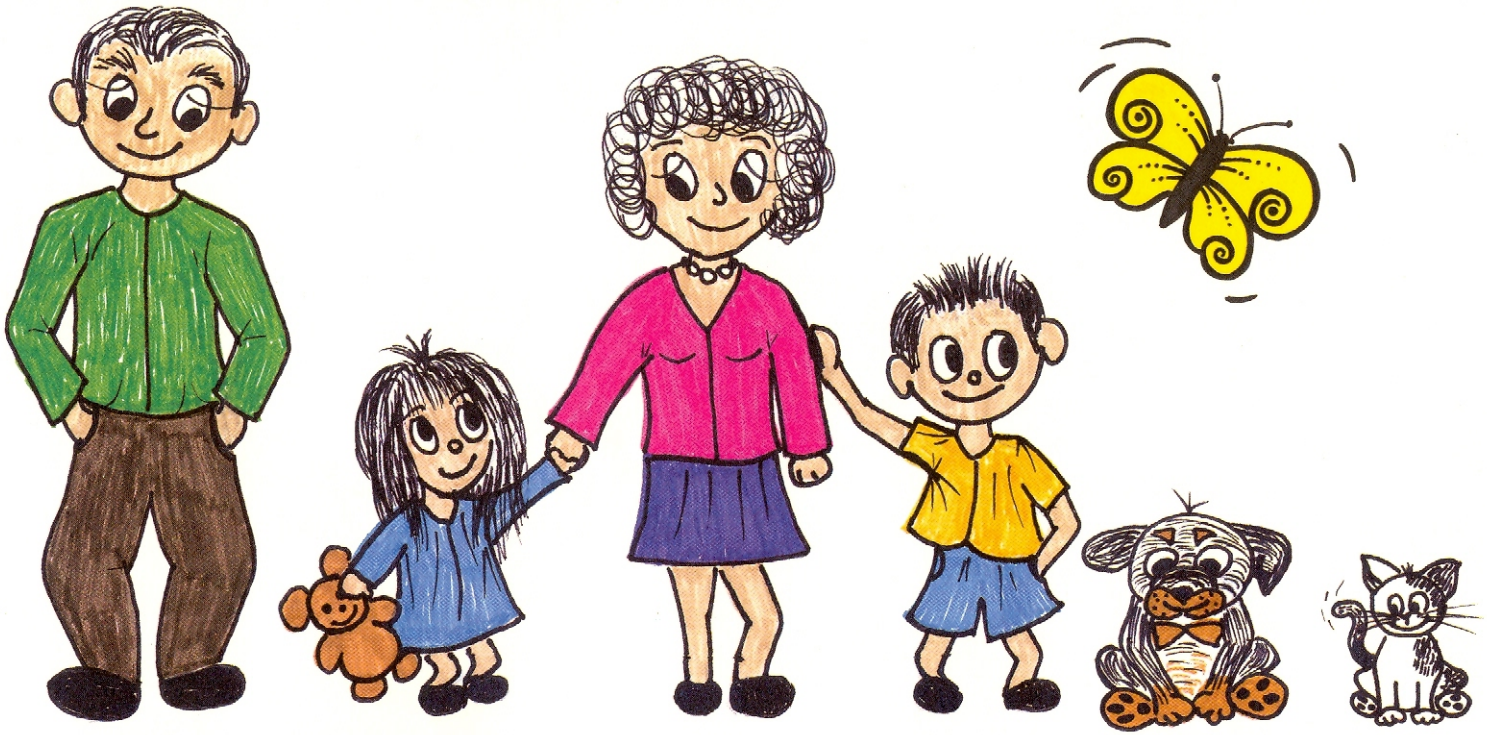


DHS®: vivencia de un shock inesperado y conflictivo

CL®: solución del conflicto consciente o inconsciente, necesaria para la sanación.

Esta es la familia Bravo:

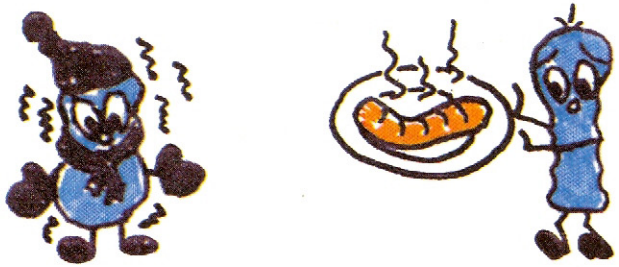
Todos son felices y se quieren mucho.



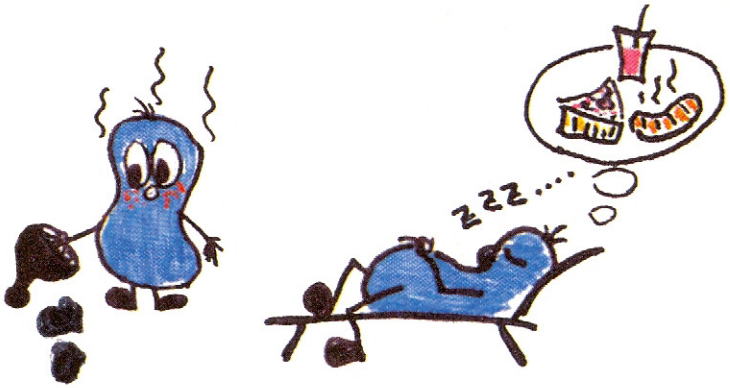
papá | Elisa y Pandi | mamá | Pedrito | el perro Tico y el gato Misi

Nosotros somos los duendecillos que pertenecen a cada paso de la enfermedad

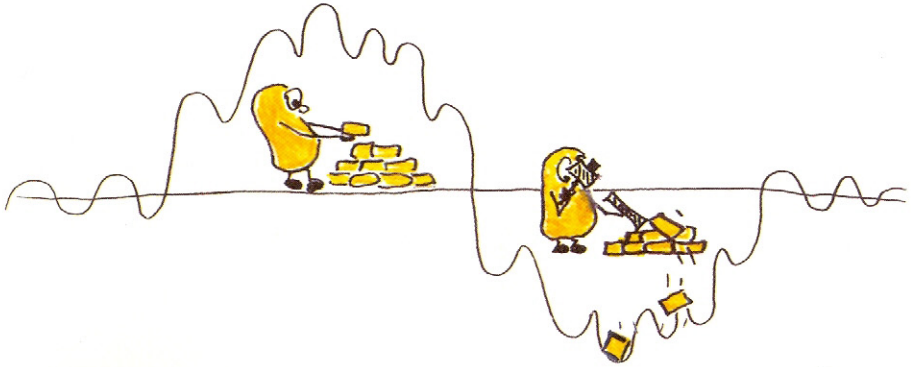
Yo soy **Simpi**, el maestro de la fase de stress, en mí predominan los pensamientos forzados, tengo casi siempre frío, sin ganas de comer y sufro frecuentemente de dificultad para conciliar el sueño.



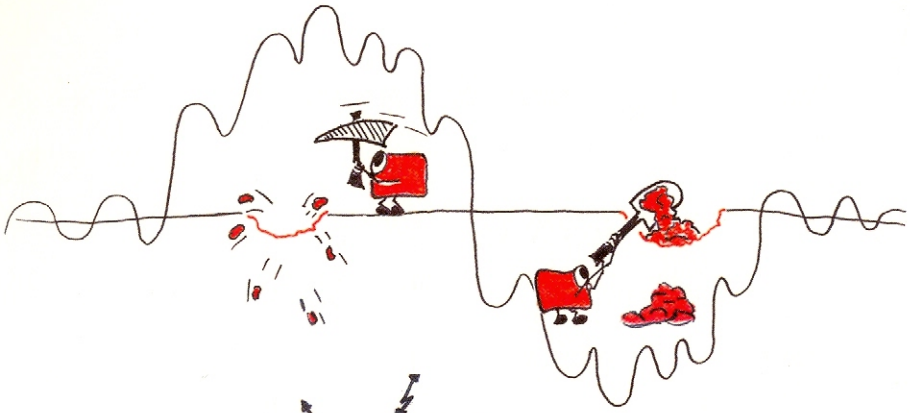
Mi nombre es **Vagui** y soy el maestro de la fase de reparación. Me siento psíquicamente muy bien, calentito y hambriento. También engordo, me canso pronto, estoy tirado y suelo tener dolores. Me dedico a eliminar fluidos, y la fiebre e infecciones son cosas mías.



Yo soy **Adi** y siempre construyo en la primera fase células (adeno), que luego destruyo en la fase de reparación.



Yo me llamo **Plani** y siempre destruyo células (de epitelio plano) y de nuevo las vuelvo a construir en la fase de reparación.



Hola, me llamo **Epi** y estoy en la crisis. Cuando ésta se pasa, me va de nuevo bien.

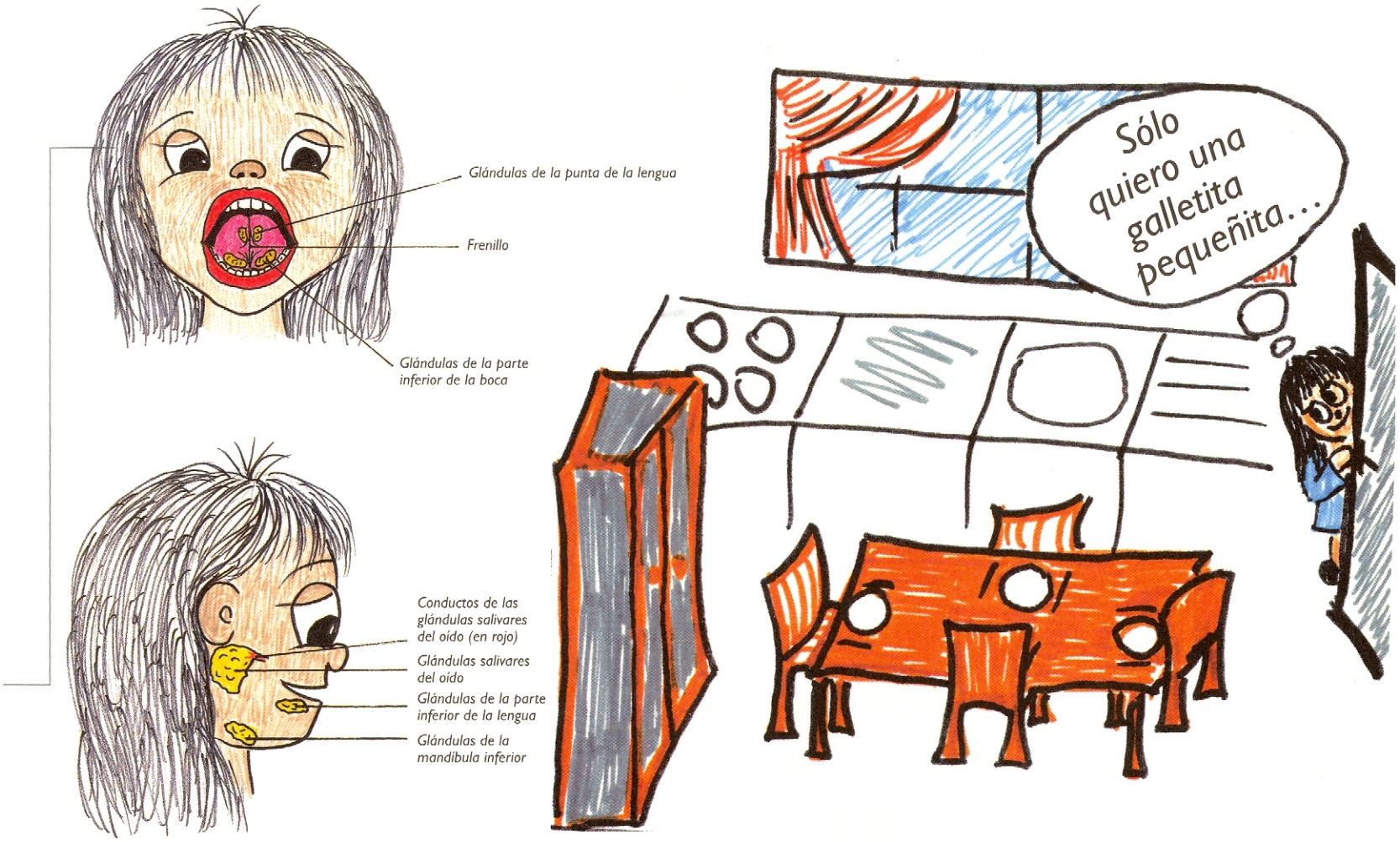
Yo me llamo **Normi** y la mayoría de las veces, me tienen en cuenta, cuando ya no estoy.

Elisa tiene muchas ganas de comer galletas

Elisa sabe muy bien que antes del almuerzo no debe picar nada dulce. Pero la tentación es taaaaan grande…; sólo quiere una galleta – nadie lo va a notar! Su madre ha escondido las galletas en el armario, eso ya lo sabe desde hace tiempo. Así que se desliza muy callandito por la cocina hasta el armario, y…

Para adultos:

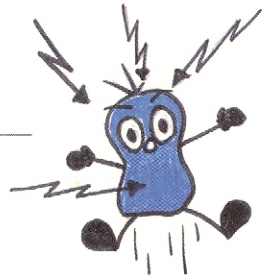
Elisa, con gran excitación, se imagina ya la galleta deshaciéndose en la boca.
De hecho la digestión comienza ya en la boca. Los dientes trituran la comida y la mezclan con la secreción de las glándulas salivares de la mandíbula inferior, de la parte inferior de la boca, del oído y de un montón de glandulitas de la cavidad bucal. En general se nos hace «la boca agua» antes de introducir algo en la boca, cuando contamos con seguridad que vamos a recibir ese «bocado-comida».


Glándulas de la punta de la lengua
Frenillo
Glándulas de la parte inferior de la boca
Conductos de las glándulas salivares del oído (en rojo)
Glándulas salivares del oído
Glándulas de la parte inferior de la lengua
Glándulas de la mandíbula inferior
Sólo quiero una galletita pequeñita...

Elisa es descubierta por su mamá

Justo en este momento Elisa se va a meter una galleta en la boca. Le gusta tanto esa galleta, que su boca ya se le hace agua. Y justo ahora, de repente, entra su madre en la cocina y ella se asusta tanto que deja la galleta inmediatamente.

Para adultos:
Elisa acaba de sufrir un DHS® (trauma) de «no poder o no deber ensalivar un bocado». Este ensalivado ha durado demasiado y los conductos de las glándulas salivares (así es como se llaman), no tenían la necesaria amplitud, por tanto dichos conductos debían ser ampliados. Esto ocurre a través de la destrucción celular en la parte interna de los conductos; Plani se pone a trabajar sin demora.



Oh Dios mío! Elisa es cogida por sorpresa y ¡tiembla como un flan!

A Elisa le «leen la cartilla»

Uf…, ¡qué bronca! – y todo por una galletita. Pero la madre de Elisa continúa firme: ¡de castigo, una semana entera sin golosinas!

Para adultos:
Elisa está en la fase simpaticotónica de conflicto activo. Dicho en términos biológicos no ha conseguido ensalivar suficientemente rápido la galleta. La pérdida de tejido en los conductos de las glándulas salivares, que deben procurar un mejor y más rápido fluido de la saliva, no es dolorosa, pero de todos modos puede originar una leve tirantez, que en la mayoría de los casos no se nota.

Plani se pone a trabajar.

La mamá le trae sus galletas preferidas

Durante toda la semana Elisa tuvo que renunciar a las golosinas. Tendida en la hierba, delante de la casa, un poco aburrida con su Pandi, mirando una mariposa, pensaba continuamente en cómo había sido descubierta por su madre. Sí que tenía un poquito de mala conciencia. Pero esto se desvaneció rápidamente cuando vio venir a su madre. Y, ¿qué es lo que traía en las manos? Un plato grande con las galletas preferidas de Elisa…y además un vaso de sirope. Ahora a Elisa se le hace la boca agua de nuevo, y esta vez tiene realmente permiso para masticar con todo el placer del mundo….mmm…¡ qué bueno está!

Para adultos:
Elisa ha podido solucionar su conflicto y el organismo entra en la fase de reparación, la denominada vagotonía.

El conflicto de Elisa ha terminado! La situación de su ánimo se soluciona rápidamente pues la mamá ya no está enfadada sino todo lo contrario. Plani se pone a trabajar y reconstruye las células destruidas anteriormente en los conductos de las glándulas salivares!

Aquí hay algo que no encaja

Por desgracia la alegría dura poco. Cuando Elisa se va a la cama por la noche – y todavía quiere saborear el último bocadito de galleta, le sobreviene un dolor muy fuerte bajo las orejas, a los lados de las mejillas y en el cuello. ¿Qué es lo que pasa otra vez…?

Para adultos:
Los microbios comienzan con su trabajo y la inflamación y el dolor aumentan; las partes afectadas sufren una fuerte tirantez. Elisa tiene calor, se siente mal, y continuar abriendo la boca, masticando y tragando es doloroso!

Las paperas comienzan con una inflamación de los conductos de las glándulas salivares, que puede llevar a una congestión y agrandamiento de la glándula salivar. A menudo solo afecta a un lado, después de 3 – 4 días puede afectar al otro. Por suerte mamá Bravo sabe que no pasa nada más y que todo este espectro pasará en 5 – 9 días.

Elisa tiene los mofletes como un hamster

Elisa va rápidamente al baño a mirarse al espejo. Y, ¿qué ve la niñita? Tiene la cabeza como una luna llena – redonda como una bola. El cuello y las mejillas están tan inflamados y tirantes que no se pueden tocar. Mamá está ahora segura de que Elisa lo que tiene son paperas.

Ella sabe también porqué. Las paperas sólo se cogen cuando se quiere comer algo a toda costa y no se llega a conseguir al quedar uno impedido por algún motivo; así que es un conflicto biológico – y precisamente por eso se pueden coger paperas. Vaya, querida Elisa, una de dos: o no comes más golosinas o que no te pillen nunca más.

Para adultos:

Por orden del cerebro de Elisa, nuestros amigos los microbios, reconstruyen con cuidado y precisión las células de epitelio plano, bajo la inflamación. Por lo demás, es posible – aunque en raras ocasiones – tener paperas repetidas veces, cuando aparece el DHS® correspondiente de no poder-deber ensalivar.

Plani siempre construye, por orden del cerebro en la vagotonía, más células nuevas!
Elisa tiene un poco de dolor, fiebre y sus orejas sobresalen.

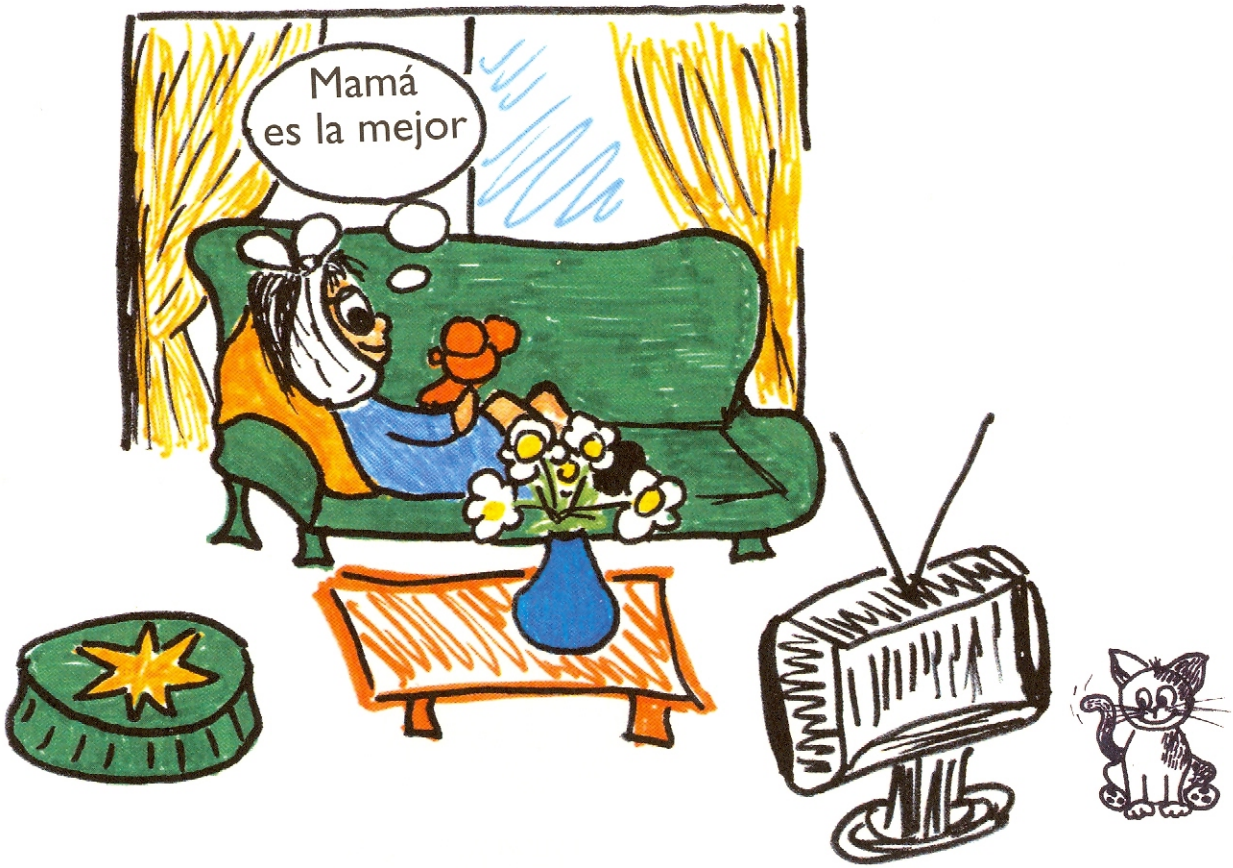
Elisa se cura rápido

Por suerte nuestra pequeña paciente tiene una mamá muy lista. Sabe que en las paperas, lo mejor es poner un poco de hielo con un trapo húmedo en las partes inflamadas y doloridas. Así los dolores no hacen tanto mal y la inflamación retrocede de forma más rápida.

Para adultos:

En estos casos tan claros, siempre es mejor dejar pasar el programa especial de la naturaleza sin intervenir con medicamentos. De esta manera se logrará una sanación más natural de una enfermedad infantil, en principio leve, que ha transcurrido a lo largo de todas las generaciones de nuestros antepasados sin más perjuicio. Toda descripción de la medicina alopática, o la aplicación de vacunas o inyecciones de cualquier clase, tan sólo interfiere el curso natural. Por motivos legales – cuando no científicos o ético-morales – estamos obligados a advertir que estos consejos no pueden sustituir la visita al médico.

El programa biológico especial, y con pleno sentido, está pronto por cerrarse y Elisa vuelve al ritmo normal día/noche.



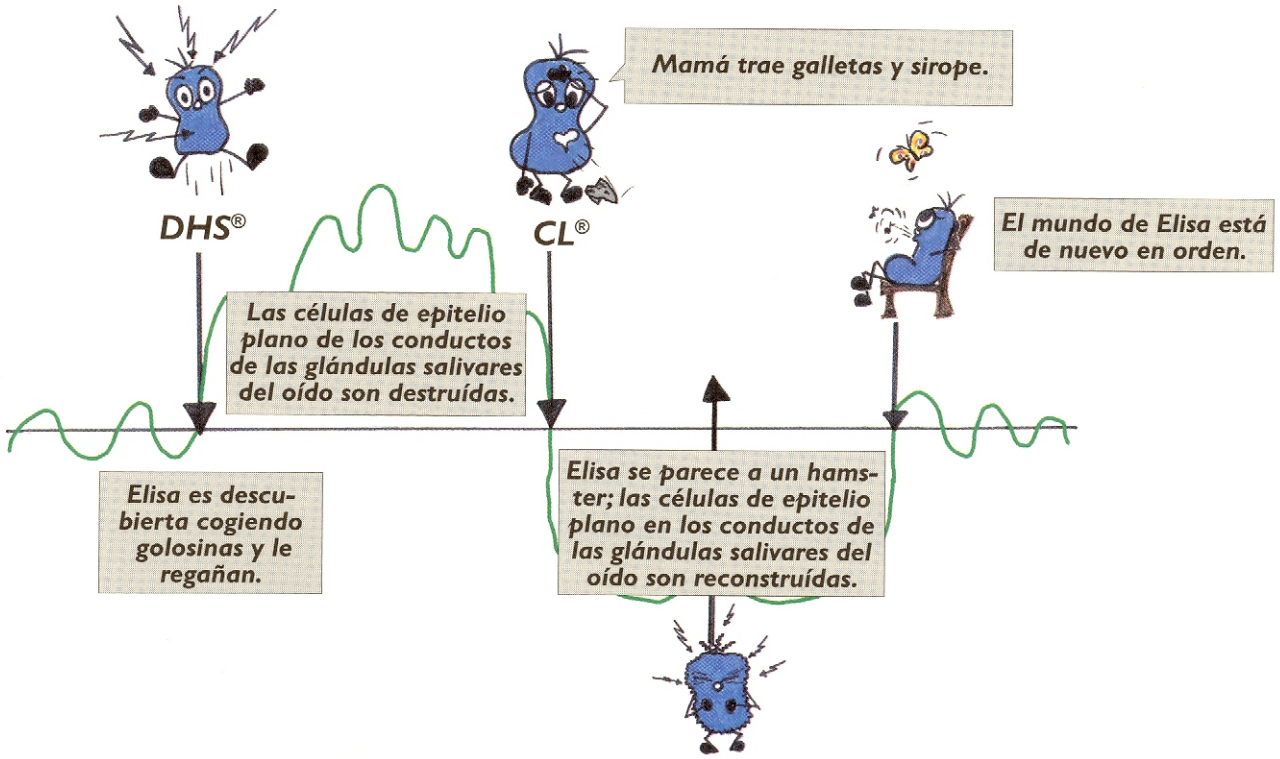
¿Por qué conoce la señora Bravo tantas cosas beneficiosas para las enfermedades?

Sí, ¿de dónde sabe tanto la señora Bravo? A decir verdad ella no es médica, pero es asunto suyo estar siempre segura y no proceder nunca con miedo y pánico ante cualquier enfermedad de su familia. Ella conoce desde hace tiempo las cinco leyes naturales de la Nueva Medicina Germánica®, según el doctor en medicina R. G. Hamer. Este médico investigador se vio en la situación de ver morir en sus brazos a su hijo Dirk Hamer, salvajemente disparado por un príncipe italiano, tras graves lesiones y muchas operaciones. Esta pérdida cruel, demoledora y dolorosa desató en él un cáncer de testículo. Tras el restablecimiento y la intensa investigación, consultando muchos pacientes, encontró que el cáncer de testículo y el quiste de ovario casi siempre es producido, en la mayoría de los casos, por un denominado «conflicto de pérdida» de una persona o animal queridos. Demostró sin duda alguna, científicamente, a través de reconocimientos minuciosos y profundos llevados a cabo durante años, que cada enfermedad va siempre precedida de una vivencia de shock, en aislamiento, inesperada y dolorosa. Entretanto elaboró una tabla (cuadro sinóptico), fiel al requerimiento científico, de cada contenido de conflicto psicobiológico, que produce alteraciones en los niveles de la psique, del cerebro y los órganos. La señora Bravo tiene esta tabla y no quiere ya prescindir de ella. Encuentra en ella indicaciones realmente útiles a muchos programas especiales, entre otros, para las paperas. Incluso, dado el caso, también puede formular preguntas con sentido al médico y controlar si se hace lo correcto para un pronto restablecimiento, es decir, para una vuelta a la normotonía.

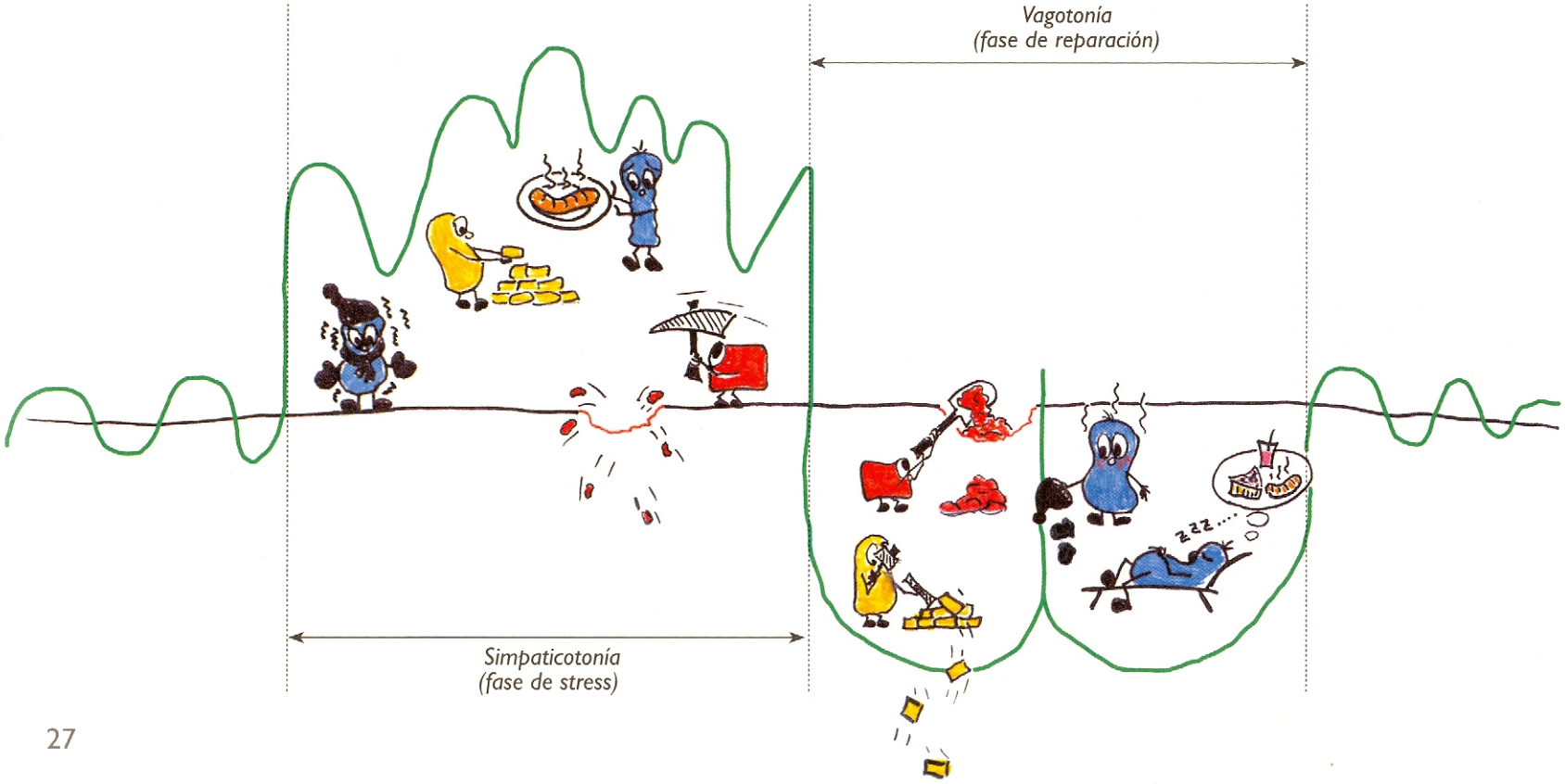
No es necesario temer por nada, cuando se comprende.

Las cinco leyes de la naturaleza de forma abreviada:

Toda enfermedad comienza con la vivencia de un impacto psicobiológico inesperado, o un trauma – si no es por una mala alimentación, lesiones psíquicas o envenenamientos, claro. Esta profunda vivencia, llamada en la terminología profesional DHS®, a menudo puede no ser reconocida desde fuera como algo traumático, sobre todo cuando la persona afectada, por diferentes motivos, no puede o no quiere comentar el conflicto. El DHS® ocurre de repente, se vive de forma traumática y aislada.



Con la llegada del trauma, el afectado se encuentra inmediatamente en la primera fase del proceso de la enfermedad, la llamada simpaticotonía. Esta fase de conflicto activo precipita al individuo hacia pensamientos forzados, como obligados, entorno a la vivencia del conflicto, y origina la mayoría de las veces, insomnio o trastornos en el sueño, pensamiento recurrente, manos y pies fríos, pérdida de apetito y demás alteraciones orgánicas y cerebrales, o deficiencias funcionales. Esta situación a menudo no es reconocida como verdadera enfermedad.



Tan pronto como llega la solución del conflicto, el organismo cambia los niveles del psiquismo, cerebro y órganos a la característica fase caliente de reparación, con gran cansancio, aumento de peso, acaso mareos y visión doble, expulsión de líquido, dolores de todas clases, infecciones y hemorragias, fase llamada vagotonía. La mayoría de las enfermedades no se descubren hasta este momento.

En la mayor parte de las enfermedades cursan tanto la primera como la segunda fase sin demasiados problemas. Por regla general no se necesita tomar medidas médicas, ya que este programa especial de la madre naturaleza ha sido sometido a prueba y puesto en práctica, a través de todas las generaciones anteriores. Este programa está hecho de forma óptima para la supervivencia. Propuestas sobre el tratamiento aparecen en este episodio en la página 32. Por motivos referentes a la ley estamos obligados a subrayar que estas sugerencias no sustituyen la visita del médico.

El DHS®, así como las dos fases de todas las enfermedades, puede ser observado y descrito a nivel cerebral a través de una imagen (tomografía axial computerizada), especialmente apropiada para confirmar la fase de la enfermedad, el órgano afectado y el conflicto desencadenante de dicha enfermedad. Este medio debiera ser utilizado sólo en cuadros de enfermedad graves o confusos.

Los microbios son desde el principio de los tiempos nuestros simbióticos, es decir, cohabitantes que no quieren atentar contra nuestra vida y hacernos daño, sino que, definitivamente, siempre son ayudantes eficaces en la fase de reparación (vagotonía) y optimizan la sanación.

El trabajo de investigación del Dr. en med. R. G. Hamer, – ya desde algunas décadas y reconocido a nivel universitario-, permite identificar todo suceso de enfermedad como un programa biológico especial de la naturaleza, (SBS), con pleno sentido para la supervivencia.

Para cualquier sociedad sería de suma importancia que las cinco leyes de la naturaleza de la Nueva Medicina Germánica®, aunque con retraso, encontraran un lugar beneficioso en la biología básica y la cultura general de todos sus ciudadanos.
Este «libro infantil también para los adultos» es una aportación a este fin.

Los autores
Daniela Amstutz y Harald Baumann

Nota:

La presente descripción de las cinco leyes de la naturaleza es en parte incompleta y de ninguna manera sustituye la lectura de las distintas obras científicas del Dr. en med. R. G. Hamer (ver pag. 30).

Sugerencias de la señora Bravo para la terapia, Pequeños remedios caseros y medicamentos

Nota: ¡no hay sanación definitiva sin una solución de conflicto auténtica y duradera!

Bajo el concepto «terapia», en la Nueva Medicina Germánica®, se comprende todas aquellas medidas que mitiguen o suavicen la parte desagradable de las dos fases del proceso de la enfermedad – en especial en el punto culminante de la crisis curativa, sin que interfieran en el proceso natural de sanación, al punto que la interrumpan. En general, todo «tipo de terapia» es bienvenida, mientras no influya de forma negativa en el proceso natural de sanación/ reparación del organismo, llegando a impedirlo.

Los microbios de nuestras latitudes son nuestros ayudantes beneficiosos, y no enemigos de nuestro organismo. Ayudan definitivamente en la fase de reparación destruyendo las células (adeno) que no necesitamos más, o en la reconstrucción de las células de epitelio plano. Por eso no tiene ningún sentido matarlos con antibióticos o con otras sustancias químicas agresivas. Tales medicamentos, primero no ayudan a solucionar ningún conflicto, segundo destruyen a nuestros optimizadores de la sanación, y tercero dañan nuestra flora intestinal y fastidian el conjunto de nuestro organismo. En este sentido, lo que vale siempre es calcular qué consecuencias son más peligrosas y dramáticas: los efectos secundarios de los medicamentos o el proceso de sanación con sus síntomas en parte desagradables, pero sólo pasajeros. Existen suficientes «formas de terapia» acreditadas y pequeños remedios inocuos, que sirven de apoyo o ayudan. El ceremonial o el «teatro» en torno a los convalecientes influyen considerablemente en su estado.

Consideren, queridos padres, que la solución del conflicto tiene la máxima prioridad, y que a la solución sigue una fase de reparación a veces quizá desagradable – pero sólo pasajera. Nada ni nadie sana mejor que la naturaleza.

Este saber les fortalece a ustedes y a sus hijos en la confianza de la fuerza sanadora de sus organismos. Incluso cuando aparecen la fiebre y otros síntomas, no sobreviene el pánico, porque el proceso de reparación de todas las

posibles enfermedades ya fue practicado por las generaciones de nuestros antecesores. Además, dicho sea de paso, en 25 generaciones anteriores hemos tenido más de 33 millones quinientos cincuenta y cuatro mil cuatrocientos treinta y dos antecesores, y en 30 generaciones son cerca de once mil millones! Nuestro programa está por consiguiente bien probado, y si la naturaleza lo hubiera encontrado necesario, el organismo hubiera descubierto de sobra los medicamentos actuales y los hubiera incorporado. Esto no quiere decir que no haya ningún medicamento útil, pero que son sólo unos pocos.

Queridos padres, si no están seguros, sobre cómo ayudar a sus hijos, entonces diríjanse a un médico o terapeuta que piense y trate de forma integral, que también entienda algo sobre la Nueva Medicina Germánica® o las cinco leyes biológicas de la naturaleza. De todas maneras, obtengan más información, utilicen otros libros de nuestra editorial o de la Editorial Amici di Dirk España (mirar lista de literatura en página 26).

Entre un buen médico y uno malo hay mucha diferencia: entre el mejor de los médicos y la naturaleza, la diferencia es todavía mayor.

Pequeños remedios caseros bien probados de la señora Bravo

Fiebre

La señora Bravo sabe que la fiebre favorece el correspondiente proceso de sanación y que por tanto, a ser posible, no se debe impedir con substancias químicas. Si sube la fiebre demasiado o Elisa es propensa a tener calambres por esta causa, su mamá intentará bajársela suavemente poniéndole calcetines fríos, compresas o cataplasmas frías, con vinagre en las piernas. En general, es válido, durante la fiebre: reposo en cama, beber infusiones de tila o menta, bizcocho, y si hay problemas de estómago, tomar sopitas y cremas de avena suaves y de fácil digestión. La piña fresca también ayuda con la fiebre y puede incluso administrarse como profiláctico.

En infecciones e inflamaciones de todo tipo (por ejem. esguinces, contusiones, etc.) a menudo ayuda colocar una bolsa de hielo que mitiga incluso los dolores.

Desintoxicaciones

En muchísimas enfermedades ayudan los microbios en la fase de curación/reparación. Estos producen «sustancias de deshecho». Nuestro organismo, en casos normales, es capaz de expulsarlos sin problema, pero cuando se acumulan en ese trabajo demasiados microbios, puede que sea excesivo. Esto deviene en un gran cansancio, flojera y fatiga. La señora Bravo alivia esta situación difícil, dando de beber a sus niños tila con limón y miel desde el principio de la enfermedad. Esta infusión la toman durante todo el día. La señora Bravo está también atenta a que durante este tiempo no coman demasiado y sobre todo no sea muy pesado. Esto sería una carga adicional para el cuerpo y posiblemente se agregarían nuevas «sustancias de deshecho». En esa fase la mayoría de los niños no tienen casi apetito. Si reciben suficiente miel y limón, ya tienen lo que necesitan para ese momento.

Esta colección de publicaciones tiene como cometido hacer comprensible de una manera sencilla, a jóvenes y mayores, el curso esencial de las enfermedades más frecuentes. Las cinco leyes biológicas de la naturaleza descubiertas por el Dr. med. R. G. Hamer, que encuentran aplicación en todas las enfermedades de humanos, animales y plantas, constituyen una base científica por añadidura. Así que toda enfermedad comienza siempre con el denominado DHS® – es decir, trauma psicobiológico – y se desarrolla a través de dos fases relevantes. La primera comienza con un trauma o un impacto fulminante, como un golpe o shock biológico, y precipita al individuo hacia una fría fase de stress, matizada por pensamientos forzados, insomnio y pérdida de peso, igualmente denominada simpaticotonía. La segunda fase, o mejor dicho la fase de reparación de toda enfermedad, sólo puede comenzar una vez que se haya producido la solución real del trauma desencadenante de dicha enfermedad. Esta segunda fase, llamada vagotonía a nivel profesional, conlleva la mayoría de las veces: cansancio, calor, incluso fiebre, dolores, inflamaciones, infecciones y hambre. Al final de ella, de nuevo, el paciente estará tan sano como sea posible.
Las demás leyes naturales de la Nueva Medicina Germánica® estarán explicadas e introducidas de forma abreviada en todos los episodios. Para que el lector interesado adquiera una comprensión más profunda, puede hacerlo primero a través de la exposición de esta colección, y luego con la lectura de las publicaciones del Dr. med. R.G. Hamer en Editorial Amici di Dirk – España.

ISBN 3-906865-28-2
9 783906 865287

Saber sólo es válido
cuando se comprende.

Según el sistema de la Nueva Medicina Germánica®

Episodio 4

La familia BRAVO

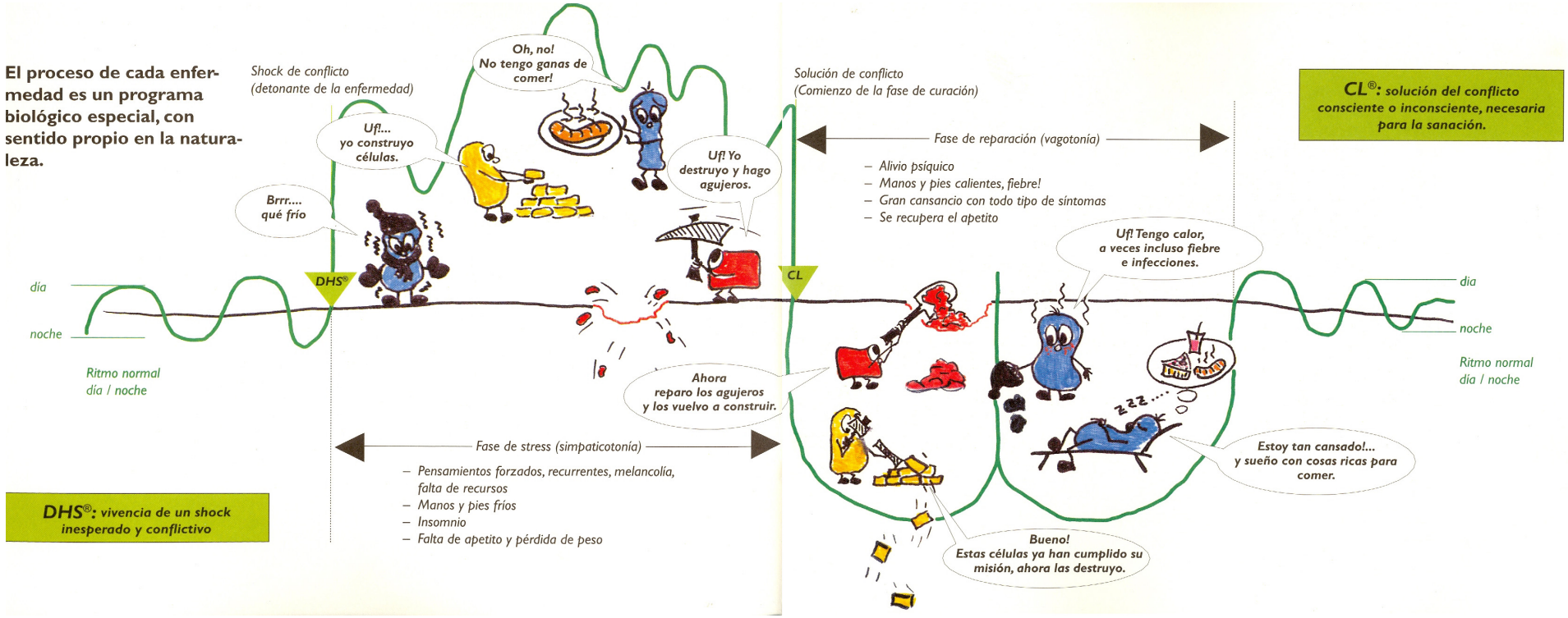
y sus aventuras con la medicina

Elisa tiene dolor de garganta

Cuentos para chicos y grandes

Según el sistema de la Nueva Medicina Germánica®

El proceso de cada enfermedad es un programa biológico especial, con sentido propio en la naturaleza.



DHS®: vivencia de un shock inesperado y conflictivo

CL®: solución del conflicto consciente o inconsciente, necesaria para la sanación.

Cuadro de enfermedad expuesto: dolores de garganta, molestias al tragar, inflamación de amígdalas, anginas, estomatitis.

*Tema de conflicto en este episodio: no poder tragar (por formación insuficiente de saliva) o no poder escupir algo.**

Contenidos y procesos de conflicto similares, los encontramos en la difteria o en adenopatias.

*(*consultar episodio 3)*

La familia BRAVO

y sus aventuras con la medicina

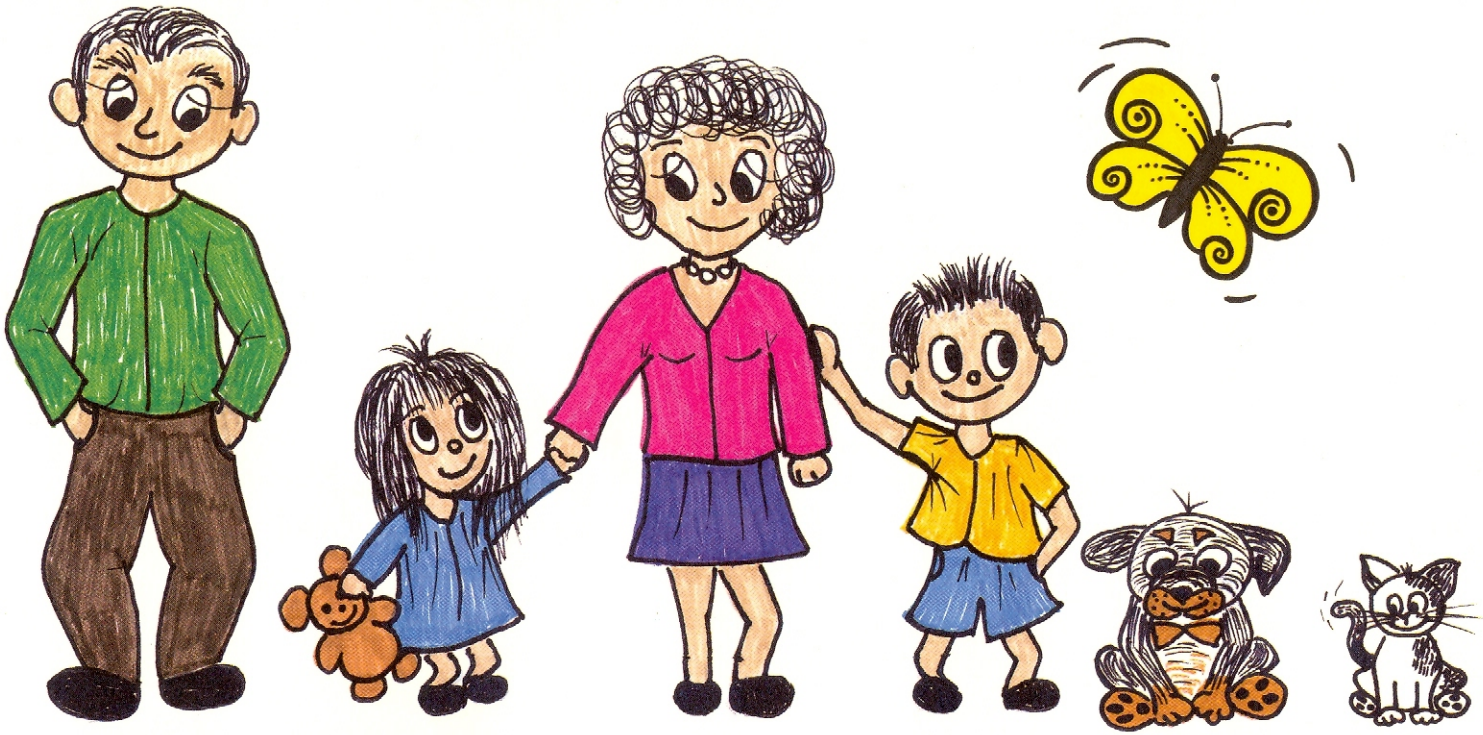
Elisa tiene dolor de garganta

Cuentos para chicos y grandes

Editorial Knautsch S.L.

Esta es la familia Bravo:

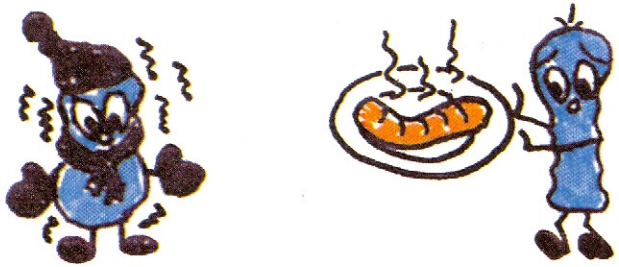
Todos son felices y se quieren mucho.



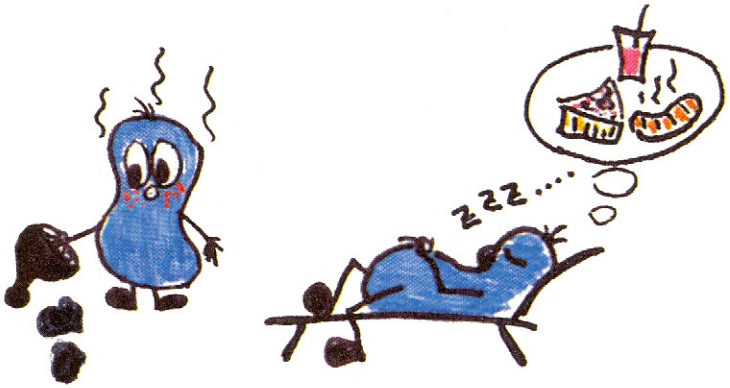
papá | Elisa y Pandi | mamá | Pedrito | el perro Tico y el gato Misi

Nosotros somos los duendecillos que pertenecen a cada paso de la enfermedad

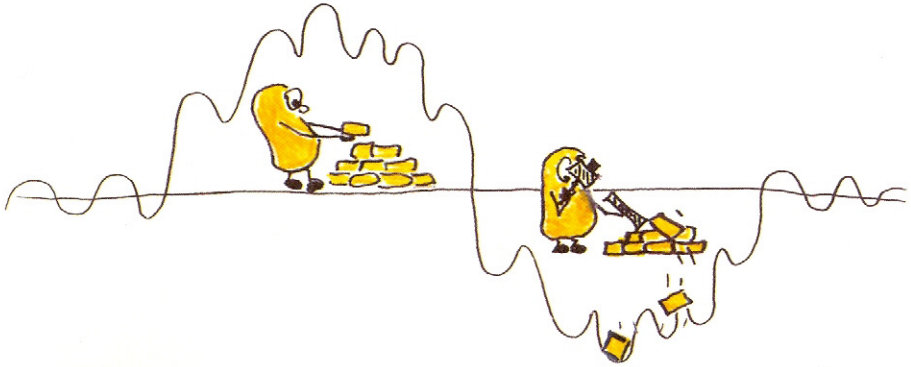
Yo soy **Simpi**, el maestro de la fase de stress, en mí predominan los pensamientos forzados, tengo casi siempre frío, sin ganas de comer y sufro frecuentemente de dificultad para conciliar el sueño.



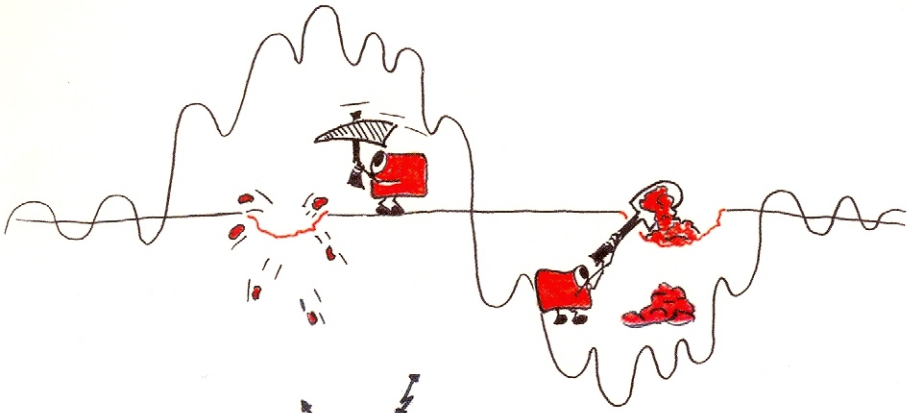
Mi nombre es **Vagui** y soy el maestro de la fase de reparación. Me siento psíquicamente muy bien, calentito y hambriento. También engordo, me canso pronto, estoy tirado y suelo tener dolores. Me dedico a eliminar fluidos, y la fiebre e infecciones son cosas mías.



Yo soy **Adi** y siempre construyo en la primera fase células (adeno), que luego destruyo en la fase de reparación.



Yo me llamo **Plani** y siempre destruyo células (de epitelio plano) y de nuevo las vuelvo a construir en la fase de reparación.



Hola, me llamo **Epi** y estoy en la crisis. Cuando ésta se pasa, me va de nuevo bien.

Yo me llamo **Normi** y la mayoría de las veces, me tienen en cuenta, cuando ya no estoy.

Elisa va con su madre a la ciudad

Ya ha llegado el invierno y todos los escaparates están maravillosamente decorados para la Navidad.
En una tienda de deportes, a Elisa le llama la atención unos bonitos esquís rojo vivo. «¡Mamá, éstos son los que quisiera para Navidad, son de mi talla!» La mamá, un poco desconcertada, intenta desviar la atención de Elisa sobre los esquís y propone mirar los estupendos juguetes de la siguiente tienda.
Tontamente, los Bravo, mamá y papá, ya habían comprado exactamente esos esquís para el regalo de Navidad de Pedrito, y para Elisa el regalo conveniente era una gran muñeca. Claro que la mamá no se lo puede decir todavía, naturalmente.
No obstante ella consigue que Elisa se mueva para seguir callejeando.

Para adultos:
Si Elisa se ha forjado la esperanza sobre estos nuevos esquís, sólo lo podemos sospechar; de todos modos no ha oído ningún no de su mamá. El mundo de Elisa está todavía en orden, es decir, en normotonia, en el ritmo normal día/noche.*

*Normotonia: Fase de un ritmo de ánimo equilibrado; libre de conflicto (mirar páginas 2 y 3)

Elisa tiene una curiosidad irresistible

Elisa sabe que su mamá guarda regalos de navidad escondidos en el ropero del cuarto de los papás (¿cómo se enteran de eso todos los niños?).
Como mamá está en este justo momento en el lavadero, Elisa no puede contenerse, sólo un disimulado y pequeñísimo vistazo al armario… ¿y qué ve allí, que hace palpitar su corazón?!
Un par de maravillosos esquís de color rojo vivo como los del escaparate: «el niño Jesús se ha dado cuenta de mi sueño dorado: ¡Huy!, voy a conseguir mis esquís… ¡mis primeros esquís!»

Para adultos:
Para Elisa ya está claro que va a conseguir en Navidad los esquís rojos. Lo ha visto con sus propios ojos. Ahora tan sólo necesita un poco de paciencia. Dicho de forma biológicamente arcaica, ha atrapado el «bocado», sólo necesita esperar a Navidad para «ensalivarlo» y «tragarlo».*

* *Especialmente en el fondo de la garganta, bajo la mucosa, se encuentran todavía las antiguas células de mucosa intestinal primitiva, que producen la saliva necesaria para ensalivar mejor el bocado, poder seguir transportándolo, y tragarlo o escupirlo.*

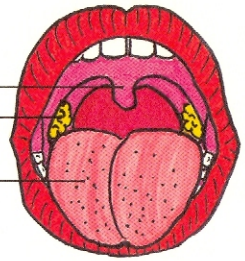
Elisa está que revienta ante la feliz expectativa

En unas pocas horas la familia Bravo va a festejar la Navidad. La mamá adorna el árbol de Navidad con bolas llamativas, guirnaldas, velas, estrellas, hilos de plata, etc. Eso siempre lo hace ella sola. Elisa mira maravillada, con Pandi, desde un escondrijo. Intenta adivinar a distancia lo que podrían contener todos los paquetes de regalos de colores.

«En aquel más grande – ahí están mis esquís», se alegra Elisa de forma picarona.

Para adultos:

Entonces, como Elisa ve «sus» esquís bajo el árbol de Navidad, ya no hay duda alguna de que no vaya a recibirlos. El «bocado», en un sentido biológicamente arcaico, ya se encuentra en la boca y comienza con la «digestión» de la respectiva incorporación (tragar).



Aquí vemos la boca abierta de Elisa. La visible membrana de la mucosa de la boca esconde debajo la primitiva membrana de la mucosa intestinal. Esta reacciona en el correspondiente conflicto con un crecimiento celular adenoide: el sentido biológico es producir más saliva, más jugo gástrico.

Elisa no lo puede atrapar

Por fin llega la noche. Por supuesto que Elisa recibe el regalo más grande, pero en lugar de los magníficos esquís… una muñeca! «¡Con esto no puedo esquiar!» su decepción es enorme, y todavía mayor, justo cuando su hermano Pedrito desempaqueta los esquís rojo vivo, que también los había deseado y se alegra como un cosaco.

Mamá y papá no están menos apenados y estupefactos que Elisa. A ésta le lloran los ojos e incluso Pandi pone una cara triste.

Para adultos:

El DHS® es una vivencia inesperada de shock conflictivo, un suceso subjetivamente drástico y dramático, que pilla de improviso pero que no siempre puede ser comprendido por los demás. Si Elisa hubiera pensado antes que los esquís también podían ser para Pedrito, no se hubiera sentido pillada a contra pié. Así que se encuentra deprimida, hundida e infeliz porque el supuesto «bocado» atrapado no lo puede tragar, incorporar. El cuerpo reacciona de forma biológica-arcaica aumentando la faringe y las amígdalas, formadas por células adeno. Con ello, el cuerpo quiere asegurarse de que haya suficientes células de la primitiva membrana intestinal, y poder así ensalivar y tragar mejor el próximo bocado para incorporarlo.

Nota: El fenómeno también ocurre cuando queremos pero no podemos escupir algo; por ejem: bocados de comida que nos veamos obligados a comer y que masticamos largo tiempo para después poder escupir mejor (ver en páginas 22/23 en Bursaria truncatella).

DHS®

El tejido adenoide de las amígdalas se multiplica; el sentido biológico es poder formar más cantidad de saliva. Cuanto más saliva se pueda producir, mejor se podrá tragar o escupir el bocado.

Elisa tiene molestias para tragar

A la mañana siguiente Elisa se despierta con molestias para tragar. Una extraña irritación le molesta para desayunar.
Su mamá le mira la garganta y descubre que las amígdalas han aumentado.
La mamá sabe inmediatamente lo que le ha pasado a Elisa. La culpa la han tenido los esquís rojos que no ha logrado. Elisa estaba segura de que los iba a recibir, pero en la noche de Navidad le sobrevino un gran shock.

Para adultos:
Elisa no era capaz de ensalivar y tragar lo suficientemente rápido el tan ardientemente deseado «bocado», los esquís. Algo así puede ocurrir con cualquier cosa. Algunos niños no consiguen de repente el pecho de la madre y no pueden tomar más leche materna. Otros no pueden coger, agarrar o incorporar el helado, el chupete, el juguete, los zapatos de fútbol, los billetes de banco, el gordo de la lotería, la pequeña herencia, las vacaciones, el bocado preferido, un permiso, etc… En este orden de relación reacciona, tanto la persona como el animal, de la misma forma biológica-arcaica; si confían ustedes, si están seguros – también en sentido figurado – de poder incorporar un bocado y a pesar de ello de repente no lo consiguen, entonces ocurre la desdicha. Un sentimiento agudo de desamparo, un exceso de decepción e incapacidad para reaccionar forman parte del DHS®. Prácticamente toda persona ha tenido en varias ocasiones las amígdalas inflamadas según la intensidad del conflicto. ¿Cómo es para ustedes personalmente? No hay amígdalas inflamadas sin el correspondiente conflicto solucionado (ver episodios 2 y 3).

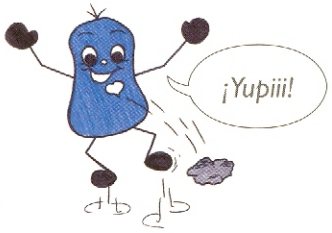
Algo así no debe pasarme otra vez: el próximo bocado lo voy a poder ensalivar y tragar mejor gracias al aumento de tejido adenoide de las amígdalas.

Los esquís le quedan pequeños a Pedrito

La casualidad quiso que los maravillosos esquís rojos le quedaran demasiado pequeños a Pedrito. Los padres comentaron el problema de Elisa y decidieron regalárselos a la pequeña. La muñeca se podría cambiar sin problema por unos esquís más grandes para Pedrito. Así, todos quedan contentos y felices. Y hasta Pandi se pone otra vez de buen humor.

Para adultos:

Vaya, primero ocurre algo de una manera, luego se piensa de otra, pero la «casualidad» a menudo pone las cosas de nuevo en su sitio. Para Elisa ahora el conflicto está solucionado y Adi ya puede ponerse al trabajo de desescombrar y destruir, mediante supuración, las células adeno-anteriormente construidas en demasía en el fondo de la garganta (ver Adi en pag. 6). Por suerte se pudo también arreglar el problema de Pedrito de forma elegante, pues, ¿quién sabe lo que hubiera ocurrido si él hubiera tenido que devolver los esquís sin cambiarlos por otros? Nadie está protegido de un conflicto psicobiológico.



CL®

¡Por fin ha atrapado Elisa el «bocado»! ¡Su conflicto se ha resuelto!

Elisa tiene dolor de garganta... y pronto se pone buena

La alegría de Elisa se enturbió un poco, pues nada más tener los esquís, recibió otro «regalo»; amígdalas inflamadas con fuertes dolores al tragar y fiebre.
Como pequeño parchecito de consuelo, tuvo permiso para estar durante todo el día acurrucada en la enorme cama de sus padres y leer un librito de Los Bravo.
Mamá le ha puesto una compresa fresquita alrededor del cuello y le ha llevado a la cama una infusión suavecita con miel.
Elisa va mejorando día tras día, y pronto podrá comer de nuevo comida más consistente.

Para adultos:
Todo proceso inflamatorio siempre corresponde a la fase de sanación/reparación. Exclusivamente en esta fase «caliente» vagotónica, los denominados microbios como estafilococos, estreptococos, neumococos y otros cocos se activan, es decir, se vuelven virulentos. Por regla general las enrojecidas e inflamadas amígdalas se sanan sin antibióticos con éxito. Por puras consideraciones legales jurídicas, en caso de enfermedades graves o poco claras, debiera consultarse con un médico que comprendiera algo de la Nueva Medicina Germánica® según el Dr. Hamer, un tratamiento antibiótico debe ser considerado con extrema cautela y en realidad debiera ser sólo de corta duración. Miles de millones de antepasados han sobrevivido a las inflamaciones de amígdalas, de la mejor manera, sin antibióticos.

Adi destruye con supuración, y en parte con más o menos fiebre, las células adeno de la garganta antes construidas y ahora sobrantes. Elisa va a poder comer y beber otra vez con normalidad.

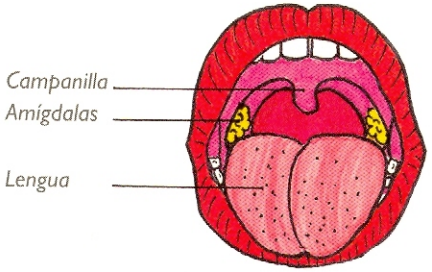
La normotonía ha vuelto de nuevo.

Inflamación de los ganglios linfáticos en la zona del cuello

A menudo las inflamaciones de garganta, amígdalas, de la trompa, del oído medio (ver episodio 2), de la faringe*, anginas, estomatitis, difteria, se corresponden con los ganglios linfáticos inflamados en la zona del cuello. Estos ganglios se inflaman en la vagotonía (fase de reparación), pues con el metabolismo alto se originan más «sustancias de deshecho». Los ganglios linfáticos aumentados e inflamados tienen más capacidad de rendimiento que los «normales». Por ello en muchas enfermedades pueden reaccionar también los ganglios conjuntamente, o sea, inflamarse y en parte producir dolor. Por regla general los ganglios linfáticos «gordos», adenopatías, desaparecen al mismo ritmo que van desapareciendo las inflamaciones arriba mencionadas.

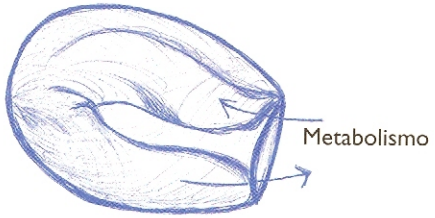
El contenido de conflicto para las inflamaciones o enfermedades de los ganglios linfáticos es siempre un conflicto específico de desvalorización de sí mismo, o una necesidad de elevar la potencia de los ganglios más próximos a los «órganos enfermos».

Lugares típicos para las inflamaciones ganglionares en la zona del cuello.



** La caridad profunda de la faringe puede estar afectada de diferentes maneras.*

Boca primitiva para el intercambio del bocado alimenticio, de aire, sonido, de luz y de olfato.



«bursaria truncatella» (= bolsa entrecortada) (unicelular, boca que llega muy profundamente al interior del cuerpo). Con 1mm de largo es un gigante de entre sus iguales.

«Vacunas preventivas»

No pueden serlo, tal y como las defiende y recomienda la medicina facultativa, ya que toda enfermedad proviene de un conflicto psicobiológico. La humanidad ha subsistido muy bien a lo largo de milenios sin semejantes «recursos». Y el organismo a lo largo de la evolución se ha desarrollado como una «máquina de supervivencia» que siempre hace lo que la psique – tanto para bien o para mal – pretende o siente.
Con las denominadas vacunas preventivas se protegen, sobre todo, la industria farmacéutica y el cuerpo médico de la ruina financiera. A la mayoría de las vacunas preventivas le acompañan conservantes y sustancias, como por ejem: formaldehído, mercurio, antibióticos y otros productos venenosos, extremadamente peligrosos y no tolerables para el organismo. Estas son también las que provocan una llamada reacción a la vacuna. Todo terapeuta y médico, conocedor de la Nueva Medicina Germánica®, va a desaconsejar todas las vacunas rotundamente.

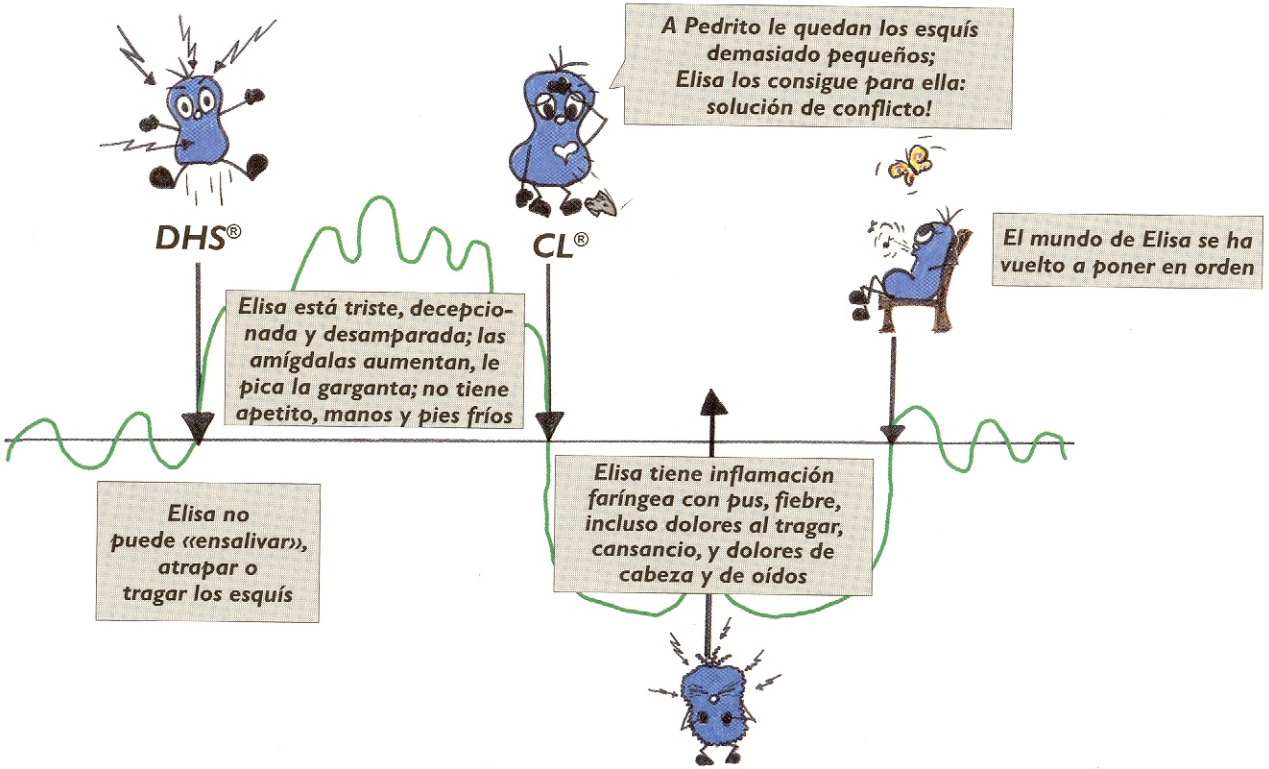
De «Bursaria truncatella» a las enfermedades de la faringe

A lo largo de la inimaginablemente extensa evolución, todos los seres se han desarrollado desde los organismos más simples hacia más complejos. Un antecesor importante era, entre tantos y tantos otros – el unicelular «Bursaria truncatella». Nos muestra de una manera impresionante como se alimentaba y se movía en agua de mar salada al 0,9%, sopa primitiva, viva y bombeando con movimiento peristáltico. La boca originaria servía al mismo tiempo como entrada y salida del «metabolismo»; también aprovechaba sonidos y luz. De esta abertura primitiva se desarrollaron después la boca actual, los ojos, oídos, nariz, el ano, etc… todos los orificios corporales y conductos para el metabolismo (intercambio de toda clase de sustancias) tienen su procedencia en esa boca primitiva. Por este motivo tienen todas las enfermedades* de la garganta siempre un origen parecido: el bocado auditivo o alimenticio (también en sentido figurado), no poder ingerir o eliminar. Boca y ano pueden tanto tragar como eliminar (secretar). Por la boca se vomita y el ano absorbe al administrar un supositorio.

*Las enfermedades no son otra cosa que seguir viviendo con otros medios.

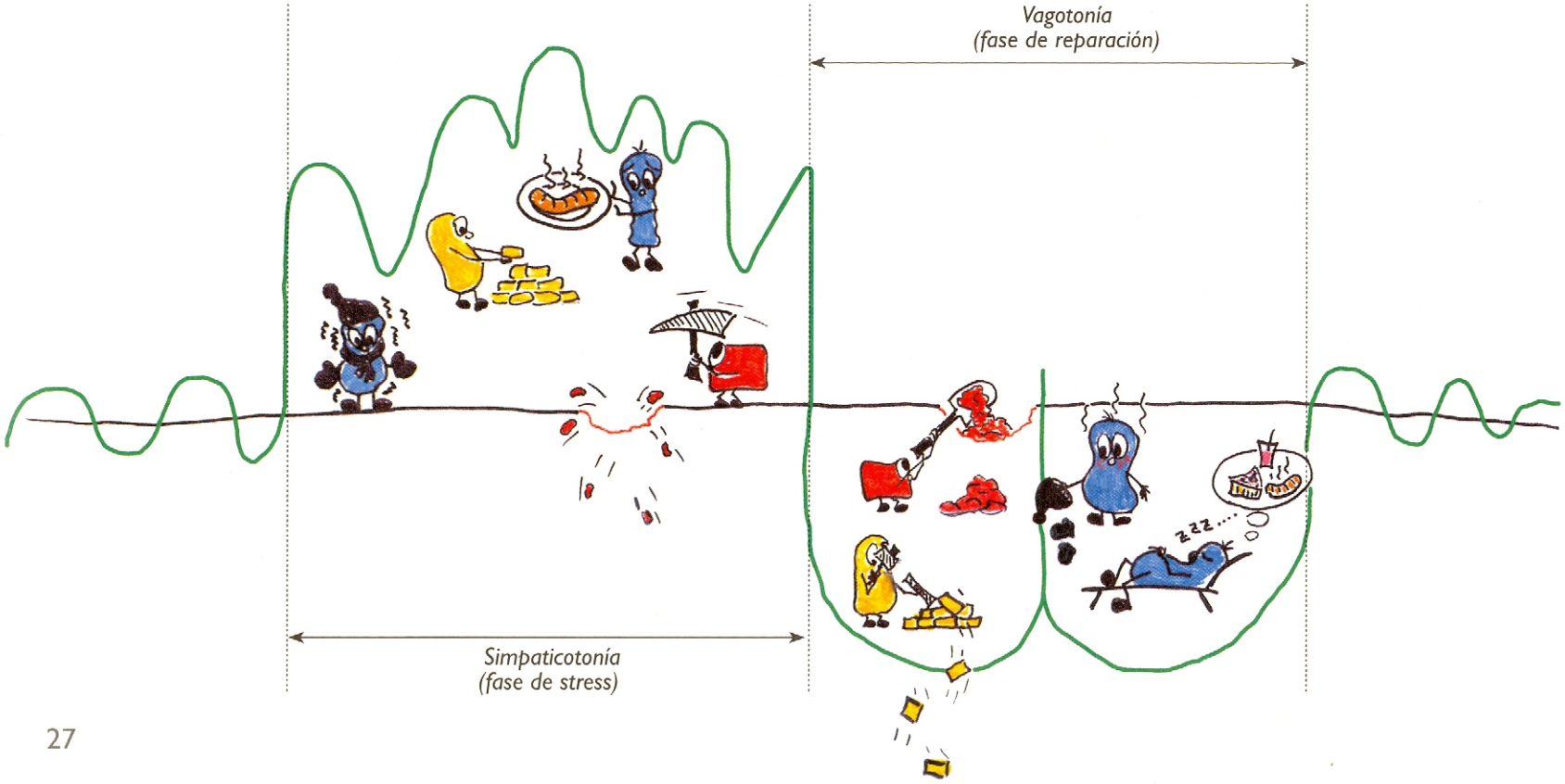
Las cinco leyes de la naturaleza de forma abreviada:

Toda enfermedad comienza con la vivencia de un impacto psicobiológico inesperado, o un trauma – si no es por una mala alimentación, lesiones psíquicas o envenenamientos, claro. Esta profunda vivencia, llamada en la terminología profesional DHS®, a menudo puede no ser reconocida desde fuera como algo traumático, sobre todo cuando la persona afectada, por diferentes motivos, no puede o no quiere comentar el conflicto. El DHS® ocurre de repente, se vive de forma traumática y aislada.



Crisis epiléptico/epileptoide

Con la llegada del trauma, el afectado se encuentra inmediatamente en la primera fase del proceso de la enfermedad, la llamada simpaticotonía. Esta fase de conflicto activo precipita al individuo hacia pensamientos forzados, como obligados, entorno a la vivencia del conflicto, y origina la mayoría de las veces, insomnio o trastornos en el sueño, pensamiento recurrente, manos y pies fríos, pérdida de apetito y demás alteraciones orgánicas y cerebrales, o deficiencias funcionales. Esta situación a menudo no es reconocida como verdadera enfermedad.



Tan pronto como llega la solución del conflicto, el organismo cambia los niveles del psiquismo, cerebro y órganos a la característica fase caliente de reparación, con gran cansancio, aumento de peso, acaso mareos y visión doble, expulsión de líquido, dolores de todas clases, infecciones y hemorragias, fase llamada vagotonía. La mayoría de las enfermedades no se descubren hasta este momento.

En la mayor parte de las enfermedades cursan tanto la primera como la segunda fase sin demasiados problemas. Por regla general no se necesita tomar medidas médicas, ya que este programa especial de la madre naturaleza ha sido sometido a prueba y puesto en práctica, a través de todas las generaciones anteriores. Este programa está hecho de forma óptima para la supervivencia. Propuestas sobre el tratamiento aparecen en este episodio en la página 32. Por motivos referentes a la ley estamos obligados a subrayar que estas sugerencias no sustituyen la visita del médico.

El DHS®, así como las dos fases de todas las enfermedades, puede ser observado y descrito a nivel cerebral a través de una imagen (tomografía axial computerizada), especialmente apropiada para confirmar la fase de la enfermedad, el órgano afectado y el conflicto desencadenante de dicha enfermedad. Este medio debiera ser utilizado sólo en cuadros de enfermedad graves o confusos.

Los microbios son desde el principio de los tiempos nuestros simbióticos, es decir, cohabitantes que no quieren atentar contra nuestra vida y hacernos daño, sino que, definitivamente, siempre son ayudantes eficaces en la fase de reparación (vagotonía) y optimizan la sanación.

El trabajo de investigación del Dr. en med. R. G. Hamer, – ya desde algunas décadas y reconocido a nivel universitario-, permite identificar todo suceso de enfermedad como un programa biológico especial de la naturaleza, (SBS), con pleno sentido para la supervivencia.

Para cualquier sociedad sería de suma importancia que las cinco leyes de la naturaleza de la Nueva Medicina Germánica®, aunque con retraso, encontraran un lugar beneficioso en la biología básica y la cultura general de todos sus ciudadanos.
Este «libro infantil también para los adultos» es una aportación a este fin.

Los autores
Daniela Amstutz y Harald Baumann

Nota:

La presente descripción de las cinco leyes de la naturaleza es en parte incompleta y de ninguna manera sustituye la lectura de las distintas obras científicas del Dr.en med. R.G.Hamer (ver pag. 28).

¿Por qué el nombre de «Nueva Medicina Germánica®»?

Desde hace casi un cuarto de siglo el Sistema de las cinco leyes de la Naturaleza se llama «Nueva Medicina según el Dr. en medicina R.G. Hamer» o simplemente «Nueva Medicina». Provisionalmente se han establecido a lo largo y ancho de todo el mundo muchas diferentes «Nuevas Medicinas» con diferentes orientaciones ideológicas. Para diferenciarse claramente de todas las demás Medicinas como la china, india, árabe, chamánica, indígena, o incluso «las nuevas», el Sistema de las 5 leyes de la naturaleza según Dr. Hamer, se llama en lo sucesivo Nueva Medicina Germánica®. O brevemente GNM®.

Sugerencias de la señora Bravo para la terapia, Pequeños remedios caseros y medicamentos

Nota: ¡no hay sanación definitiva sin una solución de conflicto auténtica y duradera!

Bajo el concepto «terapia», en la Nueva Medicina Germánica®, se comprende todas aquellas medidas que mitiguen o suavicen la parte desagradable de las dos fases del proceso de la enfermedad – en especial en el punto culminante de la crisis curativa, sin que interfieran en el proceso natural de sanación, al punto que la interrumpan. En general, todo «tipo de terapia» es bienvenida, mientras no influya de forma negativa en el proceso natural de sanación/ reparación del organismo, llegando a impedirlo.

Los microbios de nuestras latitudes son nuestros ayudantes beneficiosos, y no enemigos de nuestro organismo. Ayudan definitivamente en la fase de reparación destruyendo las células (adeno) que no necesitamos más, o en la reconstrucción de las células de epitelio plano. Por eso no tiene ningún sentido matarlos con antibióticos o con otras sustancias químicas agresivas. Tales medicamentos, primero no ayudan a solucionar ningún conflicto, segundo destruyen a nuestros optimizadores de la sanación, y tercero dañan nuestra flora intestinal y fastidian el conjunto de nuestro organismo. En este sentido, lo que vale siempre es calcular qué consecuencias son más peligrosas y dramáticas: los efectos secundarios de los medicamentos o el proceso de sanación con sus síntomas en parte desagradables, pero sólo pasajeros. Existen suficientes «formas de terapia» acreditadas y pequeños remedios inocuos, que sirven de apoyo o ayudan. El ceremonial o el «teatro» en torno a los convalecientes influyen considerablemente en su estado.

Consideren, queridos padres, que la solución del conflicto tiene la máxima prioridad, y que a la solución sigue una fase de reparación a veces quizá desagradable – pero sólo pasajera. Nada ni nadie sana mejor que la naturaleza.

Este saber les fortalece a ustedes y a sus hijos en la confianza de la fuerza sanadora de sus organismos. Incluso cuando aparecen la fiebre y otros síntomas, no sobreviene el pánico, porque el proceso de reparación de todas las

posibles enfermedades ya fue practicado por las generaciones de nuestros antecesores. Además, dicho sea de paso, en 25 generaciones anteriores hemos tenido más de 33 millones quinientos cincuenta y cuatro mil cuatrocientos treinta y dos antecesores, y en 30 generaciones son cerca de once mil millones! Nuestro programa está por consiguiente bien probado, y si la naturaleza lo hubiera encontrado necesario, el organismo hubiera descubierto de sobra los medicamentos actuales y los hubiera incorporado. Esto no quiere decir que no haya ningún medicamento útil, pero que son sólo unos pocos.

Queridos padres, si no están seguros, sobre cómo ayudar a sus hijos, entonces diríjanse a un médico o terapeuta que piense y trate de forma integral, que también entienda algo sobre la Nueva Medicina Germánica® o las cinco leyes biológicas de la naturaleza. De todas maneras, obtengan más información, utilicen otros libros de nuestra editorial o de la Editorial Amici di Dirk España (mirar lista de literatura en página 28).

Entre un buen médico y uno malo hay mucha diferencia: entre el mejor de los médicos y la naturaleza, la diferencia es todavía mayor.

¿Qué son realmente los dolores de garganta, inflamación de amígdalas, Anginas, Estomatitis, difteria, mononucleosis y escarlatina?

Aquí se trata de diferentes nombres a un programa especial con la misma situación de contenido de conflicto o similar. Todos los títulos de los programas especiales arriba mencionados, tan sólo se diferencian en la intensidad y el grado o matiz, así esté realmente afectado el tejido adenoide, o sea el epitelio cilíndrico (ver pag. 6 en Adi) de la mucosa intestinal primitiva en la faringe. La multiplicación/construcción de estas células ocurre siempre en la llamada fase de conflicto activo, simpaticotonía. La inflamación se instala siempre en la fase de reparación una vez hay solución de conflicto «no poder incorporar o expulsar un bocado a causa de insuficiente formación de saliva».

La aceptación de que cualquier germen, gotita de saliva, virus o bacterias al toser, hablar, estornudar, de persona a persona o de animal a persona se va a contagiar, pertenece al reino de la fantasía o de los cuentos. Todos los micro-

bios supuestamente contagiosos siempre son activos o virulentos únicamente en fase de reparación. La única predisposición a la virulencia se encuentra en la solución del conflicto mencionado de antemano.
Los afectados se quejan a menudo de dolores de garganta, de cabeza y oídos, también seguido de fiebre alta y cansancio. Las amígdalas y la faringe se enrojecen, se inflaman, y muestran unos pequeños depósitos blanco-agrisados. A veces también se pueden inflamar los ganglios linfáticos del cuello (ver pag. 22).

Qué hace la señora Bravo ante: dolores de garganta, inflamación de amígdalas, anginas, difteria y mononucleosis?

Reposo en cama, y si es preciso, bajar la fiebre con compresas húmedas y frías en las pantorrillas y cuello, como se ha mencionado. La señora Bravo encuentra los mejores resultados para el metabolismo, con salvia u otra infusión. Elisa puede beberlo o hacer gárgaras.

La señora Bravo tan solo pensaría en una extirpación o en un tratamiento con antibióticos en un caso extremo, es decir, en continua y constante repetición de conflicto y amígdalas fuertemente aumentadas. Mientras los niños puedan respirar normal, no tendría sentido tomar estas medidas no naturales. Lo mejor es siempre evitar y solucionar definitivamente el conflicto que hace enfermar. Las denominadas vacunas preventivas contra la difteria o contra cualquier otra enfermedad nunca serían aceptadas por la señora Bravo, ya que las vacunas no pueden solucionar ningún conflicto psicobiológico y traen al cuerpo substancias venenosas innecesarias.* Los microbios no son los causantes de la enfermedad, sino los optimizadotes de la sanación, que únicamente se vuelven virulentos o activos en la fase vagotónica.

* Será ampliamente argumentado en el episodio 13.

Todas las enfermedades – menos aquellas ocasionadas por falta de alimentación, lesiones psíquicas, sobrecargas mecánicas y envenenamientos o intoxicaciones – resultan de un trauma psicobiológico. Ya en todos los tiempos lo «sabía» la humanidad, de forma más o menos instintiva, y estaba al corriente de este imponderable. La Psicosomática, teoría de la estrecha relación e interacción entre cuerpo y alma, desde milenios, fue siempre reforzada por Hipócrates (460–370 a. Cristo), Aristóteles (384–322 a. Cristo), Paracelso (1493–1541), Georg Ernst Stahl (1660 –1734) y su «Animismo» – creencia de la animación de los seres – y muchos, muchos otros como Groddeck, Reich, Selye, Laborit y la «Escuela de Montpellier», etc. El médico francés Michel Moirot (1912–1997), logró demostrar la autenticidad de la psicosomática en los 60 y comienzo de los 70 del siglo XX tras largas y solitarias investigaciones.

Sin duda la más valiosa y extensa aportación hasta ahora, tanto a nivel teórico como práctico, a la completa y científica reproductibilidad de la psicosomática, ha sido llevada a cabo por el Dr. en med. R.G.Hamer con su Nueva Medicina Germánica® y las 5 leyes de la naturaleza correspondientes, en cada caso de enfermedad. Ha logrado también la elaboración de una tabla científica (cuadro sinóptico) verdaderamente valiosa, con un léxico – lenguaje orgánico – comprensible, claro y vigente, cuya precisión, fiabilidad y dimensión todavía le faltaba a la psicosomática actual.

Por primera vez en la historia de la humanidad puede comprender cada cual la procedencia (el suceso de shock) de su sufrimiento, y reconocerlo a nivel del alma (pensamientos forzados), del cerebro (los denominados focos de Hamer o edemas cerebrales) y en el órgano (alteraciones orgánicas o síntomas funcionales), y si fuera necesario, enfrentarlo.

Esta colección tiene como objetivo hacer comprensible a jóvenes y mayores los procesos esenciales de las enfermedades más frecuentes, según el sentido de las 5 leyes de la naturaleza de la Nueva Medicina Germánica®, de una forma fácil y sencilla.

ISBN 3-906865-29-0
9 783906 865294

Los grandes sanadores se llaman Solución de conflicto, Naturaleza y Paciencia.

Según el sistema de la Nueva Medicina Germánica®

Episodio 5

La familia **BRAVO**

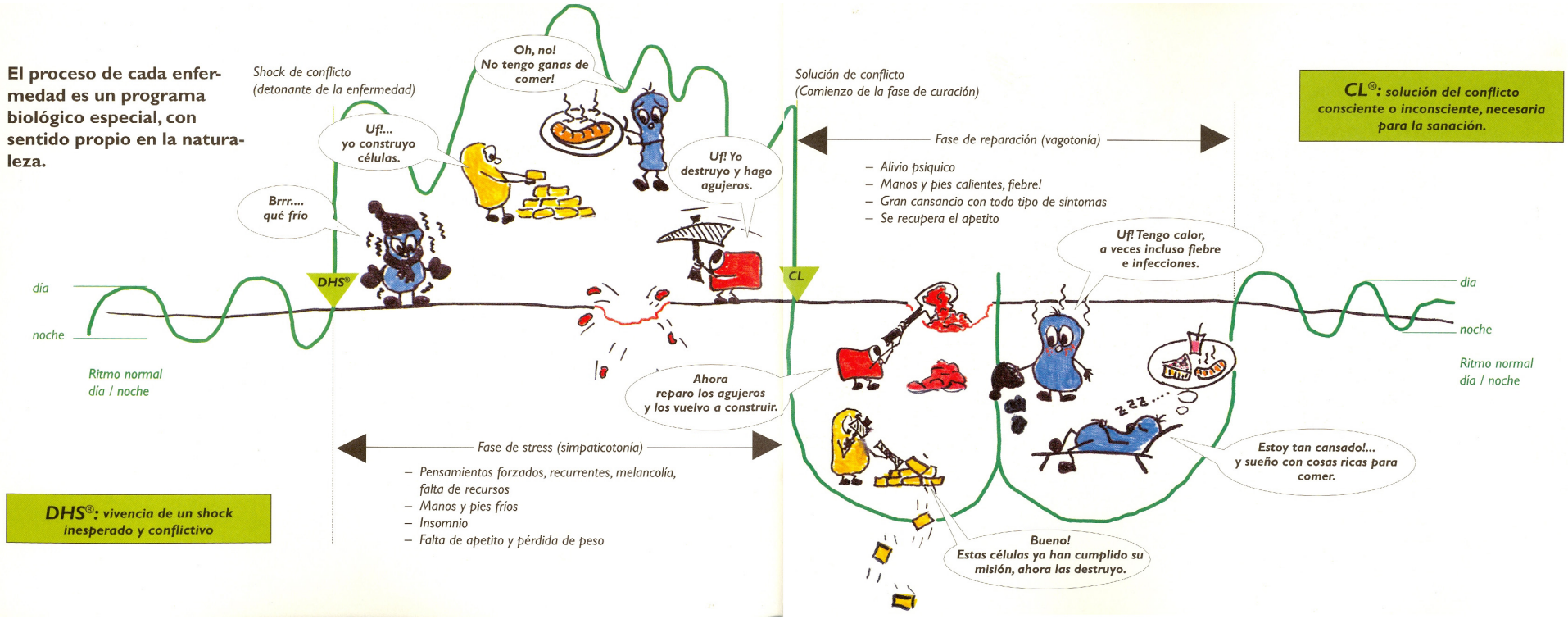
y sus aventuras con la medicina

Pedrito tiene una erupción en la piel

Cuentos para
chicos y grandes

Según el sistema de la Nueva Medicina Germánica®

El proceso de cada enfermedad es un programa biológico especial, con sentido propio en la naturaleza.



Cuadro de enfermedad expuesto: neurodermitis, psoriasis, eccema, dermatitis

*Tema de conflicto en este episodio: conflicto de separación **

Procesos y contenidos de conflicto similares los encontramos en otras diferentes erupciones de la capa superficial de la piel, llamada Epidermis.

*(*ver episodio I)*

La familia BRAVO

y sus aventuras con la medicina

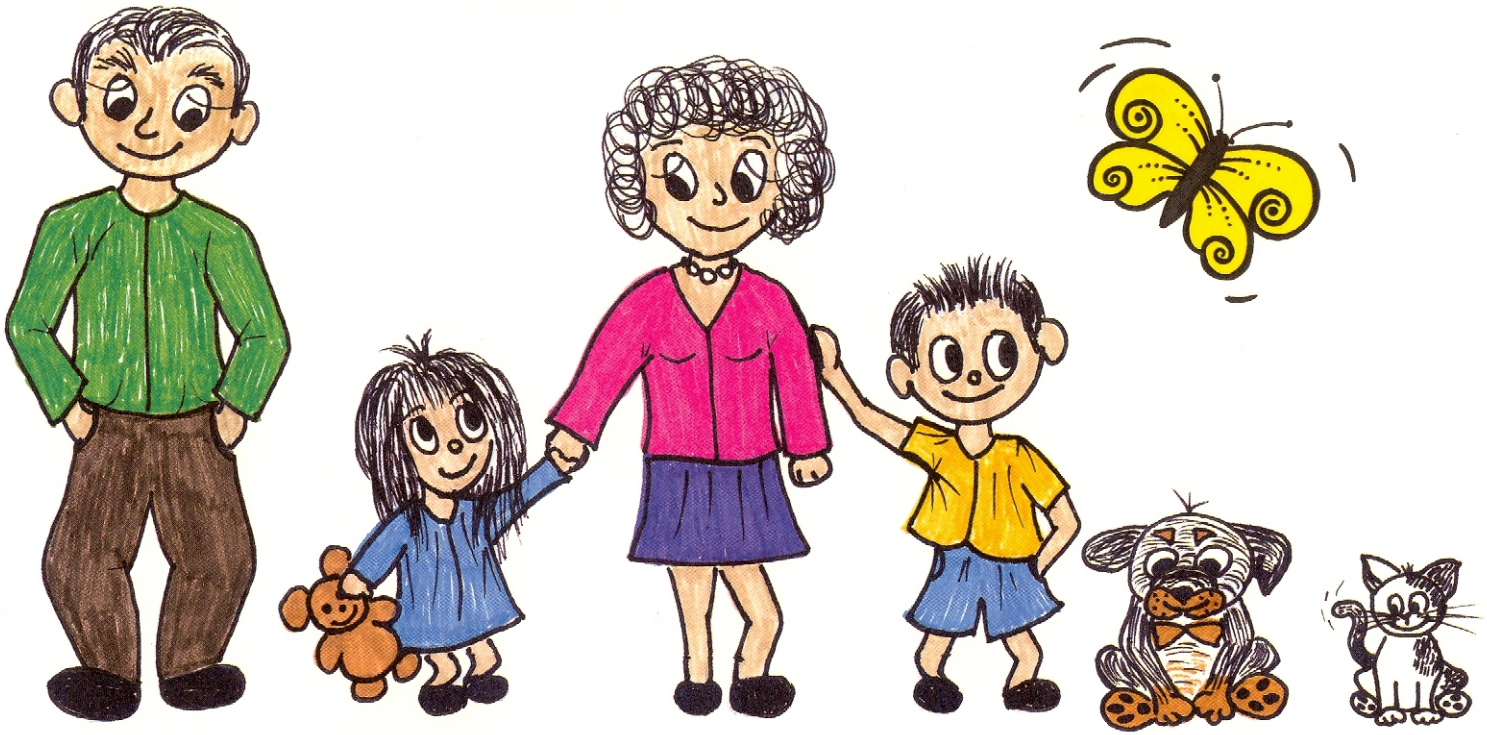
Pedrito tiene una erupción en la piel

Cuentos para chicos y grandes

Editorial Knautsch S.L.

Esta es la familia Bravo:

Todos son felices y se quieren mucho.



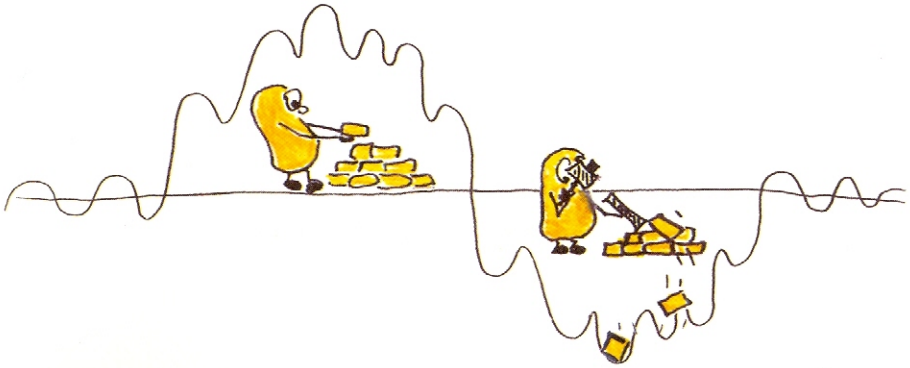
papá | Elisa y Pandi | mamá | Pedrito | el perro Tico y el gato Misi

Nosotros somos los duendecillos que pertenecen a cada paso de la enfermedad

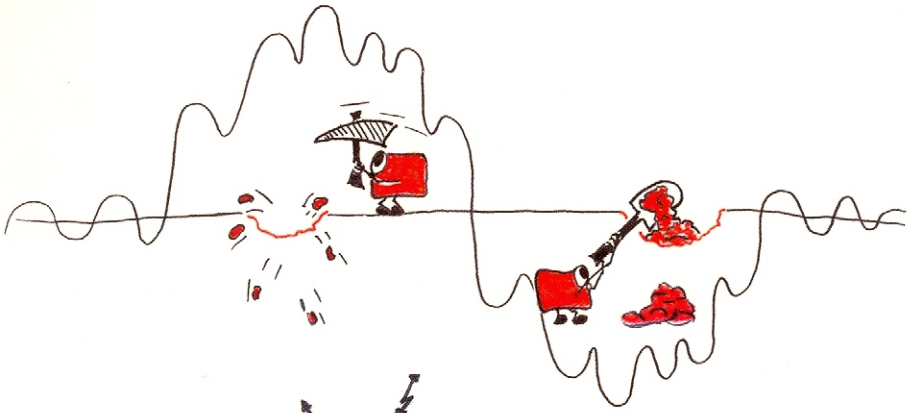
Yo soy **Simpi**, el maestro de la fase de stress, en mí predominan los pensamientos forzados, tengo casi siempre frío, sin ganas de comer y sufro frecuentemente de dificultad para conciliar el sueño.

Mi nombre es **Vagui** y soy el maestro de la fase de reparación. Me siento psíquicamente muy bien, calentito y hambriento. También engordo, me canso pronto, estoy tirado y suelo tener dolores. Me dedico a eliminar fluidos, y la fiebre e infecciones son cosas mías.

Yo soy **Adi** y siempre construyo en la primera fase células (adeno), que luego destruyo en la fase de reparación.



Yo me llamo **Plani** y siempre destruyo células (de epitelio plano) y de nuevo las vuelvo a construir en la fase de reparación.



Hola, me llamo **Epi** y estoy en la crisis. Cuando ésta se pasa, me va de nuevo bien.

Yo me llamo **Normi** y la mayoría de las veces, me tienen en cuenta, cuando ya no estoy.

Tico no puede resistirse al olor

Es una mañana maravillosa. El perro de Pedrito, Tico, disfruta delante de la casa, de los primeros rayos de sol en el jardín. Ya desde lejos presiente a Manolo, el carnicero del pueblo. Mueve la cola, loco de alegría, pues siempre que Manolo el carnicero ve a Tico en el jardín, le tira un cachito de salchicha. Al pequeño Tico ya se le está haciendo la boca agua. Pero, esto qué va a ser…??? Manolo el carnicero pedalea ensimismado y pasa por delante de la puerta abierta del jardín. Encima deja tras de sí una atrayente y estimulante nube aromática salchichera. Mmmm… ningún alma perruna puede resistirse y… Tico trota tras el exquisito aroma como cautivado por una magia.

Tico sólo tiene salchichas en la cabeza

El pequeño Tico solo tiene una cosa en la cabeza: salchicha… salchicha… enorme salchicha…, toda una serie entera de sabrosas salchichas! Trota como teledirigido tras el maravilloso olor de la cesta de Manolo el carnicero. Se olvida del tiempo, de dónde vive y… que en realidad debería estar en el jardín de casa. ¿Qué es lo que está ocurriendo allí?

Para adultos:

A menudo ocurre que por acciones imprudentes, afirmaciones, ciertas palabras, conductas o modelos de comportamiento de otros, podemos sorprendernos, perturbarnos o afectarnos hasta en lo más sensible, incluso experimentar por ello el más profundo sufrimiento, aunque por parte del «autor del hecho» casi nunca haya una mala intención. Aquí Tico sigue simplemente su instinto y no se hace cargo de la preocupación que la familia Bravo podría tener a causa de su marcha sin permiso.

¡Tico se hace al camino libre de toda preocupación!

Entretanto en casa reina una excitación temerosa. Los niños ya han desayunado y Pedrito y Elisa llaman a Tico, que normalmente todas las mañanas suele estar meneando la cola, preparado para su desayuno. Pero hoy no está. Pedrito y Elisa lo buscan por todas partes: en casa, en el sótano, en el jardín. «Quizá Tico quiere jugar y se ha escondido en alguna parte», piensa Pedrito lleno de esperanza. Pero no lo encuentran en ningún sitio.

Para adultos:
Aquí un miembro de la familia, en sentido figurado, se ha alejado de la cuadrilla, manada o clan. En el fondo, tanto a Elisa como a Pedrito les ocurre el mismo incidente, pero como ya veremos, el mismo suceso no le toca de la misma manera a cada uno. Así que puede ocurrir que a ciertos seres les afecte con más o menos fuerza que a otros que vivan la misma situación.

DHS®

Pedrito está desesperado y a punto de saltársele las lágrimas. Tiene un nudo en la garganta y echa en falta a Tico. La situación para él es conflictiva. Inmediatamente comienza con pensamientos forzados. ¿Dónde está mi Tico?

Pedrito está desconsolado

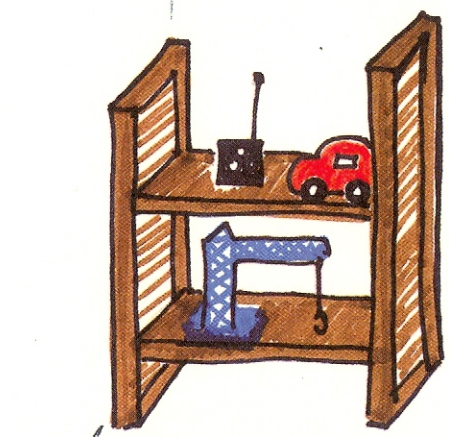
Tico es su mejor y más fiel amigo – como un hermano. La mamá intenta consolarle: «Los perros siempre encuentran el camino de vuelta a casa, nuestro Tico seguro que también». Pero Pedrito no tiene consuelo ni con todo el amor del mundo. Tiene miedo de que Tico pueda ser golpeado. «¡¿Quizá alguien lo ha robado?, ¿o le ha pillado un coche?! O se ha perdido en alguna parte». Su mayor deseo es tomarlo en sus brazos y poder hacerse un ovillo con él. «Quizá solo quiere investigar la zona. Ya sabes que Tico es tan curioso como tú. Seguro que pronto vuelve a casa y hace como si nada hubiera pasado», dice la mamá. Por seguridad ella informa a Segura, el policía municipal del pueblo.

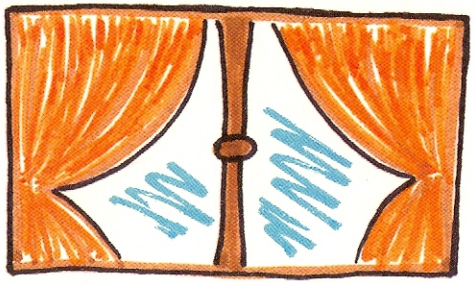
Para adultos:

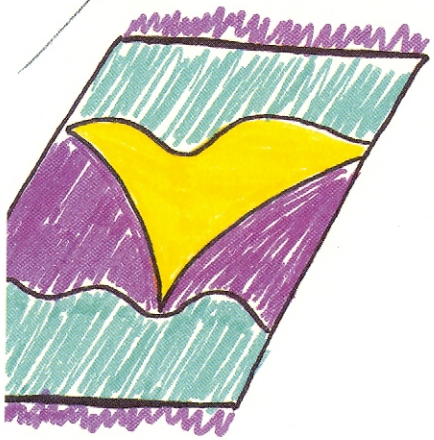
Pedrito está preocupado, desamparado y con pensamientos forzados. Mientras a Elisa, que también hubiera preferido ver a Tico en casa, no le supone nada grave, ningún trauma.

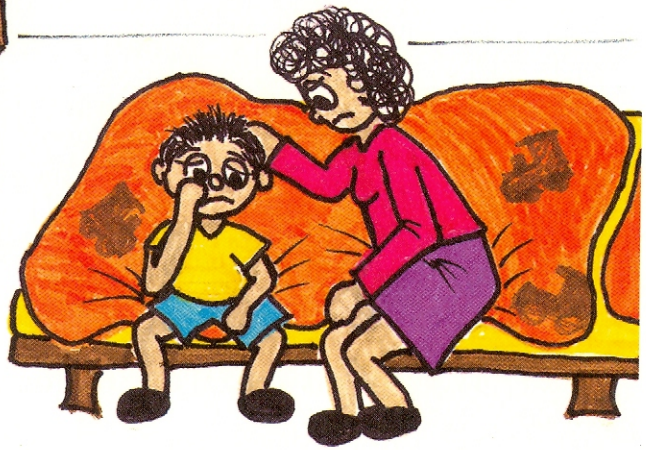
Como Pedrito se imagina que a Tico le ha pillado un coche, o que podrían haberlo robado, siente la situación conflictiva, es decir, sufre de un conflicto de separación de Tico. Aunque el DHS® no puede ser siempre tomado en serio por los demás, la mamá se da cuenta exactamente de lo que le pasa a su Pedrito.

Pedrito está en conflicto activo, entre pensamientos forzados.
Simpi le manda escalofríos y le roba el apetito.









A Tico se lo ha tragado la tierra.

A Pedrito le pica el brazo

Al día siguiente Pedrito se levanta muy cansado. Ha dormido muy poco durante la noche. Continuamente tenía que estar pensando en su Tico, desaparecido sin dejar huella alguna. Y además le pica el brazo derecho. Su mamá se da cuenta de que la piel del pliegue del antebrazo la tiene muy áspera y seca; verdaderamente se descama y se atiranta. Así que para la mamá ya está todo claro: su hijo ha sufrido un conflicto de separación de su Tico. Pedrito decía que sí, que él solo quería simplemente abrazarlo y que todo volvería a estar bien. A Pedrito le falta el contacto corporal con su perro. La mamá sabe también que Pedrito es diestro cuando aplaude (ver pag. 25). Cuando se aplaude así, la parte derecha del cuerpo está relacionada con el compañero, a la que pertenecen los mejores amigos, hermanos o papá. Y naturalmente todos los que consideramos compañeros.

Para adultos:

Problemas de la epidermis descamada, sólo se da en la fase de conflicto activo. El origen es siempre un conflicto de separación o de limitación de contacto.*

**ver pags. 25 y 29*

Plani destruye de forma casi imperceptible células de la epidermis y hace agujeros. Por eso, el lugar afectado de la piel se queda sin sensibilidad, disminuye, y de esta manera es como si «se comiera y olvidara» el contacto con Tico. Este es el sentido biológico. Los órganos del sentido del tacto de la piel no pueden «contactar». De ahí la destrucción de la sensibilidad de la piel superficial (epidermis).

Sólo tenemos lo que creemos, y siempre construimos y experimentamos nuestra propia realidad.

El policía trae a Tico a casa

Los niños se habían ido al colegio justo cuando sonó el timbre de la puerta. Es el municipal del pueblo, que viene amigablemente con una sonrisa de satisfacción.
A su lado, el aparecido Tico mueve la cola con muuuy mala conciencia. «Por si las moscas voy a dar la patita. Quizá así mi ama no sea muy mala conmigo», piensa apurado el perrito. La mamá está naturalmente superfeliz de que Tico esté de nuevo en casa. Se lo agradece al municipal, pero todavía le gustaría saber dónde lo ha encontrado. «En el patio interior de Manolo el carnicero, estaba olisqueando en los desperdicios. Una vecina me llamó porque no lo conocía».
Tico está muy cansado y la señora Bravo lo lleva a su sitio de dormir en el sótano, donde rápidamente se enrolla como un ovillo y se duerme.

La mamá Bravo nunca hubiera pegado a Tico, lo recibe contenta; así sabe Tico que es querido.

Reencuentro feliz

En realidad la mamá quería dar la feliz noticia a la familia después de la comida y dejar dormir al agotado Tico. Como a Pedrito no le apetece comer nada a mediodía, por la pena tan grande que tiene, y se mete en su cuarto todo triste, ella coge a Tico del sótano callandito y se lo trae.

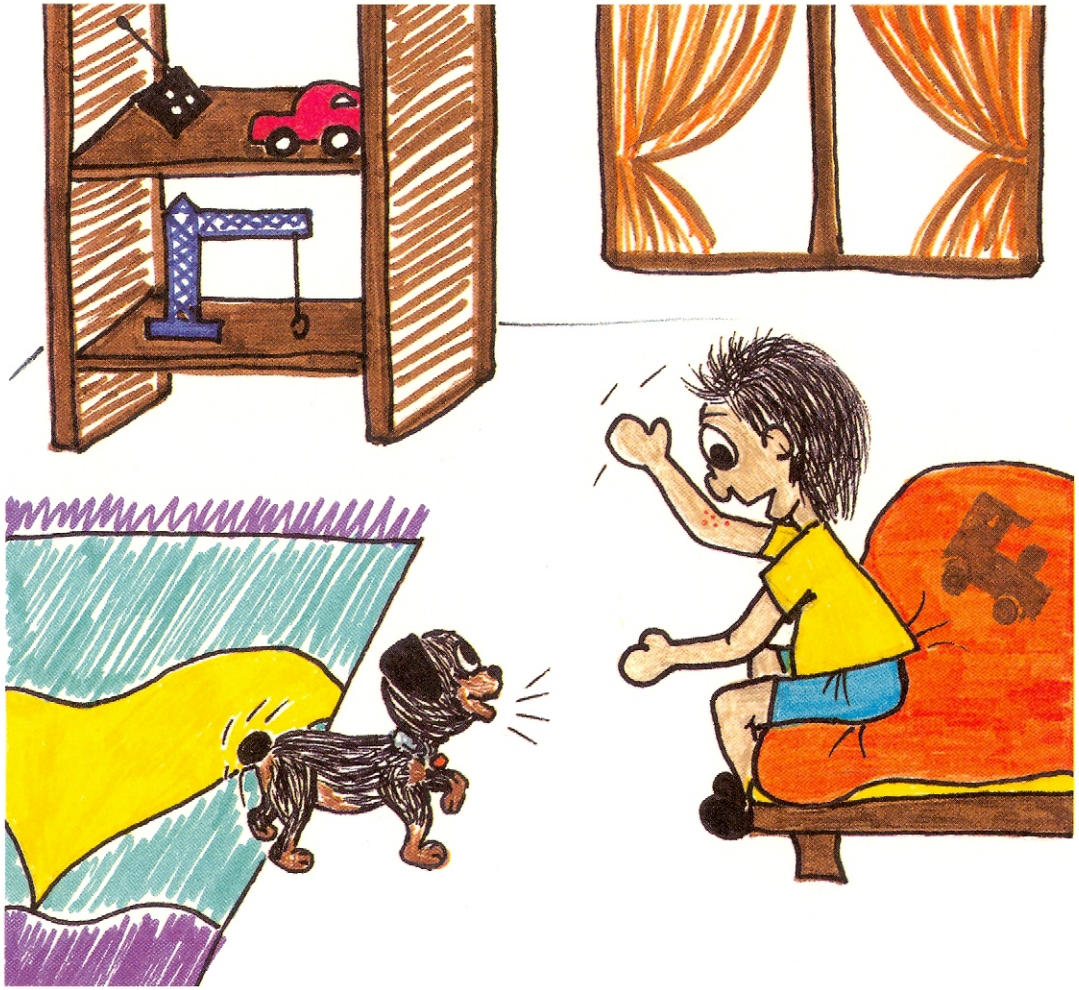
«¡¡¡Tico!!!... no es posible. ¿De dónde vienes tú?», grita Pedrito superfeliz. Tico menea la cola y ladra como loco de alegría. Por fin están los dos juntos y juegan y alborotan. Pedrito está tan feliz que se olvida completamente de cómo le tira y le pica la piel del brazo derecho.

Para adultos:

Como Pedrito es diestro (ver aplaudir en pag. 25), y como ha solucionado el conflicto de separación de Tico, es decir, de su compañero – la piel del pliegue de su brazo derecho, los «agujeros», la pérdida de sustancia de la epidermis, denominada úlcera –, comienza ahora a reconstruirse con enrojecimiento. En el brazo derecho, porque en un diestro, es el lado afectado en el caso de un conflicto de separación; en un zurdo la cosa es al contrario. Pero, vamos a ver como sigue esto.

CL®

Gracias a Dios Tico ha vuelto sano y salvo. Ahora el mundo de Pedrito se ha puesto en orden.



La piel del antebrazo de Pedrito está enrojecida

El despertador suena, son las 7.00h. Pedrito ha vuelto a dormir mal. Pero esta vez no por preocupaciones sino porque el antebrazo derecho le picaba tanto, y le dolía la piel enrojecida y un poco inflamada. Ya no está seca, por el contrario incluso un poco húmeda. Al entrar la mamá por la puerta le ve el brazo, sonríe satisfecha sabiendo lo que Pedrito todavía no comprende, naturalmente. Definitivamente el antebrazo no tiene buena pinta y es desagradable. Así que la señora Bravo explica a su Pedrito lo que ha ocurrido y el verdadero motivo de sus picores. Cuando Tico desapareció, Pedrito sufrió un conflicto de separación. La piel comenzó a descamarse y estaba áspera y seca.

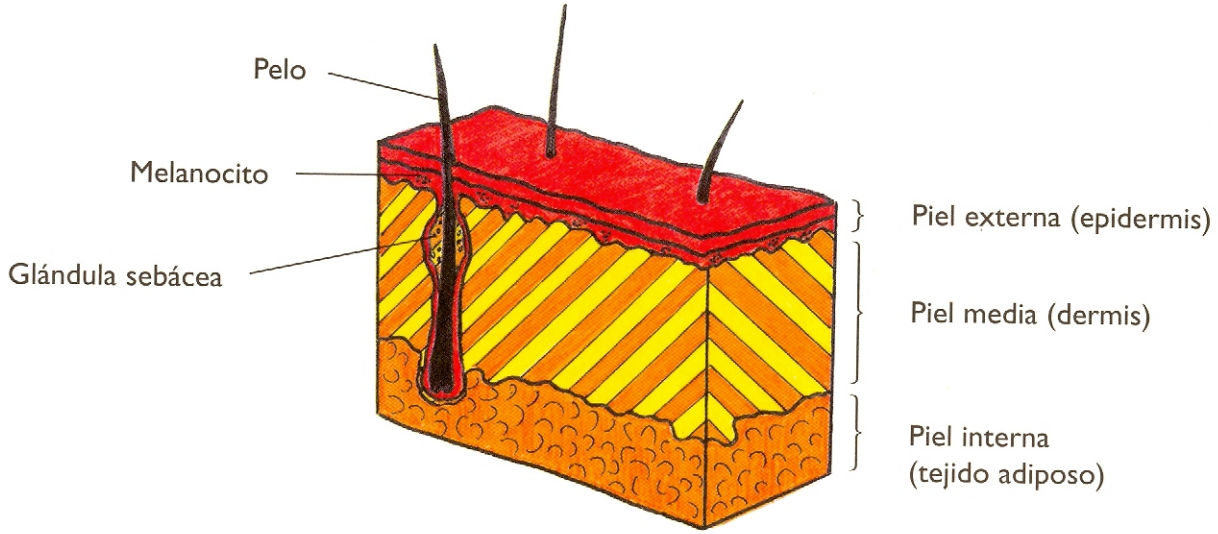
Para adultos:

Ahí lo tenemos. Como Pedrito ya puede volver a tocar y sentir a Tico, por haber éste aparecido, y el roce es de nuevo posible, se reconstruye la sensibilidad externa de la piel. Siempre tenemos lo que creemos, pensamos, tememos, lo que encontramos necesario o lo que nos imaginamos – en lo positivo y en lo negativo. La psique es el único motor de todo lo físico. Por eso algunos medicamentos proporcionan un efecto placebo – o sea, un efecto a través del poder de la creencia. La influencia de nuestra psique es el misterio mejor guardado del mundo, ya en la Biblia se hizo mención: «lo que he temido ha venido sobre mí».

Plani construye de nuevo la sustancia y la pérdida de sensibilidad con calor, picor y enrojecimiento.

En estos casos la señora Bravo jamás utiliza cortisona sino pomada de caléndula, vinagre rebajado con agua, o pomada de própolis.
Dado que el conflicto ya está solucionado, sólo es de esperar la sanación. La «terapia» únicamente trata de mitigar los síntomas desagradables de sanación, y de evitar la repetición del conflicto (ver el DHS® y los raíles, pag. 32).

Si se mira con el microscopio la parte superficial de la piel (epidermis), en esta fase se ven agujeritos muy muy pequeños. Como Tico volvió a casa, el conflicto de separación de Pedrito entró en solución (CL). Desde este momento los muy muy pequeños agujeritos de la epidermis se «cierran» o reparan con la ayuda de microbios. En cuanto éstos se ponen a trabajar para nosotros se nota el enrojecimiento, inflamaciones, calor y un poco de humedad. La señora Bravo puede tranquilizar a Pedrito pues ella sabe que esta situación sólo va a durar 1 ó 2 días, mas o menos el tiempo que no pudo abrazar a Tico.



Sobre el sentido de la lateralidad en la NMG®

El test del aplauso juega en la sistemática de la NMG® un papel de la máxima importancia. Las personas aplauden instintivamente de forma natural, genuina y libre, bien sea con la derecha sobre la izquierda o al revés. Lo que se llama ambidiestro, es decir, alguien que pueda dominar todas las actividades con la misma destreza, es muy poco probable que exista. Algunas cosas se hacen mejor con la izquierda o con la derecha. Según la metódica de la NMG®, en el ser humano, el test del aplauso es el punto de referencia más seguro para determinar la lateralidad (en los animales con las patas). Esto no tiene nada que ver con la habilidad, inteligencia, o algo parecido. La lateralidad* significa concretamente que en el que aplaude, la inmensa mayoría de las veces, la mano que queda encima está en correspondencia con un compañero. Por el contrario, la que queda debajo es determinante para la propia madre o hijos.

En el caso de Pedrito, que es diestro, toda la mitad del cuerpo de la parte derecha es para los compañeros (también incluye al padre). Por eso se manifiesta su conflicto de separación de Tico en el pliegue del brazo derecho. Si hubiera tenido neurodermitis, dermatitis o cualquier otro signo de la epidermis, en la parte izquierda del cuerpo, el conflicto hubiera tenido que ver con su madre o sus hijos (Pedrito no los tiene todavía).

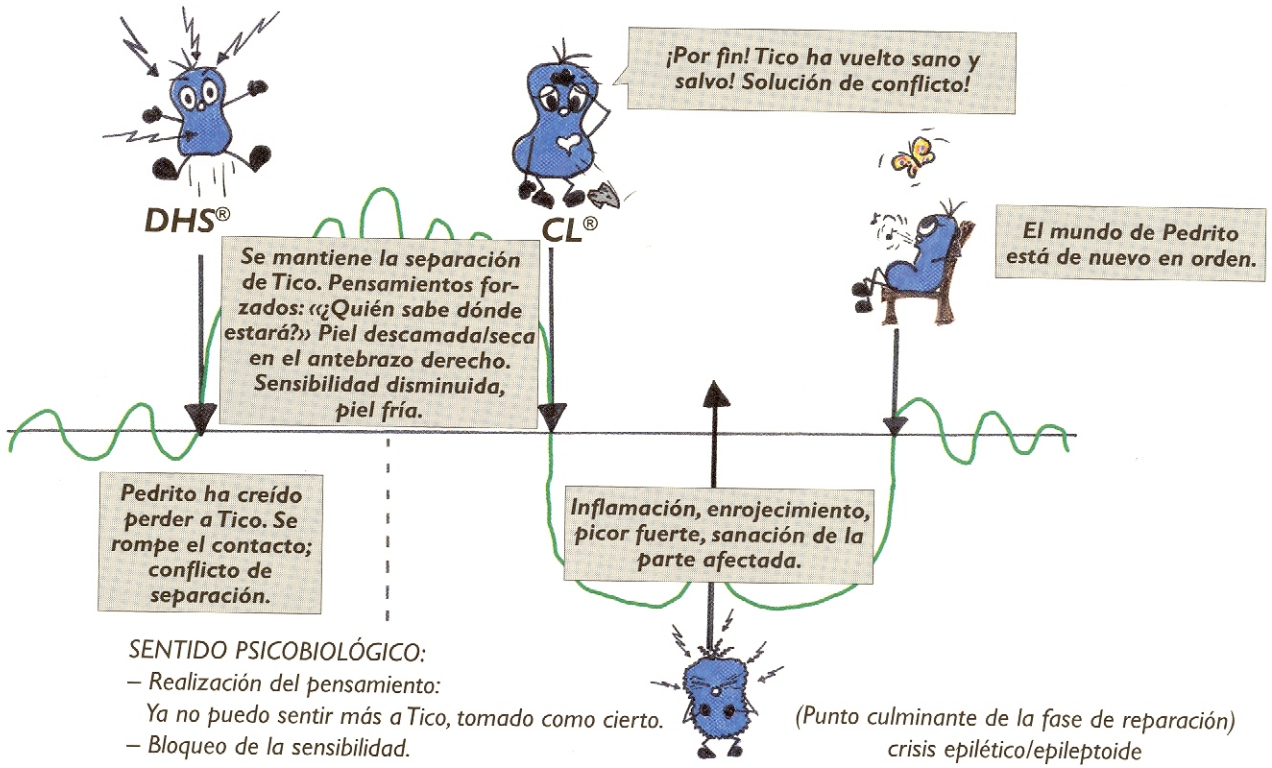
Zurdo

Diestro

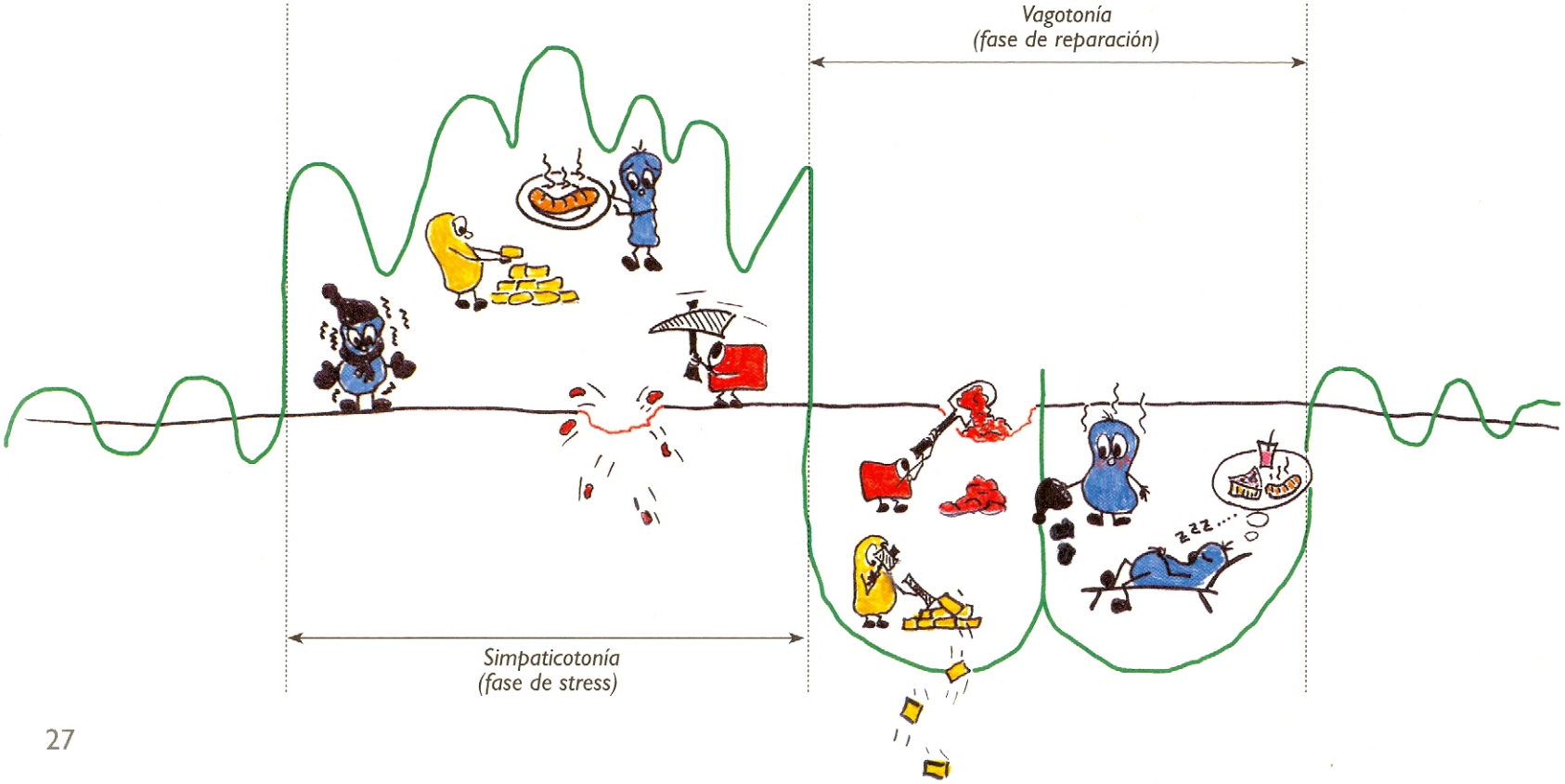
* Lateralidad = Lado dominante, con ella se puede determinar tanto orgánica como cerebralmente (gracias a los focos de Hamer) si la enfermedad, o el trastorno, se ubica con los hijos o la madre por un lado, o con un compañero por otro (ver más ampliamente en el episodio 6).

Las cinco leyes de la naturaleza de forma abreviada:

Toda enfermedad comienza con la vivencia de un impacto psicobiológico inesperado, o un trauma – si no es por una mala alimentación, lesiones psíquicas o envenenamientos, claro. Esta profunda vivencia, llamada en la terminología profesional DHS®, a menudo puede no ser reconocida desde fuera como algo traumático, sobre todo cuando la persona afectada, por diferentes motivos, no puede o no quiere comentar el conflicto. El DHS® ocurre de repente, se vive de forma traumática y aislada.



Con la llegada del trauma, el afectado se encuentra inmediatamente en la primera fase del proceso de la enfermedad, la llamada simpaticotonía. Esta fase de conflicto activo precipita al individuo hacia pensamientos forzados, como obligados, entorno a la vivencia del conflicto, y origina la mayoría de las veces, insomnio o trastornos en el sueño, pensamiento recurrente, manos y pies fríos, pérdida de apetito y demás alteraciones orgánicas y cerebrales, o deficiencias funcionales. Esta situación a menudo no es reconocida como verdadera enfermedad.



Tan pronto como llega la solución del conflicto, el organismo cambia los niveles del psiquismo, cerebro y órganos a la característica fase caliente de reparación, con gran cansancio, aumento de peso, acaso mareos y visión doble, expulsión de líquido, dolores de todas clases, infecciones y hemorragias, fase llamada vagotonía. La mayoría de las enfermedades no se descubren hasta este momento.

En la mayor parte de las enfermedades cursan tanto la primera como la segunda fase sin demasiados problemas. Por regla general no se necesita tomar medidas médicas, ya que este programa especial de la madre naturaleza ha sido sometido a prueba y puesto en práctica, a través de todas las generaciones anteriores. Este programa está hecho de forma óptima para la supervivencia. Propuestas sobre el tratamiento aparecen en este episodio en la página 32. Por motivos referentes a la ley estamos obligados a subrayar que estas sugerencias no sustituyen la visita del médico.

El DHS®, así como las dos fases de todas las enfermedades, puede ser observado y descrito a nivel cerebral a través de una imagen (tomografía axial computerizada), especialmente apropiada para confirmar la fase de la enfermedad, el órgano afectado y el conflicto desencadenante de dicha enfermedad. Este medio debiera ser utilizado sólo en cuadros de enfermedad graves o confusos.

Los microbios son desde el principio de los tiempos nuestros simbióticos, es decir, cohabitantes que no quieren atentar contra nuestra vida y hacernos daño, sino que, definitivamente, siempre son ayudantes eficaces en la fase de reparación (vagotonía) y optimizan la sanación.

El trabajo de investigación del Dr. en med. R. G. Hamer, – ya desde algunas décadas y reconocido a nivel universitario-, permite identificar todo suceso de enfermedad como un programa biológico especial de la naturaleza, (SBS), con pleno sentido para la supervivencia.

Para cualquier sociedad sería de suma importancia que las cinco leyes de la naturaleza de la Nueva Medicina Germánica®, aunque con retraso, encontraran un lugar beneficioso en la biología básica y la cultura general de todos sus ciudadanos.
Este «libro infantil también para los adultos» es una aportación a este fin.

Los autores
Daniela Amstutz y Harald Baumann

Nota:
La presente descripción de las cinco leyes de la naturaleza es en parte incompleta y de ninguna manera sustituye la lectura de las distintas obras científicas del Dr. en medicina R.G.Hamer. (ver pag.30) y de otros autores.

La piel externa (epidermis) como órgano delimitador y de contacto.

En la epidermis se encuentran los denominados receptores que dirigen el contacto (presión, temperatura, estímulos de cualquier clase) al cerebro. Cuando un individuo quiere apartarse, o se siente apartado de su ser más querido (sin querer estar separado), entonces la psique golpea en nuestro físico y nuestra epidermis pierde la sensación de sensibilidad (en conflictos muy graves llega hasta los profundos corpúsculos táctiles). El estímulo del tacto se debilita en cuanto a la masa, así, la descamación avanza según la fuerza del conflicto de separación. Cuando creemos haber perdido el contacto con el querido compañero, madre, hijos o familia, se realiza lo que nos figuramos y perdemos progresivamente la sensibilidad que depende de la epidermis. Bloqueamos la sensibilidad cuando sentimos el contacto como algo desagradable, pero también cuando lo echamos en falta.

Mediante el dibujo del feto – al lado –, reconocemos las típicas partes exteriores de la epidermis para una delimitación deseada, querer rechazar o apartarse (ver también alteraciones en caso de no querer ser o estar separado en pag. 34).

El DHS® y los raíles

Se llama DHS® (Dirk Hamer Syndrom) a lo que el Dr. en med. R.G.Hamer define como el desencadenante del trauma que pone en marcha la enfermedad o programa de emergencia. La denominación es en nombre de su hijo, que mientras dormía en un barco, ajeno a lo que ocurría fuera, fue por desgracia disparado mortalmente por un incontrolado príncipe heredero italiano, encendido de ira, el 18 de agosto de 1978 en Carvallo/Córcega. El 7 de diciembre del mismo año murió en brazos de su padre con sólo 19 años, tras 19 operaciones. Este shock produjo inmediatamente un cáncer de testículo en el desgraciado, desesperado y desamparado padre. De forma instintiva relacionó la correspondencia de su sufrimiento y la muerte de su querido hijo. En el año 1981, después de reconocimientos y consultas a muchas mujeres en relación con sus cánceres de ovarios (la correspondencia femenina del testículo), descubrió que, sin excepción alguna, a todas les había sucedido el mismo contenido de conflicto.

Un conflicto de pérdida de una persona o animal querido por muerte o por partir!

Un aborto no deseado, una esterilización de la pareja, la pérdida de posibles hijos, la muerte instantánea o la desaparición o partida de un ser querido, persona o animal, puede conducir a un cáncer de ovario o testículo.

La definición del origen de la enfermedad rezaría de la siguiente forma:

El DHS® es una vivencia de shock de conflicto agudo, dramático y vivido en aislamiento, que pilla al individuo a contra pié de forma completamente inesperada.

Sin ese DHS® no hay enfermedad (es decir, programa especial de la evolución con pleno sentido biológico), y sin solución del mismo no puede haber una sanación definitiva!

Con el DHS® trauma, shock conflictual, o conmoción psicobiológica, cada fenómeno concomitante o consecuencias del subconsciente es exactamente registrado y anotado en el programa, por causa de la amenaza y el peligro. Estos fenómenos concomitantes, raíles o asociaciones, los nota el organismo con precisión. Cuando éstos reaparecen suena la alarma y el cuerpo conecta, inmediatamente de nuevo, el programa especial. Entonces las dos fases (simpaticotonía y vagotonía) toman su proceso característico en los niveles de la psique, cerebro y órgano.

Un **«rail»** puede ser cualquier cosa: sonidos, colores, polen, polvo, humedad, corriente de aire, luz, olores, temperaturas, artículos de limpieza, comidas y bebidas, verduras, stress, informaciones, etc.; cualquier cosa o sustancia asociada con un DHS® puede ocasionar reacciones alérgicas o reestimular la «enfermedad» en cualquier momento.

Nota: No hay alergia sin relación con un DHS®.

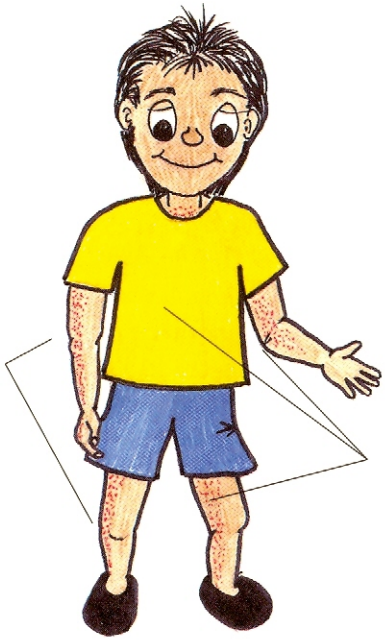
¿Qué son y de dónde vienen: eccemas, neurodermitis, dermatitis, psoriasis, exantema?

La aceptación al uso, «en general reconocida» de la medicina académica o alternativa, de que para cada enfermedad hay un germen que la origina, sólo cuadra en tanto que el psiquismo juegue el papel principal. Los denominados alergénicos, como se ha men-cionado anteriormente, están siempre en relación con un DHS®. Sustancias irritantes, excitantes, venenosas y corrosivas, así como también golpes, pinchazos o picaduras, quemaduras y otras lesiones naturalmente actúan de forma directa sobre el ór-gano. Todos los demás orígenes de enfermedades son de naturaleza psicosomática o psicobiológica. «Hereditario» o «genéti-co» no existe en el sentido en el que siempre se ha sospechado y afirmado. Para poder llegar a una alteración orgánica o psíquica es siempre necesario un DHS®. Sólo se pueden heredar los genes o el comportamiento instintivo. Los genes hacen que los niños o jóvenes tengan expresiones corporales similares a los padres, o sea, a los antepasados: constitución corporal similar, color de pelo, nariz, cara, etc. El comportamiento instintivo hace que un cerdito recién nacido, encuentre el camino de su objetivo exactamente, el pecho de la madre. No hay que explicarle que tiene que mamar. Un Erizo, ante el peligro, sabe por sí mismo que se va a hacer una bola y va a sacar los pinchos hacia fuera porque esto le ha protegido a lo largo de millones de años y le ha permitido sobrevivir hasta hoy de la mejor manera. El pequeño corzo, recién nacido, se esfuerza para mantenerse pronto sobre sus patas, para así poder permanecer en la cercanía protectora de la madre.
En principio, todos los seres conllevan el potencial para todas las enfermedades, pero para su desencadenamiento es necesario siempre el correspondiente trauma. A través de nuestro tranquilizador programa genético – en 30 generaciones tenemos casi 11.000 millones (¡!) de antepasados – podemos desarrollar, con sus correspondientes conflictos psicobiológicos, todas las enfermedades, es decir, programas especiales o de emergencia, con pleno sentido biológico.

Enfermedad no es pues otra cosa que un programa de emergencia de la evolución, un intento del conjunto del organismo de tomar medidas diligentes en los niveles del psiquismo, cerebro y órganos, para superar el conflicto y asegurar la supervivencia y optimizarla en interés del conjunto.

Aquí Pedrito nos enseña riéndose (sí, tiene un buen reír, ya que él y su mamá conocen las 5 leyes de la naturaleza de la Nueva Medicina Germánica®!) las partes típicas de las descamaciones y enrojecimientos de la epidermis.

Parte exterior del cuerpo
Las partes exteriores del cuerpo sirven para limitar y empujar, para no tener contacto.



Parte anterior del cuerpo
Las partes anteriores del cuerpo reaccionan en separaciones no deseadas, ruptura del contacto y carencia de relación.

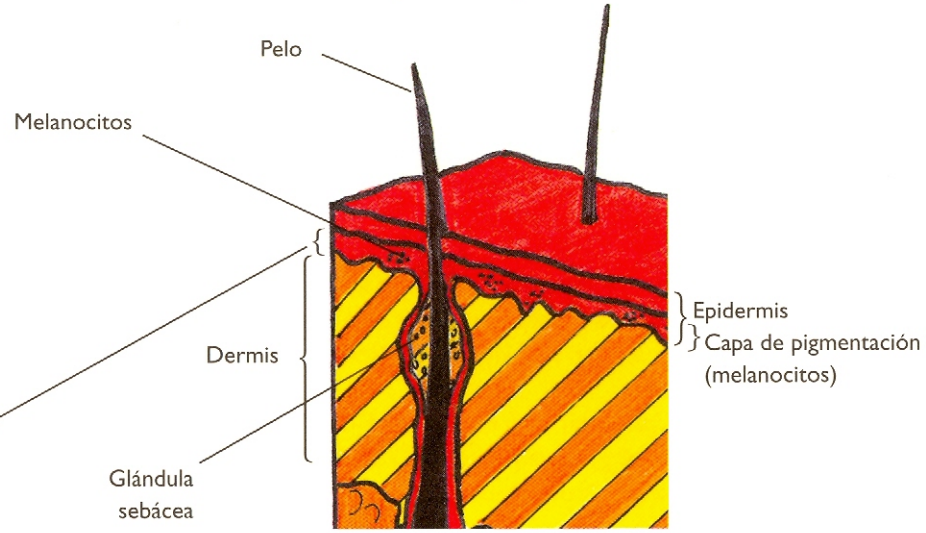
Atención: Existen un gran número de otros fenómenos que se desarrollan en la epidermis: neurofibromatosis (nódulos de Recklinghausen), basalioma, impétigo, etc. Lamentablemente no podemos tratar en este episodio de ello por falta de espacio y recomendamos la lectura de los diferentes escritos y libros del Dr. Hamer (ver pag. 30).

Las **enfermedades de la piel interna** como acné, melanoma, manchas en la piel, etc., se mostrarán en un episodio posterior.

Vitiligo

Una forma especial de enfermedad de la epidermis es el llamado vitíligo (manchas blancas). Aparece relativamente a menudo, pero la piel siempre puede retomar su color normal anterior con la solución del trauma psicobiológico.

Además de la pérdida de pigmentación (ver los melanocitos de la **parte interna de la epidermis**), la estructura y la función de la piel permanecen conservadas. El Vitíligo puede presentarse como pequeñas o medianas zonas blancas, extenderse en intensificación o repetición del conflicto correspondiente o mezclarse con otras manchas existentes; en un caso extremo puede afectar incluso a todo el cuerpo. Las manchas blancas se forman por destrucción celular y depigmentación en la **parte interna de la epidermis**. Aparte de un problema estético, no originan otras molestias a los afectados.



El DHS® correspondiente es siempre un conflicto de separación feo y **brutal** de alguien querido o admirado (ver la tabla: cuadro sinóptico del Dr. en med. R.G.Hamer. El aspecto «feo» y **«brutal»** es un factor muy importante. Un padre venerado y querido por su hijo que por ejemplo, de forma completamente inesperada, le pegue o riña con palabras feas y desagradables, puede causar un vitíligo por la brutal ruptura y destrozo de la relación. Igualmente a un niño pequeño le puede sobrevenir el mismo destino por el cambio brutal, al sacarlo de un parvulario conocido y querido, y meterlo en una clase completamente extraña.

Ejemplos en la práctica de consulta, que pueden conducir a Vitiligo, en tanto se cumplan las condiciones del DHS®.

1. Un alumno de parvulario que se adaptó muy bien en clase después de un cierto tiempo, por intereses administrativos, fue trasladado una mañana inesperadamente a otro parvulario (el pequeño venía de las afueras del pueblo), a unos doscientos metros de «su» antigua clase. Allí siempre se escapaba para jugar con «sus» antiguos compañeros. Para impedírselo, cerraban las puertas durante la clase, y en los recreos le dejaban solo, encerrado en el aula. El pequeño consideró esto feo y brutal.

2. Un padre y su hija tenían, desde largos años, una buena y entrañable relación. Un día el padre, de golpe y porrazo, le insultó de forma indigna diciéndole «condenada, estúpida holgazana» delante de sus mejores amigas. Al instante la relación buena y entrañable quedó destrozada de forma fea y brutal. Algunas palabras, por sí mismas, pueden matar!

3. Un muchacho se vio obligado a presenciar una pelea violenta de sus padres, sintiéndose desamparado. Al intentar terciar y arreglarlo, fue injuriado por los dos como inútil y fracasado, «¡de ti no va a salir nunca nada!», y mandado a desaparecer inmediatamente. Esta situación la sintió el joven como una separación fea y brutal de sus padres. Desarrolló una coloración blanca en el tórax, como una imagen reflejada en un espejo, con forma de mariposa (la mitad por la madre y la otra por el padre).

Vitíligo – como cualquier otra enfermedad – **no** es hereditario, aunque pueden darse varios casos de vitíligo en la misma familia. Como está mencionado anteriormente **todas** las personas pueden desarrollar **todas** las enfermedades – es necesario siempre el correspondiente conflicto psicobiológico. Enfermedades específicas pueden presentarse, en gran número, en determinados estratos de la población, clanes, aulas escolares, grupos o familias, por su similitud en su forma de pensar, emocionalidad y sentir. Además, nunca **todos** desarrollan la misma enfermedad, el mismo programa especial ante una situación o un suceso. Eso ocurrió con la peste, que puede ser explicada e ilustrada en su origen y transcurso según las reglas de la Nueva Medicina Germánica®. Sobre la peste daremos detalles en un episodio próximo sobre enfermedades de la dermis (corion).

Todas las enfermedades – menos aquellas ocasionadas por falta de alimentación, lesiones psíquicas, sobrecargas mecánicas y envenenamientos o intoxicaciones – resultan de un trauma psicobiológico. Ya en todos los tiempos lo «sabía» la humanidad, de forma más o menos instintiva, y estaba al corriente de este imponderable. La Psicosomática, teoría de la estrecha relación e interacción entre cuerpo y alma, desde milenios, fue siempre reforzada por Hipócrates (460–370 a. Cristo), Aristóteles (384–322 a. Cristo), Paracelso (1493–1541), Georg Ernst Stahl (1660 –1734) y su «Animismo» – creencia de la animación de los seres – y muchos, muchos otros como Groddeck, Reich, Selye, Laborit y la «Escuela de Montpellier», etc. El médico francés Michel Moirot (1912–1997), logró demostrar la autenticidad de la psicosomática en los 60 y comienzo de los 70 del siglo XX tras largas y solitarias investigaciones.

Sin duda la más valiosa y extensa aportación hasta ahora, tanto a nivel teórico como práctico, a la completa y científica reproductibilidad de la psicosomática, ha sido llevada a cabo por el Dr. en med. R.G.Hamer con su Nueva Medicina Germánica® y las 5 leyes de la naturaleza correspondientes, en cada caso de enfermedad. Ha logrado también la elaboración de una tabla científica (cuadro sinóptico) verdaderamente valiosa, con un léxico – lenguaje orgánico – comprensible, claro y vigente, cuya precisión, fiabilidad y dimensión todavía le faltaba a la psicosomática actual.

Por primera vez en la historia de la humanidad puede comprender cada cual la procedencia (el suceso de shock) de su sufrimiento, y reconocerlo a nivel del alma (pensamientos forzados), del cerebro (los denominados focos de Hamer o edemas cerebrales) y en el órgano (alteraciones orgánicas o síntomas funcionales), y si fuera necesario, enfrentarlo.

Esta colección tiene como objetivo hacer comprensible a jóvenes y mayores los procesos esenciales de las enfermedades más frecuentes, según el sentido de las 5 leyes de la naturaleza de la Nueva Medicina Germánica®, de una forma fácil y sencilla.

ISBN 3-906865-30-4
9 783906 865300

No hay nada que la felicidad
no pueda sanar.

Según el sistema de la Nueva Medicina Germánica®